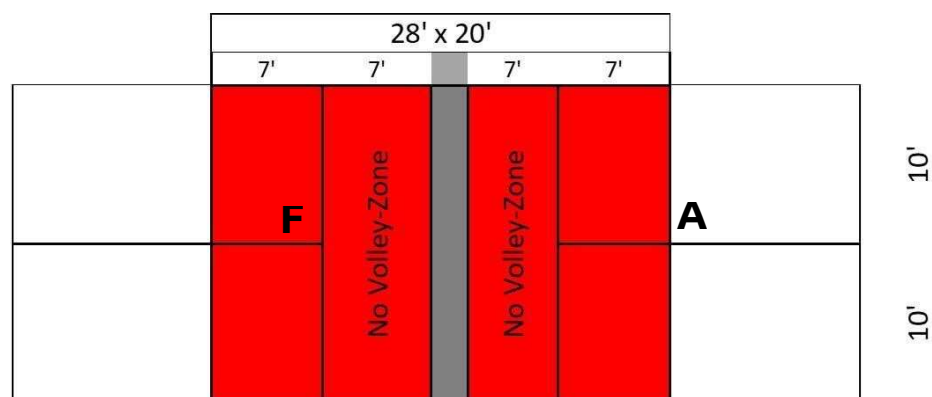


Pickleball Assessment/Skills

Court Dimensions



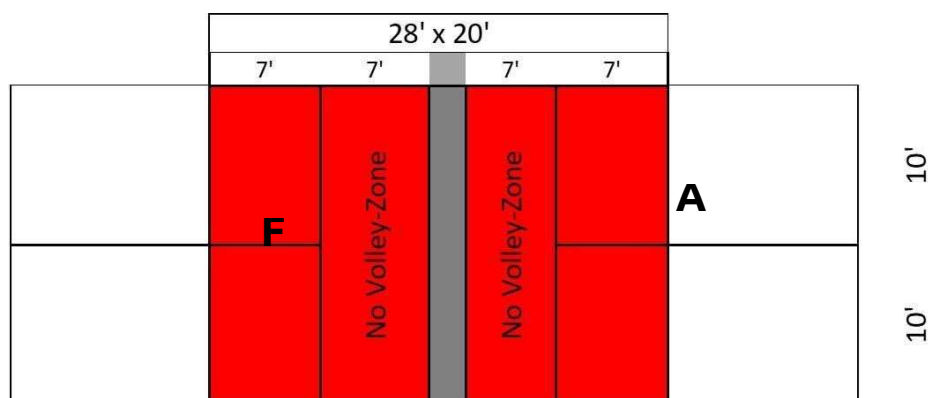
Equipment: 5 pickleballs, 1 clipboard, Individual scoresheets, pencils

Groundstrokes

6 Attempts

- Balls are hand fed alternating 3 Forehand/3 Backhand. Target is the diagonal service box.
- Athlete stands behind the adjusted baseline and the feeder (F) stands on the opposite side of the net 1 meter behind the no volley zone line on the center line.
- Athlete receives 1 pt for ball going over the net and landing in the diagonal service box
- 0 points is recorded if the Athlete has a missed attempt or athlete steps into the Non Volley Zone.
- One consistency point is recorded for each box that has a score filled in.
- A swing and a miss counts as an attempt and receives 0 points.
- Mark each score on the scoresheet before beginning next feed.
- The max amount of points that can be earned is 12 points.

Court Dimensions

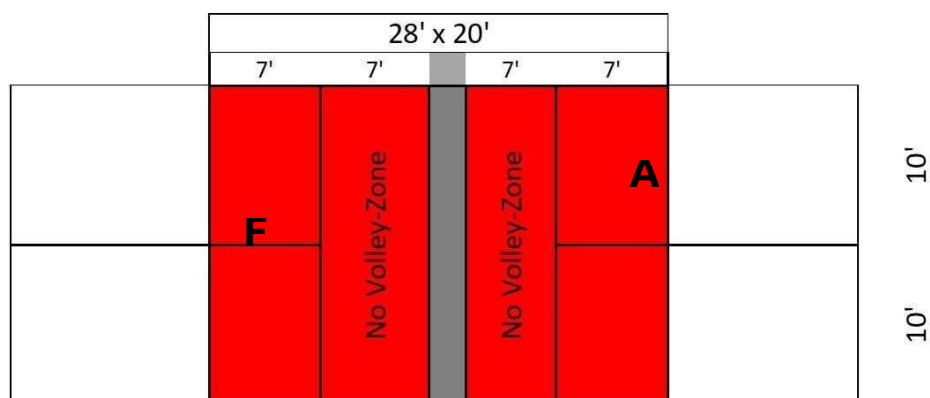


Serve

6 Attempts

- Athlete stands behind the adjusted baseline 14 feet from net and the Feeder (F) stands on the opposite side of the net 1 meter behind the No Volley line on center line.
- 12 underhand service attempts are given 3 **Right Side** and 3 **Left Side** (no bounce serves)
- Athlete receives 1 pt for each serve that lands in the diagonal service box.
- 0 points for stepping on or over the baseline (foot fault)
- 0 points if ball lands in no volley zone (kitchen)
- 0 points for a missed attempt (a swing a miss counts as an attempt)
- Served balls landing on a line shall be considered good except no volley zone line
- Mark each score on the scoresheet before beginning next feed.
- The max amount of points that can be earned is 6 points.

Court Dimensions

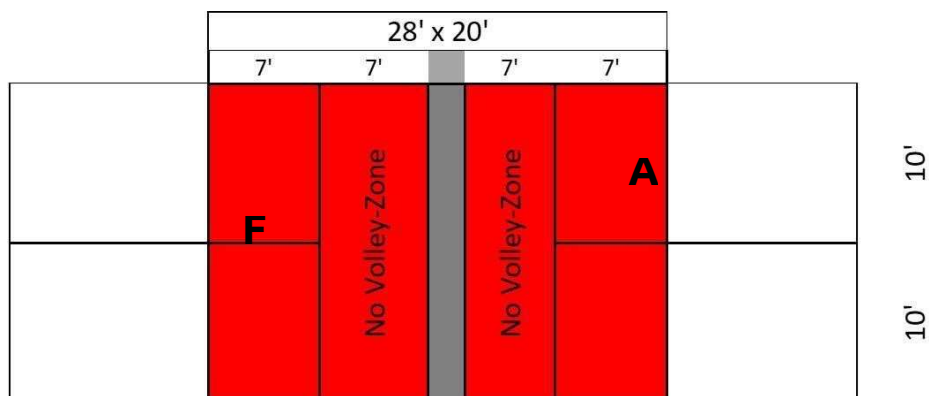


Return of Serve

8 Attempts

- Athlete stands in the right service box and the Feeder (F) stands on the opposite side of the net 1 meter behind the No Volley line on center line.
- The feeder will serve 4 balls to the right side service box (2 balls to the **Forehand side** and 2 balls to the **Backhand side**)
- Repeat for the left service box.
- 1 point for each return that lands over the net in the court.
 - Note: any ball landing on a line is considered good.
- 0 points if it lands outside the court lines.
- 0 points for a missed attempt (a swing a miss counts as an attempt)
- Mark each score on the scoresheet before beginning next feed.
- The max amount of points that can be earned is 8 points.

Court Dimensions



Dink Rally

2 Attempts

- Athlete will serve to an opponent (alternating right and left side)
- 2 bounce rule is in effect; after the 2 bounce rule is fulfilled each hit **must** be a dink hit
- Dinks must be in consecutive hits to score points, if the hit is not a dink the attempt ends.
- Scoring for each attempt is:
 - 1-2 Dinks = 1 point
 - 3-4 Dinks = 2 points
 - 5+ Dinks = 3 points
- If the 2 bounce rule is not fulfilled that rally attempt shall receive 0 points.
- Mark each score on the scoresheet before beginning next feed.

The max amount of points that can be earned is 6 point.