

Special Olympics – Basketball Team Skills Assessment for Individuals

Name _____ Role (check one) _____ Athlete _____ Unified Sports partner
Jersey Number _____ Coach's Name _____
Team Name _____ Evaluator's Name _____
Delegation Name (local program) _____ Date of Evaluation _____

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A. **Ball Handling** (select the statement and score (#) below which best represents the skill level of the athlete in this area)

- | | |
|--|-----|
| Has difficulty dribbling and catching ball | (2) |
| Possesses some ball handling skills, but they are very limited | (3) |
| Can control ball with dominant hand only | (4) |
| Can control ball with both hands | (5) |
| Has ability to go either direction on the dribble | (6) |
| Has ability to beat defender regularly with dominant hand | (7) |
| Has ability to beat defender regularly with either hand | (8) |

SCORE _____

B. **Passing** (select the statement and score (#) below which best represents the skill level of the athlete in this area)

- | | |
|---|-----|
| Has difficulty completing a pass/short pass to a teammate | (2) |
| Can sometimes make a pass to an open teammate with token pressure | (3) |
| Can only complete a pass to teammate after looking directly at him/her | (4) |
| Has ability to choose best type of pass (bounce, chest, skip, other) | (5) |
| Has ability to consistently complete a no look or quick pass to an open teammate | (6) |
| Controls game with ability to complete an advanced pass (no look/snap pass) to open player when they are in good position | (8) |

SCORE _____

C. **Movement** (select the statement and score (#) below which best represents the skill level of the athlete in this area)

- | | |
|--|-----|
| Maintains a stationary position; does not move toward a loose ball | (2) |
| Moves only 1-2 steps toward ball or opponent | (3) |
| Moves toward ball; but reaction time is slow and only in a limited area of the floor | (4) |
| Movement permits adequate court coverage | (5) |
| Good court coverage; reasonably aggressive | (6) |
| Exceptional court coverage; aggressive anticipation | (8) |

SCORE _____

D. **Game Awareness** (select the statement and score (#) below which best represents the skill level of the athlete in this area)

- | | |
|--|-----|
| Sometimes confused on offense and defense; may shoot at wrong basket | (2) |
| Can play in fixed position as instructed by coach; may go after an occasional loose ball | (3) |
| Limited understanding of the games and can make some offensive and defensive decisions when prompted | (4) |
| Moderate understanding of the game, some offensive and defensive decisions and can occasionally fast break | (6) |
| Advanced understanding of the game and mastery of basketball fundamentals | (8) |

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E. **Shooting** (select the statement and score (#) below which best represents the skill level of the athlete in this area)

- | | |
|--|-----|
| Periodically can make an uncontested lay-up | (2) |
| Can make shots inside the lane | (3) |
| Can make shots inside the lane and occasionally attempts a mid-range jump shot | (4) |
| Can put same mid-range jump shots and will attempt shots beyond 15' | (6) |
| Has excellent shooting form and makes shots from all ranges on the court | (8) |

SCORE _____

F. **Rebounding** (select the statement and score (#) below which best represents the skill level of the athlete in this area)

- | | |
|--|-----|
| No understanding of rebounding positions or principles, often beaten to a missed shot | (2) |
| Gets rebounds only when they land directly where they are standing | (3) |
| Goes after loose balls within 3 to 4 steps | (4) |
| Aggressively goes after rebounds, gets many | (6) |
| Exceptional ability to get missed shots on both sides of the basket and either side of the court | (8) |

SCORE _____