"My son has become so much more independent and has more self confidence than ever before. Special Olympics has done that for him. Thank you Special Olympics!" -Holly Meyer, parent

"Special Olympics has postively impacted my life by boosting my confidence, giving me the opportunity to try new sports, and making a plethora of friends. I happily and proudly tell people I am a Special Olympics Iowa athlete, Global Messenger, and Health Messenger!" -Britt Sandahl, athlete and Global Messenger

Featured Data:

- 65% of parents said that participation in Special Olympics raised their expectations of their son or daughter.
- 70% of Special Olympics athletes in the United States were rated to be in good or excellent health, compared to 55% of adults with ID who did not participate in Special Olympics.



2023 REACH REPORT

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