



## Results Sheets for AT 50M Dash

Divisio	n: F01		
Bib#	Name	Final Score	Place
0	Benson, Mercedes Sioux City MSS ICF	0 min, 10.06 sec	1st





## Results Sheets for AT 50M Dash

Divisio	n: F02		
Bib#	Name	Final Score	Place
0	Bouza, Ruby	1 min, 7.50 sec	Part





Divisio	n: F03		
Bib#	Name	Final Score	Place
0	Vermeer, Rose	0 min, 37.72 sec	1st





Divisio	on: F04		
Bib#	Name	Final Score	Place
0	Hansen, Ashley Denison Wesco Ind	0 min, 11.44 sec	1st
0	Weiler, Tessa Marcus MMCRU Royals	0 min, 13.13 sec	1st
0	Juarez, Ashley Sioux City MSS ICF	0 min, 15.22 sec	2nd
0	<b>Van Kekerix, Shealyn</b> Sheldon Orabs	0 min, 19.68 sec	3rd





Divisio	n: F05		
Bib#	Name	Final Score	Place
0	<b>Ernst, Allison</b> Sheldon VNU Panthers	0 min, 9.81 sec	1st
0	Pencil, Heather Sioux City Knights	0 min, 11.41 sec	2nd





Divisio	n: F06		
Bib#	Name	Final Score	Place
0	<b>Brown, Alexis</b> Sheldon VNU Panthers	0 min, 14.44 sec	1st
0	<b>Ahlers, Justina</b> Sheldon VNU Panthers	0 min, 26.31 sec	2nd





Divisio	n: F07		
Bib#	Name	Final Score	Place
0	<b>Webb, Jessica</b> Sheldon VNU Panthers	0 min, 10.41 sec	1st
0	<b>Celus, Cody</b> Sheldon VNU Panthers	0 min, 10.60 sec	2nd





Divisio	n: F08		
Bib#	Name	Final Score	Place
0	Arens, Nicole Sheldon VNU Panthers	0 min, 11.87 sec	1st
0	Seivert, Susan Tidal Waves of O'Brien, Lyon & Osceola Co	0 min, 13.85 sec	2nd
0	Clark, Janice Sioux City Parkview	0 min, 16.22 sec	3rd





Divisio	n: F09		
Bib#	Name	Final Score	Place
0	<b>Gembler, Ashley</b> Sheldon VNU Panthers	0 min, 20.47 sec	1st
0	VanderVeen, Emily Tidal Waves of O'Brien, Lyon & Osceola Co	0 min, 22.00 sec	2nd





Divisio	n: F10		
Bib#	Name	Final Score	Place
0	<b>Perry, Diana</b> Sheldon VNU Panthers	0 min, 11.28 sec	1st





Divisio	n: M01		
Bib#	Name	Final Score	Place
0	Handy, Kaeden Cherokee Schools	0 min, 12.68 sec	1st



# 2023 Northwest Track & Field Meet Athletics/Track and Field Results Sheets for



Divisio	n: M02		
Bib#	Name	Final Score	Place
0	<b>Bloom, David</b> Sioux City Knights	0 min, 13.85 sec	1st





Divisio	n: M03		
Bib#	Name	Final Score	Place
0	Kinney, Jaydon Denison Wesco Ind	0 min, 8.00 sec	1st





Divisio	Division: M04				
Bib#	Name	Final Score	Place		
0	<b>Ipsen, Jagger</b> Denison Wesco Ind	0 min, 12.25 sec	1st		
0	Meyer, Brody Denison Wesco Ind	0 min, 12.31 sec	2nd		
0	Russell, Anthony (AJ) Marcus MMCRU Royals	0 min, 13.72 sec	3rd		





Divisio	Division: M05				
Bib#	Name	Final Score	Place		
0	McCulley, John Sioux City MSS ICF	0 min, 9.93 sec	1st		
0	<b>Magaril, Jordan</b> Sheldon VNU Panthers	0 min, 12.64 sec	2nd		





Divisio	Division: M06				
Bib#	Name	Final Score	Place		
0	<b>Barcus, Shawn</b> Sioux City Parkview	0 min, 13.22 sec	1st		
0	<b>Praster, Garrett</b> Sioux City MSS ICF	0 min, 15.15 sec	2nd		
0	<b>Kokenge, Skyler</b> Sheldon VNU Panthers	0 min, 17.03 sec	3rd		





Divisio	n: M07		
Bib#	Name	Final Score	Place
0	<b>Dorale, Isiah</b> Sioux City Parkview	0 min, 17.47 sec	1st





Divisio	on: M08		
Bib#	Name	Final Score	Place
0	<b>Klein, Travis</b> Sheldon VNU Panthers	0 min, 8.50 sec	1st
0	Kramer, Matthew (Matt) Sheldon VNU Panthers	0 min, 10.78 sec	2nd
0	Wheeler, Scott	0 min, 11.06 sec	3rd





Divisio	Division: M09					
Bib#	Name	Final Score	Place			
0	<b>Groen, Justin</b> Sheldon VNU Panthers	0 min, 11.09 sec	1st			
0	White, Charles Sheldon VNU Panthers	0 min, 12.84 sec	2nd			
0	<b>Sims, Mark</b> Sioux City Parkview	0 min, 13.44 sec	3rd			





Divisio	Division: M10				
Bib#	Name	Final Score	Place		
0	<b>Wassenaar, Chad</b> Sheldon VNU Panthers	0 min, 14.25 sec	1st		
0	<b>Martinson, Lewis</b> Sioux City MSS ICF	0 min, 14.31 sec	2nd		
0	<b>Kaus, Scott</b> Sioux City Parkview	0 min, 14.34 sec	3rd		





Divisio	n: M11		
Bib#	Name	Final Score	Place
0	<b>Zevenbergen, Ryan</b> Sioux City Parkview	0 min, 11.93 sec	1st





Divisio	n: M12		
Bib#	Name	Final Score	Place
0	<b>Buurman, Austin</b> Sheldon VNU Panthers	0 min, 34.41 sec	1st





Divisio	n: M13		
Bib#	Name	Final Score	Place
0	<b>List, John</b> Sheldon VNU Panthers	0 min, 9.84 sec	1st





Divisio	n: M14		
Bib#	Name	Final Score	Place
0	Friedland, Bradford (Brad) Sheldon VNU Panthers	0 min, 14.90 sec	1st





Divisio	n: M15		
Bib#	Name	Final Score	Place
0	Petersen, Neil Sioux City Parkview	0 min, 15.50 sec	1st





## Results Sheets for AT 100M Dash

Divisio	n: F01		
Bib#	Name	Final Score	Place
0	Carey, Peyton Cherokee Schools	0 min, 23.68 sec	1st





### Results Sheets for AT 100M Dash

Divisio	n: F02		
Bib#	Name	Final Score	Place
0	Esser, Amanda	0 min, 20.06 sec	1st
	Orange City MOC-FV		





Divisio	Division: F03				
Bib#	Name	Final Score	Place		
0	<b>VerMulm, Bailey</b> Hawarden West Sioux	0 min, 23.06 sec	1st		
0	Dacken, Lydia Tidal Waves of O'Brien, Lyon & Osceola Co	0 min, 24.22 sec	2nd		





Divisio	n: F04		
Bib#	Name	Final Score	Place
0	Jansen, Brialle Siouxlanders	0 min, 22.37 sec	1st





Division: F05				
Bib#	Name	Final Score	Place	
0	<b>Groskreutz, Anna</b> Orange City MOC-FV	0 min, 21.15 sec	1st	
0	Schott, Brooklyn Tidal Waves of O'Brien, Lyon & Osceola Co	0 min, 24.41 sec	2nd	





Divisio	n: F06		
Bib#	Name	Final Score	Place
0	Janssen, Stevie-Marie Siouxlanders	0 min, 20.81 sec	1st





Divisio	n: F07		
Bib#	Name	Final Score	Place
0	Runge, Victoria (Tori) Tidal Waves of O'Brien, Lyon & Osceola Co	0 min, 24.78 sec	1st





Divisio	n: M01		
Bib#	Name	Final Score	Place
0	<b>Bailey, Emmet</b> Siouxlanders	0 min, 24.16 sec	1st





Divisio	n: M02		
Bib#	Name	Final Score	Place
0	Jaime, Jason	0 min, 21.44 sec	1st





Divisio	n: M03		
Bib#	Name	Final Score	Place
0	<b>Beldt, Damien</b> Sheldon Orabs	0 min, 26.43 sec	1st





Divisio	on: M04		
Bib#	Name	Final Score	Place
0	<b>Crawford, Jayden</b> Orange City MOC-FV	0 min, 17.34 sec	1st
0	<b>Gaspar, Jose</b> Orange City MOC-FV	0 min, 20.69 sec	2nd





Divisio	n: M05		
Bib#	Name	Final Score	Place
0	<b>Diaz, Blagemir</b> Orange City MOC-FV	0 min, 23.84 sec	1st





Divisio	n: M06		
Bib#	Name	Final Score	Place
0	<b>Ankenman, Kaysen</b> Marcus MMCRU Royals	0 min, 25.28 sec	1st





Divisio	n: M07		
Bib#	Name	Final Score	Place
0	<b>Summers, Aaron</b> Sioux Center Comm School	0 min, 26.41 sec	1st





Divisio	n: M08		
Bib#	Name	Final Score	Place
0	<b>Heck, Colin</b> Orange City MOC-FV	0 min, 16.37 sec	1st
0	<b>Creery, Joshua</b> Siouxlanders	0 min, 17.34 sec	2nd
0	<b>Leacox, Davyd</b> Siouxlanders	0 min, 24.81 sec	3rd





Divisio	n: M09		
Bib#	Name	Final Score	Place
0	Woodall, Jaxon Marcus MMCRII Royals	0 min, 19.66 sec	1st





Divisio	Division: M10				
Bib#	Name	Final Score	Place		
0	<b>Peterson, Ethan D.</b> Sheldon VNU Panthers	0 min, 15.44 sec	1st		
0	Janssen, Jesse Lee Jackson Siouxlanders	0 min, 15.56 sec	2nd		





Divisio	Division: M11				
Bib#	Name	Final Score	Place		
0	<b>DeBoer, Dan</b> Sheldon VNU Panthers	0 min, 18.28 sec	1st		
0	<b>Lyman, James (JT) Timothy</b> Siouxlanders	0 min, 21.00 sec	2nd		
0	<b>Boyer, Jase</b> Siouxlanders	0 min, 22.75 sec	3rd		





Divisio	Division: M12				
Bib#	Name	Final Score	Place		
0	Wilbur, Alex Tidal Waves of O'Brien, Lyon & Osceola Co	0 min, 22.97 sec	1st		
0	Rose, Zachary Sioux City Knights	0 min, 24.22 sec	2nd		





Divisio	Division: M13				
Bib#	Name	Final Score	Place		
0	<b>Leckband, Jonathan</b> Tidal Waves of O'Brien, Lyon & Osceola Co	0 min, 26.25 sec	1st		
0	VanVoorst, Taylor Tidal Waves of O'Brien, Lyon & Osceola Co	0 min, 32.44 sec	2nd		





Division	: M14		
Bib#	Name	Final Score	Place
0	Pease, Jesse Sioux City Knights	0 min, 15.46 sec	1st





Divisio	Division: M15				
Bib#	Name	Final Score	Place		
0	<b>Tigges, Ryan</b> Sioux City Knights	0 min, 19.53 sec	1st		
0	Kramer, Matthew (Matt) Sheldon VNU Panthers	0 min, 24.07 sec	2nd		





Divisio	n: M16		
Bib#	Name	Final Score	Place
0	VanderBurgh, Philip Tidal Waves of O'Brien, Lyon & Osceola Co	0 min, 47.69 sec	1st





Divisio	n: M17		
Bib#	Name	Final Score	Place
0	<b>Sohler, Bryan</b> Denison Wesco Ind	0 min, 21.85 sec	1st





### Results Sheets for AT 100M Walk

Divisio	n: F1		
Bib#	Name	Final Score	Place
0	Clayton, Kaylinn Tidal Waves of O'Brien, Lyon & Osceola Co	0 min, 47.82 sec	1st





## Results Sheets for AT 100M Walk

Divisio	n: F2		
Bib#	Name	Final Score	Place
0	<b>Lampe, Tiffany</b> Siouxlanders	0 min, 47.53 sec	1st





Divisio	n: F3		
Bib#	Name	Final Score	Place
0	<b>Boote, Linda</b> Siouxlanders	0 min, 42.44 sec	1st
0	Castro, Irma Elena Siouxlanders	0 min, 53.40 sec	2nd
0	<b>Johnson, Naomi</b> Siouxlanders	0 min, 53.78 sec	3rd
0	<b>Brunsting, Shelly</b> Siouxlanders	1 min, 5.25 sec	4th
0	Roseland, Stephanie Siouxlanders	1 min, 5.84 sec	5th





Divisio	on: F4		
Bib#	Name	Final Score	Place
0	Wiersma, Monica Siouxlanders	0 min, 58.72 sec	1st
0	<b>Herbst, Marisa</b> Siouxlanders	1 min, 2.09 sec	2nd
0	Myers, Brielle Denison Wesco Ind	1 min, 2.84 sec	3rd
0	Schwebach, Paula Siouxlanders	1 min, 7.78 sec	4th
0	<b>Fraga, Linda</b> Siouxlanders	1 min, 10.28 sec	5th





Divisio	n: F5		
Bib#	Name	Final Score	Place
0	<b>Gabhart, Katie</b> Siouxlanders	1 min, 37.32 sec	1st





Divisio	n: F6		
Bib#	Name	Final Score	Place
0	<b>Van Sloten, Susan</b> Siouxlanders	0 min, 38.94 sec	1st
0	Miller, Laurie Siouxlanders	0 min, 47.66 sec	2nd
0	<b>Lems, Kathy</b> Siouxlanders	0 min, 48.59 sec	3rd
0	<b>Wishman, Toni</b> Denison Wesco Ind	0 min, 50.53 sec	4th
0	<b>Swoyer, Mary</b> Sheldon VNU Panthers	0 min, 56.66 sec	5th
0	Wishman, Teresa Denison Wesco Ind	0 min, 59.69 sec	6th





Divisio	n: F7		
Bib#	Name	Final Score	Place
0	<b>Grady, Sheila</b> Siouxlanders	0 min, 58.75 sec	1st
0	Wasmund, Barb Tidal Waves of O'Brien, Lyon & Osceola Co	0 min, 58.96 sec	2nd
0	Vankalsbeek, Laura Siouxlanders	1 min, 20.13 sec	3rd
0	Menard, Christine Tidal Waves of O'Brien, Lyon & Osceola Co	1 min, 22.32 sec	4th





Divisio	n: M1		
Bib#	Name	Final Score	Place
0	Arends, Talon	1 min, 13.25 sec	1st
	Tidal Waves of O'Brien, Lyon & Osceola Co		





Divisio	n: M2		
Bib#	Name	Final Score	Place
0	<b>Jovel, Joshua</b> Denison Wesco Ind	0 min, 47.56 sec	1st
0	Blunk, Jacob Denison Wesco Ind	0 min, 52.56 sec	2nd





Divisio	n: M3		
Bib#	Name	Final Score	Place
0	Schwebach, Tyler Siouxlanders	1 min, 33.35 sec	1st





Division: M4				
Bib#	Name	Final Score	Place	
0	<b>Swearingen, Daniel</b> Denison Wesco Ind	0 min, 48.81 sec	1st	
0	Boeck, Ryan Denison Wesco Ind	0 min, 53.75 sec	2nd	





Divisio	n: M5		
Bib#	Name	Final Score	Place
0	<b>Kooima, James</b> Siouxlanders	1 min, 50.47 sec	1st





Divisio	Division: M6				
Bib#	Name	Final Score	Place		
0	<b>Buckingham, Stuart</b> Siouxlanders	1 min, 18.16 sec	1st		
0	<b>Wallin, David</b> Sheldon VNU Panthers	1 min, 27.25 sec	2nd		





Divisio	n: M7		
Bib#	Name	Final Score	Place
0	<b>Hoffman, Tom</b> Sioux City Parkview	1 min, 6.90 sec	1st





## Results Sheets for AT 200M Dash

Divisio	n: F1		
Bib#	Name	Final Score	Place
0	<b>Cvrk, Abigail</b> Sioux City Knights	0 min, 55.57 sec	1st





## Results Sheets for AT 200M Dash

Divisio	n: M1		
Bib#	Name	Final Score	Place
0	<b>Nibbelink, Aiden</b> Tidal Waves of O'Brien, Lyon & Osceola Co	0 min, 44.34 sec	1st





Divisio	n: M2		
Bib#	Name	Final Score	Place
0	<b>Vollink, Brayden</b> Sheldon Orabs	0 min, 48.25 sec	1st





Divisio	Division: M3				
Bib#	Name	Final Score	Place		
0	<b>Koerselman, Carter</b> Tidal Waves of O'Brien, Lyon & Osceola Co	0 min, 33.47 sec	1st		
0	Millikan, Jacob (Jake) Sioux City Knights	0 min, 39.97 sec	2nd		





Divisio	n: M4		
Bib#	Name	Final Score	Place
0	<b>Van Regenmorter, Derek</b> Sheldon Orabs	0 min, 41.00 sec	1st





Divisio	n: M5		
Bib#	Name	Final Score	Place
0	<b>Loghry, Braeden</b> Sioux City Knights	0 min, 47.84 sec	1st





Divisio	n: M6		
Bib#	Name	Final Score	Place
0	Peterson, Jeremiah Sioux City Knights	0 min, 36.88 sec	1st





Divisio	n: <b>M</b> 7		
Bib#	Name	Final Score	Place
0	Pease, Jesse Sioux City Knights	0 min, 31.41 sec	1st





### Results Sheets for AT 400M Dash

Divisio	Division: F1					
Bib#	Name	Final Score	Place			
0	<b>Younie, Catie</b> Cherokee Schools	1 min, 37.91 sec	1st			
0	Robinson, Kendra Cherokee Schools	2 min, 1.03 sec	2nd			





Divisio	n: M2		
Bib#	Name	Final Score	Place
0	<b>Brosnan, James</b> Siouxlanders	1 min, 27.00 sec	1st
0	<b>Loghry, Braeden</b> Sioux City Knights	2 min, 13.84 sec	2nd





## Results Sheets for AT 400M Race Walk

Divisio	n: F1		
Bib#	Name	Final Score	Place
0	Collins, Alexsys Sioux City Knights	3 min, 22.59 sec	1st





## Results Sheets for AT 400M Race Walk

Divisio	Division: F2				
Bib#	Name	Final Score	Place		
0	<b>Buysman, April</b> Siouxlanders	3 min, 43.00 sec	1st		





Divisio	Division: F3				
Bib#	Name	Final Score	Place		
0	<b>Lems, Kathy</b> Siouxlanders	3 min, 37.75 sec	1st		





Divisio	n: M1		
Bib#	Name	Final Score	Place
0	<b>Byker, Lucas</b> Siouxlanders	3 min, 28.38 sec	1st
0	Moman, John (Dewey) Sioux City Knights	0 min, 20.53 sec	1st





## Results Sheets for AT 25M Walk

Division: F1				
Bib#	Name	Final Score	Place	
0	Van Der Brink, Madison	1 min, 10.13 sec	1st	





## Results Sheets for AT 25M Walk

Divisio	n: F2		
Bib#	Name	Final Score	Place
0	Barnes, Teresa Lynn Denison Wesco Ind	0 min, 22.66 sec	1st





## Results Sheets for AT 50M Walk

Divisio	Division: F1					
Bib#	Name	Final Score	Place			
0	Mckenney, Ashley Hawarden West Sioux	0 min, 29.72 sec	1st			
0	<b>Boggs, Sylvia</b> Orange City MOC-FV	0 min, 31.40 sec	1st			





Divisio	Division: F2				
Bib#	Name	Final Score	Place		
0	<b>Altena, Joanna</b> Orange City MOC-FV	1 min, 7.12 sec	1st		





Division: F4				
Bib#	Name	Final Score	Place	
0	Coate, Kaelynn Denison Wesco Ind	0 min, 20.47 sec	1st	
0	<b>Belden, Britany</b> Sioux City Knights	0 min, 24.41 sec	2nd	





Divisio	n: F5		
Bib#	Name	Final Score	Place
0	VanderHamm, Teri Sue Sheldon VNU Panthers	0 min, 34.28 sec	1st





Divisio	Division: F6				
Bib#	Name	Final Score	Place		
0	<b>Lindberg, Jennifer</b> Tidal Waves of O'Brien, Lyon & Osceola Co	0 min, 23.15 sec	1st		
0	Wiegand, Michelle (Shelly) Sioux City Knights	0 min, 24.28 sec	2nd		





Divisio	Division: F7				
Bib#	Name	Final Score	Place		
0	<b>Wanninger, Lana</b> Denison Wesco Ind	0 min, 22.75 sec	1st		





Divisio	Division: F8				
Bib#	Name	Final Score	Place		
0	<b>Larsen, Cinderella (Cindy)</b> Tidal Waves of O'Brien, Lyon & Osceola Co	0 min, 40.47 sec	1st		
0	Fineran, Diane Denison Wesco Ind	0 min, 40.50 sec	2nd		





Divisio	n: M1		
Bib#	Name	Final Score	Place
0	Parry, Benjamin	1 min, 8.75 sec	1st
	Tidal Waves of O'Brien, Lyon & Osceola Co		





Divisio	n: M2		
Bib#	Name	Final Score	Place
0	Hunter, Austin Michael Sioux City Knights	0 min, 20.41 sec	1st





Divisio	n: M3		
Bib#	Name	Final Score	Place
0	Juelfs, Michael Sioux City Parkview	0 min, 16.66 sec	Part





Divisio	n: M4		
Bib#	Name	Final Score	Place
0	Karlson, Jeffrey (Jeff) Sheldon VNU Panthers	0 min, 19.37 sec	1st
0	Stoll, Matt Sheldon VNU Panthers	0 min, 26.90 sec	2nd
0	Willson, Philip Denison Wesco Ind	0 min, 31.65 sec	3rd





Divisio	Division: M5				
Bib#	Name	Final Score	Place		
0	<b>Daniels, Alfred</b> Sioux City Parkview	0 min, 16.75 sec	1st		





Division: M6					
Bib#	Name	Final Score	Place		
0	Scherff, Mike Denison Wesco Ind	0 min, 18.93 sec	1st		
0	Weber, Lance Sheldon VNU Panthers	0 min, 24.06 sec	2nd		





Divisio	n: M7		
Bib#	Name	Final Score	Place
0	<b>Delier, Jerry</b> Sheldon VNU Panthers	0 min, 51.31 sec	1st





Divisio	n: M8		
Bib#	Name	Final Score	Place
0	<b>Steffen, William</b> Denison Wesco Ind	0 min, 32.05 sec	1st





### Results Sheets for AT Mini Javelin 300gr

Divisio	Division: F01					
Bib#	Name	Final Score	Place			
0	VerMulm, Bailey	5m, 90.00cm	1st			





### Results Sheets for AT Mini Javelin 300gr

Divisio	n: F02		
Bib#	Name	Final Score	Place
0	Collins, Alexsys Sioux City Knights	3m, 90.00cm	1st





Divisio	n: F03		
Bib#	Name	Final Score	Place
0	Jansen, Brialle Siouxlanders	8m, 50.00cm	1st





Divisio	n: F04		
Bib#	Name	Final Score	Place
0	<b>Ernst, Allison</b> Sheldon VNU Panthers	9m, 0.00cm	1st





Divisio	n: F05		
Bib#	Name	Final Score	Place
0	Wiersma, Monica Siouxlanders	5m, 20.00cm	1st





Divisio	n: F06		
Bib#	Name	Final Score	Place
0	<b>Webb, Jessica</b> Sheldon VNU Panthers	8m, 70.00cm	1st
0	<b>Buysman, April</b> Siouxlanders	8m, 30.00cm	2nd





Divisio	n: F07		
Bib#	Name	Final Score	Place
0	VanderHamm, Teri Sue Sheldon VNU Panthers	5m, 50.00cm	1st





Divisio	n: F09		
Bib#	Name	Final Score	Place
0	<b>Perry, Diana</b> Sheldon VNU Panthers	5m, 10.00cm	1st





Divisio	n: F10		
Bib#	Name	Final Score	Place
0	<b>Swoyer, Mary</b> Sheldon VNU Panthers	7m, 30.00cm	1st





Division: M01			
Bib#	Name	Final Score	Place
0	<b>Bailey, Emmet</b> Siouxlanders	8m, 20.00cm	1st
0	<b>Gaspar, Jose</b> Orange City MOC-FV	6m, 73.00cm	1st





### Results Sheets for AT Mini Javelin 400gr Men

Divisio	n: M02		
Bib#	Name	Final Score	Place
0	<b>Ipsen, Jagger</b> Denison Wesco Ind	5m, 46.00cm	1st





Divisio	n: M03		
Bib#	Name	Final Score	Place
0	<b>Bendixen, Christian</b> Siouxlanders	10m, 2.00cm	1st





Divisio	n: M04		
Bib#	Name	Final Score	Place
0	<b>Blunk, Jacob</b> Denison Wesco Ind	6m, 82.00cm	1st





Divisio	on: M05		
Bib#	Name	Final Score	Place
0	<b>Dunham, Jordan</b> Siouxlanders	11m, 72.00cm	1st
0	<b>Boyer, Jase</b> Siouxlanders	8m, 70.00cm	2nd





Divisio	n: M06		
Bib#	Name	Final Score	Place
0	VanTol, Jonathan (Jon) Siouxlanders	10m, 68.00cm	1st





Division: M07				
Bib#	Name	Final Score	Place	
0	<b>Peterson, Ethan D.</b> Sheldon VNU Panthers	11m, 84.00cm	1st	
0	Janssen, Jesse Lee Jackson Siouxlanders	11m, 3.00cm	2nd	





Divisio	n: M08		
Bib#	Name	Final Score	Place
0	Lyman, James (JT) Timothy Siouxlanders	14m, 31.00cm	1st





Divisio	on: M09		
Bib#	Name	Final Score	Place
0	<b>Lingle, Mike</b> Denison Wesco Ind	8m, 6.00cm	1st
0	<b>Swearingen, Daniel</b> Denison Wesco Ind	7m, 62.00cm	2nd
0	Boeck, Ryan Denison Wesco Ind	5m, 2.00cm	3rd





Divisio	n: M10		
Bib#	Name	Final Score	Place
0	<b>Byker, Lucas</b> Siouxlanders	13m, 82.00cm	1st





Divisio	n: M11		
Bib#	Name	Final Score	Place
0	<b>Buckingham, Stuart</b> Siouxlanders	6m, 0.00cm	1st





Divisio	Division: M12				
Bib#	Name	Final Score	Place		
0	<b>Wallin, David</b> Sheldon VNU Panthers	8m, 50.00cm	1st		
0	Friedland, Bradford (Brad) Sheldon VNU Panthers	8m, 30.00cm	2nd		





Divisio	n: M13		
Bib#	Name	Final Score	Place
0	<b>Krumm, Keith</b> Sheldon VNU Panthers	8m, 50.00cm	1st





### Results Sheets for AT Running Long Jump

Divisio	Division: F1				
Bib#	Name	Final Score	Place		
0	<b>Groskreutz, Anna</b> Orange City MOC-FV	1m, 66.00cm	1st		
0	<b>Plagge, Hannah</b> Orange City MOC-FV	1m, 65.00cm	2nd		





Divisio	Division: F2				
Bib#	Name	Final Score	Place		
0	Maples, Nicole Siouxlanders	1m, 13.00cm	1st		





Divisio	Division: M1				
Bib#	Name	Final Score	Place		
0	<b>Bendixen, Christian</b> Siouxlanders	1m, 18.00cm	1st		



# 2023 Northwest Track & Field Meet Athletics/Track and Field Results Sheets for



Divisio	Division: M2				
Bib#	Name	Final Score	Place		
0	<b>Privett, Cody</b> Sioux City Knights	2m, 40.00cm	1st		





Divisio	n: M3		
Bib#	Name	Final Score	Place
0	<b>Wiltgen, Christian</b> Siouxlanders	3m, 10.00cm	1st





Divisio	n: M4		
Bib#	Name	Final Score	Place
0	Wheeler, Scott Sheldon VNU Panthers	2m, 58.00cm	1st





### Results Sheets for AT Shotput-Men

Divisio	n: M01		
Bib#	Name	Final Score	Place
0	<b>Diaz, Blagemir</b> Orange City MOC-FV	6m, 72.00cm	1st
0	Koerselman, Carter Tidal Waves of O'Brien, Lyon & Osceola Co	6m, 29.00cm	2nd
0	<b>Crawford, Jayden</b> Orange City MOC-FV	5m, 17.00cm	3rd





Division: M03				
Bib#	Name	Final Score	Place	
0	Kinney, Jaydon Denison Wesco Ind	10m, 82.00cm	1st	
0	<b>Benson, Blake</b> Sheldon VNU Panthers	5m, 62.00cm	2nd	





Divisio	Division: M04					
Bib#	Name	Final Score	Place			
0	<b>Leckband, Jonathan</b> Tidal Waves of O'Brien, Lyon & Osceola Co	3m, 45.00cm	1st			
0	Magaril, Jordan Sheldon VNU Panthers	3m, 20.00cm	2nd			





Divisio	on: M05		
Bib#	Name	Final Score	Place
0	<b>Privett, Cody</b> Sioux City Knights	6m, 2.00cm	1st
0	Hunter, Austin Michael Sioux City Knights	5m, 67.00cm	2nd
0	VanVoorst, Taylor Tidal Waves of O'Brien, Lyon & Osceola Co	4m, 42.00cm	3rd





Divisio	n: M06		
Bib#	Name	Final Score	Place
0	<b>Brosnan, James</b> Siouxlanders	8m, 76.00cm	1st
0	Carpenter, Spencer Siouxlanders	7m, 43.00cm	2nd
0	Alford, Tanner Tidal Waves of O'Brien, Lyon & Osceola Co	6m, 55.00cm	3rd





Divisio	n: M07		
Bib#	Name	Final Score	Place
0	<b>Wiltgen, Christian</b> Siouxlanders	9m, 13.00cm	1st





Division: M08				
Bib#	Name	Final Score	Place	
0	Wilbur, Alex Tidal Waves of O'Brien, Lyon & Osceola Co	8m, 78.00cm	1st	
0	McCulley, John Sioux City MSS ICF	6m, 98.00cm	2nd	





Divisio	n: M09		
Bib#	Name	Final Score	Place
0	<b>Martinson, Lewis</b> Sioux City MSS ICF	3m, 12.00cm	1st





Divisio	Division: M10				
Bib#	Name	Final Score	Place		
0	<b>Karlson, Jeffrey (Jeff)</b> Sheldon VNU Panthers	5m, 14.00cm	1st		
0	<b>Wassenaar, Chad</b> Sheldon VNU Panthers	4m, 40.00cm	2nd		





Divisio	n: M11		
Bib#	Name	Final Score	Place
0	<b>Burroughs, Scott</b> Denison Wesco Ind	8m, 56.00cm	1st





Division: M12				
Bib#	Name	Final Score	Place	
0	Scherff, Mike Denison Wesco Ind	7m, 93.00cm	1st	
0	Sohler, Bryan Denison Wesco Ind	7m, 74.00cm	2nd	





### Results Sheets for AT Shotput-Women

Divisio	n: F1		
Bib#	Name	Final Score	Place
0	<b>Dacken, Lydia</b> Tidal Waves of O'Brien, Lyon & Osceola Co	3m, 21.00cm	1st





### Results Sheets for AT Shotput-Women

Divisio	n: F2		
Bib#	Name	Final Score	Place
0	<b>Esser, Amanda</b> Orange City MOC-FV	5m, 97.00cm	1st





Divisio	n: F3		
Bib#	Name	Final Score	Place
0	Hansen, Ashley Denison Wesco Ind	6m, 22.00cm	1st





Divisio	Division: F4				
Bib#	Name	Final Score	Place		
0	<b>Schott, Brooklyn</b> Tidal Waves of O'Brien, Lyon & Osceola Co	6m, 15.00cm	1st		





Divisio	on: F5		
Bib#	Name	Final Score	Place
0	<b>Janssen, Stevie-Marie</b> Siouxlanders	5m, 55.00cm	1st
0	Pencil, Heather Sioux City Knights	5m, 6.00cm	2nd
0	<b>Lampe, Tiffany</b> Siouxlanders	4m, 35.00cm	3rd
0	<b>Brown, Alexis</b> Sheldon VNU Panthers	3m, 92.00cm	4th





Divisio	Division: F6					
Bib#	Name	Final Score	Place			
0	<b>Castro, Irma Elena</b> Siouxlanders	3m, 5.00cm	1st			
0	<b>Gembler, Ashley</b> Sheldon VNU Panthers	2m, 78.00cm	2nd			





Division: F7				
Bib#	Name	Final Score	Place	
0	<b>Boote, Linda</b> Siouxlanders	5m, 24.00cm	1st	
0	<b>Celus, Cody</b> Sheldon VNU Panthers	4m, 95.00cm	2nd	





Divisio	on: F9		
Bib#	Name	Final Score	Place
0	<b>Wasmund, Barb</b> Tidal Waves of O'Brien, Lyon & Osceola Co	4m, 72.00cm	1st





Divisio	n: F10		
Bib#	Name	Final Score	Place
0	<b>Grady, Sheila</b> Siouxlanders	3m, 25.00cm	1st





### Results Sheets for AT Softball Throw

Division	n: F01		
Bib#	Name	Final Score	Place
0	<b>Altena, Joanna</b> Orange City MOC-FV	3m, 20.00cm	1st





### Results Sheets for AT Softball Throw

Divisio	n: F02		
Bib#	Name	Final Score	Place
0	Vermeer, Rose Sioux Center Comm School	5m, 40.00cm	1st





Divisio	on: F03		
Bib#	Name	Final Score	Place
0	<b>Benson, Mercedes</b> Sioux City MSS ICF	7m, 0.00cm	1st
0	<b>Boggs, Sylvia</b> Orange City MOC-FV	3m, 60.00cm	2nd





Divisio	on: F04		
Bib#	Name	Final Score	Place
0	<b>Bouza, Ruby</b> Hawarden West Sioux	5m, 80.00cm	1st
0	Mckenney, Ashley Hawarden West Sioux	5m, 60.00cm	2nd





Divisio	n: F05		
Bib#	Name	Final Score	Place
0	Clayton, Kaylinn	7m, 40.00cm	1st
	Tidal Waves of O'Brien, Lyon & Osceola Co		150





Divisio	n: F06		
Bib#	Name	Final Score	Place
0	Myers, Brielle Denison Wesco Ind	10m, 44.00cm	1st





Divisio	n: F07		
Bib#	Name	Final Score	Place
0	<b>Jacobson, Suzanna</b> Sheldon Orabs	12m, 93.00cm	1st





Divisio	n: F08		
Bib#	Name	Final Score	Place
0	<b>Weiler, Tessa</b> Marcus MMCRU Royals	8m, 60.00cm	1st





Divisio	n: F09		
Bib#	Name	Final Score	Place
0	<b>Plagge, Hannah</b> Orange City MOC-FV	23m, 19.00cm	1st





Divisio	n: F10		
Bib#	Name	Final Score	Place
0	Coate, Kaelynn Denison Wesco Ind	10m, 23.00cm	1st





Division: F11				
Bib#	Name	Final Score	Place	
0	<b>Belden, Britany</b> Sioux City Knights	10m, 81.00cm	1st	
0	<b>Ahlers, Justina</b> Sheldon VNU Panthers	2m, 20.00cm	2nd	





Divisio	on: F12		
Bib#	Name	Final Score	Place
0	Maples, Nicole Siouxlanders	9m, 79.00cm	1st
0	Wiegand, Michelle (Shelly) Sioux City Knights	5m, 56.00cm	2nd
0	<b>Gabhart, Katie</b> Siouxlanders	4m, 70.00cm	3rd



Fineran, Diane

Denison Wesco Ind

# 2023 Northwest Track & Field Meet Athletics/Track and Field Results Sheets for



1st

Division: F13		
Bib# Name	Final Score	Place

4m, 67.00cm





Divisio	on: F14		
Bib#	Name	Final Score	Place
0	Schwebach, Paula Siouxlanders	7m, 75.00cm	1st
0	Brunsting, Shelly Siouxlanders	6m, 69.00cm	2nd
0	Herbst, Marisa Siouxlanders	6m, 30.00cm	3rd





Divisio	on: F15		
Bib#	Name	Final Score	Place
0	<b>Arens, Nicole</b> Sheldon VNU Panthers	10m, 60.00cm	1st
0	<b>Bakke, Jenessa</b> Sioux City Parkview	9m, 73.00cm	2nd
0	VanderVeen, Emily Tidal Waves of O'Brien, Lyon & Osceola Co	7m, 48.00cm	3rd





Divisio	on: F16		
Bib#	Name	Final Score	Place
0	Clark, Janice Sioux City Parkview	14m, 52.00cm	1st
0	<b>Johnson, Naomi</b> Siouxlanders	12m, 59.00cm	2nd
0	<b>Fraga, Linda</b> Siouxlanders	11m, 75.00cm	3rd
0	<b>Lindberg, Jennifer</b> Tidal Waves of O'Brien, Lyon & Osceola Co	9m, 27.00cm	4th
0	<b>Seivert, Susan</b> Tidal Waves of O'Brien, Lyon & Osceola Co	9m, 21.00cm	5th
0	<b>Woods, Tiffany</b> Sheldon VNU Panthers	4m, 33.00cm	6th





Divisio	n: F17		
Bib#	Name	Final Score	Place
0	<b>Beargeon, JoAnn</b> Sioux City Parkview	0m, 56.00cm	1st





Divisio	n: F18		
Bib#	Name	Final Score	Place
0	<b>Trobaugh, Kellie</b> Sioux City Parkview	1m, 69.00cm	1st





Division: F19				
Bib#	Name	Final Score	Place	
0	Roseland, Stephanie Siouxlanders	6m, 80.00cm	1st	





Divisio	on: F20		
Bib#	Name	Final Score	Place
0	<b>Vankalsbeek, Laura</b> Siouxlanders	5m, 87.00cm	1st
0	<b>Wishman, Teresa</b> Denison Wesco Ind	5m, 26.00cm	2nd
0	<b>Wishman, Toni</b> Denison Wesco Ind	4m, 19.00cm	3rd





Divisio	n: F21		
Bib#	Name	Final Score	Place
0	Barnes, Teresa Lynn Denison Wesco Ind	4m, 84.00cm	1st





Divisio	on: F22		
Bib#	Name	Final Score	Place
0	Wanninger, Lana Denison Wesco Ind	11m, 10.00cm	1st
0	Menard, Christine Tidal Waves of O'Brien, Lyon & Osceola Co	7m, 53.00cm	2nd
0	Larsen, Cinderella (Cindy) Tidal Waves of O'Brien, Lyon & Osceola Co	3m, 83.00cm	3rd





Divisio	n: F23		
Bib#	Name	Final Score	Place
0	<b>Buss, Mary</b> Denison Wesco Ind	10m, 66.00cm	1st
0	Miller, Laurie Siouxlanders	10m, 32.00cm	2nd
0	Van Sloten, Susan Siouxlanders	8m, 27.00cm	3rd





Divisio	n: M01		
Bib#	Name	Final Score	Place
0	<b>Beldt, Damien</b> Sheldon Orabs	6m, 72.00cm	1st





Divisio	n: M02		
Bib#	Name	Final Score	Place
0	<b>Vollink, Brayden</b> Sheldon Orabs	10m, 57.00cm	1st





Divisio	on: M03		
Bib#	Name	Final Score	Place
0	Jaime, Jason Hawarden West Sioux	17m, 72.00cm	1st
0	<b>Nibbelink, Aiden</b> Tidal Waves of O'Brien, Lyon & Osceola Co	11m, 15.00cm	2nd



# 2023 Northwest Track & Field Meet Athletics/Track and Field Results Sheets for



Divisio	n: M04		
Bib#	Name	Final Score	Place
0	<b>Bloom, David</b> Sioux City Knights	11m, 14.00cm	1st





Divisio	n: M05		
Bib#	Name	Final Score	Place
0	Ankenman, Kaysen	13m, 63.00cm	1st





Divisio	n: M06		
Bib#	Name	Final Score	Place
0	Meyer, Brody Denison Wesco Ind	6m, 15.00cm	1st





Divisio	n: M07		
Bib#	Name	Final Score	Place
0	Arends, Talon	9m, 25.00cm	1st
	Tidal Waves of O'Brien, Lyon & Osceola Co		





Divisio	Division: M08				
Bib#	Name	Final Score	Place		
0	<b>Heck, Colin</b> Orange City MOC-FV	15m, 35.00cm	1st		
0	Russell, Anthony (AJ) Marcus MMCRU Royals	9m, 20.00cm	2nd		





Divisio	on: M09		
Bib#	Name	Final Score	Place
0	<b>Leacox, Davyd</b> Siouxlanders	18m, 0.00cm	1st
0	Van Regenmorter, Derek Sheldon Orabs	17m, 50.00cm	2nd
0	Creery, Joshua Siouxlanders	16m, 50.00cm	3rd





Divisio	n: M10		
Bib#	Name	Final Score	Place
0	<b>Woodall, Jaxon</b> Marcus MMCRU Royals	12m, 70.00cm	1st





Divisio	n: M11		
Bib#	Name	Final Score	Place
0	Moman, John (Dewey) Sioux City Knights	2m, 70.00cm	1st





Division: M12				
Bib#	Name	Final Score	Place	
0	<b>Dorale, Isiah</b> Sioux City Parkview	9m, 88.00cm	1st	
0	<b>Kokenge, Skyler</b> Sheldon VNU Panthers	7m, 79.00cm	2nd	





Division: M13				
Bib#	Name	Final Score	Place	
0	<b>Jovel, Joshua</b> Denison Wesco Ind	12m, 94.00cm	1st	
0	Schwebach, Tyler Siouxlanders	7m, 95.00cm	2nd	





Divisio	n: M14		
Bib#	Name	Final Score	Place
0	<b>Barcus, Shawn</b> Sioux City Parkview	11m, 63.00cm	1st





Divisio	n: M15		
Bib#	Name	Final Score	Place
0	VanderBurgh, Philip Tidal Waves of O'Brien, Lyon & Osceola Co	2m, 30.00cm	1st





Divisio	Division: M16				
Bib#	Name	Final Score	Place		
0	Willson, Philip Denison Wesco Ind	5m, 70.00cm	1st		





Divisio	Division: M17				
Bib#	Name	Final Score	Place		
0	<b>Buurman, Austin</b> Sheldon VNU Panthers	8m, 0.00cm	1st		
0	Burgess, Nicholas (Nick) Sioux City Parkview	5m, 90.00cm	2nd		



Sheldon VNU Panthers

# 2023 Northwest Track & Field Meet Athletics/Track and Field Results Sheets for



Division: M18		
Bib# Name	Final Score	Place
0 Stoll, Matt	7m, 30.00cm	1st





Divisio	n: M19		
Bib#	Name	Final Score	Place
0	Juelfs, Michael Sioux City Parkview	13m, 64.00cm	1st
0	<b>Zevenbergen, Ryan</b> Sioux City Parkview	11m, 36.00cm	2nd
0	<b>Sims, Mark</b> Sioux City Parkview	10m, 77.00cm	3rd
0	<b>Kooima, James</b> Siouxlanders	8m, 19.00cm	4th





Divisio	Division: M20				
Bib#	Name	Final Score	Place		
0	<b>Moore, Jerry</b> Denison Wesco Ind	15m, 90.00cm	1st		
0	<b>Kaus, Scott</b> Sioux City Parkview	13m, 0.00cm	2nd		





Divisio	Division: M21				
Bib#	Name	Final Score	Place		
0	<b>Grulke, Brian</b> Sioux City Parkview	21m, 0.00cm	1st		





Divisio	n: M22		
Bib#	Name	Final Score	Place
0	Krediet, Lowell (John) Sioux City Parkview	2m, 40.00cm	1st





Division: M23				
Bib#	Name	Final Score	Place	
0	<b>Steffen, William</b> Denison Wesco Ind	4m, 85.00cm	1st	





Divisio	Division: M24				
Bib#	Name	Final Score	Place		
0	<b>Reichle, John</b> Sheldon VNU Panthers	6m, 50.00cm	1st		
0	Weber, Lance Sheldon VNU Panthers	6m, 30.00cm	2nd		





Divisio	Division: M25				
Bib#	Name	Final Score	Place		
0	<b>Hoffman, Tom</b> Sioux City Parkview	17m, 0.00cm	1st		
0	<b>Delier, Jerry</b> Sheldon VNU Panthers	10m, 0.00cm	2nd		





Divisio	Division: M26				
Bib#	Name	Final Score	Place		
0	Reiser, Allan Denison Wesco Ind	14m, 60.00cm	1st		





Divisio	Division: M27				
Bib#	Name	Final Score	Place		
0	Petersen, Neil Sioux City Parkview	16m, 70.00cm	1st		





### Results Sheets for AT Standing Long Jump

Divisio	n: F01		
Bib#	Name	Final Score	Place
0	Carey, Peyton Cherokee Schools	1m, 70.00cm	1st





### Results Sheets for AT Standing Long Jump

Divisio	Division: F02					
Bib#	Name	Final Score	Place			
0	<b>Robinson, Kendra</b> Cherokee Schools	1m, 40.00cm	1st			
0	<b>Younie, Catie</b> Cherokee Schools	1m, 27.00cm	2nd			





Divisio	n: F03		
Bib#	Name	Final Score	Place
0	Runge, Victoria (Tori) Tidal Waves of O'Brien, Lyon & Osceola Co	1m, 39.00cm	1st





Divisio	n: M01		
Bib#	Name	Final Score	Place
0	Handy, Kaeden Cherokee Schools	1m, 30.00cm	1st





Divisio	n: M02		
Bib#	Name	Final Score	Place
0	Summers, Aaron Sioux Center Comm School	1m, 0.00cm	1st





Divisio	n: M03		
Bib#	Name	Final Score	Place
0	<b>Benson, Blake</b> Sheldon VNU Panthers	1m, 70.00cm	1st





Divisio	on: M04		
Bib#	Name	Final Score	Place
0	<b>DeBoer, Dan</b> Sheldon VNU Panthers	1m, 80.00cm	1st
0	Alford, Tanner Tidal Waves of O'Brien, Lyon & Osceola Co	1m, 75.00cm	2nd
0	Peterson, Jeremiah Sioux City Knights	1m, 44.00cm	3rd





Divisio	n: M05		
Bib#	Name	Final Score	Place
0	<b>Grulke, Brian</b> Sioux City Parkview	1m, 30.00cm	1st





Divisio	n: M06		
Bib#	Name	Final Score	Place
0	<b>Groen, Justin</b> Sheldon VNU Panthers	1m, 20.00cm	1st





Divisio	Division: M07				
Bib#	Name	Final Score	Place		
0	<b>Klein, Travis</b> Sheldon VNU Panthers	1m, 60.00cm	1st		
0	White, Charles Sheldon VNU Panthers	1m, 10.00cm	2nd		





Divisio	n: M08		
Bib#	Name	Final Score	Place
0	<b>Daniels, Alfred</b> Sioux City Parkview	1m, 0.00cm	1st





Divisio	n: M09		
Bib#	Name	Final Score	Place
0	<b>Krumm, Keith</b> Sheldon VNU Panthers	1m, 0.00cm	1st





Divisio	n: M10		
Bib#	Name	Final Score	Place
0	<b>List, John</b> Sheldon VNU Panthers	1m, 49.00cm	1st





### Results Sheets for AT Tennis Ball Throw

Division: F1				
Bib#	Name	Final Score	Place	
0	Schreier, Makinley Sioux Center Comm School	2m, 66.00cm	1st	





### Results Sheets for AT Tennis Ball Throw

Division: F2				
Bib#	Name	Final Score	Place	
0	Van Der Brink, Madison Hawarden West Sioux	2m, 72.00cm	1st	





Divisio	Division: F3				
Bib#	Name	Final Score	Place		
0	<b>Van Kekerix, Shealyn</b> Sheldon Orabs	2m, 42.00cm	1st		





Divisio	n: F4		
Bib#	Name	Final Score	Place
0	Juarez, Ashley Sioux City MSS ICF	6m, 69.00cm	1st





Divisio	n: F5		
Bib#	Name	Final Score	Place
0	Wilberding, Abigail Sioux City MSS ICF	2m, 50.00cm	1st





Divisio	n: F6		
Bib#	Name	Final Score	Place
0	<b>Madson, Renae</b> Sioux City MSS ICF	1m, 44.00cm	1st





Divisio	n: F7		
Bib#	Name	Final Score	Place
0	Lambertus, Christina Sioux City MSS ICF	5m, 49.00cm	1st





Divisio	n: F8		
Bib#	Name	Final Score	Place
0	<b>Lambertus, Cassie</b> Sioux City MSS ICF	8m, 80.00cm	1st





Divisio	n: M1		
Bib#	Name	Final Score	Place
0	Black, Ethan Sioux City MSS ICF	5m, 4.00cm	1st





Divisio	n: M2		
Bib#	Name	Final Score	Place
0	Miller, Michael Sioux City MSS ICF	0m, 40.00cm	1st





Divisio	n: M3		
Bib#	Name	Final Score	Place
0	Parry, Benjamin Tidal Waves of O'Brien, Lyon & Osceola Co	1m, 65.00cm	1st





Divisio	n: M4		
Bib#	Name	Final Score	Place
0	Stevenson, Nicholas Sioux City MSS ICF	0m, 70.00cm	1st





Divisio	n: M5		
Bib#	Name	Final Score	Place
0	<b>Praster, Garrett</b> Sioux City MSS ICF	7m, 42.00cm	1st





Divisio	n: M6		
Bib#	Name	Final Score	Place
0	Fergen, Justin Sioux City MSS ICF	4m, 98.00cm	1st





Divisio	n: M7		
Bib#	Name	Final Score	Place
0	<b>Rieks, Justin</b> Sheldon VNU Panthers	3m, 51.00cm	1st
0	Block, Gabe Sioux City MSS ICF	0m, 62.00cm	2nd





### Results Sheets for ATWC 25M Manual Race

Divisio	n: F1		
Bib#	Name	Final Score	Place
0	Schreier, Makinley Sioux Center Comm School	0 min, 43.41 sec	1st





## Results Sheets for ATWC 25M Manual Race

Divisio	n: F2		
Bib#	Name	Final Score	Place
0	<b>Trobaugh, Kellie</b> Sioux City Parkview	1 min, 25.53 sec	1st





Divisio	n: M1		
Bib#	Name	Final Score	Place
0	<b>Rieks, Justin</b> Sheldon VNU Panthers	0 min, 34.56 sec	1st





# Results Sheets for AT 4X100 Run Relay

Division: M1		
Name	Final Score	Place
Sheldon VNU Panthers	1 min, 16.40 sec	1st





# Results Sheets for AT 4X100 Run Relay

Division: M2		
Name	Final Score	Place
Sioux City Knights	1 min, 27.72 sec	1st





#### Results Sheets for AT 4X100 Run Relay Unf

Division: F1		
Name	Final Score	Place
Tidal Waves 2	1 min, 24.62 sec	1st





#### Results Sheets for AT 4X100 Run Relay Unf

Division: M1		
Name	Final Score	Place
Tidal Waves 1	1 min, 17.87 sec	1st





#### **Results Sheets for**

Division: M2		
Name	Final Score	Place
Tidal Waves 4	1 min, 38.47 sec	1st





#### **Results Sheets for**

Division: M3		
Name	Final Score	Place
Tidal Waves 3	1 min, 19.18 sec	1st





#### Results Sheets for AT 4X100 Walk Unf Relay

Division: M1		
Name	Final Score	Place
Tidal Waves 7	3 min, 57.16 sec	1st
Tidal Waves 5	4 min, 25.65 sec	2nd



# 2023 Northwest Track & Field Meet Athletics/Track and Field Results Sheets for



Division: M2		
Name	Final Score	Place
Tidal Waves 6	4 min, 14.56 sec	1st