

Special Olympics – Basketball Team Skills Assessment for Individuals

Name _____ Role (check one) ___ Athlete ___ Unified Sports partner
Jersey Number _____ Coach's Name _____
Team Name _____ Evaluator's Name _____
Delegation Name (local program) _____ Date of Evaluation _____

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A. **Ball Handling** (select the statement and score (#) below which best represents the skill level of the athlete in this area)

- Has difficulty dribbling and catching ball (2)
- Possesses some ball handling skills, but they are very limited (3)
- Can control ball with dominant hand only (4)
- Can control ball with both hands (5)
- Has ability to go either direction on the dribble (6)
- Has ability to beat defender regularly with dominant hand (7)
- Has ability to beat defender regularly with either hand (8)

SCORE _____

B. **Passing** (select the statement and score (#) below which best represents the skill level of the athlete in this area)

- Has difficulty completing a pass/short pass to a teammate (2)
- Can sometimes make a pass to an open teammate with token pressure (3)
- Can only complete a pass to teammate after looking directly at him/her (4)
- Has ability to choose best type of pass (bounce, chest, skip, other) (5)
- Has ability to consistently complete a no look or quick pass to an open teammate (6)
- Controls game with ability to complete an advanced pass (no look/snap pass) to open player when they are in good position (8)

SCORE _____

C. **Movement** (select the statement and score (#) below which best represents the skill level of the athlete in this area)

- Maintains a stationary position; does not move toward a loose ball (2)
- Moves only 1-2 steps toward ball or opponent (3)
- Moves toward ball; but reaction time is slow and only in a limited area of the floor (4)
- Movement permits adequate court coverage (5)
- Good court coverage; reasonably aggressive (6)
- Exceptional court coverage; aggressive anticipation (8)

SCORE _____

D. **Game Awareness** (select the statement and score (#) below which best represents the skill level of the athlete in this area)

- Sometimes confused on offense and defense; may shoot at wrong basket (2)
- Can play in fixed position as instructed by coach; may go after an occasional loose ball (3)
- Limited understanding of the games and can make some offensive and defensive decisions when prompted (4)
- Moderate understanding of the game, some offensive and defensive decisions and can occasionally fast break (6)
- Advanced understanding of the game and mastery of basketball fundamentals (8)

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E. **Shooting** (select the statement and score (#) below which best represents the skill level of the athlete in this area)

- Periodically can make an uncontested lay-up (2)
- Can make shots inside the lane (3)
- Can make shots inside the lane and occasionally attempts a mid-range jump shot (4)
- Can put some mid-range jump shots and will attempt shots beyond 15' (6)
- Has excellent shooting form and makes shots from all ranges on the court (8)

SCORE _____

F. **Rebounding** (select the statement and score (#) below which best represents the skill level of the athlete in this area)

- No understanding of rebounding positions or principles, often beaten to a missed shot (2)
- Gets rebounds only when they land directly where they are standing (3)
- Goes after loose balls within 3 to 4 steps (4)
- Aggressively goes after rebounds, gets many (6)
- Exceptional ability to get missed shots on both sides of the basket and either side of the court (8)

SCORE _____