

Special Olympics – Volleyball Skills Assessment for Individuals

Name _____ Role (check one) ___ Athlete ___ Unified Sports partner
Jersey Number _____ Coach's Name _____
Team Name _____ Evaluator's Name _____
Delegation Name (local program) _____ Date of Evaluation _____

Special Olympics – Volleyball Assessment for Individuals

A. **Serving** (One choice – place the number of the athlete's most representative skill level in the box below.)

- Difficulty tossing/contacting ball (1)
- Sometimes serves underhand legally over the net (2)
- Legally serves underhand consistently and effectively (3)
- Legally serves both underhand and overhand over the net (4)
- Consistently serves overhand over the net (5)
- Often serves overhand over the net, such that the opposing team cannot return (8)

SCORE _____

B. **Passing** (One choice – place the number of the athlete's most representative skill level in the box below.)

- Has difficulty completing a forearm pass to a teammate (1)
- Sometimes completes a pass to a teammate (2)
- Only completes passes that come directly to him/her (3)
- Usually completes passes received in general area of his/her position (4)
- Chooses best type of pass (overhead/set/forearm) for the situation (5)
- Completes the pass accurately to the setter to run an offense (6)
- Controls the offense with ability to complete an advanced pass, overhead set and forearm pass (8)

SCORE _____

C. **Blocking** (One choice – place the number of the athlete's most representative skill level in the box below.)

- Does not block at all (1)
- Makes little to no effort to block and often is out of position for the block (2)
- Blocks only when the ball is hit directly in front of him/her (3)
- Goes after attacks that are 1-2 steps away (4)
- Aggressively attempts blocks 3-4 steps away, makes many successful blocks (6)
- Exceptional ability to stop opponents attacks all along the net with good body control (8)

SCORE _____

D. **Attacking/Hitting** (One choice – place the number of the athlete's most representative skill level in the box below.)

- Does not demonstrate knowledge of basic mechanics of front row play (1)
- Periodically makes an uncontested attack over the net (2)
- Hits the ball over the net when it comes directly to him/her (3)
- Hits the ball over the net when it is set to him/her, occasionally moving to a set 1-2 steps away (4)
- Consistently hits the ball over the net into the opposing court (5)
- Consistently hits the ball over the net that the opposing team cannot return (6)
- Demonstrates the ability to jump and attack the ball downward (spike) (8)

SCORE _____

Special Olympics – Volleyball Skills Assessment for Individuals

Name _____ Role (check one) ___ Athlete ___ Unified Sports partner
Jersey Number _____ Coach's Name _____
Team Name _____ Evaluator's Name _____
Delegation Name (local program) _____ Date of Evaluation _____

Special Olympics – Volleyball Assessment for Individuals

E. **Communication** (One choice – place the number of the athlete's most representative skill level in the box below.)

- Does not communicate with teammates or coaches; does not make any motion toward the ball (1)
- Does not communicate with teammates or coaches; often runs into other players and takes balls called by teammates (2)
- Responds to communications from teammates and coaches by changing the way h/she plays on the court (4)
- Calls for and aggressively pursues balls near his/her position and backs away from teammates who call for a ball (5)
- Encourages teammates to communicate; helps guide teammates on the court (6)
- Strongly communicates with teammates and coaches during play (8)

SCORE _____

F. **Game Awareness** (One choice – place the number of the athlete's most representative skill level in the box below.)

- Sometimes confused on offense and defense; does not transition; stays in one place (1)
- Can play a fixed position as instructed by coach; may go after an occasional loose ball (2)
- Limited understanding of the game; performs basic skills and will run occasional plays if coach prompts (4)
- Moderate understanding of the game; some offensive plays and solid defensive skills (6)
- Advanced understanding of the game and mastery of volleyball fundamentals (8)

SCORE _____

G. **Movement** (One choice – place the number of the athlete's most representative skill level in the box below.)

- Maintains a stationary position; does not move to or away from the ball as necessary (1)
- Moves only 1-2 steps toward the ball (2)
- Moves toward the ball, but reaction time is slow and has intermittent transition from offense to defense (4)
- Movement permits adequate court coverage (5)
- Good court coverage, reasonably aggressive; good transition from offense to defense (6)
- Exceptional court coverage, aggressive anticipation; great transition from offense to defense (8)

SCORE _____