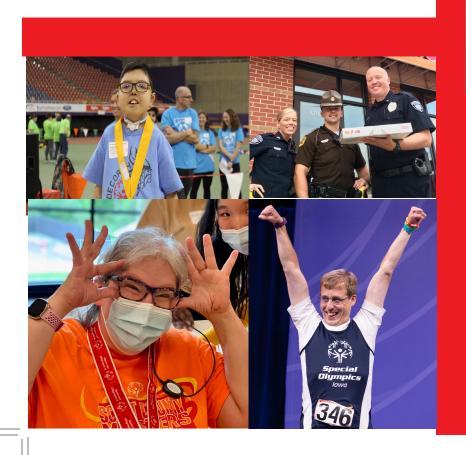


How has Special Olympics Iowa impacted your life?

"Special Olympics has impacted my life in the most positive way by allowing me to make new friends, try sports that I haven't tried or thought about trying and the opportunities that have been given to me like going to world games in Los Angeles. It has prepared me for a job search and I feel more confident going into a job interview thanks to the Athlete Leadership Trainings." – Lisa Spencer, Board Member, Global Messenger, Ankeny Angels



REACH REPORT





How has Special Olympics Iowa helped you outside of sports?

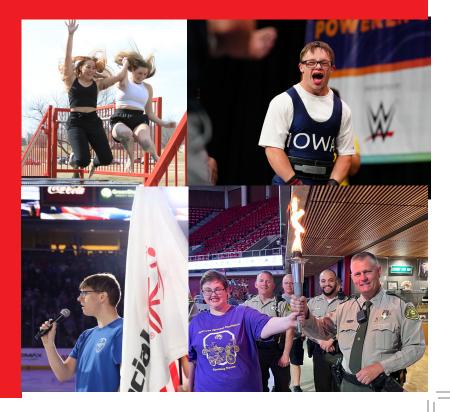
"It gave me more confidence and helped me to become more social."

– Adam Rininger, Global Messenger, Muscatine Community YMCA



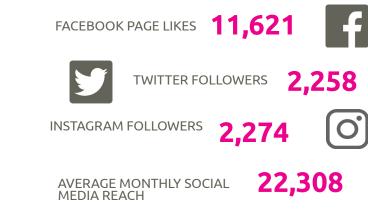


2022











23 OLYMPIC-TYPE SPORTS

Alpine Skiing - Basketball* - Bocce* - Bowling* Cheerleading* - Cross Country Skiing - Cycling* **Developmental Events - Equestrian** Figure Skating - Flag Football* - Golf* Gymnastics (Artistic & Rhythmic) - Powerlifting Pickleball - Snowshoeing* - Soccer* - Softball* - Speed Skating - Swimming* - Tennis* Track & Field* - Volleyball*

***Unified Sports**