

2022 Special Olympics Iowa Winter Games Schedule of Events

Monday, 01/10/2022

Time	Albrecht Acres Snowshoeing	Sundown Mountain Alpine & Cross-Country Skiing
10:00 am	Registration	AS & CC Registration & Equipment Checkout
10:30 am - 11:30 am		Alpine Ski - Intermediate Clinic @ Intermediate Hill
10:00 am - 12:00 pm	Practice	Fueling Station-Recovery Shake Station 10:00-11:00 Mountain Lodge, 12:00-1:00pm South Lodge
11:00 am -1:00 pm	Lunch	Lunch
12:30 pm	800 M Time Trial	
12:45 pm	All Other Time Trials	
1:00 pm – 3:30 pm		Alpine Ski - Clinic @ Bunny Hill
1:00 pm. – 3:30 pm		Alpine Ski - Skill Assessments & Time Trials @ Beginner, Intermediate & Advanced Hills
1:00 pm – 3:30 pm		Cross Country Ski - Skill Assessment & Time Trials
2:45 pm	800 M Competition	
5:00 pm- 5:30 pm	Winter Games Workout- Grand River Center Lobby	
5:45 pm	Winter Parade Line-up at the Grand River Center	
6:00 pm	Opening Ceremony	
6:30 pm	Dinner in the Grand River Center Exhibit Hall B	
6:30 pm – 8:00 pm	Souvenir sales outside of Exhibit Hall B	
7:00 pm – 8:30 pm	Dance in the Grand River Center Exhibit Hall B	
9:00 pm	Coaches meeting in Platinum A	

Tuesday, 01/11/2022

7:30 am – 9:00 am	Breakfast in the Grand River Center Exhibit Hall B	
9:00 am	400 M & 200 M Competition	
9:30 am – 11:30 am		Alpine Ski - Clinic @ Bunny Hill
9:30 am - 11:30 am		Alpine Ski - Slalom @ Beginner Hill
9:30 am – 10:30 am		Cross Country Ski - 500 M Competition
10:00 am – 11:30 am	Fueling Station-Recovery Shake Station	Alpine Ski - Slalom @ Intermediate & Advanced Hills
11:00 am – 1:00 pm	Lunch	Lunch
12:30 pm	100 M & 4 x 100 M Relay Competition	
1:00 pm – 2:00 pm		Alpine Ski Clinic - 10 M Glide @ Bunny Hill
1:00 pm – 3:00 pm		Cross Country Ski - 100 M Competition
1:30 pm – 3:00 pm		Alpine Ski – Giant Slalom Competition @ Beginner, Intermediate & Advanced Hills
3:00 pm – 3:30 pm		Alpine Ski – Super Glide Competition @ Beginner Hill
3:00 pm – 3:30 pm		Cross Country Ski - 1 K Competition
6:00 pm – 7:00 pm	Banquet in the Grand River Center Exhibit Hall B	
5:30 pm – 7:00 pm	Souvenir sales outside of Exhibit Hall B	
7:30 pm – 9:00 pm	Celebration party in the Grand Harbor Aquatics Center	