

Cedar Rapids Cedar Rapids Bowling Center 265 Blairs Ferry Rd NE Cedar Rapids, IA 52402 Cedar Rapids Bowling: (319) 377-9481 Sydney Sloan: (641) 895-3872	Des Moines Bowlerama Lanes 1313 E Diehl Ave. Des Moines, IA 50315 Bowlerama: (515) 285-2811 Dallas Hinkhouse: (515) 867-7985	Omaha Maplewood Lanes 3030 N 101st St Omaha, NE 68134 Maplewood Lanes: (402) 572-9393 Katie Wiese: (515) 745-2887	Waterloo Cadillac Lanes 650 La Porte Rd Waterloo, IA 50702 Cadillac Lanes: (319) 234-6888 Kirsten Selsor: (712) 209-6744
East, East Central, Southeast	Central, West Central, South Central	Southwest, Northwest, South Central	North, Northeast, North Central
<u>Session One</u>	<u>Session One</u>	<u>Session One</u>	<u>Session One</u>
8:30 AM - Registration 9:20 AM - Opening Ceremonies 9:30 AM - Competition Begins Ages 8 - 11 Singles Ages 8 - 11 Singles Ramp Assisted Ages 8 - 11 Singles Ramp Unassisted Ages 12 - 15 Singles Ages 12 - 15 Singles Ramp Assisted Ages 12 - 15 Singles Ramp Unassisted Ages 16 - 21 Singles Ages 16 - 21 Singles Ramp Assisted Ages 16 - 21 Singles Ramp Unassisted	8:30 AM - Registration 9:20 AM - Opening Ceremonies 9:30 AM - Competition Begins Ages 8 - 11 Singles Ages 8 - 11 Singles Ramp Assisted Ages 8 - 11 Singles Ramp Unassisted Ages 12 - 15 Singles Ages 12 - 15 Singles Ramp Assisted Ages 12 - 15 Singles Ramp Unassisted Ages 16 - 21 Singles Ages 16 - 21 Singles Ramp Assisted Ages 16 - 21 Singles Ramp Unassisted	8:30 AM - Registration 9:20 AM - Opening Ceremonies 9:30 AM - Competition Begins Ages 8 - 11 Singles Ages 8 - 11 Singles Ramp Assisted Ages 8 - 11 Singles Ramp Unassisted Ages 12 - 15 Singles Ages 12 - 15 Singles Ramp Assisted Ages 12 - 15 Singles Ramp Unassisted Ages 16 - 21 Singles Ages 16 - 21 Singles Ramp Assisted Ages 16 - 21 Singles Ramp Unassisted	9:00 AM - Registration 9:50 AM - Opening Ceremonies 10:00 AM - Competition Begins Ages 8 - 11 Singles Ages 8 - 11 Singles Ramp Assisted Ages 8 - 11 Singles Ramp Unassisted Ages 12 - 15 Singles Ages 12 - 15 Singles Ramp Assisted Ages 12 - 15 Singles Ramp Unassisted Ages 16 - 21 Singles Ages 16 - 21 Singles Ramp Assisted Ages 16 - 21 Singles Ramp Unassisted
<u>Session Two</u>	<u>Session Two</u>	<u>Session Two</u>	<u>Session Two</u>
11:00 AM - Registration 11:50 AM - Opening Ceremonies 12:00 PM - Competition Begins Doubles - All ages Traditional & Unified Teams - All ages Traditional & Unified	11:00 AM - Registration 11:50 AM - Opening Ceremonies 12:00 PM - Competition Begins Doubles - All ages Traditional & Unified Teams - All ages Traditional & Unified	11:30 PM - Registration 12:20 PM - Opening Ceremonies 12:30 PM - Competition Begins All ages Traditional & Unified Doubles All ages Traditional & Unified Teams Ages 22 - 29 Singles Ages 22 - 29 Singles Ramp Assisted Ages 22 - 29 Singles Ramp Unassisted Ages 30 - 50 Singles Ages 30 - 50 Singles Ramp Assisted Ages 30 - 50 Singles Ramp Unassisted Ages 51 + Singles Ages 51 + Singles Ramp Assisted Ages 51 + Singles Ramp Unassisted	12:00 PM - Registration 12:50 PM - Opening Ceremonies 1:00 PM - Competition Begins All ages Traditional & Unified Doubles All ages Traditional & Unified Teams Ages 22 - 29 Singles Ages 22 - 29 Singles Ramp Assisted Ages 22 - 29 Singles Ramp Unassisted Ages 30 - 50 Singles Ages 30 - 50 Singles Ramp Assisted Ages 30 - 50 Singles Ramp Unassisted Ages 51 + Singles Ages 51 + Singles Ramp Assisted Ages 51 + Singles Ramp Unassisted
<u>Session Three</u>	<u>Session Three</u>		
1:30 PM - Registration 2:20 PM - Opening Ceremonies 2:30 PM - Competition Begins Ages 22 - 29 Singles Ages 22 - 29 Singles Ramp Assisted Ages 22 - 29 Singles Ramp Unassisted Ages 30 - 50 Singles Ages 30 - 50 Singles Ramp Assisted Ages 30 - 50 Singles Ramp Unassisted Ages 51 + Singles Ages 51 + Singles Ramp Assisted Ages 51 + Singles Ramp Unassisted	1:30 PM - Registration 2:20 PM - Opening Ceremonies 2:30 PM - Competition Begins Ages 22 - 29 Singles Ages 22 - 29 Singles Ramp Assisted Ages 22 - 29 Singles Ramp Unassisted Ages 30 - 50 Singles Ages 30 - 50 Singles Ramp Assisted Ages 30 - 50 Singles Ramp Unassisted Ages 51 + Singles Ages 51 + Singles Ramp Assisted Ages 51 + Singles Ramp Unassisted		