



General Schedule

Please note a final handbook with shuttle, parking, & competition schedules will be shared shortly after the registration deadline on Friday, April 26th.



2024 Special Olympics Iowa Summer Games



Schedule of Events

Thursday, May 16 th		
7:30 am – 4:30 pm	Delegation Registration - for ALL delegations (athletes & Unified partners)	1 st Floor Scheman Registration Desk
7:00 am – 5:00 pm	Competition Shuttle Service	Scheman to Maple-Willow-Larch residence hall driveway for Bocce, to Lied Recreation Center & back to Scheman (continuous loop)
9:00 am	Cycling Competition Registration	Cyclone Sports Complex
9:00 am – 4:30 pm	Singles Tennis Competition	Ames High Baseball Field (Tennis Courts at this location)
9:00 am – 6:00 pm	Residence Hall Check-In	Maple-Willow-Larch Commons Desk
9:00 am – 5:30 pm	Bocce Skills & Team Bocce Competition	Maple-Willow-Larch Fields
10:00 am	Team Soccer Competition	Lied Recreation Center outdoor fields (east of Lied Recreation Center)
10:00 am	<u>Soccer Skills Competition:</u> 10:00 am – 10:15 am 8-11M/F 10:15 am – 10:30 am 12-15M/F 10:30 am – 11:15 am 16-21M/F 11:15 am – 12:00 pm 22-29M/F 12:00 pm – 1:00 pm 30+ M/F	Lied Recreation Center outdoor fields (east of Lied Recreation Center)
12:00 pm – 5:00 pm	Souvenir Sales	Scheman Stage Door – 1 st Floor
12:30 pm – 1:30 pm	<u>Little Feet Meet:</u> 12:30 pm – Young Athletes 25M or 50M Dash 12:45pm – Young Athletes Softball/Tennis Ball Throw 1:00 pm – Young Athletes Soccer Kick	Lied Recreation Center
1:00 pm – 4:30 pm	<u>Healthy Athletes Screenings:</u> Fit Feet – TBD Fun Fitness- TBD Healthy Hearing- Rooms 150 & 154 Health Promotion – 1 st Floor Lobby Opening Eyes – Rooms 167 & 171 Special Smiles – Rooms 175 & 179 Strong Minds – Room 158 & 160	Scheman Building - 1 st Floor
TBD	Cheerleading Clinic	Scheman Courtyard
4:15 pm – 6:00 pm	Dinner	Maple-Willow-Larch Dining Center
6:00 pm – 6:45 pm	Opening Ceremony Shuttle	Maple-Willow-Larch Residence Halls to Hilton Coliseum
6:00 pm	Opening Ceremony Parade Line-up	Parking Lot C-2 (southside of Hilton Coliseum)
6:30 pm – 8:00 pm	Opening Ceremony	Hilton Coliseum
7:45 pm – 8:30 pm or until the end of the festivities	Opening Ceremony Shuttle	Hilton Coliseum to Maple-Willow-Larch Residence Halls

Friday, May 17 th		
7:00 am – 3:00 pm	Delegation Registration - for ALL Delegations (athletes & Unified partners)	1 st Floor Scheman Registration Desk
6:30 am – 8:30 am	Breakfast	Maple-Willow-Larch Dining Center, Seasons Marketplace
6:30 am – 5:00 pm	Competition Shuttle to Lied Rec. Center	Scheman to Maple-Willow-Larch dorm driveway for Bocce, to Lied Recreation Center & back to <u>Scheman (continuous loop)</u> Lied Recreation Center to
6:30 am – 5:00 pm	Competition Shuttle to Beyer Hall	Beyer Hall & back to Lied Recreation Center (continuous loop)
8:15 am	Swimming Warm-ups & Competition	Beyer Hall
8:30 am	Individual Skills & Doubles Tennis Competition	Ames High Baseball Field (Tennis Courts at this location)
9:00 am	Track & Field Competition	Lied Recreation Center
9:00 am – 1:00 pm	Singles Bocce Competition	Maple-Willow-Larch Fields
9:00 am – 2:00 pm	<u>Healthy Athletes Screenings:</u> Fit Feet – 0190 Fun Fitness- 0190 Healthy Hearing- Rooms 150 & 154 Health Promotion – 1 st Floor Lobby Opening Eyes – Rooms 167 & 171 Special Smiles – Rooms 175 & 179 Strong Minds – Room 158 & 160	Scheman Building - 1 st Floor
9:00 am – 4:00 pm	Souvenir Sales	Scheman Stage Door - 1 st Floor
10:00 am	Track & Field - Developmental Events	Forker Building, Gyms 175 & 184
10:00 am – 4:00 pm	Olympic Festival	Lot 100, next to Lied Rec Center
11:00 am – 1:00 pm	Lunch for delegations staying in the residence hall is provided at the dorm's dining center. Lunch will also be provided for athletes, coaches, & volunteers at each of the competition venues.	Maple-Willow-Larch Dining Center, <u>Seasons Marketplace</u> Friley Windows (east side of Friley Residence Hall)
4:15 pm – 6:30 pm	Dinner	Maple-Willow-Larch Dining Center, Seasons Marketplace
6:30 pm – 7:00 pm	Dance Shuttle	Maple-Willow-Larch to Memorial Union – Great Hall
7:00 pm – 9:00 pm	Celebration Dance	Memorial Union – Great Hall
9:00 pm – 9:30 pm	Dance Shuttle	Memorial Union – Great Hall to Maple-Willow-Larch

Saturday, May 18th		
6:30 am – 8:30 am	Breakfast	Maple-Willow-Larch Dining Center, Seasons Marketplace
7:30 am	Delegation Registration - For athletes & Unified partners participating on Saturday only	Event Staging Area inside the Lied Recreation Center
8:30 am	Track & Field – 200M, 400M, 1500M, & 4X100M Relays	Lied Recreation Center
8:30 am	Track & Field Competition	Lied Recreation Center
By 10:00 am	Residence Hall check outs need to be completed	Maple-Willow-Larch Conference Desk
8:30 am – 11:30 am	Souvenir Sales	Inside Lied Recreation Center

COMPETITION INFORMATION

Delegation Registration

All delegations must have a representative stop at the Delegation Registration 1st Floor Scheman Registration Desk, located behind Hilton Coliseum to pick up their Delegation Packets on May 16th & May 17th prior to proceeding to check-in at any competition venue.

Delegation Registration for athletes competing in the track events Saturday, May 18th will check-at the the Lied Recreation Center on May 18th only. Each delegation packet will include a Schedule of Events, venue maps & bib numbers. There are no bib numbers for swimming & soccer events.

There is one bib # per athlete. Track & Field, tennis and cycling bib #'s goes on the front of the shirts. A timing system is used at track events to ensure that the athletes are given the correct times. Therefore, the bib numbers must be on the front of the shirts.

Delegation Registration- Dates, Times & Locations:

Thursday, May 16th; 7:30 am – 4:30 pm; 1st Floor Registration Desk in the Scheman Building

Friday, May 17th; 7:00 am – 3:00 pm; 1st Floor Registration Desk in the Scheman Building

Saturday, May 18th, 7:30 am; Information Booth in Lied Recreation Center

Track & Field

Where: Lied Recreation Athletic Center
Events: Running, Walking (non-developmental), 100 M Wheelchair, Pentathlon, High Jump, Running Long Jump & Standing Long Jump

Outside of the Lied Recreation Center, east of the center
Events: Mini Jav, Shot Put & Softball Throw

The Lied Recreation Center is located on Beach Road, north of Lincoln Way.

When: Friday, May 17th- Saturday, May 18th

- Athletes & Unified partners are to report to the staging area for their specific event 15 minutes prior to the scheduled start time.
- Pentathlon athletes are to report at 8:30 am to the announcer table at the infield of the Lied Recreation Center. Escorts will take the athletes to the events. Athletes will finish shortly after 12:00 pm.
- Locations of the track staging areas are listed on the venue maps on pages 41 - 43.
- Walking Events: Athletes must have one foot in contact with the track at all times to be considered walking.
- The 400M Race Walk, 2K Race Walk and 800M Race Walk have been moved to Friday starting at 3pm.
- Softball Throw competition is held on the soccer field east of the Lied Recreation Center.
- Mini Jav & Shot-Put competition is held east of the Lied Recreation Center.
- Athletes competing in the Shot-Put competition must adhere to the following rules: Shot shall touch or be in close proximity to the chin. Shot is put from the shoulder, in front of the ear with one hand only. Shot at release does not drop behind or below the shoulder.
- Saturday Events: The 400M Dash will start at 8:30 am. All other events will begin at the conclusion of the preceding event. Athletes who arrive late will not be allowed to compete. Athletes must wait in the reserved area in the northeast corner of the Lied Recreation Center to be called to the staging area.
- After athletes & Unified partners finish competing, they are to report to the awards area of their specific event.
- No drinks, food, coolers, or chairs are allowed in the Lied Recreation Center.

Summer Games Track & Field Schedule

Special Olympics

Iowa



Friday, May 17, 2024

9:00 a.m. 800 M Run, All Ages, M & F

50 M Dash, Walk & Walk with Me

9:30 a.m. 30-50 Male
 10:00 a.m. 30-50 Female
 10:15 a.m. 51+ Male
 10:25 a.m. 51+ Female
 10:40 a.m. 16-21 Male
 11:00 a.m. 16-21 Female
 11:30 a.m. 08-11 Male
 11:45 a.m. 08-11 Female
 1:30 p.m. 12-15 Male
 1:50 p.m. 12-15 Female
 2:05 p.m. 22-29 Male
 2:15 p.m. 22-29 Female

100 M Dash & Walk Events

9:30 a.m. 16-21 Male
 10:00 a.m. 16-21 Female
 10:15 a.m. 22-29 Male
 10:40 a.m. 22-29 Female
 11:00 a.m. Pentathlon 100 M
 11:15 a.m. 12-15 Male
 11:30 a.m. 12-15 Female
 11:45 a.m. 51+ Male & Female
 12:00 p.m. Wheelchair All Ages
 12:15 p.m. Pentathlon 400 M
 1:30 p.m. 08-11 Male
 1:40 p.m. 08-11 Female
 2:00 p.m. 30-50 Male
 2:30 p.m. 30-50 Female
 3:00 p.m. Race Walk
 400 M Race Walk, All Ages, M & F
 2K Race Walk, All Ages, M & F
 800 M Race Walk, All Ages, M & F

High Jump

9:00 a.m. All Ages, M & F
 10:00 a.m. Pentathlon High Jump

Standing Long Jump & Running Long Jump

9:00 a.m. Pentathlon Running Long Jump
 9:30 a.m. 12-15, Male & Female
 11:30 a.m. 22-29, Male & Female
 12:00 p.m. 16-21, Male & Female
 2:00 p.m. 08-11, Male & Female
 3:00 p.m. 30+, Male & Female

Mini Jav, Shot Put, Softball Throw

9:00 a.m. 22-29 Male
 9:30 a.m. 22-29 Female
 10:00 a.m. 08-11 Male
 10:30 a.m. 08-11 Female
 11:00 a.m. 30-50 Male
 11:30 a.m. 30-50 Female
 11:45 a.m. Pentathlon Shot Put
 1:30 p.m. 51+ Male
 2:00 p.m. 51+ Female
 2:30 p.m. 12-15 Male
 3:00 p.m. 12-15 Female
 3:30 p.m. 16-21 Male
 4:00 p.m. 16-21 Female

Saturday, May 18, 2024

8:30 a.m. 400 M Dash, All Ages, M & F
 1500 M Run, All Ages, M & F
 200 M Dash, All Ages, M & F
 4x100 M Walking Relays
 4x100 M Running Relays

Saturday, May 18th Schedule

Start Time	400 M Run	1500 M Dash	200 M Dash	4 x 100 M Walk & Run Relay
8:30 AM	All Ages			
<i>Immediately following 400 M</i>		All Ages		
<i>Immediately following 1500 M</i>			All Ages	
<i>Immediately following 200 M</i>				All Ages

Developmental Track & Field Events

Events: 25 M Walk, 25 M Walk with Me, 25 M Push Me Please, 25 M & 30 M Wheelchair, & Tennis Ball Throw

Where: Forker Building, Gyms 175 & 184

**The Forker Building is located on Beach Road directly west of the Lied Recreation Center. Enter the building on the east side.

When: Friday, May 17th

Competition Schedule:

	Gym 175 (Male)	Gym 184 (Female)
10:00 am	25M Walk, 25M Walk with Me & 25M Push Me Please	25M Walk, 25M Walk with Me & 25M Push Me Please
10:45 am	25 M Manual Wheelchair Straight Race	25 M Manual Wheelchair Straight Race
11:15 am	4 x 25 M Wheelchair Relay (co-ed)	
11:30 am	30 M Manual Wheelchair Slalom	30 M Manual Wheelchair Slalom
12:00 pm – 12:30 pm	Lunch	Lunch
12:30 pm	30 M Motorized Wheelchair Slalom	30 M Motorized Wheelchair Slalom
12:45 pm	30 M Motorized Wheelchair Straight Race	30 M Motorized Wheelchair Straight Race
1:15 pm	Tennis Ball Throw	Tennis Ball Throw

Awards: Awards will be given out immediately after the completion of a division.

Additional Information: Coaches are to bring a rope for any athlete who requires one for competition.
Room 196 will be used as a quiet area. Changing areas are to be also available.

Bocce

Where:	Fields located east of Maple-Willow-Larch residence halls
When:	Thursday, May 16 th for Four Person Team; 10:00 am Thursday, May 16 th for Skills; 10:00 am Friday, May 17 th for Singles; 9:30 am
Registration:	Check in at the staging table 30 minutes prior to the scheduled game time.
Awards:	Awards will be given out after the completion of each team/singles last match in the division.

Important Bocce Information:

- Each match will be limited to 30 minutes or 16 points for team competition or 20 minutes or 12 points for singles.
- The shuttle bus will pick up athletes, coaches, chaperones, volunteers & spectators at the Scheman Building & drop them off at the Maple-Willow-Larch driveway. The shuttle bus will pick up at the driveway & return attendees to the Scheman Building.
- In both Four Person Team & Singles competition, athletes will alternate ends for each new frame unless approved by the Venue Director.
- Delegations should bring their own ramps. Please contact the Special Olympics Iowa State Office info@soiowa.org if a ramp is needed.
- A ramp team is a team in which every member uses the ramp in order to compete. In non-ramp divisions, one to three of the athletes may use the ramp to compete.
- Spectators may bring their own lawn chairs.
- Coaches, parents & spectators are not allowed beyond the staging area without prior approval from the Venue Director. Athlete Special Privilege forms must be submitted with the bocce registration for any rule's exceptions including 1:1 request.
- Inclement weather location: Lied Recreation Center.
- A practice court is available next to the Staging Area tent & the skills area

Cycling

Where: Cyclone Sports Complex
When: Thursday, May 16th

Competition Schedule:

9:00 am – 3:00 pm	Registration & Bike Inspection
9:30 am	10 K Races (per heat schedule) 1 K Races (per heat schedule) 5 K Races (per heat schedule)
Approx. 1:30 pm	250 M Races (will mix modified & 2-wheel bikes per heat schedule)

Schedule Notes:

- There will be no break between the 10 K, 1 K & 5 K races.
- The only break between the 5 K & 250 M races will be to move the course, move the awards area & get officials set up on the new course.
- If events are moving ahead of schedule, the next event will start early.
- Athletes who are not at the venue when their race begins will not be allowed to compete later.

Awards: Awards will be given out immediately after the completion of each race.

Important Cycling Information:

- Athletes with completed pre-inspection bike forms are to report to the pre-inspection tent.
- All bikes without completed pre-inspection bike forms are to go to the on-site bike inspection area. Please allow enough time for the mechanics to inspect personal bikes.
- Mark all equipment with the name of the athlete or Unified partner & the delegation.
- Athletes must bring their own helmets for proper fit & health reasons. Gloves are to be worn during the competition. Gloves will be available to athletes who do not have their own.
- Parking is available in the Cyclone Sports Complex parking lot. Vehicles, however, are not to leave until the competition is over.
- There will be no shuttle to the Cyclone Sports Complex for the Cycling competition.
- Spectators may bring lawn chairs.

Soccer Skills

Where: Lied Recreation Center - Outdoor Fields
Fields are located east of the Lied Recreation Center located on Beach Road, north of Lincoln Way.

When: Thursday, May 16th

Competition Schedule:

First Call	Competition Time	Age Group
9:50 am	10:00 am – 10:15 am	08– 11 Male & Female
10:05 am	10:15 am – 10:30 am	12– 15 Male & Female
10:20 am	10:30 am – 11:15 am	16– 21 Male & Female
11:05 am	11:15 am – 12:00 pm	22– 29 Male & Female
11:50 am	12:00 pm – 1:00 pm	30+ Male & Female

Awards: Awards will be given out immediately after the completion of each division.

Important Soccer Skills Information:

- Athletes are to check in at the Soccer Skills staging tent 10 minutes prior to their event start time.
- Once checked in, the athletes are to remain in the chairs under the tent until they are assigned to an escort.
- Athletes will remain with their designated escort until they receive their awards.
- Day of event scratches should be given onsite to Venue Director.

Team Soccer

- Where:** ISU Lied Recreation Center - Outdoor Fields are located east of the Lied Recreation Center located on Beach Road, north of Lincoln Way.
- When:** Thursday, May 16th
- Competition Schedule:** First Games will begin at 10:00 am.
- Awards:** Awards will be given out immediately after the completion of each division.

Important Team Soccer Information:

- Teams are to be checked in & on the field sidelines 15 minutes prior to the game start time.
- If inclement weather plans are followed, 5-a-side soccer will be played.
- Team Soccer competition does not follow the age categories for decisioning. It is an open age competition, which means teams may consist of athletes of all ages
- Team Soccer is played 7 Vs. 7 with the following groups-
 - o Traditional
 - o Coed
 - o Unified Team

Swimming

Where: Beyer Hall
 Beyer Hall is located near the corner of Sheldon Avenue & Union Drive. Swimmers & coaches enter at the south doors of the building along Union Drive.

When: Friday, May 17th

Awards: Awards will be given out immediately after the completion of each division.

Important Swimming Information:

- Only swimmers competing in the freestyle, breaststroke, butterfly, individual medley & flotation device events dress & warm-up in the morning.
- No coaches are allowed on the deck, except to assist athletes requiring physical assistance.
- Backstroke & relay swimmers may dress & warm-up prior to the start of the afternoon session.

SOIA Swimming 2024 Summer Games Competition Schedule:

8:15 am – 8:45 am	Warm-ups
8:45 am	Coaches Meeting
9:15 am – 12:15 pm	200 Yard Freestyle (M & F, all ages) 100 Yard Freestyle (M & F, all ages) 50 Yard Freestyle (M & F, all ages) 25 Yard Freestyle (M & F, all ages) 100 Yard Breaststroke (M & F, all ages) 50 Yard Breaststroke (M & F, all ages) 25 Yard Breaststroke (M & F, all ages) 50 Yard Butterfly (M & F, all ages) 25 Yard Butterfly (M & F, all ages) 200 Yard Individual Medley (M & F, all ages) 100 Yard Individual Medley (M & F, all ages)
12:15 pm – 1:00 pm	Lunch Break
1:00 pm – 1:20 pm	Warm-ups
1:30 pm – 3:30 pm	25 Yard Flotation Race (15 minutes maximum time limit) * 15 Yard Flotation Race (10 minutes maximum time limit) * 4 x 25 Yard Relay (Male, Female, Co-ed & Unified) 25 Yard Backstroke (M & F, all ages) 50 Yard Backstroke (M & F, all ages) 100 Yard Backstroke (M & F, all ages) *Athletes may participate in one flotation race only.

Tennis

- Where: Ames High Baseball Field (Tennis Courts are at this location)
Courts are located at **2005 24th St, Ames, IA 50010**
- When: Thursday, May 16th, Singles Competition; 9:00 am – 4:30 pm
Friday, May 17th, Individual Skills & Doubles Competition;
8:30 am
- Awards: Awards will be given out immediately after the
completion of each division.

SPECIAL EVENTS OFFERED DURING THE SUMMER GAMES

Celebration Dance

Where:	Memorial Union – Great Hall
When:	Friday, May 17 th ; 7:00 pm – 9:00 pm
Who:	Special Olympics Athletes, Unified partners, Delegation Members & Family Members
Transportation:	Shuttle service will be available from 6:30 pm to 7:00 pm from the west side of Maple-Willow-Larch residence halls to the Memorial Union from Memorial Union to the residence halls after the dance from 9:00 pm – 9:30 pm
Concessions:	Concession stands will be open for the dance with limited items.

Olympic Festival

Where:	Parking Lot 100- Outside of the Lied Recreation Center
When:	Friday, May 17 th 10:00 am – 4:00pm
Important Olympic Festival Information:	

Be sure to stop by parking lot 100 for a variety of fun, interactive activities for the athletes will be provided for everyone!

Little Feet Meet

Where: Inside Lied Recreation Center (518 Beach Road, Ames, IA 500)
When: Thursday, May 16th from 12:30 pm – 1:30 pm

Little Feet Meet

The 3rd annual Little Feet Meet is an inclusive opportunity for Young Athletes ages 2-7 with and without intellectual disabilities to participate at our state Summer Games. Stations will include 25 or 50m dash, softball/tennis ball throw, bocce, soccer kick and more!

- **Date:** Thursday, May 16th
- **Time:** 12:30-1:30pm
- **Location** Lied Recreation Center (518 Beach Road, Ames, IA 500)

Souvenir Sales

Special Olympics Iowa will have fun Special Olympics Iowa gear & souvenirs for sale!

Items may be paid with cash, Venmo, or checks written to Special Olympics Iowa!

Where: Scheman Building – 1st Floor
When: Thursday, May 16th; 12:00 pm – 5:00 pm

Where: Scheman Building – 1st Floor
When: Friday May 17th; 9:00 am – 4:00 pm

Where: Inside the Lied Recreation Center
When: Saturday, May 18th; 9:30 am – 11:30 am

Healthy Athletes Program

When: Thursday, May 16th from 1:00 pm– 4:30 pm
Friday, May 17th from 9:00 am – 2:00 pm

What is Special Olympics Healthy Athletes?

The Special Olympics program called Healthy Athletes is designed to help athletes improve their health, fitness, sports experience & wellbeing. Athletes receive a variety of health services through clinics conducted in welcoming environments at Special Olympics competitions. The clinics conducted are Special Fit Feet, FUNfitness, Healthy Hearing, Health Promotions, Opening Eyes, Special Smiles & Strong Minds. The clinics provided come at no charge for SOIA athletes.

Fit Feet:

Many Special Olympics athletes suffer from foot & ankle pain or deformities that impair their performance. Athletes are not always fitted with the proper shoes & socks for their particular sport. Volunteer health care professionals screen athletes' feet & ankles for deformities as well as checking for infections, nail care & proper shoes & socks.

Location: Scheman 1st floor- 0190

FUNfitness:

The purposes of the FUNfitness program are to assess, improve & strengthen flexibility. The program also helps educate about the importance of physical therapy. Physical therapists work with athletes, coaches & family members to teach about warm-up risk & prevention & make recommendations for optimal function in their sports training.

Location: Scheman 1st floor- 0190

Healthy Hearing:

This program offers athletes the services of hearing examinations & follow-up recommendations.

Location: Room 150 & 154 in the Scheman Building

Health Promotions:

Offers athletes' tips on nutrition, adequate hydration, maintaining personal hygiene, safety, fitness, danger of tobacco use, sun safety & other health concerns. Athletes will have an opportunity to receive a simple health check that includes height, weight, blood pressure & a review of healthy lifestyle habits. Handouts & giveaways will be available to athletes who participate.

Location: 1st Floor Foyer C102 in the Scheman Building

Opening Eyes:

Opening Eyes offers athletes extensive vision tests, refractions for those requiring further screening, prescription glasses & referral advice for follow-up care. Optometrists & eye care professionals have been recruited to conduct eye exams who have received specialized training to work with this population.

Location: Room 167 & 171 in the Scheman Building

Special Smiles:

This program offers athletes the services of oral screening, oral health education, preventative products & information about follow-up care. Dentists & dental hygienists have been recruited to conduct exams who have received specialized training to work with this population.

Location: Room 175 & 179 in the Scheman Building

Strong Minds:

This program offers athletes interactive learning activities focused on developing adaptive coping skills. Competition provides a natural opportunity to develop active strategies for maintaining emotional wellness under stress, such as: thinking positive thoughts, releasing stress, & connecting with others.

Location: Room 158 in the Scheman Building

Opening Ceremony

- Where:** Hilton Coliseum, located at the corner of University Boulevard between Lincoln Way & Center Drive.
- When:** Thursday, May 16th
Parade line up begins at 6:00 pm
Opening Ceremony will begin with the Parade of Athletes at 6:30 pm
- Parking:** North of Hilton Coliseum
Delegations may utilize the provided shuttle bus transportation
- Walking:** Delegations walking should exit the west side of Maple Hall & go south on Beach Avenue, cross Lincoln Way.
- Bussing:** Shuttle bus transportation from Maple-Willow-Larch to Hilton & back will be available from 5:30 pm to 6:30 pm & 8:00 pm to 9:00 pm or until the conclusion of the festivities. Bus pick-up will be on the west side of Maple Hall.

Parade Line Up: Delegations will line up by area on the south side of Hilton Coliseum Lot C-2. Delegations are to find their area banner & get in line. Delegation members who use wheelchairs or need extra assistance walking may enter Hilton before the parade by using the upper ramp on the east side of the building & use the elevator to reach the lower level to meet their teams at the bottom of the ramp.

- Parade Order
North
East
West Central
East Central
South Central
North Central
Southeast
Southwest
Northeast
Northwest
Central

Athletes will enter from the lower ramp entrance on the east side of Hilton Coliseum. Athletes will walk into Hilton & be seated by ushers. Wheelchair delegation members will be directed to seating on the main floor. Please bring delegation banners for the Parade of Athletes.

- Restrooms:** Restrooms will be available outside on the east side of Hilton Coliseum near the delegation entrance & inside the coliseum as well. A family restroom is available at the lower west Hilton Coliseum entrance.
- Interpreter:** A sign language interpreter will be utilized during the Opening Ceremony.
- Program:** The Opening Ceremony will include the Parade of Athletes, welcomes from the Ames & ISU communities, award recognitions, Flame of Hope / torch lighting & entertainment