

SPECIAL OLYMPICS IOWA STATE BOWLING

NOVEMBER 23, 2019

Cedar Rapids Westdale Bowling Center 2020 Scotty Drive Cedar Rapids, IA 52404 Westdale: (319) 396-2500 Dawn Criss: (641) 442-5874	Council Bluffs Thunderbowl 1900 Madison Avenue Council Bluffs, IA 51503 Thunderbowl: (712) 328-2374 Tanner Nissen: (916) 698-2732	Des Moines Bowlerama Lanes 1313 E Diehl Ave. Des Moines, IA 50315 Bowlerama: (515) 285-2811 Rhonda Schwarzkopf: (515) 418-2283	Des Moines Merle Hay Lanes 3800 Merle Hay Rd #505 Des Moines, IA 50310 Merle Hay: (515) 253-3901 Ray Strekal (515) 971-4387
East, East Central, Northeast, Southeast	Northwest, South Central, Southwest	North and West Central Excluding Unified from these Areas	Central and North Central Including Unified from N & WC
Session One	Session One	Session One	Session One
8:30 AM - Registration 9:20 AM - Opening Ceremonies 9:30 AM - Competition Begins Singles Age Groups: 12-15, 16-21 Singles Ramp Assisted Age Groups: 12-15, 16-21 Singles Ramp Unassisted Age Groups: 12-15, 16-21	8:30 AM - Registration 9:20 AM - Opening Ceremonies 9:30 AM - Competition Begins Singles Age Groups: 8-11, 12-15, 16-21 Singles Ramp Assisted Age Groups: 8-11, 12-15, 16-21 Singles Ramp Unassisted Age Groups: 8-11, 12-15, 16-21	8:30 AM - Registration 9:20 AM - Opening Ceremonies 9:30 AM - Competition Begins Singles Age Groups: 12-15, 16-21 Singles Ramp Assisted Age Groups: 12-15, 16-21 Singles Ramp Unassisted Age Groups: 12-15, 16-21	8:30 AM - Registration 9:20 AM - Opening Ceremonies 9:30 AM - Competition Begins Singles All Age Groups Singles Ramp Assisted All Age Groups Singles Ramp Unassisted All Age Groups
Session Two	Session Two	Session Two	Session Two
11:00 AM - Registration 11:50 AM - Opening Ceremonies 12:00 PM - Competition Begins Singles Age Groups: 8-11, 22-29 Singles Ramp Assisted Age Groups: 8-11, 22-29 Singles Ramp Unassisted Age Groups: 8-11, 22-29 Traditional & Unified Doubles All Age Groups Traditional & Unified Teams All Age Groups	11:00 AM - Registration 11:50 AM - Opening Ceremonies 12:00 PM - Competition Begins Traditional & Unified Doubles All Age Groups Traditional & Unified Teams All Age Groups	11:00 AM - Registration 11:50 AM - Opening Ceremonies 12:00 PM - Competition Begins Singles Age Groups: 8-11, 22-29 Singles Ramp Assisted Age Groups: 8-11, 22-29 Singles Ramp Unassisted Age Groups: 8-11, 22-29 Traditional Doubles* All Age Groups Traditional Teams* All Age Groups	11:00 AM - Registration 11:50 AM - Opening Ceremonies 12:00 PM - Competition Begins Traditional & Unified Doubles All Age Groups Traditional & Unified Teams All Age Groups
Session Three	Session Three	Session Three	Session Three
1:30 PM - Registration 2:20 PM - Opening Ceremonies 2:30 PM - Competition Begins Singles Age Groups: 30-50, 51+ Singles Ramp Assisted Age Groups: 30-50, 51+ Singles Ramp Unassisted Age Groups: 30-50, 51+	1:30 PM - Registration 2:20 PM - Opening Ceremonies 2:30 PM - Competition Begins Singles Age Groups: 22-29, 30-50, 51+ Singles Ramp Assisted Age Groups: 22-29, 30-50, 51+ Singles Ramp Unassisted Age Groups: 22-29, 30-50, 51+	1:30 PM - Registration 2:20 PM - Opening Ceremonies 2:30 PM - Competition Begins Singles Age Groups: 30-50, 51+ Singles Ramp Assisted Age Groups: 30-50, 51+ Singles Ramp Unassisted Age Groups: 30-50, 51+ *Please note all Unified Doubles & Unified Teams from WC & N are competing at Merle Hay Lanes	