

Special Olympics Softball Team Skills Assessment for Individuals

Name _____ Role: _____ Athlete _____ Unified Sports partner _____ Jersey Number _____
 Coach's Name _____
 Team Name _____ Evaluator's Name _____
 Delegation Name (local program) _____ Date of Evaluation _____

Special Olympics Softball Team Skills Assessment for Individuals

A. Hitting (One choice – place the number of the athlete’s most representative skill level in the box below.)

- Athlete needs direction on proper stance, grip and place to stand (2)
- Athlete exhibits proper stance and grip, knows place to stand, but does not usually make contact with the ball (3)
- Athlete occasionally makes contact, but is not familiar with what is a strike pitch (4)
- Athlete regularly makes contact and occasionally hits the ball to the outfield (6)
- Athlete regularly makes contact and hits the ball with power and velocity (7)
- Athlete has the ability to place hit balls in opposite fields (8)

SCORE _____

B. Fielding (One choice – place the number of the athlete’s most representative skill level in the box below.)

- Athlete is unable to make basic fielding plays (catching fly balls and/or grounders) (2)
- Athlete occasionally cleanly fields balls hit directly to them (3)
- Athlete cleanly fields balls hit directly to them three out of five times and attempts to field balls hit within three to four feet of them (4)
- Athlete occasionally fields balls hit within three to four feet of them (5)
- Athlete fields balls four out of five times when hit within three to four feet of them (6)
- Athlete routinely makes all basic plays and some difficult plays such as turning double plays, tracking deep fly balls and fielding hard grounders (7)

SCORE _____

C. Base Running (One choice – place the number of the athlete’s most representative skill level in the box below.)

- Athlete needs direction on when to run (2)
- Athlete understands when to run, but will only move forward one base without coaching (3)
- Athlete has a basic understanding of when to take more than one base (4)
- Athlete has a fair understanding of when to run sometimes looks to the coach for cues and direction (5)
- Athlete has a good understanding of when to run, knows when to tag up and run (6)
- Athlete has a good understanding of when to run, how many bases to take and how to slide effectively (7)
- Athlete is consistently able to pick-up and use the coach’s directions (8)

SCORE _____

D. Game Awareness (One choice – place the number of the athlete’s most representative skill level in the box below.)

- Athlete needs frequent coaching in offense and defense (2)
- Athlete has understanding of most basic game situations (3)
- Athlete has a fair understanding of what to do in most game situations, but still requires coaching (4)
- Athlete has a clear understanding of what to do in most game situations, requires little to no coaching (5)
- Athlete is able to make the play at hand, also recognizing other action occurring which may require attention (backing up players, run down situations, etc.) (6)
- Athlete has a complete understanding of their role and teammates’ roles, using that leadership to direct play on the field (8)

SCORE _____

E. Throwing (One choice – place the number of the athlete’s most representative skill level in the box below.)

- Athlete has difficulty throwing the ball on the run for any distance (2)
- Athlete is able to throw the ball on the run a distance of at least ten feet (3)
- Athlete regularly makes throws of at least 25 feet (4)
- Athlete regularly makes accurate throws of up to 25 feet (6)
- Athlete regularly makes accurate throws within the infield or from the outfield to a cut-off (7)
- Athlete consistently throws the ball accurately to any other position or player on the field, with speed and velocity (8)

SCORE _____

F. Pitching (One choice – place the number of the athlete’s most representative skill level in the box below.)

- Athlete has the right distance, but is consistently unable to get the ball over the plate for a strike (2)
- Athlete occasionally throws the ball in the strike zone, but without the correct arch (3)
- Athlete frequently throws the ball in the strike zone, but without the correct arch (4)
- Athlete occasionally throws quality pitches for strikes showing the proper technique and delivery (6)
- Athlete frequently throws quality pitches for strikes showing the proper technique and delivery (7)
- Athlete consistently throws quality pitches for strikes showing the proper technique and delivery, mixing pitches to adjust to batter and count (8)

SCORE _____

G. Catching (One choice – place the number of the athlete’s most representative skill level in the box below.)

- Athlete has difficulty catching most thrown balls (2)
- Athlete is able to catch balls thrown or hit directly to them (3)
- Athlete can catch some off target balls and occasionally those thrown or hit within two to three feet of their starting position (5)
- Athlete frequently catches hit or thrown balls requiring movement from their original fielding position (7)
- Athlete regularly catches balls requiring movement with the exceptional speed to track balls and the ability to leap high to catch rising line drives (8)

SCORE _____

Total Score _____

Overall Rating _____

Total Score – sum of 7 individual scores

Overall Rating – average of 7 individual scores (total score divided by 7)