

Special Olympics Iowa Equestrian Rider Profile

***Recommended to complete for each athlete but does not need to be sent with registration materials.**

Athlete's Name: _____

Gender: _____ **Age:** _____ **Height:** _____ **Weight:** _____

1. Physical disability, if any _____

2. Check appropriate ambulatory Status:

Wheelchair: _____ Dependent: _____ Electric: _____ Propels Self: _____

Ambulatory: _____ Needs personal service or supervision: _____ Independent: _____

Independent with walker: _____ Independent with crutches/canes: _____

3. Athlete began riding in your program: _____ / _____ / _____

4. **Rider Classification: Include classification on registration form**

Novice Assisted (NA): _____ **Novice Unassisted (NU):** _____

Intermediate Assisted (IA): _____ **Intermediate Unassisted (IU):** _____ **Advanced:** _____

5. Riding Style: Western: _____ English: _____

6. Describe tack used for this rider: Normal: _____ Adapted: _____

- If adapted, please explain: _____

Instructors must bring protective headgear and any specially adapted tack required by the rider. Make sure all the equipment is well marked with athlete's name and/or your group.

7. Does rider have any fused joints? (specify): _____

Any severe joint limitations or contractures: _____

Any significant degree of adductor tightness: _____

Other physical limitations: _____

8. Type of horse required by rider: Size (hands): _____

Size of barrel: Narrow: _____ Broad: _____ No restrictions: _____

Type of trot that can be handled by the rider:

Very Smooth: _____ Elastic & Springy: _____ Smooth, some springiness: _____ No restrictions

9. Mounting/Dismounting Techniques: Please check techniques used by the rider.

Mounting

From Ramp Assisted: _____
 From Ramp Unassisted: _____
 From Ground Assisted: _____
 Independent: _____

Dismounting

To Ramp Assisted: _____
 To Ramp Unassisted: _____
 To Ground Assisted: _____
 Independent: _____

Degree of assistance required in mounting (if applicable):

Minimal: _____ Moderate: _____ Number of people needed to help athlete mount: _____

10. Helpers required: Indicate degree of assistance required at each gait (only mark pertinent boxes)

S – Required for safety only N – Necessary for control of horse or required in order to maintain a secure position.

	Walk	Trot	Jog/Sit Trot	Post Center
Leader holding lead				
Leader not holding lead				
One side-walker				
Two side-walkers				

11. Riding skills: With the leaders and walkers indicated above indicate **Yes (Y), No (N) or Non applicable (NA)**

	Walk	Jog/Sit Trot	Post Trot	Center
Holds handhold at the				
Holds reins at the				
Able to control horse at the				
Able to halt from the				
Able to circle at the				
Rides without stirrups at the				
Able to maintain forward positions		NA		
Able to post		NA		NA
Knows correct diagonal		NA		NA
Knows correct canter lead	NA	NA	NA	

12. Comments on rider: _____
