

## Special Olympics – Soccer Team Skills Assessment for Individuals

Name \_\_\_\_\_ Role (check one) \_\_\_ Athlete \_\_\_ Unified Sports partner  
Jersey Number \_\_\_\_\_ Coach's Name \_\_\_\_\_  
Team Name \_\_\_\_\_ Evaluator's Name \_\_\_\_\_  
Delegation Name (local program) \_\_\_\_\_ Date of Evaluation \_\_\_\_\_

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A. **Ball Skills** (select the statement and score (#) below which best represents the skill level of the athlete in this area)

- Has difficulty dribbling and trapping ball (2)
- Possesses some ball skills but they are very limited (3)
- Can control ball with dominant foot only (4)
- Can control ball with both feet (5)
- Has ability to dribble either direction with token pressure (6)
- Has ability to beat defender (while dribbling) regularly with dominant foot (7)
- Has ability to beat defender (while dribbling) regularly with either foot (8)

SCORE \_\_\_\_\_

B. **Passing** (select the statement and score (#) below which best represents the skill level of the athlete in this area)

- Has difficulty completing a pass/short pass to a teammate (2)
- Can sometimes make a pass to an open teammate with token pressure (3)
- Can only complete a pass to teammate after looking directly at him/her or with prompting (4)
- Has ability to choose best type of pass (to feet or to space) without prompting (5)
- Has ability to consistently complete a one touch or two touch pass to an open teammate (6)
- Controls game with ability to complete a pass to open player when they are in good position (8)

SCORE \_\_\_\_\_

C. **Movement** (select the statement and score (#) below which best represents the skill level of the athlete in this area)

- Maintains a stationary position; does not move to a loose ball (2)
- Moves only 1-2 steps toward ball or opponent (3)
- Moves toward ball; but reaction time is slow and only in a limited area of the field (4)
- Movement permits adequate field coverage for player's position (5)
- Good field coverage; reasonably aggressive (6)
- Exceptional field coverage; aggressive anticipation (8)

SCORE \_\_\_\_\_

D. **Game Awareness** (select the statement and score (#) below which best represents the skill level of the athlete in this area)

- Sometimes confused on offense and defense; may not always understand where they are on the field (2)
- Can play in fixed position as instructed by coach; may go after an occasional loose ball (3)
- Limited understanding of the games and can make some offensive and defensive decisions when prompted (4)
- Moderate understanding of the game, some offensive and defensive decisions and can occasionally participate in an offensive counter-attack (6)
- Advanced understanding of the game and mastery of soccer fundamentals (8)

SCORE \_\_\_\_\_

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E. **Shooting** (select the statement and score (#) below which best represents the skill level of the athlete in this area)

- Periodically can strike ball on goal from close range of 7 yards or closer (2)
- Can make shots regularly from close range (3)
- Can make shots inside of close range and occasionally attempts a mid-range shot of 8-12 yards (4)
- Can put mid-range shots of 8-12 yards on goal with moderate pace (5)
- Can consistently make close and mid-range shots and will attempt shots beyond 12 yards (6)
- Has excellent shooting form, can strike the ball with pace and make shots from any range (8)

SCORE \_\_\_\_\_

F. **Defense** (select the statement and score (#) below which best represents the skill level of the athlete in this area)

- Does not understand defensive position or principles, often beaten by a defender on the dribble or to loose balls (2)
- Some understanding of defensive position and principles, sometimes beaten by a defender on the dribble or to a loose ball (3)
- More understanding of defensive position, can perform a tackle, goes after loose balls within 3-4 steps (4)
- Good understanding of defensive position and principles, does not get beat often, aggressively goes after loose balls, gets many, ability to clear ball (6)
- Exceptional ability to defend, wins most loose balls, ability to clear the ball, shut down type defender (8)

SCORE \_\_\_\_\_

G. **Goalkeeping** (select the statement and score (#) below which best represents the skill level of the athlete in this area)

- Does not understand goalkeeping position, tentative when shots come at goal (2)
- Some understanding of goalkeeping position, can block some shots directly at them (3)
- Some understanding of goalkeeping position and can block and catch shots directly at them (4)
- Better understanding of goalkeeping position, can block, catch shots directly at them or within a couple of steps to either side (5)
- Good understanding of goalkeeping position, can move to save more difficult shots, and distribute to an open player (6)
- Exceptional ability to save shots, aggressively goes after loose balls in the goal box, distributes effectively to start the offense (8)

SCORE \_\_\_\_\_