



2019 Special Olympics Iowa

Summer Games Handbook

May 23 - 25

Special Olympics Iowa
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New Location in 2019: Delegation Registration on May 23 & 24
Lot 63, north of Maple-Willow-Larch Residence Hall

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The 2019 Special Olympics Iowa Summer Games are quickly approaching. The Summer Games Planning Committee & Special Olympics Iowa (SOIA) staff are working diligently preparing for your arrival to Iowa State University.

SOIA greatly appreciates the City of Ames, the Ames Convention & Visitors Bureau, Iowa State University & the Planning Committee for their continued support & dedication to the State Summer Games. The entire Ames community is committed to the success of the Summer Games & welcomes everyone to ISU.

Please review the handbook in full. The handbook is designed to provide each delegation with the information necessary to have a successful Summer Games. We ask that the Delegation Managers share information within the handbook with the coaches, support staff, athletes, family members & anyone else attending the Summer Games with your delegation.

Please contact Rhonda Schwarzkopf at rschwarzkopf@soiowa.org or 515-986-5520, ext. 112 if you have any questions. We look forward to seeing you in Ames at Iowa State University!

Important Summer Games Updates and Notes

- **New location in 2019: Delegation Registration: All delegations must have a representative stop at the Delegation Registration tent in Lot 63, north of the Maple-Willow-Larch residence hall, to pick up their Delegation Packet on May 23 or 24 prior to proceeding to check-in at any competition venue.**
On May 25, packet pick-up will move to the event staging area in the Lied Recreation Center. Delegation packets include Bib #'s for athletes competing in allsports except for swimming & team soccer. Bib #'s **will not** be available for pick up at competition venues. There is one bib number per athlete.
All information in the packet including bib numbers are to be distributed to other members of the delegation as needed.
- Access to Beach Road will be limited throughout the Summer Games. Lot 63 (Maple-Willow-Larch) parking passes are available to delegations staying in the residence halls, delegations competing in bocce & for school buses. Contact Rhonda Schwarzkopf at rschwarzkopf@soiowa.org prior to the Summer Games for the passes.
- 20 minute passes are available at the Beach Road checkpoint to drop off people and equipment.
- Delegation Managers & coaches are responsible for athletes throughout the Summer Games, including travel time. It is the delegation's responsibility to know the whereabouts of the athletes at all times. Delegations should maintain, at a minimum, a ratio of 1 Class A volunteer to every 4 athletes.
- Special Olympics Iowa staff Rhonda Schwarzkopf, 515-418-2283, & John Kliegl, 515-418-7339, are to be called regarding any reports of physical, sexual, or emotional abuse reported to any member of a delegation. Please see additional information on page 22 regarding additional steps that must be taken to report any allegations of abuse that may occur while on campus for Summer Games.
- Gender & age groups will be combined in some sports to provide quality competition for the athletes & Unified Sports partners.
- Review the Schedule of Events & all sport-specific schedules & information in this handbook to ensure that athletes & Unified Sports partners arrive in plenty of time at their events to avoid disqualification.
- Scratches should be reported to the state office prior to the start of the competition. Scratches during the competition should be made directly at the venue registration area.
- **The is no ATM at the Lied Recreation Center.**
- A coaches' town hall meeting will be held from 7:00 pm to 9:00 pm on May 24 in Hilton Coliseum.
- Only service dogs are allowed at the Summer Games. Please do not bring pets or therapy dogs to ISU.
- There is not a permanent family changing room in the Lied Recreation Building. There will be two temporary areas set up in a racquetball court. The Forker Building will have a family room available on May 24.



2019 Special Olympics Iowa Summer Games

Schedule of Events



Thursday, May 23		
7:30 am – 4:30 pm	Delegation Registration - for ALL delegations (athletes & Unified Sports partners)	Lot 63, North of the Maple-Willow-Larch Residence Hall (tent on the north side of driveway)
7:00 am – 5:00 pm	Competition Shuttle Service	S Parking Lots S6, S7, S8, to Maple-Willow-Larch residence hall driveway for Bocce, to Lied Recreation Center & back to the S Parking Lots (continuous loop)
9:00 am	Cycling Competition	Iowa State Center parking lot
9:00 am – 4:30 pm	Singles Tennis Competition	Forker Bldg. Tennis Courts & Gym 184
9:00 am – 6:00 pm	Residence Hall Check-In	Maple Willow-Larch Commons Desk
9:30 am – 4:30 pm	Bocce Skills & Team Bocce Competition	Maple-Willow-Larch Fields
10:00 am – 11:30 am	Souvenir Sales	Cycling Venue (Iowa State Center parking lot)
10:00 am	Team Soccer Competition	Lied Recreation Center outdoor fields (east of Lied Recreation Center)
10:00 am	Soccer Skills Competition 10:00 am – 10:30 am 8-11 M/F 10:30 am – 11:30 am 12-15 M/F 11:30 am – 12:30 pm 16-21 M/F 12:30 pm – 1:30 pm 22-29 M/F 1:30 pm – 2:30 pm 30 + M/F	Lied Recreation Center outdoor fields (east of Lied Recreation Center)
12:00 pm – 4:00 pm	Souvenir Sales	Olympic Festival – Lot 100 (south of Lied Recreation Center)
1:00 pm	Athletics - Race Walk Competition Begins	Lied Recreation Center
2:00 pm – 3:00 pm	Sports Clinic	Maple-Willow-Larch fields near Bocce
3:00 pm – 3:45 pm	Cheerleading Clinic	Forker Building, Room 196
4:15 pm – 6:30 pm	Dinner	Maple-Willow-Larch Dining Center, Seasons Marketplace
6:00 pm – 6:45 pm	Opening Ceremony Shuttle	Maple-Willow-Larch Residence Halls to Hilton Coliseum
6:15 pm	Opening Ceremony Parade Line-up	Parking Lot C-2 (south side of Hilton Coliseum)
7:00 pm – 9:00 pm	Opening Ceremony	Hilton Coliseum
8:45 pm – 9:15 pm or until the end of the festivities	Opening Ceremony Shuttle	Hilton Coliseum to Maple-Willow-Larch Residence Halls

Friday, May 24		
7:00 am – 3:00 pm	Delegation Registration - for ALL Delegations (athletes & Unified Sports partners)	Lot 63, North of the Maple-Willow-Larch Residence Hall (tent on north side of the drive)
6:30 am – 8:30 am	Breakfast	Maple-Willow-Larch Dining Center, Seasons Marketplace
6:30 am – 5:00 pm	Competition Shuttle to Lied Rec. Center	S Parking Lots S6, S7, S8 to Maple-Willow-Larch dorm driveway for Bocce, to Lied Recreation Center & back to <u>S Parking Lots (continuous loop)</u>
6:30 am – 5:00 PM	Competition Shuttle to Beyer Hall	Lied Recreation Center to Beyer Hall & back to Lied Recreation Center (continuous loop)
8:15 am	Swimming Warm-ups & Competition	Beyer Hall
8:30 am	Individual Skills & Doubles Tennis Competition	Forker Building Tennis Courts
9:00 am	Athletics Competition	Lied Recreation Center
9:00 am – 1:00 pm	Singles Bocce Competition	Maple-Willow-Larch Fields
9:00 am – 2:00 pm	<u>Healthy Athletes Screenings:</u> Fit Feet – Tent outside of Lied FUNFitness – Room 213 (Forker) Health Promotion – Tent outside of Lied Opening Eyes – Room 0202W (Forker) Special Smiles – Tent outside of Lied	Forker Building & Lot 100 (southwest of the Lied Recreation Center)
9:00 am – 4:00 pm	Souvenir Sales	Olympic Festival – Lot 100 (south of Lied Recreation Center)
10:00 am	Athletics - Developmental Events	Forker Building, Gyms 175 & 184
10:00 am – 1:00 pm	Souvenir Sales	Swimming – Beyer Hall south entrance
10:00 am – 4:00 pm	FIT Program Assessments	Lot 100 (south of Lied Rec. Center)
10:00 am – 4:00 pm	Olympic Festival	Lot 100 (south of Lied Rec. Center)
10:00 am – 4:00 pm	Sport Clinics	East of Lied Recreation Center
11:15 am – 1:15 pm	Lunch for delegations staying in the <u>residence hall</u> Lunch for swimmers – Union Drive Community Center	Maple-Willow-Larch Dining Center, Seasons Marketplace Union Drive Community Center
4:15 pm – 6:30 pm	Dinner	Maple-Willow-Larch Dining Center, Seasons Marketplace
6:30 pm – 7:00 pm	Dance Shuttle	Maple-Willow-Larch to Hilton Coliseum
7:00 pm – 9:00 pm	Celebration Dance	Hilton Coliseum
9:00 pm – 9:30 pm	Dance Shuttle	Hilton Coliseum to Maple-Willow- Larch

Saturday, May 25		
6:30 am – 8:30 am	Breakfast	Maple-Willow-Larch Dining Center, Seasons Marketplace
7:30 am	Delegation Registration - For athletes & Unified Sports Partners participating on Saturday only	Event Staging Area inside the Lied Recreation Center
8:30 am	Athletics Competition	Lied Recreation Center
By 10:00 am	Residence Hall check outs need to be completed	Maple-Willow-Larch Conference Desk
8:30 am – 11:30 am	Souvenir Sales	Lot 100 (south of Lied Rec. Center) or inside Lied Recreation Center

COMPETITION INFORMATION

Delegation Registration

New location in 2019 for May 23 & 24: All delegations must have a representative stop at the Delegation Registration tent in Lot 63, north of the Maple-Willow-Larch Residence Hall, to pick up their Delegation Packets on May 23 & May 24 prior to proceeding to check-in at any competition venue. Delegation Registration is located in the event staging area of the Lied Recreation Center on May 25 only. The representative will distribute the contents of the delegation packet including bib numbers to other delegation members as needed. Packets should be picked up early enough to allow athletes & Unified Sports partners plenty of time to arrive at their events. **Arrangements must be made for bib number distribution to athletes & Unified Sports partners arriving independent from their delegation.** Each delegation packet will include a Schedule of Events, venue maps & bib numbers. There are no bib numbers for swimming & team soccer.

It is the delegation's responsibility to ensure that athletes have their bib numbers on their T-shirts or uniforms prior to checking in at their sport venue. There is one bib # per athlete. **Athletics (track & field), soccer skills & tennis bib #'s go on the front of the shirts. A timing system is used at the track events to ensure that the athletes are given the correct times. Therefore the bib numbers must be on the front of the shirts. Bocce & cycling bib #'s are to be on the back of the shirts.** Swimming and team soccer will not have bib numbers. Delegations are to go to the Delegation Registration tent upon their arrival on campus before proceeding to the residence halls & any competition venue to pick up their delegation packet.

Delegation registration will be held at the following:

Dates, Times & Locations: Thursday, May 23; 7:30 am – 4:30 pm; Lot 63, north of Maple-Willow-Larch
 Friday, May 24; 7:00 am – 3:00 pm; Lot 63, north of Maple-Willow-Larch
 Saturday, May 25, 7:30 am; Event staging area in Lied Recreation Center

Final Delegation Reports will be e-mailed to Delegation Managers for review. Corrections to events, times & distances should be reported to Tanner Nissen at registrations@soiowa.org by Friday, May 10. The state office will not accept any additional corrections or additions to athletes' events or scores nor will the office accept any additional entries for a delegation after Friday, May 10. Please send scratches to Tanner Nissen at registrations@soiowa.org.

Athletics (Track & Field)

Where:

Lied Recreation Athletic Center

Events: Running, Walking (non-developmental), 100 M Wheelchair, Pentathlon, High Jump, Running Long Jump & Standing Long Jump

Outside of the Lied Recreation Center, east of the center

Events: Mini Jav, Shot Put & Softball Throw

The Lied Recreation Center is located on Beach Road, north of Lincoln Way.

When:

May 23 – 25

- Athletes & Unified Sports partners are to report to the staging area for their specific event 15 minutes prior to the scheduled start time.
- Pentathlon athletes are to report at 8:30 am to the announcer table at the infield of the Lied Recreation Center. Escorts will take the athletes to the events. Athletes will finish shortly after 12:00 pm. Athletes may be picked up at the awards area at this time.
- Locations of the track staging areas are listed on the venue maps on pages 35 – 37.
- Walking Events: Athletes must have one foot in contact with the track at all times to be considered walking.
- Softball Throw competition is held on the soccer field east of the Lied Recreation Center.
- Mini Jav & Shot Put competition is held east of the Lied Recreation Center.
- Athletes competing in the Shot Put competition must adhere to the following rules:
Shot shall touch or be in close proximity to the chin.
Shot is put from the shoulder, in front of the ear with one hand only.
Shot at release does not drop behind or below the shoulder.
- Saturday Events: The 1500 R Run will start at 8:30 am. All other events will begin at the conclusion of the preceding event. Athletes who arrive late will not be allowed to compete. Athletes must wait in the reserved area in the northeast corner of the Lied Recreation Center to be called to the staging area.
- After athletes & Unified Sports partners finishing competing, they are to report to the awards area of their specific event.
- No drinks, food, coolers or chairs are allowed in the Lied Recreation Center.
- A tent is located in the Olympics Festival in Lot 100, south of the Lied Recreation Center. Delegations may keep their coolers in the tent. Delegations must have their names & cell number on the coolers.

Thursday, May 23 Schedule

Time	2 K Race Walk	400 M Race Walk	800 M Race Walk
1:00 PM	All Ages, M & F		
1:30 PM		All Ages, M & F	
2:00 PM			All Ages, M & F

Friday, May 24 Schedule

Time	100 M Dash 100 M Walk 100 M WC	50 M Dash 50 M Walk	800 M Run	Standing Long Jump	Running Long Jump	High Jump	Mini Jav Shot Put Softball Throw
9:00 AM			All Ages, M & F		Pentathlon	All Ages, M & F	22 - 29 M
9:30 AM	16 - 21 M	30 - 50 M		12-15, M & F	12-15, M & F		22 - 29 F
10:00 AM	16 - 21 F	30 - 50 F				Pentathlon	08 - 11 M
10:15 AM	22 - 29 M	51+ M					
10:25 AM		51+ F					
10:30 AM							08 - 11 F
10:40 AM	22 - 29 F	16 - 21 M					
11:00 AM	Pentathlon	16 - 21 F					30 - 50 M
11:15 AM	12 - 15 M						
11:30 AM	12 - 15 F	08 - 11 M		22-29, M & F	22-29, M & F		30 - 50 F
11:45 AM	51+ M & F	08 - 11 F					Pentathlon
12:00 PM	100 M WC** All Ages, M & F			16-21, M & F	16-21, M & F		
12:15 PM	Pentathlon (400 M)						
12:30 PM	LUNCH (12:30 pm – 1:30 pm)						
1:30 PM	08 - 11 M	12 - 15 M					51+ M
1:40 PM	08 - 11 F						
1:50 PM		12 - 15 F					
2:00 PM	30 - 50 M			08-11, M & F	08-11, M & F		51+ F
2:05 PM		22 - 29 M					
2:15 PM		22 - 29 F					
2:30 PM	30 - 50 F						12 - 15 M
3:00 PM				30+, M & F	30+, M & F		12 - 15 F
3:30 PM							16 - 21 M
4:00 PM							16 - 21 F

****Motorized & Non-Motorized Wheelchair**

Saturday, May 25 Schedule

Start Time	1500 M Run	400 M Dash	200 M Dash	4 x 100 M Relay
8:30 AM	All Ages			
<i>Immediately following 1500 M</i>		All Ages		
<i>Immediately following 400 M</i>			All Ages	
<i>Immediately following 200 M</i>				All Ages

Developmental (Athletic) Events

Events: 25 M Walk, 25 M Walk with Me, 25 M & 30 M Wheelchair & Tennis Ball Throw
Where: Forker Building, Gyms 175 & 184
The Forker Building is located on Beach Road directly west of the Lied Recreation Center. Enter the building on the east side.

When: Friday, May 24

Competition Schedule:

	Gym 175 (Male)	Gym 184 (Female)
10:00 am	25 M Walk & 25 M Walk with Me	25 M Walk & 25 M Walk with Me
10:45 am	25 M Manual Wheelchair Straight Race	25 M Manual Wheelchair Straight Race
11:15 am	4 x 25 M Wheelchair Relay (co-ed)	
11:30 am	30 M Manual Wheelchair Slalom	30 M Manual Wheelchair Slalom
12:00 pm – 12:30 pm	Lunch	Lunch
12:30 pm	30 M Motorized Wheelchair Slalom	30 M Motorized Wheelchair Slalom
12:45 pm	30 M Motorized Wheelchair Straight Race	30 M Motorized Wheelchair Straight Race
1:15 pm	Tennis Ball Throw	Tennis Ball Throw

Awards: Awards will be given out immediately following the completion of a division.

Additional Information: Coaches are to bring a rope for any athlete who requires one for competition.
Room 196 will be used as a quiet area. Changing areas are also be available.

Where:	Fields located east of Maple-Willow-Larch residence halls
When:	Thursday, May 23 for Four Person Team; 9:30 am Thursday, May 23 for Skills; 10:00 am Friday, May 24 for Singles; 9:00 am
Registration:	Check in at the staging table 30 minutes prior to the scheduled game time.
Awards:	Awards will be given out following the completion of each teams/singles last match in the division.

Important Bocce Information:

- New in 2019: Each team has the potential to play three games.
- Each match will be limited to: 30 minutes or 16 points for team competition or 20 minutes or 12 points for singles.
- Competition schedules will be posted on www.soiowa.org & sent to the Delegation Managers.
- The shuttle bus will pick up athletes, coaches, chaperones, volunteers & spectators in the S Lots and drop them off at the Maple-Willow-Larch driveway. The shuttle bus will pick up at the driveway and return attendees to the S Lots. Delegations may request parking passes on the Summer Games Registration Form or contact Rhonda Schwarzkopf at rschwarzkopf@soiowa.org or 515-986-5520.
- In both Four Person Team and Singles competition, athletes will alternate ends for each new frame unless approved by the Venue Director.
- Delegations should bring their own ramps. Please contact Sally Briggs at sbriggs@soiowa.org if a ramp is needed.
- Spectators may bring their own lawn chairs.
- A ramp team is a team in which every member uses the ramp in order to compete. In non-ramp divisions, one to three of the athletes may use the ramp to compete.
- Bocce is considered an individual sport. Therefore coaches cannot "coach" athletes during competition.
- Coaches, parents & spectators are not allowed beyond the staging area without prior approval from the Venue Director.
- Inclement weather location: Sports Iowa located at 2176 232nd Lane, Ames. Delegations are not allowed to park or drop delegation members off at Sports Iowa as the small parking lot will be needed for bus shuttle turn around.
- Lunch may be purchased from a food truck vendor located at the venue site.

May 23, 2019 - Bocce Team Schedule

Schedule for Courts 01-08

	Court 01	Court 02	Court 03	Court 04	Court 05	Court 06	Court 07	Court 08	
9:30 AM	Division Jr_Unified_01, Jr. Spencer Tigers Pride vs. Jr. Wayne Junior Falcons	Division Jr_Unified_01, Jr. Spencer Tiger Paws vs. Jr. Wayne Falcons	Division Jr_Unified_02, Jr. Wayne Lady Falcons vs. Jr. SC West 6	Division Jr_Unified_02, Jr. SC West 5 vs. Jr. SC West 7	Division Sr_Unified_01, Sr. LLS Lakers Girls vs. Sr. LLS Lakers Boys	Division Sr_Unified_04, Sr. Millikan Mayhem vs. Sr. SC West 4	Division Sr_Unified_05, Sr. SC West 3 vs. Sr. SC West 2	Division Team_01, Sr. Dubuque Rollers vs. Sr. Dubuque Wonder Women	
10:10 AM	Division Jr_Unified_01, Jr. Wayne Falcons vs. Jr. Spencer Tigers Pride	Division Jr_Unified_01, Jr. Wayne Junior Falcons vs. Jr. Spencer Tiger Paws	Division Jr_Unified_02, Jr. SC West 7 vs. Jr. Wayne Lady Falcons	Division Jr_Unified_02, Jr. SC West 6 vs. Jr. SC West 5	Division Sr_Unified_01, Sr. LLS Lakers Girls vs. Sr. LLS Lakers Boys	Division Sr_Unified_04, Sr. Millikan Mayhem vs. Sr. SC West 4	Division Sr_Unified_05, Sr. SC West 2 vs. Sr. SC West 1	Division Team_01, Sr. Dubuque Rollers vs. Sr. Dubuque Wonder Women	
10:50 AM	Division Jr_Unified_01, Jr. Spencer Tigers Pride vs. Jr. Spencer Tiger Paws	Division Jr_Unified_01, Jr. Wayne Falcons vs. Jr. Wayne Junior Falcons	Division Jr_Unified_02, Jr. Wayne Lady Falcons vs. Jr. SC West 5	Division Jr_Unified_02, Jr. SC West 7 vs. Jr. SC West 6	Division Sr_Unified_02, Sr. Clinton Co Web Slingers vs. Sr. One of These Knights	Division Sr_Unified_02, Sr. Estherville North Stars 2 vs. Sr. Emmet County A	Division Sr_Unified_05, Sr. SC West 3 vs. Sr. SC West 1		
11:30 AM	Division Team_14, Sr. Spirit Lake Hawks vs. Sr. Cedar Rapids Rec 8	Division Team_14, Sr. North Scott Grads vs. Sr. Link Strikers	Division Team_11, Sr. Link Aces vs. Sr. Goodwill 5	Division Team_11, Sr. Spencer Tigers Gold vs. Sr. Cedar Rapids Rec 5	Division Sr_Unified_02, Sr. Emmet County A vs. Sr. Clinton Co Web Slingers	Division Sr_Unified_02, Sr. One of These Knights vs. Sr. Estherville North Stars 2	Division Sr_Unified_03, Sr. Clinton Co Dead Eyes vs. Sr. Boji Blue	Division Sr_Unified_03, Sr. Emmet County B vs. Sr. A Hard Day's Knight	
LUNCH									
1:00 PM	Division Team_14, Sr. Link Strikers vs. Sr. Spirit Lake Hawks	Division Team_14, Sr. Cedar Rapids Rec 8 vs. Sr. North Scott Grads	Division Team_11, Sr. Cedar Rapids Rec 5 vs. Sr. Link Aces	Division Team_11, Sr. Goodwill 5 vs. Sr. Spencer Tigers Gold	Division Sr_Unified_02, Sr. Clinton Co Web Slingers vs. Sr. Estherville North Stars 2	Division Sr_Unified_02, Sr. Emmet County A vs. Sr. One of These Knights	Division Sr_Unified_03, Sr. A Hard Day's Knight vs. Sr. Clinton Co Dead Eyes	Division Sr_Unified_03, Sr. Boji Blue vs. Sr. Emmet County B	
1:40 PM	Division Team_14, Sr. Spirit Lake Hawks vs. Sr. North Scott Grads	Division Team_14, Sr. Link Strikers vs. Sr. Cedar Rapids Rec 8	Division Team_11, Sr. Link Aces vs. Sr. Spencer Tigers Gold	Division Team_11, Sr. Cedar Rapids Rec 5 vs. Sr. Goodwill 5	Division Team_02, Sr. Clinton Co Strikers vs. Sr. Goodwill 1	Division Team_02, Sr. Cedar Rapids Rec 2 vs. Sr. Anamosa Kings & Queens	Division Sr_Unified_03, Sr. Clinton Co Dead Eyes vs. Sr. Emmet County B	Division Sr_Unified_03, Sr. A Hard Day's Knight vs. Sr. Boji Blue	
2:20 PM	Division Team_12, Sr. Link High Rollers vs. Sr. Spirit Lake Cardinals	Division Team_12, Sr. Knight Fever vs. Sr. Ames Cyclones	Division Team_13, Sr. GRC Hibocce Girls vs. Sr. Cedar Rapids Rec 6	Division Team_13, Sr. Link Honor Rollers vs. Sr. Goodwill 6	Division Team_02, Sr. Anamosa Kings & Queens vs. Sr. Clinton Co Strikers	Division Team_02, Sr. Goodwill 1 vs. Sr. Cedar Rapids Rec 2	Division Team_03, Sr. New Choices Gold vs. Sr. Anamosa 3 Guys & A Girl	Division Team_03, Sr. Corning Choice 1 vs. Sr. Cedar Rapids Rec 1	
3:00 PM	Division Team_12, Sr. Ames Cyclones vs. Sr. Link High Rollers	Division Team_12, Sr. Spirit Lake Cardinals vs. Sr. Knight Fever	Division Team_13, Sr. Goodwill 6 vs. Sr. GRC Hibocce Girls	Division Team_13, Sr. Cedar Rapids Rec 6 vs. Sr. Link Honor Rollers	Division Team_02, Sr. Clinton Co Strikers vs. Sr. Cedar Rapids Rec 2	Division Team_02, Sr. Anamosa Kings & Queens vs. Sr. Goodwill 1	Division Team_03, Sr. Cedar Rapids Rec 1 vs. Sr. New Choices Gold	Division Team_03, Sr. Anamosa 3 Guys & A Girl vs. Sr. Corning Choice 1	
3:40 PM	Division Team_12, Sr. Link High Rollers vs. Sr. Knight Fever	Division Team_12, Sr. Ames Cyclones vs. Sr. Spirit Lake Cardinals	Division Team_13, Sr. GRC Hibocce Girls vs. Sr. Link Honor Rollers	Division Team_13, Sr. Goodwill 6 vs. Sr. Cedar Rapids Rec 6			Division Team_03, Sr. New Choices Gold vs. Sr. Corning Choice 1	Division Team_03, Sr. Cedar Rapids Rec 1 vs. Sr. Anamosa 3 Guys & A Girl	

Bocce Schedule continued on next page...

Schedule Courts 09-17

	Court 09	Court 10	Court 11	Court 12	Court 13	Court 14	Court 15	Court 16	Court 17
9:30 AM	Division Team_07, Sr. Clinton Co Bocce Stars vs. Sr. SCA 3	Division Team_07, Sr. GRC Outlaws vs. Sr. Dubuque Smackers	Division Team_08, Sr. Dubuque Bandits vs. Sr. Corning Choice 2	Division Team_08, Sr. Goodwill 3 vs. Sr. Cedar Rapids Rec 3	Division Team_09, Sr. SCA 5 vs. Sr. Muscatine B	Division Team_09, Sr. Knight Moves vs. Sr. CVR Rollers	Division Team_10, Sr. Cedar Rapids Rec 4 vs. Sr. Goodwill 4	Division Team_10, Sr. GRC I Came in Like a Bocce Ball vs. Sr. Emmet County	Division Ramp_01, GRC Top Shots vs. SCA 2
10:10 AM	Division Team_07, Sr. Dubuque Smackers vs. Sr. Clinton Co Bocce Stars	Division Team_07, Sr. SCA 3 vs. Sr. GRC Outlaws	Division Team_08, Sr. Cedar Rapids Rec 3 vs. Sr. Dubuque Bandits	Division Team_08, Sr. Corning Choice 2 vs. Sr. Goodwill 3	Division Team_09, Sr. CVR Rollers vs. Sr. SCA 5	Division Team_09, Sr. Muscatine B vs. Sr. Knight Moves	Division Team_10, Sr. Emmet County vs. Sr. Cedar Rapids Rec 4	Division Team_10, Sr. Goodwill 4 vs. Sr. GRC I Came in Like a Bocce Ball	Division Ramp_01, SCA 2 vs. GRC Bocce Wildcats
10:50 AM	Division Team_07, Sr. Clinton Co Bocce Stars vs. Sr. GRC Outlaws	Division Team_07, Sr. Dubuque Smackers vs. Sr. SCA 3	Division Team_08, Sr. Dubuque Bandits vs. Sr. Goodwill 3	Division Team_08, Sr. Cedar Rapids Rec 3 vs. Sr. Corning Choice 2	Division Team_09, Sr. SCA 5 vs. Sr. Knight Moves	Division Team_09, Sr. CVR Rollers vs. Sr. Muscatine B	Division Team_10, Sr. Cedar Rapids Rec 4 vs. Sr. GRC I Came in Like a Bocce Ball	Division Team_10, Sr. Emmet County vs. Sr. Goodwill 4	Division Ramp_01, GRC Top Shots vs. GRC Bocce Wildcats
11:30 AM	Division Team_04, Sr. New Choice Blue vs. Sr. Anamosa Let the Ball Roll	Division Team_04, Sr. VNU Panthers vs. Sr. Clinton Co Old Pals							
LUNCH									
1:00 PM	Division Team_04, Sr. Clinton Co Old Pals vs. Sr. New Choice Blue	Division Team_04, Sr. Anamosa Let the Ball Roll vs. Sr. VNU Panthers	Division Team_16, Sr. Ames Marston Men' vs. Sr. Goodwill 7	Division Team_16, Sr. SCA 4 vs. Sr. Marion Co SO	Division Team_05, Sr. Spencer Tigers Purple vs. Sr. Clinton Co Rollers	Division Team_05, Sr. Estherville North Stars 1 vs. Sr. Anamosa Roller Girls	Division Team_06, Sr. Goodwill 2 vs. Sr. Muscatine A	Division Team_06, Sr. SCA 1 vs. Sr. Team Em's	Division Ramp_02, GRC Boccemania vs. GRC Notorious BOCCE
1:40 PM	Division Team_04, Sr. New Choice Blue vs. Sr. VNU Panthers	Division Team_04, Sr. Clinton Co Old Pals vs. Sr. Anamosa Let the Ball Roll	Division Team_16, Sr. Marion Co SO vs. Sr. Ames Marston Men'	Division Team_16, Sr. Goodwill 7 vs. Sr. SCA 4	Division Team_05, Sr. Anamosa Roller Girls vs. Sr. Spencer Tigers Purple	Division Team_05, Sr. Clinton Co Rollers vs. Sr. Estherville North Stars 1	Division Team_06, Sr. Team Em's vs. Sr. Goodwill 2	Division Team_06, Sr. Muscatine A vs. Sr. SCA 1	Division Ramp_02, GRC Boccemania vs. GRC Notorious BOCCE
2:20 PM	Division Team_15, Sr. Ames Tigers vs. Sr. Link Flame Throwers	Division Team_15, Sr. Goodwill 8 vs. Sr. Cedar Rapids Rec 7	Division Team_16, Sr. Ames Marston Men' vs. Sr. SCA 4	Division Team_16, Sr. Marion Co SO vs. Sr. Goodwill 7	Division Team_05, Sr. Spencer Tigers Purple vs. Sr. Estherville North Stars 1	Division Team_05, Sr. Anamosa Roller Girls vs. Sr. Clinton Co Rollers	Division Team_06, Sr. Goodwill 2 vs. Sr. SCA 1	Division Team_06, Sr. Team Em's vs. Sr. Muscatine A	
3:00 PM	Division Team_15, Sr. Cedar Rapids Rec 7 vs. Sr. Ames Tigers	Division Team_15, Sr. Link Flame Throwers vs. Sr. Goodwill 8							
3:40 PM	Division Team_15, Sr. Ames Tigers vs. Sr. Goodwill 8	Division Team_15, Sr. Cedar Rapids Rec 7 vs. Sr. Link Flame							

May 23, 2019 - Bocce Skills Schedule

		Court 01	Court 02	Court 03	Court 04	Court 05
10:00 AM Practice	Skills 1	Jr_Ramp_01 Jr_Ramp_02	Jr_01 - Sr_01	Jr_02 - Jr_03	Sr_02	Sr_03
		Ryann Marzen MacKenzie Mast Catherine McMullen Aldwin Fey-Awan Zack Huff	Cheyenne Alexander Jordan Jensen Donnie Marsh Joshua Gorda	Tristen DeVore Arielle Blind Isabel Robbins	Brittani Bogan Myranda Drake Beth Elswick Ricky Grace Matthew Heart Cindy Nulph	Carma Binning Kristyn Ford Amber Golliday Rodney Grace Bret Shaffer Melissa Silver Martha Wilt
10:30 AM Practice	Skills 1 and 2	Jr_01 - Jr_02 (Skills 2)	Sr_01 (Skills 2)	Sr_02 (Skills 2)	Sr_04 (Skills 1)	Sr_05 (Skills 1)
		Alexander Schmidy Blake Sheehy Zach Vose	Courtney Bertogli Lynn Holtzmann Erika Ellenbogen	Faith Engle Rhett Bucklin Thomas Burt Denise Berry	Keya Basu Kary Short Robyn Wheeler	David Burn Tiffany Garlock Angela Hutton Matthew Van Gorp
11:30 AM Competition	Skills 1	Jr_Ramp_01 Jr_Ramp_02	Jr_01 - Sr_01	Jr_02 - Jr_03	Sr_02	Sr_03
		Ryann Marzen MacKenzie Mast Catherine McMullen Aldwin Fey-Awan Zack Huff	Cheyenne Alexander Jordan Jensen Donnie Marsh Joshua Gorda	Tristen DeVore Arielle Blind Isabel Robbins	Brittani Bogan Myranda Drake Beth Elswick Ricky Grace Matthew Heart Cindy Nulph	Carma Binning Kristyn Ford Amber Golliday Rodney Grace Bret Shaffer Melissa Silver Martha Wilt
12:00 PM Competition	Skills 1 & 2	Jr_01 - Jr_02 (Skills 2)	Sr_01 (Skills 2)	Sr_02 (Skills 2)	Sr_04 (Skills 1)	Sr_05 (Skills 1)
		Alexander Schmidy Blake Sheehy Zach Vose	Courtney Bertogli Lynn Holtzmann Erika Ellenbogen	Faith Engle Rhett Bucklin Thomas Burt Denise Berry	Keya Basu Kary Short Robyn Wheeler	David Burn Tiffany Garlock Angela Hutton Matthew Van Gorp

May 24, 2019 - Bocce Singles Schedule

Schedule for Courts 01-08

	Court 01	Court 02	Court 03	Court 04	Court 05	Court 06	Court 07	Court 08	
9:30 AM	Division: Jr_01, Jacob Roling vs. Benjamin (Ben) Klingman	Division: Jr_01, Elijah Bearley vs. Michael Carver	Division: Jr_02, Emma Holmes vs. Ivy Weber	Division: Jr_02, Cole Osbahr vs. Caroline Kauffman	Division: Jr_03, Estrella Tejeda-Estrada vs. Dimitri Fowler	Division: Jr_04, Thor Webb vs. Michael Powell	Division: Jr_05, Tytan Webb vs. Karen Cooper	Division: Jr_05, Daisy Reynosa vs. Angel Cariaga	
10:00 AM	Division: Jr_01, Michael Carver vs. Jacob Roling	Division: Jr_01, Benjamin (Ben) Klingman vs. Elijah Bearley	Division: Jr_02, Caroline Kauffman vs. Emma Holmes	Division: Jr_02, Ivy Weber vs. Cole Osbahr	Division: Jr_03, Dimitri Fowler vs. Angel Baez	Division: Jr_04, Michael Powell vs. LaDarwin Trujillo	Division: Jr_05, Angel Cariaga vs. Tytan Webb	Division: Jr_05, Karen Cooper vs. Daisy Reynosa	
10:30 AM	Division: Jr_01, Jacob Roling vs. Elijah Bearley	Division: Jr_01, Michael Carver vs. Benjamin (Ben) Klingman	Division: Jr_02, Emma Holmes vs. Cole Osbahr	Division: Jr_02, Caroline Kauffman vs. Ivy Weber	Division: Jr_03, Estrella Tejeda-Estrada vs. Angel Baez	Division: Jr_04, Thor Webb vs. LaDarwin Trujillo	Division: Jr_05, Tytan Webb vs. Daisy Reynosa	Division: Jr_05, Angel Cariaga vs. Karen Cooper	
11:00 AM	Division: Sr_06, Corey Leonhard vs. Kayla Gronewold	Division: Sr_06, Timothy (Tim) Schlackohl vs. Lori Feldmann	Division: Sr_10, Jason O'Day vs. Hazel Owings	Division: Sr_10, Brennan Harper vs. Scott Klassen	Division: Sr_08, Jeffrey (Jeff) Salisbury vs. Karin Hand	Division: Sr_08, Michael (Mike) MacDonald vs. Spencer Zumbach	Division: Sr_07, Jerad Rathjen vs. Abby Feldmann	Division: Sr_07, Josh Parks vs. Tre Medina	
11:30 AM	Division: Sr_06, Lori Feldmann vs. Corey Leonhard	Division: Sr_06, Kayla Gronewold vs. Timothy (Tim) Schlackohl	Division: Sr_10, Scott Klassen vs. Jason O'Day	Division: Sr_10, Hazel Owings vs. Brennan Harper	Division: Sr_08, Spencer Zumbach vs. Jeffrey (Jeff) Salisbury	Division: Sr_08, Karin Hand vs. Michael (Mike) MacDonald	Division: Sr_07, Tre Medina vs. Jerad Rathjen	Division: Sr_07, Abby Feldmann vs. Josh Parks	
12:00 PM	Division: Sr_06, Corey Leonhard vs. Timothy (Tim) Schlackohl	Division: Sr_06, Lori Feldmann vs. Kayla Gronewold	Division: Sr_10, Jason O'Day vs. Brennan Harper	Division: Sr_10, Scott Klassen vs. Hazel Owings	Division: Sr_08, Jeffrey (Jeff) Salisbury vs. Michael (Mike) MacDonald	Division: Sr_08, Spencer Zumbach vs. Karin Hand	Division: Sr_07, Jerad Rathjen vs. Josh Parks	Division: Sr_07, Tre Medina vs. Abby Feldmann	

Bocce Schedule continued on next page...

May 24, 2019 - Bocce Singles Schedule

Schedule for Courts 09-17

	Court 09	Court 10	Court 11	Court 12	Court 13	Court 14	Court 15	Court 16	Court 17
9:30 AM	Division: Sr_03, Ashley Courtney vs. Susan Schneider	Division: Sr_05, Adam Butler vs. Kayla Kroeger	Division: Sr_01, Trevor Syrov vs. Curtis Wilson	Division: Sr_01, Andrew (Andy) Murray vs. Christopher Carreon	Division: Sr_02, Courtney Selby vs. James Sankey	Division: Sr_02, Brodee Hanna vs. Jerry Tharp	Division: Sr_04, Daniel (Dan) Farnham vs. Marty Andresen	Division: Jr_06, Kaylee Holcomb vs. Xavier Moreland	Division: Sr_14, Robin Hanlin vs. Shawn Phipps
10:00 AM	Division: Sr_03, Susan Schneider vs. Amanda Oswald	Division: Sr_05, Kayla Kroeger vs. David Griffith	Division: Sr_01, Christopher Carreon vs. Trevor Syrov	Division: Sr_01, Curtis Wilson vs. Andrew (Andy) Murray	Division: Sr_02, Jerry Tharp vs. Courtney Selby	Division: Sr_02, James Sankey vs. Brodee Hanna	Division: Sr_04, Marty Andresen vs. Jean Robison	Division: Jr_06, Xavier Moreland vs. Autumn Scofield	Division: Sr_14, Robert (Bobby) Johnson vs. Lisa Thogerson
10:30 AM	Division: Sr_03, Ashley Courtney vs. Amanda Oswald	Division: Sr_05, Adam Butler vs. David Griffith	Division: Sr_01, Trevor Syrov vs. Andrew (Andy) Murray	Division: Sr_01, Christopher Carreon vs. Curtis Wilson	Division: Sr_02, Courtney Selby vs. Brodee Hanna	Division: Sr_02, Jerry Tharp vs. James Sankey	Division: Sr_04, Daniel (Dan) Farnham vs. Jean Robison	Division: Jr_06, Kaylee Holcomb vs. Autumn Scofield	Division: Sr_14, Lisa Thogerson vs. Robin Hanlin
11:00 AM	Division: Sr_09, Kody Slife vs. Chad Rau	Division: Sr_09, Scott Roberts vs. Joshua Wieland	Division: Sr_13, Nathan Votek vs. Chad Baker	Division: Sr_13, Joseph (Joe) Soy vs. Jeff Huedepohl	Division: Sr_12, Adam Christy vs. Kathy Lynch	Division: Sr_12, Jerrad (JJ) Reeg-Beckner vs. Kim Lively	Division: Sr_11, Naomi Ener vs. Jessica Koopman	Division: Sr_11, Connor Wilson vs. Travis Wyant	Division: Sr_14, Shawn Phipps vs. Robert (Bobby) Johnson
11:30 AM	Division: Sr_09, Joshua Wieland vs. Kody Slife	Division: Sr_09, Chad Rau vs. Scott Roberts	Division: Sr_13, Jeff Huedepohl vs. Nathan Votek	Division: Sr_13, Chad Baker vs. Joseph (Joe) Soy	Division: Sr_12, Kim Lively vs. Adam Christy	Division: Sr_12, Kathy Lynch vs. Jerrad (JJ) Reeg-Beckner	Division: Sr_11, Travis Wyant vs. Naomi Ener	Division: Sr_11, Jessica Koopman vs. Connor Wilson	Division: Sr_14, Robin Hanlin vs. Robert (Bobby) Johnson
12:00 PM	Division: Sr_09, Kody Slife vs. Scott Roberts	Division: Sr_09, Joshua Wieland vs. Chad Rau	Division: Sr_13, Nathan Votek vs. Joseph (Joe) Soy	Division: Sr_13, Jeff Huedepohl vs. Chad Baker	Division: Sr_12, Adam Christy vs. Jerrad (JJ) Reeg-Beckner	Division: Sr_12, Kim Lively vs. Kathy Lynch	Division: Sr_11, Naomi Ener vs. Connor Wilson	Division: Sr_11, Travis Wyant vs. Jessica Koopman	Division: Sr_14, Lisa Thogerson vs. Shawn Phipps

Cycling

Where: Iowa State Center Parking Lot
University Boulevard and Center Street

When: Thursday, May 23

Competition Schedule:

9:00 am – 3:00 pm	Registration & Bike Inspection
9:30 am	10 K Races (per heat schedule) 1 K Races (per heat schedule) 5 K Races (per heat schedule)
Approx. 1:30 pm	250 M Races (will mix modified and 2-wheel bikes per heat schedule)

Schedule Notes:

- There will be no break between the 10 K, 1 K & 5 K races.
- The only break between the 5 K & 250 M races will be to move the course, move the awards area & get officials set up on the new course.
- If events are moving ahead of schedule, the next event will start early.
- Athletes who are not at the venue when their race begins will not be allowed to compete later.

Awards: Awards will be given out immediately after the completion of each race.

Important Cycling Information:

- Athletes with completed pre-inspection bike forms are to report to the pre-inspection tent.
- All bikes without completed pre-inspection bike forms are to go to the on-site bike inspection area. Please allow enough time for the mechanics to inspect personal bikes.
- Mark all equipment with the name of the athlete or Unified Sports partner & the delegation.
- Athletes must bring their own helmets for proper fit & health reasons. Gloves are to be worn during the competition. Gloves will be available to athletes who do not have their own.
- Special Olympics Iowa encourages athletes to train and compete using their own well maintained & properly fitted equipment. Athletes will be more comfortable competing with their own equipment rather than competing with bikes & gloves from another source.
- Parking is available in the western half of Lot B3, the eastern half of Lot C3, Lot B4 and Lot C4. Vehicles however are not to leave until the competition is over.
- Spectators may bring lawn chairs.
- Lunch may be purchased from an on-site vendor.

Soccer Skills

Where: Lied Recreation Center - Outdoor Fields
Fields are located east of the Lied Recreation Center
located on Beach Road, north of Lincoln Way.

When: Thursday, May 23

Competition Schedule:

Time	Soccer Skills
10:00 am	08 – 11 Male & Female
10:30 am	12 – 15 Male & Female
11:30 am	16 – 21 Male & Female
12:30 pm	22 – 29 Male & Female
1:30 pm	30 + Male & Female

Awards: Awards will be presented immediately following completion of a division.

Important Soccer Skills Information:

- Day of event scratches should be given onsite to Venue Director Dianne Modlin.

Team Soccer

Where: ISU Lied Recreation Center - Outdoor Fields
Fields are located east of the Lied Recreation Center
located on Beach Road, north of Lincoln Way.

When: Thursday, May 23

Competition Schedule: First Games will begin at 10:00 am.

Awards: Awards will be presented immediately following completion of a division.

Important Team Soccer Information:

- Teams are to be checked in & on the field sidelines 30 minutes prior to the game start time.
- If inclement weather plans are followed, 5-a-side soccer will be played.
- New in 2019: Head coaches are to report to the score table at the conclusion of each game to sign off on the score sheet.

FIELD 1				
Time	Game #	Division	Home Team	Visiting Team
10:00 AM	1	Team_01	Link Aces	Cedar Rapids Black
11:00 AM	4	Team_02	Link Flyers	Cedar Rapids Green
12:00 PM	7	Team_01	Link Aces	Clinton Rockets 1
1:00 PM	10	Team_02	Link Flyers	Clinton Rockets 2
2:00 PM	13	Team_01	Link Aces	Cedar Rapids Orange
3:00 PM	16	Team_02	Link Flyers	Rock & Roll All Knight
FIELD 2				
Time	Game #	Division	Home Team	Visiting Team
10:00 AM	2	Team_01	Cedar Rapids Orange	Clinton Rockets 1
11:00 AM	5	Team_02	Rock & Roll All Knight	Clinton Rockets 2
12:00 PM	8	Team_01	Cedar Rapids Orange	Cedar Rapids Black
1:00 PM	11	Team_02	Rock & Roll All Knight	Cedar Rapids Green
2:00 PM	14	Team_01	Cedar Rapids Black	Clinton Rockets 1
3:00 PM	17	Team_02	Cedar Rapids Green	Clinton Rockets 2
FIELD 3				
Time	Game #	Division	Home Team	Visiting Team
10:00 AM	3	Unified_01	Ames Arrows	Link Ducks
11:00 AM	6	Unified_01	Ames Attack	Emmet Co Wildcats
12:00 PM	9	Unified_01	Ames Arrows	Emmet Co Wildcats
1:00 PM	12	Unified_01	Ames Attack	Link Ducks
2:00 PM	15	Unified_01	Ames Arrows	Ames Attack
3:00 PM	18	Unified_01	Link Ducks	Emmet Co Wildcats

Swimming

Where: Beyer Hall
Beyer Hall is located near the corner of Sheldon Avenue & Union Drive. Swimmers & coaches enter at the south doors of the building along Union Drive.

When: Friday, May 24

Awards: Awards will be given out following the completion of division.

Important Swimming Information:

- Only swimmers competing in the freestyle, breaststroke, butterfly, individual medley & flotation device events dress & warm-up in the morning.
- The pool deck will be cleared of all athletes & coaches.
- Athletes & coaches will be seated in the spectator seating area & called to the staging area for their events. The staging area is located in the south hall.
- No coaches are allowed on the deck, except to assist athletes requiring physical assistance.
- After competition, athletes will receive their awards & then return to the spectator seating area.
- Backstroke & relay swimmers may dress and warm-up prior to the start of the afternoon session.
- Results will be posted on the trophy case outside the spectator seating area.
- The diving board at Beyer Hall is 3 meters.
- New in 2019: Delegates staying in the residence hall may go to Union Drive Community Center located at 207 Beyer Court for lunch instead of Seasons Marketplace located in the residence hall.

Competition Schedule:

8:15 am – 8:45 am	Warm-ups
8:45 am	Coaches Meeting
9:15 am – 12:15 pm	200 Yard Freestyle (M & F, all ages) 100 Yard Freestyle (M & F, all ages) 50 Yard Freestyle (M & F, all ages) 25 Yard Freestyle (M & F, all ages) 100 Yard Breaststroke (M & F, all ages) 50 Yard Breaststroke (M & F, all ages) 25 Yard Breaststroke (M & F, all ages) 50 Yard Butterfly (M & F, all ages)) 25 Yard Butterfly (M & F, all ages) 200 Yard Individual Medley (M & F, all ages) 100 Yard Individual Medley (M & F, all ages)
12:15 pm – 1:00 pm	Lunch Break
1:00 pm – 1:20 pm	Warm-ups
1:30 pm – 3:30 pm	25 Yard Flotation Race (15 minutes maximum time limit) * 15 Yard Flotation Race (10 minutes maximum time limit) * 4 x 25 Yard Relay (Male, Female, Co-ed & Unified) 25 Yard Backstroke (M & F, all ages) 50 Yard Backstroke (M & F, all ages) 100 Yard Backstroke (M & F, all ages) *Athletes may participate in one flotation race only.

Swimming Tips:

- Circle swim in the lanes during warm-ups. Swim on the right side of the lane to avoid athletes hitting heads.
- No jewelry may be worn during the competition.
- Athletes need to wear footwear when off the deck.
- Breaststroke – toes point out.
- Butterfly – arms move simultaneously.

Frequent Swimming Rules Violation Reminders:

Backstroke

- Athletes must remain on their backs throughout the entire race.
- The turn requires that some part of the swimmers body contact the end wall.
- The finish requires contact with the wall by any part of the body.

Breaststroke

- Some portion of the head must break the water surface sometime during each stroke cycle.
- The stroke requires both hands be pushed forward from the breast simultaneously on, above or under the surface of the water.
- The kick requires the feet be drawn up with the knees bent. The feet must be turned outward during the propulsive part of the kick. All movement of the legs & feet shall be simultaneous & in the same horizontal plane. Scissors, flutter &/or downward butterfly kicks are not permitted.
- The turn requires a simultaneous wall touch with two hands, not necessarily on the same plane, after which any manner of turn is permitted.
- The finish requires contact with the wall with both hands touching simultaneously, but not necessarily on the same plane.

Butterfly

- The stroke requires that both arms simultaneously pull backward under the water, then simultaneously recover over the water.
- The kick requires that both legs & feet move up & down simultaneously in the vertical plane. Scissors, breaststroke & alternating up & down movements of the legs are not permitted.
- The turn requires simultaneous wall touch with two hands, not necessarily on the same plane, after which any manner of turn is permitted.
- The finish requires contact with the wall when both hands touch simultaneously, not necessarily on the same plane & shoulders horizontal.

The penalty for not properly executing the strokes & kicks as noted above is disqualification from the event. The determination of proper execution of strokes & kicks is made by the meet judges.

Tennis

Where:

Forker Building Courts & Gym 184 (for Level II)
Courts are located south of the Forker Building on Beach Road
Gym 184 is located on the east side of the Forker Building

When:

Thursday, May 23, Singles Competition; 9:00 am – 4:30 pm
Friday, May 24, Individual Skills & Doubles Competition; 8:30 am

Awards:

Awards will be presented immediately following completion of a division.

Venue Rain / Inclement Weather Plans

Remain in the residence halls or campus buildings during storm warnings. Follow instructions given by ISU personnel. KASI 14.30 & WHO 10.40 am will provide current weather information. Make sure you allow plenty of time to get from the S Lots to the venues.

Athletics – Track Events & Field Jumping Events

- No change in location or schedule.

Athletics – Field Throwing Events

- One hour delay if clearing weather is forecasted.
- Location change to the lower level of Hilton Coliseum if the weather forecast prohibits outdoor competition.

Bocce

- Location change to Sports Iowa located at 2176 232 Lane, Ames if the weather forecast prohibits outdoor competition. There is no parking at the venue site. Shuttle buses will provide transportation. Delegation are not allowed to drop off or pick up any team members.

Celebration Dance

- No change in location or schedule.

Cycling

- There will be a delay in the start dependent on the weather. If heavy rain &/or lightning continues past 10:00 am then the 10 K race will be cancelled. Athletes who participate in the 10 K only should meet with Ray Strekal to determine if the athletes will enter a different race. If heavy rain &/or lightning continues past 11:00 am, then the 5 K race will be cancelled. If an athlete is only registered for the 5 K race then the athlete should meet with Ray Strekal to determine if the athlete will enter the 250 M or 1 K race. At this point, all athletes & Unified Sports partners will only compete in one race. If heavy rain &/or lightning continues past 12 noon, the entire cycling competition will be cancelled. If the event is cancelled athletes will receive a Certificate of Achievement.

FIT

- No change in location or schedule will remain in outside tent.

Healthy Athletes

- Location change to the Forker Building for outside disciplines.

Olympics Festival

- No change in location or schedule will remain in outside tent.

Opening Ceremony

- No change in location.
- Parade of Athletes will be cancelled. Delegations will enter on the west side of Hilton Coliseum when they arrive & will be seated immediately according to where the Area banners are located.

Soccer Skills

- One hour delay if clearing weather is forecasted.
- Location change to the infield of the Lied Recreation Center if the weather forecast prohibits outdoor competition.

Soccer Team

- One hour delay if clearing weather is forecasted.
- Location change to the infield of the Lied Recreation Center if the weather forecast prohibits outdoor competition. Field size will be 50 M x 35 M & 5-a-side soccer will be played.

Sport Clinics

- Location change to the Lied Recreation Center racquetball courts.

Swimming

- No change in location or schedule.

Tennis

- Level I-Tennis Skills & Doubles (May 24): One hour delay. Competition will start after the delay or be moved to Ames Racquet & Fitness South located at 3600 University Boulevard; Ames (*).
- Level II (May 23): No change in location or schedule. Competition will remain in the Forker Building, Gym 184.
- Level III (May 23): One hour delay. Competition will start after the delay or be moved to the Forker Building, Gym 175.
- Levels IV & V (May 23): One hour delay. Competition will start after the delay or moved to to Ames Racquet & Fitness South located at 3600 University Boulevard; Ames (*).

*Tennis players, coaches & volunteers will take one shuttle bus to Ames Racquet & Fitness at the end of the one hour delay. A shuttle bus will then return to Ames Racquet & Fitness at the end of the competition to return everyone to the Lied Recreation Center bus stop. Meet outside of Gym 175 prior to leaving for Ames Racquet & Fitness.

Sports Rules

All Special Olympics competitions shall be conducted in accordance with the Official Special Olympics Sports Rules & corresponding National Governing Bodies; Athletics - Athletic Congress of the USA; Bocce – International Bocce Ball Association; Cycling – United States Cycling Federation; Soccer - United States Soccer Federation; Swimming – United States Swimming; Tennis - United States Tennis Association

Special Olympics sports rules are found on the national website of www.specialolympics.org or by contacting the state office. All Delegation Managers, coaches, family members, etc. bringing athletes and Unified Sports partners to competition are responsible for knowing & understanding the rules of the sport in which their athletes and Unified Sports partners are competing.

Sport & Venue Directors

A Sport or Venue Director for protest will be at each site. Please contact the director & he/she will review the sport rules & protest made. It is the certified Delegation Manager or certified Head Coach's responsibility to complete the Protest Form & give it to the Sport or Venue Director.

Athletics: John Anderson

Developmental: Debby Eldred

Swimming: Duane Sorenson

Bocce: Sally Briggs

Soccer Skills: Dianne Modlin

Tennis: Tara Gartin & Colleen Schwartz

Cycling: Ray Strekal

Soccer Team: Gary Cummings

Protests

In the case of a disqualification of an athlete or Unified Sports partner, or in regards to any other matters during the conduct of the competition, the certified Delegation Manager or certified head coach may submit the following protest form within 30 minutes of the completion of the athlete's or Unified Sports partner's competition. The protest must address the "facts" or the "interpretation" of the applicable rules. The official shall review the protest with the appropriate officials & render a decision.

Protest Form

The Protest Form must be submitted to the sport Venue Director no later than 30 minutes after the conclusion of the event being protested.

Date: _____ Time Submitted: _____ Sport: _____

Event: _____ Age Group: _____ Division/Heat: _____

Athlete's Name: _____ Delegation: _____

Reason for Protest: _____

Signature of Delegation Manager or Head Coach: _____

Decision by Sports / Venue Director: Protest Approved: _____ Protest Denied: _____

Signed: _____

Time: _____

Coach Responsibilities

- Provide for the general welfare, safety, health & well-being of each Special Olympics athlete & Unified Sports partner in their charge.
- Be familiar with the information in this handbook & wear their SOIA issued Class A volunteer credential.
- Provide the following specific services for each Special Olympics athlete & Unified Sports partner in their charge:
 - Supervision - 24 hours a day regardless of the ability levels of the athlete or Unified Sports partner.
 - Assistance in getting to all meals at appointed times.
 - Assistance in reporting to competition on time.
 - Assurance that prescribed medications are taken.
 - Assistance for being assembled at the proper time & place for special events.
- Dress & act at all times in a manner which will be a credit to Special Olympics.
- Report all emergencies to appropriate authorities after taking immediate action to ensure the health & safety of participants & submit a Special Olympics First Report of Accident / Incident Form to Rhonda Schwarzkopf at rschwarzkopf@soiowa.org. Forms are available at all venue sites and first aid locations.
- Be respectful to all volunteers.
- Follow the inclement weather plans detailed in the handbook.
- Have a copy of the athlete's Application for Participation (physical / release) at practice & competition.
- If staying at a hotel, no athlete should be in pool area unchaperoned.
- Report **immediately** to a Special Olympics Iowa staff member any reports made of physical, sexual or emotional abuse toward an athlete, Unified Sports partner or any other individual attending a Special Olympics Iowa competition or event.

SPECIAL EVENTS OFFERED DURING THE SUMMER GAMES

Celebration Dance

Where:	Hilton Coliseum Hilton Coliseum is located north of Jack Trice Stadium on Lincoln Way & University Boulevard.
When:	Friday, May 24; 7:00 pm – 9:00 pm
Who:	Special Olympics Athletes, Unified Sports partners, Delegation Members & Family Members
Transportation:	Shuttle service will be available from 6:30 pm to 7:00 pm from the west side of Maple-Willow-Larch residence halls to Hilton & from Hilton to the residence halls after the dance from 9:00 pm – 9:30 pm
Concessions:	Concession stands will be open for the dance with limited items.

Cheerleading Clinic

What:	SOIA athletes will learn specific cheers that will be performed during the Opening Ceremony which begins at 7:00 pm at Hilton Coliseum.
Where:	Forker Building, Room 196 The Forker Building is located on Beach Road directly west of the Lied Recreation Center.
When:	Thursday, May 23 3:00 pm – 3:45 pm

FIT: Fitness Improvement Training

What:	Delegation Members can participate in fitness stations for baseline measurements. Walking club information will be available.
Where:	Parking Lot 100, South of the Lied Recreation Center
When:	Friday, May 24; 10:00 am – 4:00 pm

Olympic Festival

Where:	Parking Lot 100, south of Lied Recreation Center
When:	Friday, May 24 from 10:00 am – 4:00 pm

Important Olympic Festival Information:

- A variety of companies will provide fun, interactive activities for the athletes.
- Souvenirs will be located on the west end of the Olympic Festival.
- Delegations may bring their coolers for storage to a designated tent within the Olympic Festival.

Sport / Activity Clinics

When: Thursday, May 23 from 2:00 pm to 3:00 pm

Where: East of Maple-Willow-Larch Residence Hall, near the Bocce competition venue

When: Friday, May 24 from 10:00 am – 4:00 pm

Where: East of the Lied Recreation Center, near the Olympic Festival

Souvenir Sales

Where: Cycling Competition Venue; Iowa State Center lots

When: Thursday, May 23; 10:00 am – 11:30 am

Where: Lot 100, South of the Lied Recreation Center

When: Thursday, May 23; 12:00 pm – 4:00 pm

Where: Lot 100, South of the Lied Recreation Center

When: Friday May 24; 9:00 am – 4:00 pm

Where: Swimming Competition Venue; Beyer Hall, south entrance

When: Friday, May 24: 10:00 am – 1:00 pm

Where: Lot 100, south of the Lied Recreation Center or inside the Lied Recreation Center

When: Saturday, May 25; 9:30 am – 11:30 am

Healthy Athletes Program

When: Friday, May 24 from 9:00 am – 2:00 pm

What is Special Olympics Healthy Athletes?

The Special Olympics program called Healthy Athletes is designed to help athletes improve their health, fitness, sports experience & wellbeing. Athletes receive a variety of health services through clinics conducted in welcoming environments at Special Olympics competitions. The clinics conducted are Special Smiles, Opening Eyes, FUNfitness, Fit Feet & Health Promotions. The clinics provided come at no charge for SOIA athletes.

Fit Feet:

Many Special Olympics athletes suffer from foot & ankle pain or deformities that impair their performance. Athletes are not always fitted with the proper shoes & socks for their particular sport. Volunteer health care professionals screen athletes' feet & ankles for deformities as well as checking for infections, nail care & proper shoes & socks.

Location: Tent outside of the Lied Recreation Center

Inclement weather location: Room 198 in the Forker Building

FUNfitness:

The purposes of the FUNfitness program are to assess, improve and strengthen flexibility. The program also helps educate about the importance of physical therapy. Physical therapists work with athletes, coaches & family members to teach about warm-up risk & prevention & make recommendations for optimal function in their sports training.

Location: Room 213 in the Forker Building

Health Promotions:

Offers athletes' tips on nutrition, adequate hydration, maintaining personal hygiene, safety, fitness, danger of tobacco use, sun safety & other health concerns. Athletes will have an opportunity to receive a simple health check that includes height, weight, blood pressure and a review of healthy lifestyle habits. Handouts & giveaways will be available to athletes who participate.

Location: Tent outside of the Lied Recreation Center

Opening Eyes:

Opening Eyes offers athletes extensive vision tests, refractions for those requiring further screening, prescription glasses (protective as well) & referral advice for follow-up care. Optometrists & eye care professionals have been recruited to conduct eye exams whom have received specialized training to work with this population.

Location: Room 0202W in the Forker Building

Special Smiles:

This program offers athletes the services of oral screening, oral health education, preventative products & information about follow-up care. Dentists & dental hygienists have been recruited to conduct exams whom have received specialized training to work with this population.

Location: Tent outside of the Lied Recreation Center

Inclement weather location: Rooms 278 & 279 in the Forker Building

Opening Ceremony

- Where:** Hilton Coliseum, located at the corner of University Boulevard between Lincoln Way & Center Drive.
- When:** Thursday, May 23
Parade line up begins at 6:15 pm
Opening Ceremony will begin with the Parade of Athletes at 7:00 pm
- Parking:** South of Hilton Coliseum
Delegations may utilize the provided shuttle bus transportation
- Walking:** Delegations walking should exit the west side of Maple Hall & go south on Beach Avenue, cross Lincoln Way & angle on the sidewalk toward Hilton Coliseum
- Bussing:** Shuttle bus transportation from Maple-Willow-Larch to Hilton and back will be available from 6:00 pm to 6:45 pm and 8:45 pm to 9:15 pm or until the conclusion of the festivities. Bus pick-up will be on the west side of Maple Hall.
- Parade Line Up:** Delegations will line up by area on the south side of Hilton Coliseum
Delegations are to find their area banner and get in line. Delegation members who use wheelchairs or have trouble walking may enter Hilton before the parade by using the upper ramp on the east side of the building & use the elevator to reach the lower level to meet their teams at the bottom of the ramp.

Parade Order

North
North Central
Northeast
Northwest
South Central
Southeast
Southwest
West Central
Central
East
East Central

Athletes will enter from the lower ramp entrance on the east side of Hilton Coliseum. Athletes will walk into Hilton and be seated by ushers. Wheelchair delegation members will be directed to seating on the main floor. Please bring delegation banners for the Parade of Athletes.

- Restrooms:** Restrooms will be available outside on the east side of Hilton Coliseum near the delegation entrance & inside the coliseum as well. A family restroom is available at the lower west Hilton Coliseum entrance.
- Interpreter:** A sign interpreter will be utilized during the Opening Ceremony. Please contact Rhonda Schwarzkopf at rschwarzkopf@soiowa.org or 515-986-5520 to request appropriate seating.
- Program:** The Opening Ceremony will include the Parade of Athletes, welcomes from the Ames & ISU communities, award recognitions, Flame of Hope / torch lighting & entertainment.

HOUSING, MEALS & TRANSPORTATION DURING THE SUMMER GAMES

Housing General Information

Maple, Willow & Larch Residence Halls will be utilized. Delegations may drive down Beach Road to get to the assigned residence hall parking lot by showing the parking pass received from the state office to the parking attendees at the entrance. All parking for the residence halls will be in the lots close to Maple-Willow-Larch. Delegations staying in the residence halls, may use the shuttle bus service throughout the Games. Beach Road is closed to through traffic.

Most of the residence halls utilized by SOIA are not built for wheelchairs. The showers have a lip on their entrance and the toilets are only 32" wide. The showers & restrooms at the Lied Recreation Athletic Center will be easier to use, but further to go to, so please plan accordingly. It is necessary that the delegation bring extra help to stay with wheelchair athletes. Wheelchair athletes should be noted as such on the Residence Hall Roster. These athletes will be assigned to lower floors in Maple Hall unless the state office is informed differently.

Each guest will receive a blanket, sheets, pillow, pillowcase, towel, washcloth & soap as part of the room & meal package. Each building will have several Department of Residence representatives whom delegations may contact with questions or emergencies. These staff will stay overnight on each floor from approximately 9:30 pm until 7:00 am. Delegations may also contact the Department of Residence staff at the Conference Desk located on the middle level of the Maple-Willow- Larch Commons which will be staffed 24 hours a day during the Summer Games.

Check-in will be held at the desk from 9:00 am through 6:00 pm on May 23. Delegations may wish to use the exterior entrance to the MWL Commons on the northwest corner. If needed, just inside is an elevator which travels between the ground & middle level of the commons. Further down the hall to the south is another elevator which travels between the ground & the top level of the commons. **Delegations are to check-out by 10:00 am on May 25.** Delegations are to collect keys & return them in the envelope provided by the MWL Conference Desk.

Keys will be issued to the delegations at check-in. The delegation must return the keys in their packets prior to departure. There is a fee of \$122 for each room / suite lost key, \$10 for each lost keycard & \$3 for each lost key holder. Fees will be charged to the occupant.



Smoking is prohibited on all university grounds, including parking lots & in all university owned or operated buildings, residence halls & apartments. Alcoholic beverages are not permitted within the Residence Halls. All athletes & delegation members should be quiet & in their rooms by 10:30 pm.

Everyone needs to be respectful of others at this time. Some of the athletes are young children.

The East Side Market convenience store located on the middle level of the Maple-Willow-Larch Commons, offers bottled beverages, fountain soda, Godfather's pizza-by-the-slice during lunch/dinner hours, personal care items, laundry cards, novelties & many convenience items. It will be open on May 23 from 10:00 am to 11:00 pm, May 24 from 6:00 am to 11:00 pm and May 25 from 6:00 am to 9:00 am. Card-operated washers & dryers are available in the residence halls. Telephone lines are not active in guest rooms. Hallway & exterior building telephones will be active for emergency & local calls; long-distance calls require a calling card. Should it be necessary to be contacted, a message can be relayed by calling the Conference Desk at 515-294-8401, 24 hours a day.

There will be a **Medical Room** in room C3115 in the *southeast* corner of the top level of the Maple-Willow-Larch Commons, accessible 24 hours a day. To reach assistance from the Medical Team staff, call 515-460-0823. If there is an emergency such as a fire or immediate safety problem, call 911. In the event of a tornado warning, proceed to an interior hallway on the lowest floor of the building. Stay away from glass windows & doors. In case of a fire, please make note of the exit routes from the building & predetermine a place away from the building to meet with other members in your party. Use the staircase to exit the building; do not use an elevator in the event of a fire.

ISU Dining Meals

Seasons Marketplace, the dining center on the ground level in Maple-Willow-Larch Commons, will be open for SOIA. The entrance is located at the *northwest* corner of the commons. Meal wristbands will be given to each person staying in the residence halls at check-in. These bands must be worn on the wrist at all times for entry into the dining center. The meal package includes dinner on May 23, breakfast, lunch & dinner on May 24 & breakfast on May 25.

Seasons Marketplace has a variety of food serving stations & beverage/silverware areas around the perimeter of the dining center. A return area for dishes is located a few steps south of the entrance & also serves as the center exit.

New in 2019: Delegates staying in the residence hall who will be at Beyer Hall for swimming may go to Union Drive Community Center located at 207 Beyer Court for lunch instead of going back to the residence hall.

Delegations not taking advantage of the room & meal package, may make advance arrangements to purchase meals only. Contact the Department of Residence Conference Services Office at 515-294-8384 at least two weeks in advance to make a reservation & payment arrangements. Meals obtained from providers other than ISU Dining are not allowed within or adjacent to Department of Residence facilities without prior consent from ISU Dining.

Please contact ISU staff at 515-294-3812 regarding dietary needs.

Serving Times:

Breakfast	6:30 am – 8:30 am
Lunch	11:15 am – 2:00 pm
Dinner	4:15 pm – 6:30 pm

Individual Meal Prices at the Door:

Breakfast	\$9.00 adults & \$7.75 children under 9
Lunch	\$11.50 adults & \$8.75 children under 9
Dinner	\$11.50 adults & \$8.75 children under 9

Menu: Thursday, May 23

Closed for breakfast

Closed for Lunch

Dinner:

Roast beef
Fish sandwich
Wild rice
Whole kernel corn
Salad bar & condiments
Buttermilk brownie
Ice Cream Novelties
Fresh fruit
Assorted beverages

Menu: Friday, May 24

Breakfast:

Lunch:

Dinner:

Scrambled eggs
Sliced ham
Potato rounds
Blueberry muffins
Chocolate Chip muffins
Toast, jelly & condiments
Assorted breakfast cereals
Assorted beverages

Chunky chicken noodle soup
Homemade cheese lasagna
Hot ham & cheese
Breadsticks
Green beans
Salad bar & condiments
Chocolate chip cookie
Fresh fruit
Assorted beverages

Chicken nuggets w/light ranch or BBQ
¼ lb. hamburger
Batter dipped fries
Peas & carrots
Salad bar & condiments
Strawberry jello cake
Ice Cream novelties
Fresh fruit
Assorted beverages

Menu: Saturday, May 25

Breakfast:

Closed for Lunch

Closed for Dinner

Whole wheat pancakes w/sugar-free syrup
Chicken sausage patties
Breakfast potatoes
Cinnamon rolls
Toast, jelly & condiments
Assorted breakfast cereals & beverages

ISU Chaperone Information & Expectations for Youth Programs – Summer 2019

Welcome to Iowa State University! On behalf of the Department of Residence Conference Services Office, we hope your stay with us will be an enjoyable one, and that your program is successful.

This information outlines responsibilities for chaperones for the youth in your program. Your assistance and cooperation will help provide a safe, comfortable, and clean environment within the residence halls which will increase the satisfaction of all guests.

There are two Conference Desks in operation during the summer. In the Richardson Court Residence Halls on the east side of campus, the Conference Desk is located on the second level of the Maple-Willow-Larch Commons. It is staffed from 7:00 am until 10:00 pm seven days a week. Staff may be contacted in person or by calling telephone number 515-294-8401 (call 4-8401 if dialing from an on-campus number).

In the South Campus Neighborhood, on the south side of Lincoln Way, our Conference Desk is located in room G312 in Geoffroy Hall on the ground floor. It is staffed from 7:00 am until 10:00 pm seven days a week. Staff may be contacted in person or by calling telephone number 515-294-6172 (call 4-6172 if dialing from an on-campus number).

If your group has Department of Residence live-in staff assigned to your floor, they will be present from approximately 9:30 pm each night until 7:00 am the following morning. Our live-in staff is expected to act as a liaison between your conference/camp and the Department of Residence, and assist with a building or facility emergency. Chaperones should feel free to introduce themselves to our live-in staff and to contact our live-in staff with questions or concerns.

If a behavioral situation needs to be immediately addressed, our staff will do so and follow up with a chaperone from your program. Otherwise, our staff will bring any behavioral problems within your group to a chaperone's attention so your staff can handle the situation appropriately. When necessary, our staff may contact the sponsor of your program or other university staff for assistance.

As a chaperone, you are expected to assist in enforcing Department of Residence rules and regulations. These are necessary for the safety and health of our guests. Participants under the age of 18 years of age must be under adult supervision at all times inside and on the grounds adjacent to Department facilities, including all meal times. Minors should be able to identify and easily contact their chaperones at all times. Consumption of alcoholic beverages by supervisory staff in Department facilities or on any Iowa State University grounds is prohibited and active chaperones should not be under the influence while responsible for minors.

Please make sure all participants in your group have been informed of these rules (pages 21 – 22):

- Smoking is prohibited on all university grounds, including parking lots, and in all university-owned or operated buildings, residence halls and apartments.
- Alcoholic beverages are not allowed in Department of Residence facilities in conference areas.
- Firearms, weapons, ammunition, fireworks, explosives and highly flammable materials are not allowed in Department facilities.
- Tampering with elevators, fire alarms, security cameras, and other Department of Residence building property is prohibited. Resulting damages or labor costs will be assessed to the Sponsor. Complete evacuation of the building is required in the event of a fire alarm.
- Participants must present their meal ticket/card (or other ISU-Dining designated proof of access) at all meals served within the ISU Dining Facilities. Food and beverages may not be carried out of the dining rooms.
- Window screens (where present) may not be removed. A charge of \$50 will be assessed for each removal.

- Participants shall not engage in conduct which is disruptive to other participants, University programs, or the programs of other Sponsors. Participants shall not endanger or threaten to endanger the safety or property of others.
- Participants are not allowed in Department of Residence facilities which are not assigned to their group.

If any member of your program leaves prematurely, please communicate this to the head of your program who should notify our department so we will have any up-to-date list of who is present in our halls in case of an emergency.

Plan a meeting place with your party outside of the residence halls, in the unlikely event of a fire alarm or a separation.

Prior to check-out time, please remind (or help) participants to make one last check of their entire room to make sure they have not left any personal items behind. Checking behind the door, under the beds, etc. may turn up a valuable stray item. Make sure all members are aware of the procedures for checking out and returning their keys by the check- out deadline arranged for your group.

If you suspect physical or sexual child abuse, report the situation as soon as possible to ISU Police. If you are covered as a statutory mandatory reporter under Iowa Code Chapter 232, you must report all forms of child abuse such as child neglect (not just physical or sexual abuse) to Department of Human Services (1-800-362-2178) within 24 hours.

If you suspect child abuse other than physical or sexual abuse and you are not a statutory mandatory reporter, you are still encouraged to report to ISU Police (515-294-4428) or to the Department of Human Services. On campus, everyone must report to the ISU Police. Call 515-294-4428 or go to the Armory located at the intersection of Pammel Drive & Bissel Road. For incidents occurring off campus, report to local law enforcement at 911.

ISU's policies also require the reporting of other criminal activity to ISU Police, especially if the crime may result in harm to individuals or property damage or loss.

Thank you for using our facilities during your stay at Iowa State University. Please let us know if there is anything we can do to make your stay more enjoyable.

- *ISU Conference Services Staff*

All reports of suspected abuse must also be reported to Rhonda Schwarzkopf with Special Olympics Iowa at 515-418-2283.

Shuttle Transportation / Parking

SOIA has arranged free bus shuttle transportation for delegation members, families & spectators attending the Summer Games. Beach Road is closed to through traffic to keep everyone safe. Delegations staying at the Residence Halls, bocce delegations & school buses may enter the parking lots with passes issued from the state office & keep their vehicles parked throughout the games in Lot 63 (Maple-Willow-Larch). All other vehicles must be moved from Lot 63 & be parked in Lots S6, S7 or S8 east of Jack Trice Stadium. Complete the Summer Games Registration Form with the number of parking passes needed or contact Rhonda Schwarzkopf at rschwarzkopf@soiowa.org or 515-986-5520. Transportation is offered to sporting events, the Opening Ceremony & the Celebration Dance.

Delegations have the option of parking near the Lied Recreation Center in Lot 63 or Richardson Court for 20 minutes to drop off athletes & equipment ONLY. The operator of the vehicle will need to move it to stadium Lots S6, S7 or S8 within 20 minutes or risk being ticketed and/or towed. The shuttle bus can take the operator of the vehicle back to the Lied Recreation Center from the stadium lots. The option also exists for all members of the delegation to park in the stadium lots & ride the shuttle over to the Lied Recreation Center. Volunteers will monitor the amount of time vehicles are in Lot 63 or Richardson Court & will attempt to contact the drivers to ask them to move the vehicles after 20 minutes.

Charter buses picking up delegation members after competition should only arrive after all delegation members have arrived at the bus stop and are ready to load.

Thursday Shuttles (go to page 15 for inclement weather transportation)

Shuttle One – Competition: Will make a continuous loop from Parking Lots S6 - S8 located east of Jack Trice Stadium to the Maple-Willow-Larch residence hall driveway bus stop for bocce to the Lied Recreation Center from 7:00 am to 5:00 pm. Because of the cycling event, cars & buses will not be allowed on some parts of Center Drive & South 4th Street.

Shuttle Two – Opening Ceremony: Will take people from the west side of Maple-Willow-Larch residence halls to Hilton Coliseum for the Opening Ceremony. The shuttle will run from 6:00 pm to 6:45 pm. It will return everyone back to the residence halls from 8:45 pm to 9:15 pm or after the conclusion of the event.

Friday Shuttles (go to page 15 for inclement weather transportation)

Shuttle One – Competition at & near Lied Recreation Center: Will make a continuous loop from the S Parking Lots S6 - S8 located east of Jack Trice Stadium to the Maple-Willow-Larch residence hall driveway bus stop for bocce to the Lied Recreation Center bus stop from 6:30 am to 5:00 pm. Please note that at peak times the morning buses fill quickly so arrive early to allow plenty of time to get to the venues.*

Shuttle Two – Competition at Beyer: Will make a continuous loop from the Lied Recreation Center bus stop to Beyer Hall for swimming. Delegation members staying at the residence halls & need a ride to Beyer Hall can catch the shuttle at the Lied Recreation Center bus stop. It will run from 6:30 am until the end of the swimming competition.

Shuttle Three – Celebration Dance: Will run from the Maple-Willow-Larch Residence Halls to the west side of Hilton Coliseum for the Celebration Dance. The shuttle will run from 6:30 pm to 7:00 pm. After the dance it will run from 9:00 pm to 9:30 pm to take the delegation members back to the Residence Halls.

* Several HIRTA buses will be utilized in addition to the regular shuttle buses & will be used for wheelchair athletes with a chaperone. Please have any other team members utilize the CIT shuttle buses. Please note that at peak times on Friday morning that the HIRTA buses will also fill up quickly so arrive early to allow plenty of time get to the venues.

All delegation members are to ride on the Special Olympics Iowa provided shuttle buses and not Cyride, the ISU transportation vehicles. Please DO NOT block the shuttle buses. The buses must run on time to ensure that the athletes and Unified Sports partners arrive in plenty of time for their events.

Parking by Competition Venue

Athletics (Track, Race Walking & Field Events) located at & around the Lied Recreation Center

- Park in Lots S6, S7 or S8 east of Jack Trice Stadium & take a shuttle bus to the Lied Recreation Center bus stop. Please note there is no shuttle service provided on Saturday. Parking on Saturday is available in Lot 100 (Lied Recreation Building).
- Delegation vehicles can drop off delegation members in Lot 63, Maple-Willow-Larch but may not park there. This includes charter buses. Delegation school buses may however park in Lot 63 with a state office issued parking pass. All vehicles without parking passes need to park in Lots S6-S8. Complete the Summer Games Registration Form with the number of parking passes needed or contact Rhonda Schwarzkopf at rschwarzkopf@soiowa.org or 515-986-5520 to request the pass.

Developmental Events located in the Forker Building

- Parking for athletes is in Lot 50A, west of the Forker Building. Wheelchair entrance is located on the east side of the building. Access may be reached from Beach Road. Spectators & volunteers must park & take the shuttles from Lots S6, S7 or S8 located east of Jack Trice Stadium.

Bocce located at the Maple-Willow-Larch Residence Hall Fields

- Park in Lots S6, S7 or S8 east of Jack Trice Stadium & take a shuttle bus to the Maple-Willow-Larch driveway shuttle bus drop. Delegations with state office issued parking passes may park in Lot 63, Maple-Willow-Larch. Complete the Summer Games Registration Form with the number of parking passes needed or contact Rhonda Schwarzkopf at rschwarzkopf@soiowa.org or 515-986-5520 to request the pass.

Cycling located at Iowa State Center Parking Lot

- Parking is available in the western half of Lot B3, the eastern half of Lot C3, Lot B4 and Lot C4. Vehicles however are not to leave until the competition is over.

Soccer Skills & Team Soccer located on the soccer fields east of the Lied Recreation Center

- Park in Lots S6, S7 or S8 east of Jack Trice Stadium & take a shuttle bus to the Lied Recreation Center bus stop.
- Delegation vehicles can drop off delegation members in Lot 63, Maple-Willow-Larch but may not park there. This includes charter buses. Delegation school buses may however park in Lot 63 with a state office issued parking pass. All vehicles without parking passes need to park in Lots S6-S8. Complete the Summer Games Registration Form with the number of parking passes needed or contact Rhonda Schwarzkopf at rschwarzkopf@soiowa.org or 515-986-5520 to request the pass.

Swimming located at Beyer Hall

- Parking for athletes is in Lot #3 just off of Bissel Road. Delegations will enter from the west side. Spectators & volunteers must park & take the shuttle from Lots S6- S8 located east of Jack Trice Stadium to the Beyer Hall bus stop. Delegations are encouraged to take the shuttle.

Tennis located in the Forker Building and on the Forker Building Tennis Courts

- Park in Lots S6, S7 or S8 east of Jack Trice Stadium & take the shuttle bus to the Lied Recreation Center bus stop.
- Delegation vehicles can drop off delegation members in Lot 63, Maple-Willow-Larch but may not park there. This includes charter buses. Delegation school buses may however park in Lot 63 with a state office issued parking pass. All vehicles without parking passes need to park in Lots S6-S8. Complete the Summer Games Registration Form with the number of parking passes needed or contact Rhonda Schwarzkopf at rschwarzkopf@soiowa.org or 515-986-5520 to request the pass.

GENERAL SUMMER GAMES INFORMATION

Hotel / Lodging

Delegations & families not staying in the ISU residence halls may make their own hotel accommodations. Delegations may mention that they are with Special Olympics when making lodging arrangements. Unless otherwise noted, the rates listed are for double queen rooms. Rates may vary for single king rooms & suites. Listed rates are a per night charge and do not include applicable fees and taxes.

Best Western PLUS University Park Inn & Suites
515-296-2500
2500 S University Boulevard
Rate: \$124.00

Radisson Hotel Ames Conference Center at ISU
515-268-8808
2609 University Boulevard
\$102.00

Days Inn
515-232-0280
229 S Duff Avenue
Rate: \$99.99

SleepInn & Suites
515-337-1171
1310 Dickinson Avenue
Rate: \$124.00

Fairfield Inn & Suites
515-232-4000
2137 Isaac Newton Drive, SE 16th Street
Rate: \$104.00

Hampton Inn & Suites
515-232-5510
2100 SE 16th Street
Rate: \$120.00

Holiday Inn Express
515-232-2300
2600 E 13th Street
Rate: \$120.00

Microtel
515-233-4444
2216 SE 16th Street
Rate: \$115.00

Quality Inn & Suites
515-232-9260
2601 E 13th Street
Rate: \$82.00

Concessions / On-Site Food Vendors

Venue	Location	Date
Athletics, Soccer & Tennis	Outside of Lied Recreation Center	May 23
Athletics, FIT, Olympic Festival & Tennis	Outside of Lied Recreation Center	May 24
Bocce	Maple-Willow-Larch Field	May 23
Cycling	Iowa State Center Parking Lot	May 23
Swimming	Theilen Student Health Parking Lot	May 24

Information Booths

Where:	Volunteer tent in Lot S6
When:	Thursday, May 23 from 7:30 am – 3:00 pm & Friday, May 24 from 7:30 am to 4:30 pm
Where:	West of the Lied Recreation Center near the shuttle stop (weather permitting)
When:	Thursday, May 23 & Friday, May 24 from 8:00 am to 2:00 pm
Where:	Inside the Lied Recreation Center near the west entrance
When:	Thursday, May 23 and Friday, May 24 from 7:00 am to 4:00 pm Saturday, May 25 from 8:00 am to 12:00 pm

Coolers / Outside Food / Beverages

Drinks, food & coolers are not allowed in the Lied Recreation Center. Delegations may bring coolers to the Olympics Festival for storage. The Olympic Festival is located in Lot 100, south of the Lied Recreation Center. Please mark all coolers with the delegation name, contact person & a cellular number. Let the Olympic Festival volunteers know when the coolers will be picked up.

A cooler will be available at the information booth in the Lied Recreation Center for the storage of insulin. Please label any packages of insulin with the athletes' name, coaches' name, delegation name & a cellular number.

Help Van

The Department of Public Safety's Parking Division will have their Help Van, a motorist assist program, available to help any visitors to the ISU campus during the Summer Games. This is a free service that will help with:

- Battery jump starts
- Providing tools for flat tires
- Ride to nearest gas station for assistance in getting gas
- Air tank for low tires

Please call 515-294-4444 for assistance.

Lost & Found People

When:	May 23 & May 24 from 8:00 am – 4:00 pm & May 25 from 8:00 am – 12:00 pm
Where:	Information booth at the Lied Recreation Center (lost items may also be located at the booth)
When:	May 23 & May 24 evenings, excluding the dance
Where:	Maple-Willow-Larch Conference Desk
When:	May 23 during the Opening Ceremony & May 24 during the Celebration Dance
Where:	Hilton Coliseum, in the third floor medical room

These are areas staffed by SOIA volunteers where anyone who is lost should be taken to or recovered from.

Medical Emergencies & Procedures

All Delegation Managers, coaches & chaperones must be totally familiar with the medical conditions of all participants. Any precautions, medication requirements, etc., must be known prior to attending the Summer Games. The Medical Room on the upper floor of the Maple-Willow-Larch Commons will have a refrigerator for medicines that require refrigeration. To reach assistance from the Medical Team staff, call 515-460-0823. **A Delegation Manager, coach or chaperone is responsible for administering medications to the athletes.** All delegations must have with them copies of their athletes' most recent Application for Participation Form.

Medical Coverage teams will be present at the Opening Ceremony, the Celebration Dance & all competition sites. There will be a Medical Room in the southeast corner room, C3115, in the Upper Commons area of the Maple-Willow-Larch Residence Halls with a nurse 24 hours a day. If an athlete is having difficulties, take him/her to the nearest medical set-up as soon as possible. If a medical problem is serious, the athlete will be transported by ambulance to the Mary Greeley Medical Center. Call 911 if necessary. A person familiar to the athlete must accompany him/her. Directions to the Mary Greeley Medical Center are listed below.

At each medical site, water & ice will be provided to the athletes & delegation members. Make sure that everyone drinks sufficient water throughout the day to help avoid any possible heat related problems. Also bring sunscreen for athletes & other delegation members to wear.

Emergency Transportation Directions

- A. Beyer Hall to Mary Greeley Emergency Room (1111 Duff Avenue, Ames, IA 50010)
 - 1. Head west on Union Drive to Sheldon Avenue
 - 2. Turn left onto Sheldon Avenue & head south to Lincoln Way
 - 3. Turn left onto Lincoln Way
 - 4. Turn left onto Duff Ave
 - 5. Destination will be on the left

- B. Residence Halls & Lied Recreation Center to Mary Greeley Emergency Room (1111 Duff Avenue)
 - 1. Head south on Beach Road
 - 2. Turn left onto Lincoln Way
 - 3. Turn left onto Duff Ave
 - 4. Destination will be on the left

Medical Team Set-Ups

Venue:	Location:	Date & Time:	Event Director:
Athletics	Infield of the Lied Rec. Ctr.	May 23; 1:00 pm – 4:00 pm May 24; 8:30 am – 4:00 pm May 25; 8:30 am – 12:00 pm	John Anderson
Bocce	Maple-Willow-Larch Fields	May 23; 9:00 am – 4:00 pm May 24; 9:00 am – 1:00 pm	Sally Briggs
Cycling	Cyclone Stadium Parking Lot	May 23; 9:00 am – 4:00 pm	Ray Strekal
Developmental	Forker Building, Gym 175	May 24; 10:00 am – 3:00 pm	Debby Eldred
Soccer	ISU Soccer Complex	May 23; 10:00 am – 4:00 pm	Gary Cummings & Dianne Modlin
Swimming	Pool office, next to the	May 24; 8:30 am - 3:30 pm	Duane Sorenson
Tennis	Forker Tennis Courts	May 23; 9:00 am – 4:30 pm May 24; 8:30 am – 2:00 pm	Tara Gartin & Colleen Schwartz

Venue:	Location:	Date & Time:
Celebration Dance	First Aid Room, Hilton Coliseum	May 23; 7:00 pm – 9:00 pm
Maple-Willow-Larch Complex	Room C3115, Upper Commons area	May 23; 12:30 pm - May 25; 10:00 am
Olympic Festival	Infield of the Lied Rec. Center	May 24; 10:00 am – 4:00 pm
Opening Ceremony	First Aid Room, Hilton Coliseum	May 23; 6:00 pm – 9:00 pm

Additional Important Medical Information:

- Medical personnel will wear a red Special Olympics Iowa volunteer T-shirt with “Medical” printed on the back.
- Emergency Telephone Numbers:
 - Emergency: 911
 - Hospital: 515-239-2155
 - Police: 515-239-5133
 - Medical Team: 515-460-0823
- Special Olympics Iowa Staff Contact Information:
 - John Kliegl, President / CEO: 515-418-7339
 - Rhonda Schwarzkopf, Director of Sports: 515-418-2283

Special Olympics Iowa Emergency Action Plan

Step 1: Whomever receives the phone call, message or witnesses an emergency or potential emergency, should determine whether or not the proper authorities (police, rescue squad, fire department) have been notified. The first objective is to prevent further injury & give the necessary treatment to those injured. Call 911 if it has not been done.

Step 2: Locate the Venue Director & direct him/her to the scene if an emergency occurs at a venue. The Venue Director should immediately notify John Kliegl at 515-418-7339 or Rhonda Schwarzkopf at 515-418-2283 with the state office.

Venue Event Directors:

Athletics:	John Anderson	Bocce:	Sally Briggs	Cycling:	Ray Strekal
Developmental:	Debby Eldred	Soccer Skills:	Dianne Modlin	Soccer Team:	Gary Cummings
Swimming:	Duane Sorenson	Tennis:	Colleen Schwartz		

Celebration Dance:	Rhonda Schwarzkopf
Conference Desk / Housing:	Conference Manager on Duty (see number on lanyard)
Opening Ceremony:	Katie Lickteig & Brittney Rutherford

All questions from the media should be directed to John Kliegl. A volunteer need only say, "Special Olympics Iowa is in the process of gathering information about the situation. A statement will be released by Special Olympics Iowa after they have reviewed the situation".

Step 3: Special Olympics Iowa will gather the facts regarding the emergency & take the necessary action.

Facilities Emergency Action Plan for Inclement Weather

The ISU student-staff at the facilities will ensure that steps are taken to protect the patrons during inclement weather. Tornado warning instructions are listed below. KASI 14.30 am & WHO 10.40 am will provide current weather info.

Beyer Hall

- Follow the directions of the staff, go to the locker rooms or the racquetball courts hallway & stay away from glass windows & doors.

Bocce & Sport Clinics at Maple-Willow-Larch Fields

- Go into Maple-Willow-Larch Residence Halls, follow the directions from the staff or ushers & stay away from glass windows & doors.

Cycling @ ISU Center Parking

- Go into Hilton Coliseum, follow the directions from the staff or ushers & stay away from glass windows & doors.

FIT, Olympic Festival & Sport Clinics outside of the Lied Recreation Center

- Go into the Lied Recreation Center, follow the directions of the staff, go the first floor & enter the locker rooms.

Forker Building

- Follow the directions of the staff & go to the first floor locker rooms.

Hilton Coliseum

- Follow the directions from the staff or ushers & stay away from glass windows & doors.

Lied Recreation Center & outdoor fields to the east

- Go into the Lied Recreation Center, follow the directions of the staff, go the first floor & enter the locker rooms.

Maple-Willow-Larch Residence Halls

- Proceed to an interior hallway on the lowest floor & stay away from glass windows & doors

MISCELLANEOUS INFORMATION



Special Olympics Iowa Adventureland Weekend

May 25 and 26

Athletes who visit Adventureland on May 25 or 26 will get in free by wearing a medal or ribbon received at the 2019 Special Olympics Iowa Summer Games. Adventureland discount coupons for May 25 and 26 for family members & friends will be available at the information booth located inside the Lied Recreation Center. These coupons for admissions are at a discounted price of \$30 per person. This is a savings of \$15 off the regular admission price. Adventureland is open from 10:00 am to 9:00 pm on Saturday & Sunday and features over 100 rides, shows & attractions. The amusement park is located at 305 34th Avenue NW in Altoona. The ticket is also valid for use at the Adventureland Bay Water Park which is open from 10:00 am to 7:00 pm.

Ames Information & Coupons

Ames is proud to host the Special Olympics Iowa Summer Games. Stop by the information desk located inside the Lied Recreation Center for an Ames Visitors Guide. A variety of coupons from Ames area businesses will be available while supplies last.

Summer Games Organizing Committee

Thousands of volunteers assist with the implementation of the Summer Games. Key volunteers & members of the Summer Games steering committee commit hundreds of hours preparing for the three day event. Led by co-chairs Matt Wenger and Jan Williams, the committee looks forward to welcoming everyone to Ames & Iowa State University.

John Anderson, Track and Field Commissioner
Doug Arrowsmith, ISU Recreation Facilities
Liz Beck, MVP Reception
Sally Briggs, Bocce Venue Director
Kate Bruns, Information
Dawn Criss, Assistant Track and Field Commissioner
Mark Crouch, Swimming Venue Director
Gary & Marti Cummings, Soccer Venue Director
Brent Cunningham, ISU Recreation Services
Seann DeMaris, Ames Convention & Visitors Bureau
Megan Filipi, Ames Convention & Visitors Bureau
Erica Fischer, Awards Director
Tara Gartin, Tennis Sport Commissioner
Keri Guy, Transportation Coordinator
Chrystel Hatcher, Medical
Kim Hill, Volunteer Hospitality
Brian Honnold, ISU Athletic Department
John Kliegl, SOIA President / CEO
Mike Kromminga, Olympic Festival Venue Director
Kurt Kruger, Ames Police Community Liaison
Ron Leibold, Forker Building Liaison
Katie Lickteig, Opening Ceremony
Kim Lively, Athlete Representative
Linda Marticke, Developmental Coordinator
Jerriann McLaughlin, Soccer Skills Assistant
Mary Meier, ISU Athletic Training
Dianne Modlin, Soccer Skills Venue Director
Kelly Nelson, ISU-FPM
Tanner Nissen, Assistant Director of Sports & Advanced Competitions
Wendy Olinger, Healthy Athletes
Shannon Peel, ISU Athletic Training
Connie Peters, Medical Coordinator
Elin Phipps, Volunteer Coordinator
Jenny Pollard, Developmental Assistant
Jason Pyle, ISU Athletic Department
Lt. Jason Rieder, ISU – Police Department
Erin Rosacker, Information
Martha Royer, ISU Department of Residence & Dining
Brittney Rutherford, Opening Ceremony
Karen Sage, Mini Jav Sports Commissioner
Colleen Schwartz, Tennis Venue Director
Rhonda Schwarzkopf, SOIA Director of Sports & Advanced Competitions
Duane Sorenson, Swimming Venue Director
Aaron Steffen, ISU Department of Public Safety/Parking
Ray Strekal, Cycling John Terpkosh, USTA
John Terpkosh, Tennis Manager
Lana Voga, SOIA Board of Director Representative
Julie Weeks, Ames Convention & Visitors Bureau
Matt Wenger, Co-Chair
Jan Williams, Co-Chair
Bruce Wilson, FIT
Landon Wolfe, Sport Clinics

2019 SPECIAL OLYMPICS IOWA SUMMER GAMES

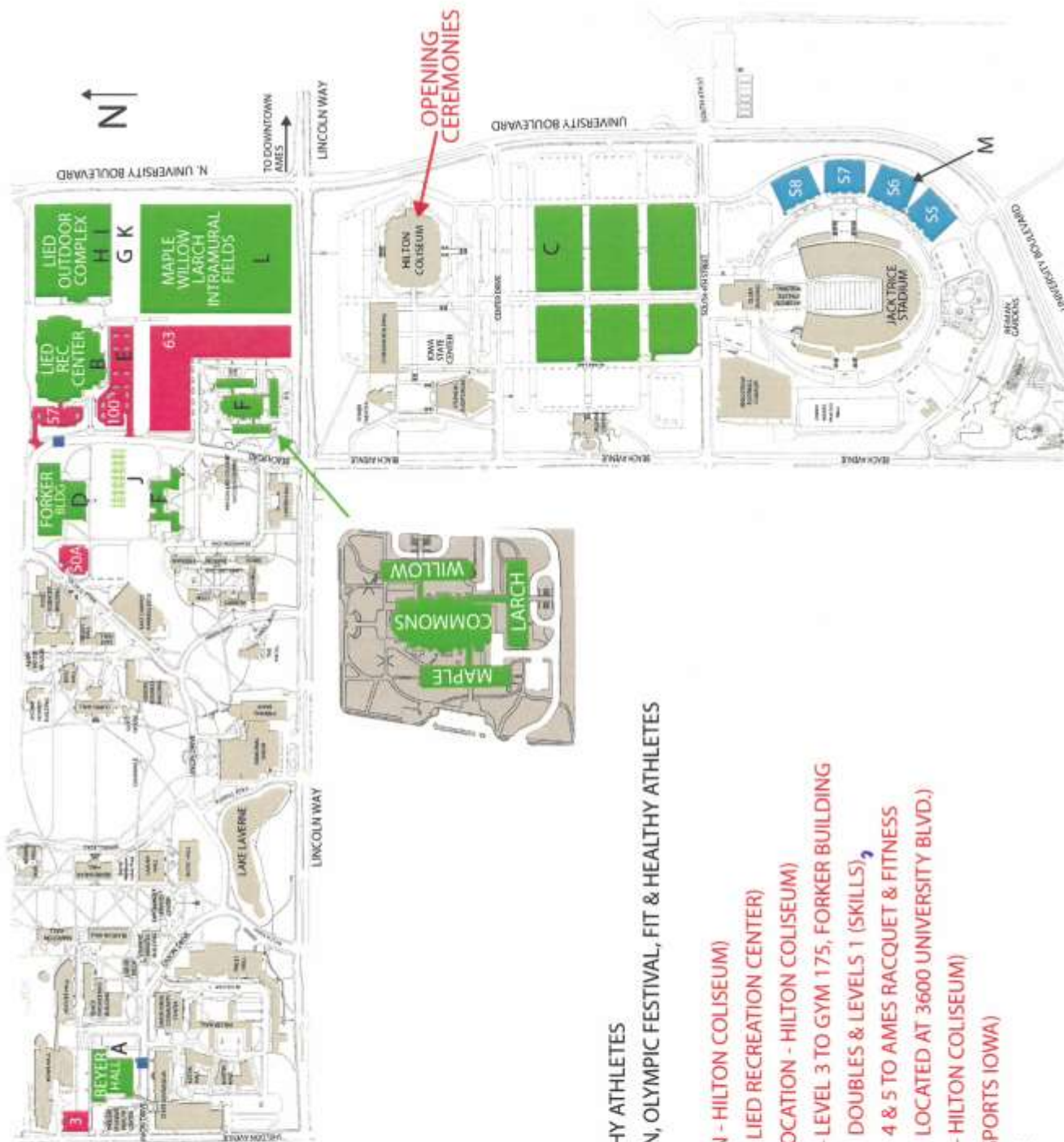
PARKING

PERMITS ARE REQUIRED
THURSDAY/FRIDAY

VENUES

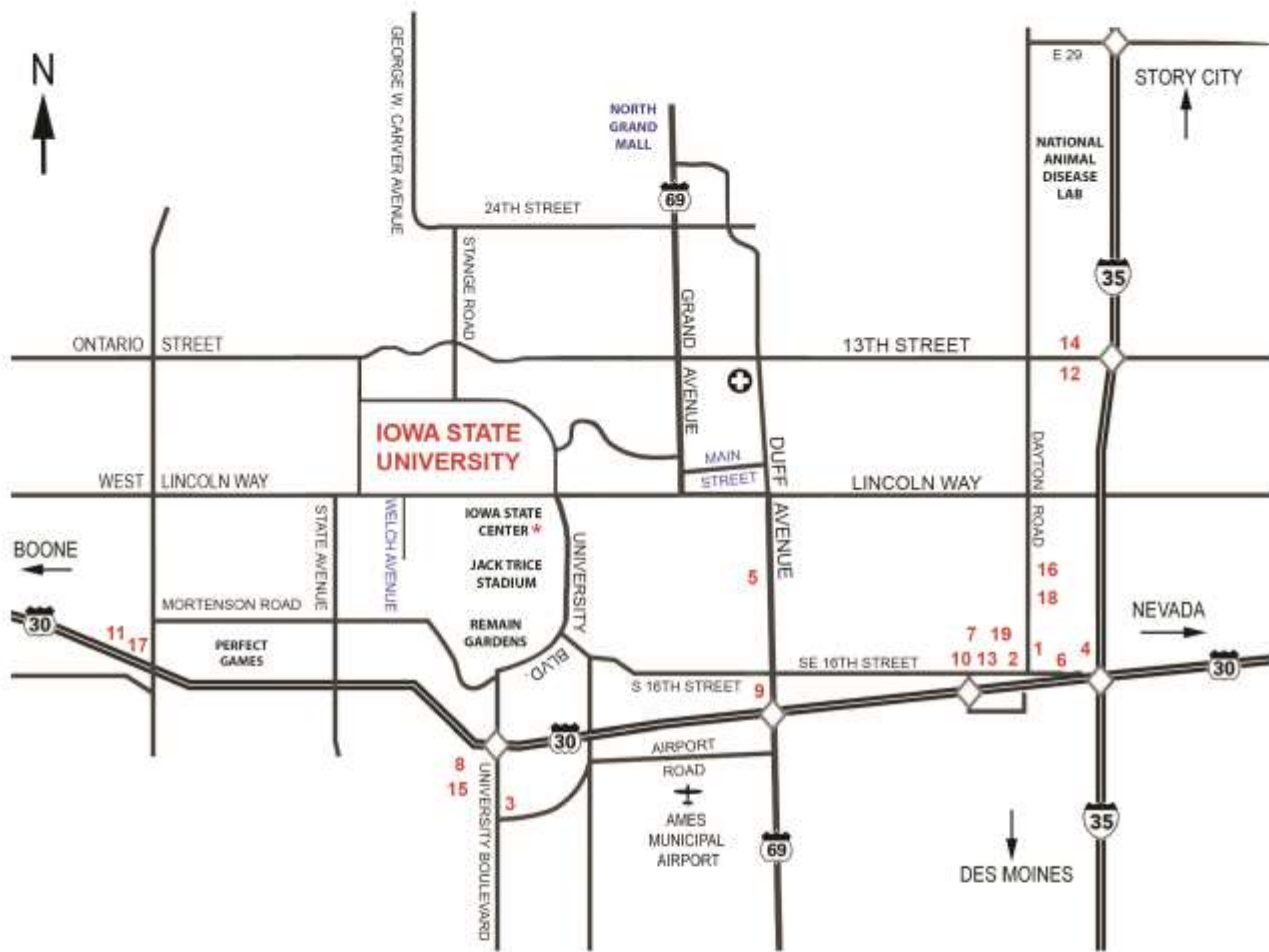
SHUTTLE

IOWA STATE CENTER SHUTTLE
STOP = LOTS S8 - S6



- A) SWIMMING
- B) ATHLETICS
- C) CYCLING
- D) DEVELOPMENTAL & HEALTHY ATHLETES
- E) DELEGATION REGISTRATION, OLYMPIC FESTIVAL, FIT & HEALTHY ATHLETES
- F) RESIDENCE HALLS
- G) SHOT PUT (RAIN LOCATION - HILTON COLISEUM)
- H) SOCCER (RAIN LOCATION - LIED RECREATION CENTER)
- I) SOFTBALL THROW (RAIN LOCATION - HILTON COLISEUM)
- J) TENNIS (RAIN LOCATIONS - LEVEL 3 TO GYM 175, FORKER BUILDING DOUBLES & LEVELS 1 (SKILLS), 4 & 5 TO AMES RACQUET & FITNESS LOCATED AT 3600 UNIVERSITY BLVD.)
- K) MINI JAV (RAIN LOCATION - HILTON COLISEUM)
- L) BOCCIE (RAIN LOCATION - SPORTS IOWA)
- M) VOLUNTEER REGISTRATION

SPECIAL OLYMPICS IOWA SUMMER GAMES 2019

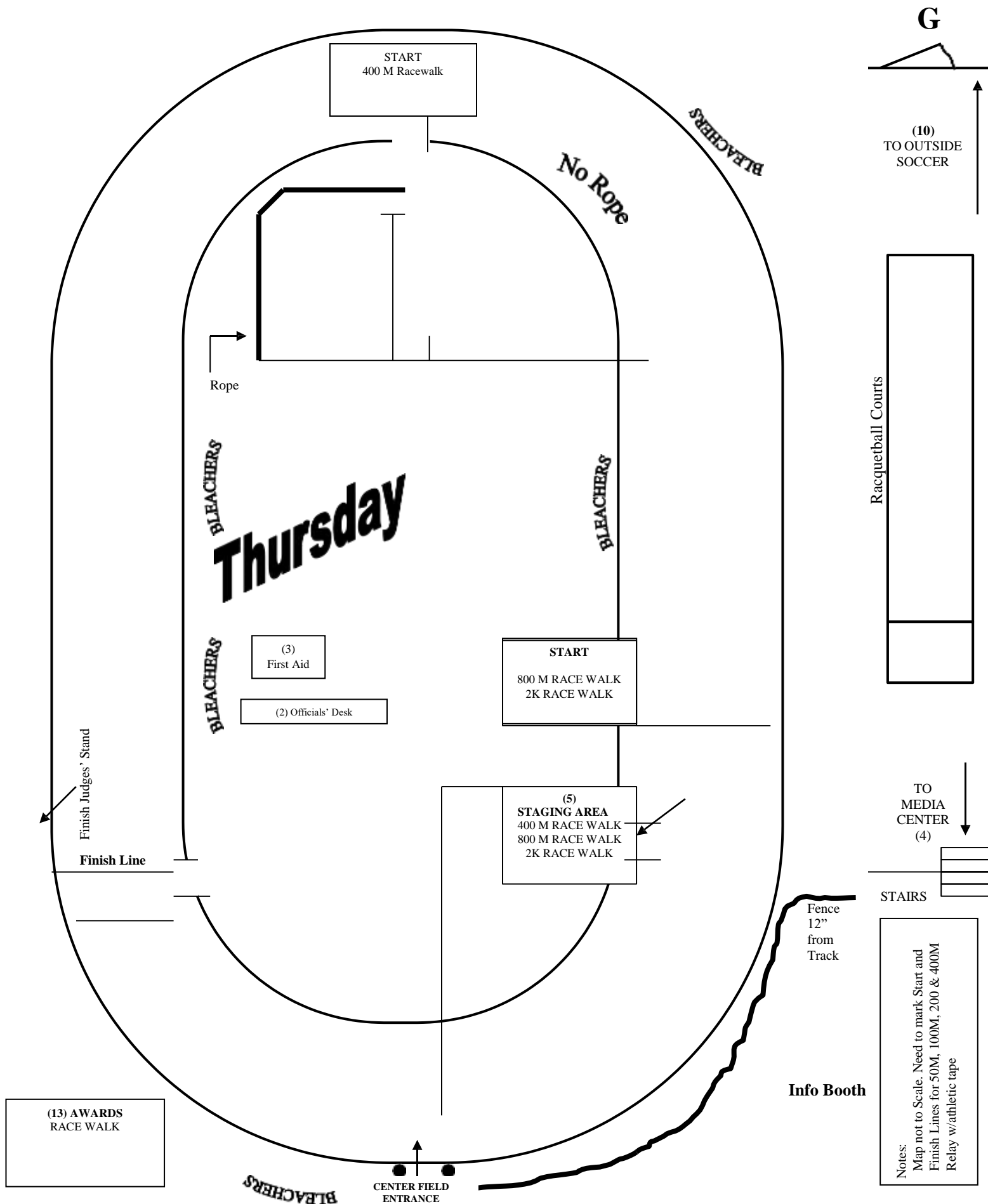


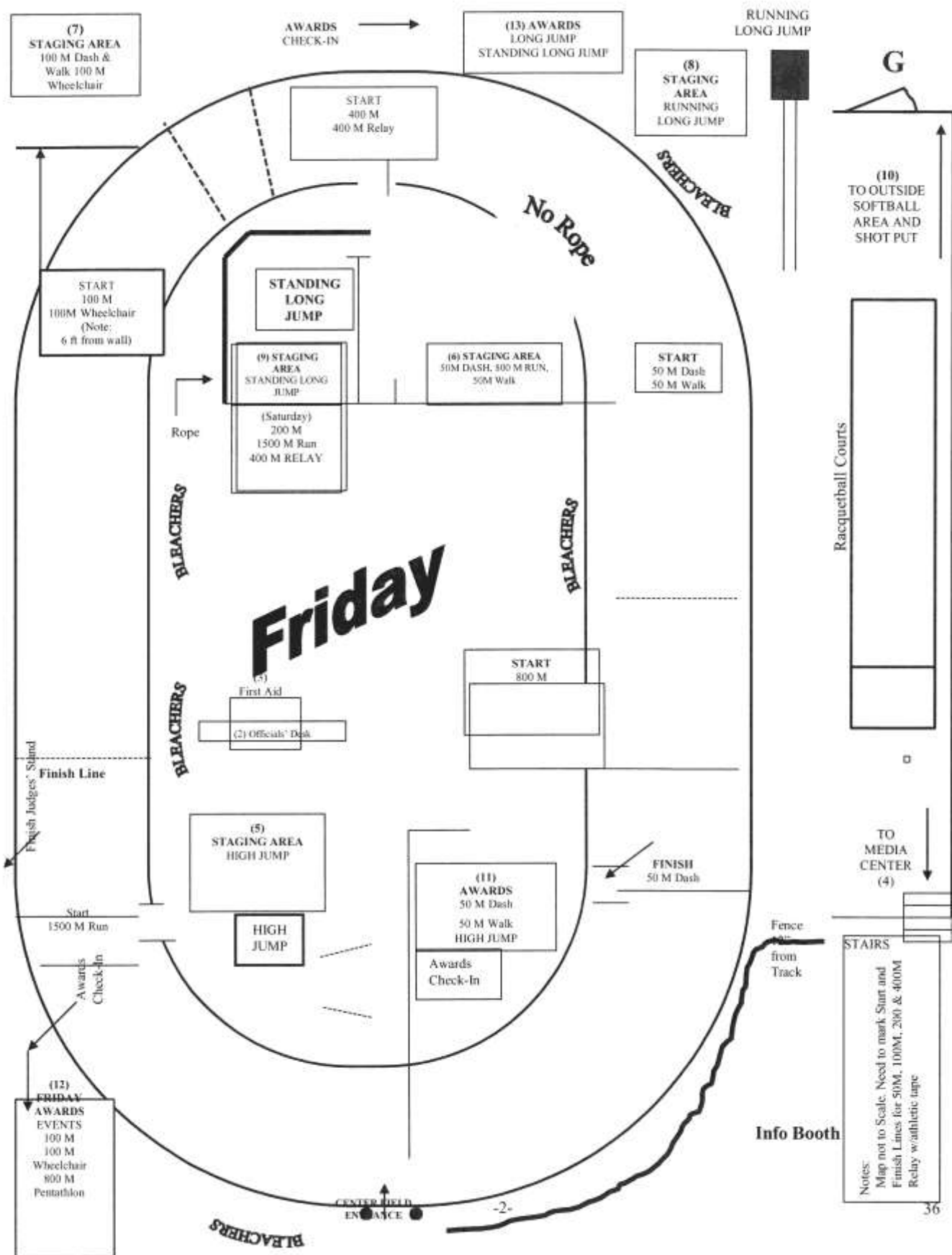
- 1) AmericInn Ames
- 2) Baymont Inn & Suites
- 3) Best Western Plus University Park Inn & Suites
- 4) Country Inn & Suites
- 5) Days Inn
- 6) Econo Lodge
- 7) Fairfield Inn & Suites
- 8) Gateway Hotel & Conference Center
- 9) Grandstay Hotel & Suites
- 10) Hampton Inn & Suites

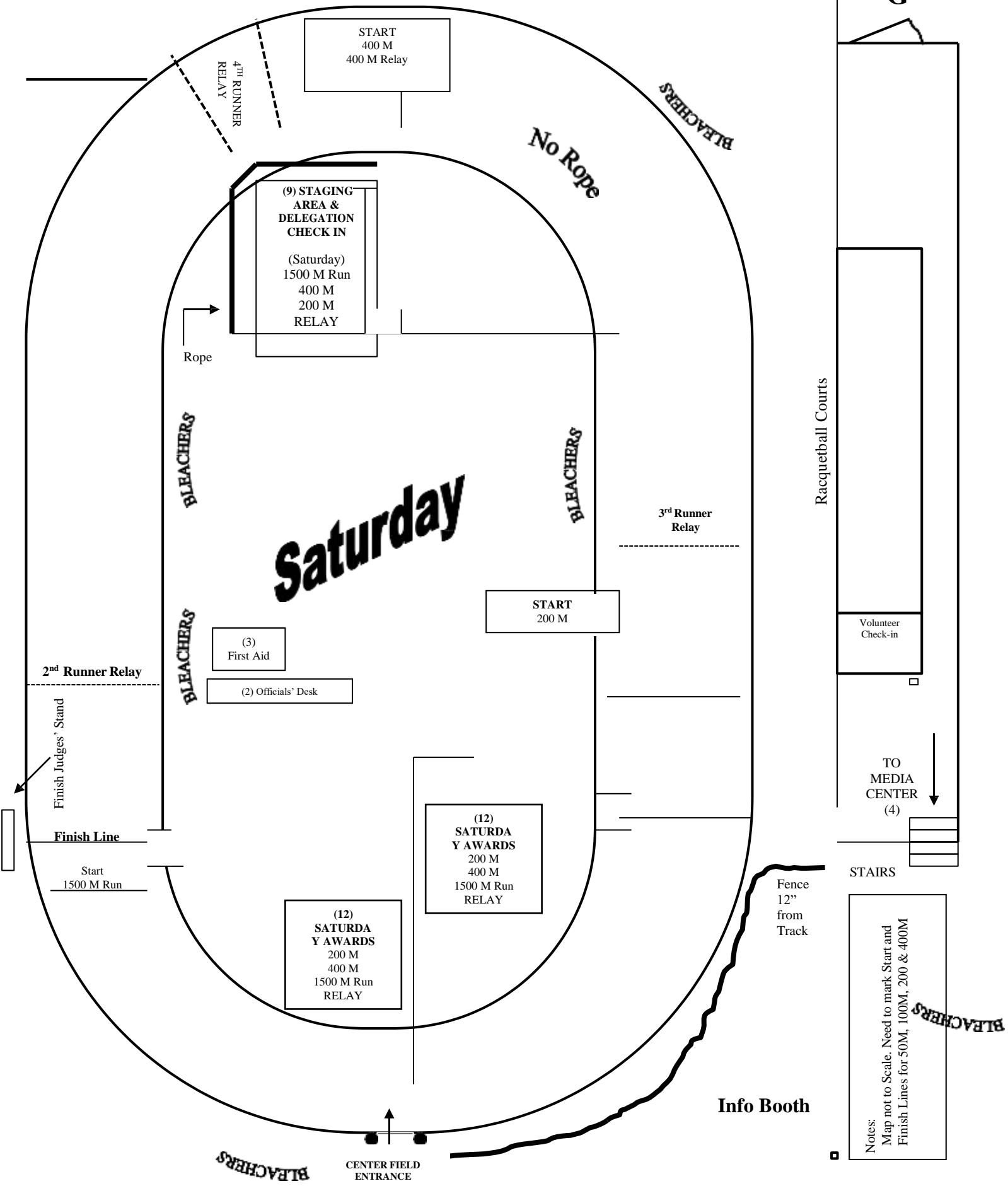
* Fisher Theater
Hilton Coliseum
Scheman Building
Stephens Auditorium

- 11) Hilton Garden Inn
- 12) Holiday Inn Express Hotel & Suites
- 13) Microtel Inn & Suites
- 14) Quality Inn & Suites Starlite Village
- 15) Radisson Hotel Ames Conference Center at ISU
- 16) Red Roof Inn
- 17) Sleep Inn & Suites
- 18) Super 8
- 19) TownePlace Suites

⊕ MARY GREELEY MEDICAL CENTER







Thank you to our Partners!

Champion Statewide Partners



Premier Statewide Partners



Special Olympics Iowa would like to thank the following individuals, groups & organizations who have contributed at least \$1,000 in support of the 2019 Special Olympics Iowa Summer Games. Your support is instrumental in providing a quality competition experience for the over 2,500 athletes attending Summer Games in 2019.

Thank you!

Ames Conventions and Visitor's Bureau	Wells Fargo
Danfoss Power Solutions	Grinnell Mutual
Todd & Sargent	Iowa State University
Iowa Cheerleading Coaches Associatio	Mary Greely Medical Center
Kingland Systems Corp.	McFarland Clinic
Rotary Club of Ames	U.S. Bank
United Healthcare	Windsor Windows & Doors
McAninch®	Sammons Financial Group