



## 2023 Special Olympics Iowa Summer Games May 25-27 Ames, IA

### Friday, May 26, 2023

9:00 a.m. 800 M Run, All Ages, M & F

#### 50 M Dash & Walk Events

9:30 a.m. 30-50 Male  
10:00 a.m. 30-50 Female  
10:15 a.m. 51+ Male  
10:25 a.m. 51+ Female  
10:40 a.m. 16-21 Male  
11:00 a.m. 16-21 Female  
11:30 a.m. 08-11 Male  
11:45 a.m. 08-11 Female  
1:30 p.m. 12-15 Male  
1:50 p.m. 12-15 Female  
2:05 p.m. 22-29 Male  
2:15 p.m. 22-29 Female

#### 100 M Dash & Walk Events

9:30 a.m. 16-21 Male  
10:00 a.m. 16-21 Female  
10:15 a.m. 22-29 Male  
10:40 a.m. 22-29 Female  
11:00 a.m. Pentathlon 100 M  
11:15 a.m. 12-15 Male  
11:30 a.m. 12-15 Female  
11:45 a.m. 51+ Male & Female  
12:00 p.m. Wheelchair All Ages  
12:15 p.m. Pentathlon 400 M  
1:30 p.m. 08-11 Male  
1:40 p.m. 08-11 Female  
2:00 p.m. 30-50 Male  
2:30 p.m. 30-50 Female

#### High Jump

9:00 a.m. All Ages, M & F  
10:00 a.m. Pentathlon High Jump

### Friday, May 26, 2023

#### Standing Long Jump & Running Long Jump

9:00 a.m. Pentathlon Running Long Jump  
9:30 a.m. 12-15, Male & Female  
11:30 a.m. 22-29, Male & Female  
12:00 p.m. 16-21, Male & Female  
2:00 p.m. 08-11, Male & Female  
3:00 p.m. 30+, Male & Female

#### Mini Jav, Shot Put, Softball Throw

9:00 a.m. 22-29 Male  
9:30 a.m. 22-29 Female  
10:00 a.m. 08-11 Male  
10:30 a.m. 08-11 Female  
11:00 a.m. 30-50 Male  
11:30 a.m. 30-50 Female  
11:45 a.m. Pentathlon Shot Put  
1:30 p.m. 51+ Male  
2:00 p.m. 51+ Female  
2:30 p.m. 12-15 Male  
3:00 p.m. 12-15 Female  
3:30 p.m. 16-21 Male  
4:00 p.m. 16-21 Female

### Saturday, May 27, 2023

8:30 a.m. 2K Race Walk, All Ages, M & F  
400 M Race Walk, All Ages, M & F  
800 M Race Walk, All Ages, M & F  
400 M Dash, All Ages, M & F  
1500 M Run, All Ages, M & F  
200 M Dash, All Ages, M & F  
4x100 M Walking Relays  
4x100 M Running Relays



**SPECIAL OLYMPICS IOWA**  
**SUMMER GAMES**  
**2023**



**Developmental Event Schedule Friday, May 26, 2023**

	<b>Gym 175 (Male)</b>	<b>Gym 184 (Female)</b>
10:00 am	25M Walk, 25M Walk with Me & 25M Push Me Please	25M Walk, 25M Walk with Me & 25M Push Me Please
10:45 am	25 M Manual Wheelchair Straight Race	25 M Manual Wheelchair Straight Race
11:15 am	4 x 25 M Wheelchair Relay (co-ed)	
11:30 am	30 M Manual Wheelchair Slalom	30 M Manual Wheelchair Slalom
12:00 pm – 12:30 pm	Lunch	Lunch
12:30 pm	30 M Motorized Wheelchair Slalom	30 M Motorized Wheelchair Slalom
12:45 pm	30 M Motorized Wheelchair Straight Race	30 M Motorized Wheelchair Straight Race
1:15 pm	Tennis Ball Throw	Tennis Ball Throw