2020 Special Olympics Iowa Mid-Winter Tournament Event Schedule

Friday, March 13		
9:00 am – 6:00 pm	Healthy Athletes – MedFest	Marriott Hotel
1:00 pm – 6:00 pm	Healthy Athletes – Special Smiles	Marriott Hotel
3:00 pm – 8:00 pm	Healthy Athletes – Health Promotion	Marriott Hotel
3:00 pm	Delegation Registration	Marriott Exhibit Hall (all hotel keys
	(Keys for the Marriott may not be available	& delegation packets will be
	until 4:00 pm)	picked up here)
5:30 pm – 8:00 pm	Souvenir Sales	Marriott Exhibit Hall
6:00 pm – 7:00 pm	Banquet and Opening Ceremony	Marriott Exhibit Hall
7:00 pm – 8:30 pm	Dance (with DJ service)	Marriott Exhibit Hall
Saturday, March 14		
eath way, maron 14	Breakfast	Provided at each SOIA designated
		hotel
8:00 am – Throughout	Delegation Registration for Gymnastics, Team	U.I. Field House Main Deck
Tournament	Basketball, Cheerleading & Basketball Skills	Liberty High School Main Gym
		Iowa City High Gym Lobby
8:00 am – 8:30 am	Powerlifting Delegation Registration & Check-in	Pro-Fit Gym
8:15 am – 9:00 am	Powerlifting Warm-ups & Coaches' Meeting	
9:00 am - 3:00 pm	Competition; Bench Press followed by Dead Lift	
8:30 am	Cheerleading Coaches' Meeting for Cheer	Liberty HS – Main Gym
9:00 am – 10:30 am	Cheer & Dance Competition (Yell – no music)	
10:00 am – 3:00 pm	Souvenir Sales	U.I. Field House, Liberty High School
		& Iowa City High School
9:00 am – 1:00 pm	Healthy Athletes – Healthy Hearing	Liberty High School
9:00 am - 2:00 pm	Healthy Athletes – Health Promotion	Liberty High School
9:00 am – 2:00 pm	Healthy Athletes – MedFest	Liberty High School
9:00 am – 2:00 pm	Healthy Athletes – Health Promotion	U.I. Field House – Near
		registration
9:30 am – 1:30 pm	Basketball Skills & Developmental Speed Dribble	Iowa City High – Main Gym
9:00 am – 4:30 pm	3 on 3 Team Basketball Tournament	U.I. Field House – Main Deck
9:00 am – 4:30 pm	5 on 5 Team Basketball Tournament	U.I. Fieldhouse – South Gym
0:00 am 0:45 am		
9:00 am- 9:45 am	Gymnastics Warm-ups	U.I. Field House – Gymnastics Gym
<u>9:45 am – 1:00 pm</u>	Gymnastics Competition	
11:00 am – 1:00 pm	Lunch	U.I. Field House – Main Deck
		Iowa City HS – Student Commons Liberty HS Cafeteria
		Pro-Fit Gym
12:00 pm	Cheerleading Coaches' Meeting for Dance	Liberty High School – Main Gym
12:30 pm – 3:00 pm	Cheer & Dance Competition (Dance – music)	