

Swimming

Where: Beyer Hall
 Beyer Hall is located near the corner of Sheldon Avenue and Union Drive. Swimmers & coaches enter at the south doors of the building along Union Drive.

When: Friday, May 26th

Awards: Awards will be given out immediately after the completion of each division.

Important Swimming Information:

- Only swimmers competing in the freestyle, breaststroke, butterfly, individual medley & flotation device events dress & warm-up in the morning.
- No coaches are allowed on the deck, except to assist athletes requiring physical assistance.
- Backstroke & relay swimmers may dress and warm-up prior to the start of the afternoon session.

Competition Schedule:

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| 8:15 am – 8:45 am | Warm-ups |
| 8:45 am | Coaches Meeting |
| 9:15 am – 12:15 pm | 200 Yard Freestyle (M & F, all ages) 100 Yard Freestyle (M & F, all ages) 50 Yard Freestyle (M & F, all ages) 25 Yard Freestyle (M & F, all ages) 100 Yard Breaststroke (M & F, all ages) 50 Yard Breaststroke (M & F, all ages) 25 Yard Breaststroke (M & F, all ages) 50 Yard Butterfly (M & F, all ages) 25 Yard Butterfly (M & F, all ages) 200 Yard Individual Medley (M & F, all ages) 100 Yard Individual Medley (M & F, all ages) |
| 12:15 pm – 1:00 pm | Lunch Break |
| 1:00 pm – 1:20 pm | Warm-ups |
| 1:30 pm – 3:30 pm | 25 Yard Flotation Race (15 minutes maximum time limit) * 15 Yard Flotation Race (10 minutes maximum time limit) * 4 x 25 Yard Relay (Male, Female, Co-ed & Unified) 25 Yard Backstroke (M & F, all ages) 50 Yard Backstroke (M & F, all ages) 100 Yard Backstroke (M & F, all ages) *Athletes may participate in one flotation race only. |