

# Pickleball Skills Assessment

**Each athlete is given two practice attempts.**

ATTEMPTS						MAX	SCORE	
<b>Serve</b> - Athlete stands behind the baseline beginning on the right side. - 6 underhand service attempts 3 right side and 3 left side (a one bounce serve can be used) - 1 point for each serve that lands in the diagonal service box - 0 points for stepping on/over the baseline (foot fault) - 0 points if ball lands in no-volley zone (kitchen) - 0 points for a missed attempt - Served balls landing on a line shall be considered good except for no-volley line	1		2		3	6		
	4		5		6			
<b>Return of Serve</b> - Athlete will stand in right service box and a feeder will serve 4 balls to the right service box ( 2 balls to the forehand and 2 to the backhand side) - Repeat for the left service box - 1 point for each return that lands over the net and in the court - 0 points if it lands outside the court lines Note: Any ball landing on a line is considered good	1		2		3	4	8	
	5		6		7	8		
<b>Groundstroke</b> - Athlete stands on the baseline; Feeder stands on opposite side of the net 1 meter behind the no-volley line on center line - The feeder will give 6 attempts (3 forehands and 3 backhands) - 1 point for any balls going over the net and landing in the diagonal service box - 0 points if missed attempt or athlete steps in no-volley zone - 1 consistency point is given for each box that has a score	1	2	3	4	5	6	12	
<b>Dink Rally</b> - Athlete will receive 2 dink rally attempts - Athlete will serve to an opponent (alternating right and left side) - The 2 bounce rule is in effect; after the 2 bounce rule is fulfilled each hit must be a dink hit - Dinks must be in consecutive hits to score points, if the hit is not a dink the attempt ends - Scoring for each attempt is: 1-2 dinks = 1 point; 3-4 dinks = 2 points; 5+ dinks = 3 points - If the 2 bounce rule is not fulfilled that rally attempt shall receive 0 points	1			2			6	
Total Score								