

## SECTION C – SPECIAL OLYMPICS TENNIS RATING SHEET

Athlete's Name: \_\_\_\_\_

Delegation: \_\_\_\_\_

Gender: \_\_\_\_\_

Age: \_\_\_\_\_

Level 1 (athlete's at this level should complete the ISC Skills Testing)	Level	E. Second Serve	Level
Player just starting to play tennis		Double faults are common	2
Section A through G do not need to be completed		Pushes 2nd serves	4
<b>A. Forehand</b>	<b>Level</b>	Hits 2nd serves with control	6
Hits inconsistent weak FH shots	2	Hits 2nd serves with control and depth	7
Hits FH shots with little directional control	3	Hits 2nd serves with spin, control and depth	8
FH has directional control of shots, but shots lack depth	4	<b>F. Return of Serve</b>	<b>Level</b>
FH has sufficient control to sustain a short rally and is developing depth	5	Has difficulty returning serve	2
Rallies with control and depth, but has difficulty when shots are high or hard	6	Returns serve occasionally	3
Rallies consistently with depth, becomes inconsistent when adding pace	7	Returns 2nd serve consistently	4
Sustains an extended rally with direction, pace and depth	8	Returns some 1st serves, returns 2nd serves consistently	5
<b>B. Backhand</b>	<b>Level</b>	Returns 1st and 2nd serves consistently	6
Hits inconsistent weak BH shots	2	Aggressive return of 2nd serve and consistent return of 1st serve	7
Hits BH shots with little directional control	3	Aggressive return of 1st and 2nd serves	8
BH has directional control of shots, but shots lack depth	4	<b>G. Volleys</b>	<b>Level</b>
BH has sufficient control to sustain a short rally and is developing depth	5	Hits inconsistent volleys; avoids net	3
Rallies with control and depth, but has difficulty when shots are high or hard	6	Hits consistent FH volleys; BH volley is inconsistent	4
Rallies consistently with depth, becomes inconsistent when adding pace	7	Hits consistent volleys; has problems approaching the net	5
Sustains an extended rally with direction, pace and depth	8	Has ability to approach the net and hits consistent volleys	6
<b>C. Movement</b>	<b>Level</b>	Comfortable moving to net, moves laterally well for both FH and BH volleys	7
Stationary position; does not move to ball to hit shots	2	Hits aggressive FH and BH volleys	8
Moves only 1-2 steps toward ball to hit shots	3	<b>Section</b>	<b>Category</b>
Moves toward ball; but court coverage is poor	4	<b>A</b>	<b>Forehand</b>
Movement allows sufficient court coverage of most shots	5	<b>B</b>	<b>Backhand</b>
Has good court coverage, reacts well enough to sustain a short rally	6	<b>C</b>	<b>Movement</b>
Reacts quickly to the ball and has very good court coverage	7	<b>D</b>	<b>First Serve</b>
Exceptional court coverage, reacts quickly to the ball and recovers after each shot	8	<b>E</b>	<b>Second Serve</b>
<b>D. First Serve</b>	<b>Level</b>	<b>F</b>	<b>Return of Serve</b>
1st serve is weak	2	<b>G</b>	<b>Volleys</b>
Hits 1st serves in at a slower pace	4	<b>Total of Sections A through G</b>	
Hits 1st serves with pace	6	divided by 7	
Hits 1st serves with pace and control	8	<b>FINAL RATING</b>	

Rater's Name: \_\_\_\_\_

**Suggested Competition level for athletes**

**Tennis Rating of 1.0 – 1.9**

**Tennis Rating of 2.0 – 2.9**

**Tennis Rating of 3.0 – 3.9**

**Tennis Rating of 4.0 – 4.9**

**Tennis Rating of 5.0 – 8.0**

**Athlete should compete in:**

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**Athlete should compete in:**

**Athlete should compete in:**

**Level 1 – Individual Skills Competition**

**Level 2 – 42' Court – Red foam ball**

**Level 3 – 60' Court – Orange ball**

**Level 4 – 78' Court – Green ball**

**Level 5 – 78' Court – Yellow ball**