

Special Olympics Softball Team Skills Assessment for Individuals

Name _____ Role: _____ Athlete _____ Unified Sports partner _____ Jersey Number _____
 Coach's Name _____
 Team Name _____ Evaluator's Name _____
 Delegation Name (local program) _____ Date of Evaluation _____

Special Olympics Softball Team Skills Assessment for Individuals

A. Hitting (One choice – place the number of the athlete's most representative skill level in the box below.)

- Athlete needs direction on proper stance, grip and place to stand (2)
- Athlete exhibits proper stance and grip, knows place to stand, but does not usually make contact with the ball (3)
- Athlete occasionally makes contact, but is not familiar with what is a strike pitch (4)
- Athlete regularly makes contact and occasionally hits the ball to the outfield (6)
- Athlete regularly makes contact and hits the ball with power and velocity (7)
- Athlete has the ability to place hit balls in opposite fields (8)

SCORE _____

B. Fielding (One choice – place the number of the athlete's most representative skill level in the box below.)

- Athlete is unable to make basic fielding plays (catching fly balls and/or grounders) (2)
- Athlete occasionally cleanly fields balls hit directly to them (3)
- Athlete cleanly fields balls hit directly to them three out of five times and attempts to field balls hit within three to four feet of them (4)
- Athlete occasionally fields balls hit within three to four feet of them (5)
- Athlete fields balls four out of five times when hit within three to four feet of them (6)
- Athlete routinely makes all basic plays and some difficult plays such as turning double plays, tracking deep fly balls and fielding hard grounders (7)

SCORE _____

C. Base Running (One choice – place the number of the athlete's most representative skill level in the box below.)

- Athlete needs direction on when to run (2)
- Athlete understands when to run, but will only move forward one base without coaching (3)
- Athlete has a basic understanding of when to take more than one base (4)
- Athlete has a fair understanding of when to run sometimes looks to the coach for cues and direction (5)
- Athlete has a good understanding of when to run, knows when to tag up and run (6)
- Athlete has a good understanding of when to run, how many bases to take and how to slide effectively (7)
- Athlete is consistently able to pick-up and use the coach's directions (8)

SCORE _____

D. Game Awareness (One choice – place the number of the athlete's most representative skill level in the box below.)

- Athlete needs frequent coaching in offense and defense (2)
- Athlete has understanding of most basic game situations (3)
- Athlete has a fair understanding of what to do in most game situations, but still requires coaching (4)
- Athlete has a clear understanding of what to do in most game situations, requires little to no coaching (5)
- Athlete is able to make the play at hand, also recognizing other action occurring which may require attention (backing up players, run down situations, etc.) (6)
- Athlete has a complete understanding of their role and teammates' roles, using that leadership to direct play on the field (8)

SCORE _____

E. Throwing (One choice – place the number of the athlete’s most representative skill level in the box below.)	
Athlete has difficulty throwing the ball on the run for any distance	(2)
Athlete is able to throw the ball on the run a distance of at least ten feet	(3)
Athlete regularly makes throws of at least 25 feet	(4)
Athlete regularly makes accurate throws of up to 25 feet	(6)
Athlete regularly makes accurate throws within the infield or from the outfield to a cut-off	(7)
Athlete consistently throws the ball accurately to any other position or player on the field, with speed and velocity	(8)
	SCORE _____

F. Pitching (One choice – place the number of the athlete’s most representative skill level in the box below.)	
Athlete has the right distance, but is consistently unable to get the ball over the plate for a strike	(2)
Athlete occasionally throws the ball in the strike zone, but without the correct arch	(3)
Athlete frequently throws the ball in the strike zone, but without the correct arch	(4)
Athlete occasionally throws quality pitches for strikes showing the proper technique and delivery	(6)
Athlete frequently throws quality pitches for strikes showing the proper technique and delivery	(7)
Athlete consistently throws quality pitches for strikes showing the proper technique and delivery, mixing pitches to adjust to batter and count	(8)
	SCORE _____

G. Catching (One choice – place the number of the athlete’s most representative skill level in the box below.)	
Athlete has difficulty catching most thrown balls	(2)
Athlete is able to catch balls thrown or hit directly to them	(3)
Athlete can catch some off target balls and occasionally those thrown or hit within two to three feet of their starting position	(5)
Athlete frequently catches hit or thrown balls requiring movement from their original fielding position	(7)
Athlete regularly catches balls requiring movement with the exceptional speed to track balls and the ability to leap high to catch rising line drives	(8)
	SCORE _____

Total Score _____

Overall Rating _____

Total Score – sum of 7 individual scores

Overall Rating – average of 7 individual scores (total score divided by 7)

