As communities throughout the state continue to be impacted by the coronavirus (COVID-19), Special Olympics Iowa has made the difficult decision to suspend all training and activities through the end of March, effective immediately.

This decision has been made out of extreme caution for the health and safety of our athletes, which is always our top priority. Beginning this evening, I am instructing all coaches to suspend practices and training club activities until further notice.

At this time, there are no reported cases of the virus connected to Special Olympics Iowa, and our goal is to keep it that way.

For many of our athletes, training is their only outlet to combat the social isolation and health and wellness challenges they face on a daily basis. More now than ever, we must work together to support our athletes and keep connected as a community.

- Exercise at home.
- Stay hydrated, get plenty of sleep and eat healthy.
- Join the Facebook group Stay Healthy with Special Olympics Iowa to stay active and connected.

Please continue to be vigilant regarding the coronavirus. Follow preventative measures such as keeping your hands clean, avoiding contact with people who are sick, and staying home if you don’t feel well.

Additional information, scheduling updates, and tips will continue to be available on our website, soiowa.org.

Thank you for your understanding, cooperation, and support.

Sincerely,

John Kliegl
President & CEO
Special Olympics Iowa