

2019 East Central Athletics

AT 50M Dash

Division: 01

Name	Final Score	Place
Mattson, James Marion Linn Mar	0 min, 10.22 sec	1st
Zulu, Manasseh Marion Linn Mar	0 min, 12.88 sec	2nd

Division: 02

Name	Final Score	Place
Myers, Brennan Marion Linn Mar	0 min, 10.06 sec	1st
Simmons, Patrick Marion Linn Mar	0 min, 13.88 sec	2nd
Lovetinsky, Owen Marion Linn Mar	0 min, 13.10 sec	DQ

Division: 03

Name	Final Score	Place
Harlan, Adriana (Audrie) Marion Linn Mar	0 min, 13.50 sec	1st
Harlan, Adelynn (Addie) Marion Linn Mar	0 min, 15.70 sec	2nd
Kurth, Shelby Vinton Shellsburg United	0 min, 10.12 sec	DQ

Division: 04

Name	Final Score	Place
Doval, Audrey Marion Independent	0 min, 18.03 sec	1st

Division: 05

Name	Final Score	Place
Winterberg, Miko Cedar Rapids Prairie Point MS	0 min, 9.66 sec	1st

2019 East Central Athletics

AT 50M Dash

Division: 06

Name	Final Score	Place
Cole, Matthew Cedar Rapids Prairie Point MS	0 min, 7.69 sec	1st
Norby, Owen Cedar Rapids Prairie Point MS	0 min, 8.03 sec	2nd
Corrin, Jacob Cedar Rapids Prairie Point MS	0 min, 9.03 sec	3rd
Weber, Braden Cedar Rapids Prairie Point MS	0 min, 10.00 sec	4th

Division: 07

Name	Final Score	Place
McCarville, Ian Marion Linn Mar	0 min, 9.06 sec	1st
Reynolds, Dakota Cedar Rapids Prairie Point MS	0 min, 9.18 sec	2nd
Swiser, Owen Cedar Rapids Jefferson HS	0 min, 11.59 sec	3rd
Lindauer, Luke Cedar Rapids Jefferson HS	0 min, 13.25 sec	Part
Bramlett, Jayden Tipton MS/HS	0 min, 7.81 sec	Part

Division: 08

Name	Final Score	Place
Anderson, Katelynn Marie Vinton Shellsburg United	0 min, 10.31 sec	1st
Kallas, Gabrielle Cedar Rapids Prairie Point MS	0 min, 10.28 sec	Part

Division: 09

Name	Final Score	Place
Hartwig, Samuel Marion Linn Mar	0 min, 8.91 sec	1st
Bruce, Brady Vinton Shellsburg United	0 min, 9.22 sec	2nd
Norby (Gibbs), Noah Cedar Rapids Prairie Point MS	0 min, 13.06 sec	3rd

2019 East Central Athletics

AT 50M Dash

Division: 10

Name	Final Score	Place
Frambach, Baylie Cedar Rapids Prairie Point MS	0 min, 12.50 sec	1st
Kessler, Alexis Marion Linn Mar	0 min, 10.41 sec	Part

Division: 11

Name	Final Score	Place
Westphal, Kamryn Cedar Rapids Prairie Point MS	0 min, 8.72 sec	1st
Mims, Chloe Cedar Rapids Prairie Point MS	0 min, 16.78 sec	2nd

Division: 12

Name	Final Score	Place
Griebat, Holden Dwain Tipton MS/HS	0 min, 12.00 sec	1st
Gardner, Devon Marion Linn Mar	0 min, 48.06 sec	2nd
Mehlberger, Ryan Marion Independent	0 min, 13.22 sec	Part

Division: 13

Name	Final Score	Place
Singh, Nikita Marion Linn Mar	0 min, 17.83 sec	1st

Division: 14

Name	Final Score	Place
Johnson, Charlise Marion Independent	0 min, 1.03 sec	Part

Division: 15

Name	Final Score	Place
Klein, Jack Cedar Rapids John F Kennedy HS	0 min, 7.53 sec	1st
Lerch, Jace Cedar Rapids Jefferson HS	0 min, 8.00 sec	2nd
Ihnen, Isaac Cedar Rapids John F Kennedy HS	0 min, 9.82 sec	3rd
Shaull, Logan Cedar Rapids John F Kennedy HS	0 min, 10.34 sec	4th

2019 East Central Athletics

AT 50M Dash

Division: 16

Name	Final Score	Place
Buhs, Deena Cedar Rapids Prairie HS	0 min, 9.25 sec	1st

Division: 17

Name	Final Score	Place
Haufle, Avery Cedar Rapids Parks & Rec	0 min, 9.53 sec	1st
Krautbauer, Larin Cedar Rapids John F Kennedy HS	0 min, 11.22 sec	2nd
Persick, Claire Cedar Rapids John F Kennedy HS	0 min, 11.79 sec	3rd

Division: 18

Name	Final Score	Place
Bamsey, Ian Cedar Rapids Jefferson HS	0 min, 10.62 sec	1st
Gardner, Henry Cedar Rapids Prairie HS	0 min, 11.34 sec	2nd
Helgenberger, Ethan Cedar Rapids Jefferson HS	0 min, 9.78 sec	Part
Fleetwood, DeVantre Cedar Rapids Jefferson HS	0 min, 8.69 sec	Part

Division: 19

Name	Final Score	Place
McMurrin, Elizabeth (Liz) Tipton HS Tigers	0 min, 10.25 sec	1st
Kelley, Brianna Marion Linn Mar	0 min, 11.41 sec	2nd
Griffin, Christine Cedar Rapids John F Kennedy HS	0 min, 14.65 sec	3rd
Frascht, Annika Wellman Mid Prairie Golden Hawks	0 min, 13.60 sec	Part

2019 East Central Athletics

AT 50M Dash

Division: 20

Name	Final Score	Place
Kratzer, Tad Marion Linn Mar	0 min, 9.97 sec	1st
Goodson, Bryce Cedar Rapids Prairie HS	0 min, 10.60 sec	2nd
Proctor, Connor Tipton MS/HS	0 min, 10.70 sec	3rd

Division: 21

Name	Final Score	Place
Devore, Patrick Cedar Rapids Jefferson HS	0 min, 14.31 sec	1st
Eckhardt, Nicolas Marion Linn Mar	0 min, 14.72 sec	2nd

Division: 22

Name	Final Score	Place
Burington, Haley Cedar Rapids Jefferson HS	0 min, 10.41 sec	1st
Draper, Haleigh Marion Linn Mar	0 min, 12.10 sec	2nd
Dostal, Destiny Cedar Rapids John F Kennedy HS	0 min, 13.44 sec	3rd

Division: 23

Name	Final Score	Place
Kruse, Jonathan Vinton Shellsburg United	0 min, 11.28 sec	1st
Flood, Keenan Cedar Rapids John F Kennedy HS	0 min, 11.68 sec	2nd
Lane, Ryan Vinton Shellsburg United	0 min, 12.19 sec	3rd

Division: 24

Name	Final Score	Place
Grovert, Elizabeth (Ellie) Cedar Rapids John F Kennedy HS	0 min, 18.18 sec	1st
Scott, Taylor Cedar Rapids Jefferson HS	0 min, 18.38 sec	2nd
Scott, Emily Cedar Rapids John F Kennedy HS	0 min, 25.06 sec	3rd

2019 East Central Athletics

AT 50M Dash

Division: 25

Name	Final Score	Place
Klein, Joshua Cedar Rapids John F Kennedy HS	0 min, 14.41 sec	1st
Freno, Nathan Cedar Rapids Jefferson HS	0 min, 15.31 sec	Part

Division: 26

Name	Final Score	Place
Hatfield, Quintin Marion Linn Mar	0 min, 20.75 sec	Part
Anderson, Ben Marion Linn Mar	0 min, 20.50 sec	Part

Division: 27

Name	Final Score	Place
Canny, Ronald (Ron) Washington	0 min, 9.69 sec	1st
Marconi, Gary Cedar Rapids Parks & Rec	0 min, 11.62 sec	2nd

Division: 28

Name	Final Score	Place
Strottman, Brady Cedar Rapids Parks & Rec	0 min, 18.03 sec	1st

Division: 29

Name	Final Score	Place
Loggins, Andrew Cedar Rapids Parks & Rec	0 min, 17.07 sec	1st
Steinke, Aaron Cedar Rapids Parks & Rec	0 min, 11.43 sec	Part

Division: 30

Name	Final Score	Place
Arp, Shelby Vinton Shellsburg United	0 min, 15.43 sec	1st

2019 East Central Athletics

AT 50M Dash

Division: 31

Name	Final Score	Place
Alt, Jeffrey Cedar Rapids Parks & Rec	0 min, 7.87 sec	1st
Church, Jesse Cedar Rapids Parks & Rec	0 min, 8.66 sec	2nd

Division: 32

Name	Final Score	Place
Sharp, Ryan Cedar Rapids Parks & Rec	0 min, 10.91 sec	1st
Beaty, Brandon Cedar Rapids Parks & Rec	0 min, 20.69 sec	2nd

Division: 33

Name	Final Score	Place
Garner, William Cedar Rapids Parks & Rec	0 min, 10.05 sec	1st
Gage, Scott Cedar Rapids Parks & Rec	0 min, 12.03 sec	2nd

Division: 34

Name	Final Score	Place
Loehr, Allen Washington	0 min, 8.86 sec	1st
Hagen, Brian Cedar Rapids Parks & Rec	0 min, 10.30 sec	2nd
Edgerly, Scott Cedar Rapids Parks & Rec	0 min, 15.22 sec	3rd

Division: 35

Name	Final Score	Place
Orth, James (Jim) Cedar Rapids Parks & Rec	0 min, 20.31 sec	Part

Division: 36

Name	Final Score	Place
Foster, Jennifer Iowa City Recreation	0 min, 12.18 sec	1st

2019 East Central Athletics

AT 50M Dash

Division: 37

Name	Final Score	Place
Nussle, Sarah	0 min, 19.22 sec	1st
Cedar Rapids Parks & Rec		

Division: 38

Name	Final Score	Place
Hartwig, Don	0 min, 10.19 sec	1st
Cedar Rapids Parks & Rec		

2019 East Central Athletics

AT 100M Dash

Division: 01

Name	Final Score	Place
Shelton, Gracie Cedar Rapids Parks & Rec	0 min, 28.07 sec	1st

Division: 02

Name	Final Score	Place
Murphy, Brody Vinton Shellsburg United	0 min, 0.35 sec	1st

Division: 04

Name	Final Score	Place
Ulrich, Clayton Cedar Rapids Jefferson HS	0 min, 0.35 sec	1st
Lewis, Carlos (Charlie) Marion Linn Mar	0 min, 0.37 sec	2nd

Division: 05

Name	Final Score	Place
Kramer, Emma Vinton Shellsburg United	0 min, 23.15 sec	1st

Division: 06

Name	Final Score	Place
Lammers, Davonte (James) Cedar Rapids Parks & Rec	0 min, 13.94 sec	1st
Todd, Adam Cedar Rapids Washington HS	0 min, 25.47 sec	2nd
Grove, Nolan Marion Linn Mar	0 min, 25.47 sec	2nd

Division: 07

Name	Final Score	Place
Garlow, Autumn Marion Linn Mar	0 min, 17.01 sec	1st
Barclay, Alycia Tipton HS Tigers	0 min, 18.87 sec	2nd
Riley, Allison Cedar Rapids Jefferson HS	0 min, 18.91 sec	3rd

2019 East Central Athletics

AT 100M Dash

Division: 08

Name	Final Score	Place
Crawford, Quinton Cedar Rapids Jefferson HS	0 min, 18.10 sec	1st
Kramer, Zachary Vinton Shellsburg United	0 min, 18.22 sec	2nd
Vinton, Beauregard (Beau) Vinton Shellsburg United	0 min, 18.62 sec	3rd
Conner, Sean Cedar Rapids Jefferson HS	0 min, 19.09 sec	4th

Division: 10

Name	Final Score	Place
White, Robert Cedar Rapids Parks & Rec	0 min, 14.50 sec	1st
Parker, Gary Vinton Cedar Valley Ranch	0 min, 14.85 sec	2nd

Division: 11

Name	Final Score	Place
Rollins, Dean Iowa City Recreation	0 min, 16.56 sec	1st
Salow, Brady Vinton Cedar Valley Ranch	0 min, 18.64 sec	2nd
Ahrendsen, Kevin Cedar Rapids Parks & Rec	0 min, 18.66 sec	3rd
Blankenship, Jonathan Cedar Rapids Parks & Rec	0 min, 19.88 sec	4th

Division: 12

Name	Final Score	Place
Guilford, Cassandra (Cassie) Anamosa Jones Co	0 min, 18.82 sec	1st

Division: 13

Name	Final Score	Place
Steele, Jacob Cedar Rapids Parks & Rec	0 min, 20.00 sec	1st

Division: 14

Name	Final Score	Place
Krahmer, Mercedes Cedar Rapids Parks & Rec	0 min, 32.25 sec	1st

2019 East Central Athletics

AT 100M Dash

Division: 16

Name	Final Score	Place
White, Paul Cedar Rapids Parks & Rec	0 min, 14.57 sec	1st

Division: 17

Name	Final Score	Place
Muters, Chris Cedar Rapids Parks & Rec	0 min, 36.31 sec	1st

Division: 18

Name	Final Score	Place
Swallom, Kyle Cedar Rapids Parks & Rec	0 min, 18.03 sec	1st
Rigler, Cody Cedar Rapids Parks & Rec	0 min, 19.09 sec	2nd
Reid, Aaron Cedar Rapids Parks & Rec	0 min, 19.19 sec	3rd

Division: 19

Name	Final Score	Place
Hotka, Derek Cedar Rapids Parks & Rec	0 min, 15.78 sec	1st
Bodkin, Daniel Anamosa Jones Co	0 min, 18.19 sec	2nd
Grams, Jeremiah Anamosa Jones Co	0 min, 23.03 sec	3rd

Division: 20

Name	Final Score	Place
Baldwin, Kevin Cedar Rapids Parks & Rec	0 min, 31.56 sec	1st

Division: 21

Name	Final Score	Place
Pfeiffer, Ronald Jason Anamosa Jones Co	0 min, 21.34 sec	1st

Division: 24

Name	Final Score	Place
Spaziani, Daniel (Dan) Iowa City Recreation	0 min, 25.66 sec	1st

2019 East Central Athletics

AT 100M Walk

Division: 01

Name	Final Score	Place
Dietz, Brianna Cedar Rapids Parks & Rec	0 min, 42.36 sec	1st
Polglaze, Susan Cedar Rapids Parks & Rec	0 min, 55.37 sec	2nd

Division: 02

Name	Final Score	Place
DeCoster, Amy Iowa City Recreation	0 min, 52.71 sec	1st
Downes, Haley Iowa City Recreation	0 min, 40.47 sec	Part

Division: 03

Name	Final Score	Place
Terrill, Erin Cedar Rapids Parks & Rec	0 min, 36.97 sec	1st

Division: 04

Name	Final Score	Place
Buresh, Ashley Cedar Rapids Parks & Rec	0 min, 52.44 sec	1st
Hennessey, Keriann Cedar Rapids Parks & Rec	0 min, 43.66 sec	Part

Division: 05

Name	Final Score	Place
Brookhart, Kathleen Iowa City Recreation	0 min, 59.06 sec	1st

Division: 06

Name	Final Score	Place
Moyer, Jennifer Anamosa Jones Co	1 min, 8.63 sec	1st

Division: 07

Name	Final Score	Place
Slezak, Sandra (Sandy) Iowa City Recreation	1 min, 26.50 sec	1st

2019 East Central Athletics

AT 100M Walk

Division: 08

Name	Final Score	Place
McDowell, Nancy Iowa City Recreation	0 min, 54.03 sec	1st

Division: 09

Name	Final Score	Place
McCarthy, Nathan Iowa City Recreation	0 min, 35.00 sec	1st

Division: 10

Name	Final Score	Place
Zankowski, Mike Cedar Rapids Parks & Rec	0 min, 39.41 sec	1st

Division: 11

Name	Final Score	Place
Gray, Tyler Anamosa Jones Co	0 min, 51.22 sec	1st

Division: 14

Name	Final Score	Place
Ahrendsen, Doug Cedar Rapids Parks & Rec	0 min, 35.50 sec	1st

Division: 15

Name	Final Score	Place
Sissel, Chad Iowa City Recreation	0 min, 29.10 sec	Part

Division: 16

Name	Final Score	Place
Driscoll, Chad Iowa City Recreation	0 min, 47.75 sec	1st

Division: 17

Name	Final Score	Place
Knosp, Zach Iowa City Recreation	1 min, 1.37 sec	1st

Division: 18

Name	Final Score	Place
Conklin, Justin Iowa City Recreation	1 min, 18.60 sec	1st

2019 East Central Athletics

AT 100M Walk

Division: 19

Name	Final Score	Place
Whitworth, Patrick Cedar Rapids Parks & Rec	0 min, 50.60 sec	1st

Division: 20

Name	Final Score	Place
Hartwig, Lonny Cedar Rapids Parks & Rec	0 min, 40.16 sec	1st
Guilford, Jeff Anamosa Jones Co	0 min, 48.72 sec	2nd

Division: 22

Name	Final Score	Place
Easler, William (Brad) Iowa City Recreation	0 min, 41.07 sec	1st
Gaupp, Denny Iowa City Recreation	0 min, 46.44 sec	2nd
Cannon, Michael Iowa City Recreation	0 min, 53.33 sec	3rd

Division: 23

Name	Final Score	Place
Shalla, George Iowa City Recreation	1 min, 12.27 sec	1st

2019 East Central Athletics

AT 200M Dash

Division: F01

Name	Final Score	Place
Barclay, Alycia Tipton HS Tigers	0 min, 40.52 sec	1st

Division: F02

Name	Final Score	Place
Stastny, Abbi Cedar Rapids Parks & Rec	0 min, 45.93 sec	1st

Division: F03

Name	Final Score	Place
Hess, Jessie Cedar Rapids Parks & Rec	0 min, 57.00 sec	1st

Division: F04

Name	Final Score	Place
Foster, Jennifer Iowa City Recreation	0 min, 57.50 sec	1st

Division: M01

Name	Final Score	Place
Wardell, Braeton Marion Independent	0 min, 43.94 sec	1st

Division: M02

Name	Final Score	Place
Farmer, Jesse Vinton Shellsburg United	1 min, 0.89 sec	1st

Division: M03

Name	Final Score	Place
Malmgren, Michael Vinton Shellsburg United	0 min, 33.40 sec	1st
Thilges, Owen Marion Independent	0 min, 52.37 sec	2nd

Division: M04

Name	Final Score	Place
Lammers, Davonte (James) Cedar Rapids Parks & Rec	0 min, 29.34 sec	1st

2019 East Central Athletics

AT 200M Dash

Division: M05

Name	Final Score	Place
Seawright, Alexander (Alex) Wellman Mid Prairie Golden Hawks	0 min, 31.94 sec	1st
Heil, Adam Tipton HS Tigers	0 min, 51.75 sec	2nd

Division: M06

Name	Final Score	Place
Cruz, Marcus Cedar Rapids Parks & Rec	0 min, 31.44 sec	1st
Hotka, Clinton Cedar Rapids Parks & Rec	0 min, 35.13 sec	2nd

Division: M07

Name	Final Score	Place
Beranek, Jesse Cedar Rapids Parks & Rec	0 min, 32.18 sec	1st
Fouarge, Brandon Cedar Rapids Parks & Rec	0 min, 37.24 sec	2nd
Larkin, John Cedar Rapids Parks & Rec	0 min, 46.62 sec	3rd

Division: M08

Name	Final Score	Place
Story, Evan Iowa City Recreation	0 min, 32.62 sec	1st

Division: M10

Name	Final Score	Place
Halupnik, James Iowa City Recreation	1 min, 41.94 sec	1st

Division: M11

Name	Final Score	Place
Hartwig, Don Cedar Rapids Parks & Rec	0 min, 47.60 sec	1st

2019 East Central Athletics

AT 400M Dash

Division: F1

Name	Final Score	Place
Sir, Amber Marie Cedar Rapids Parks & Rec	1 min, 45.87 sec	1st

Division: M2

Name	Final Score	Place
Watt, David Michael Cedar Rapids Parks & Rec	1 min, 12.94 sec	1st
Hill, Nathan Cedar Rapids Parks & Rec	1 min, 15.22 sec	2nd

Division: M3

Name	Final Score	Place
Cruz, Marcus Cedar Rapids Parks & Rec	1 min, 17.99 sec	1st
Beranek, Jesse Cedar Rapids Parks & Rec	1 min, 21.56 sec	2nd
Stocker, Nick Cedar Rapids Parks & Rec	2 min, 27.44 sec	3rd

Division: M4

Name	Final Score	Place
Rininger, Tanner Cedar Rapids Parks & Rec		1st

Division: M5

Name	Final Score	Place
Story, Evan Iowa City Recreation	1 min, 37.04 sec	1st

Division: M6

Name	Final Score	Place
Boots, Jon Cedar Rapids Parks & Rec	1 min, 25.38 sec	1st

Division: M7

Name	Final Score	Place
Hotka, Derek Cedar Rapids Parks & Rec	1 min, 44.31 sec	1st

2019 East Central Athletics

AT 400M Dash

Division: M8

Name	Final Score	Place
Gillespie, Aaron Iowa City Recreation	3 min, 27.81 sec	1st

Division: M9

Name	Final Score	Place
Halupnik, James Iowa City Recreation	1 min, 25.38 sec	1st

2019 East Central Athletics

AT 400M Race Walk

Division: F01

Name	Final Score	Place
Gronewold, Kayla Anamosa Jones Co	3 min, 20.19 sec	1st
Rhodes, Samantha Cedar Rapids Parks & Rec	4 min, 14.15 sec	2nd

Division: F02

Name	Final Score	Place
Downes, Haley Iowa City Recreation	4 min, 20.16 sec	1st

Division: F03

Name	Final Score	Place
DeCoster, Amy Iowa City Recreation	4 min, 10.41 sec	1st

Division: F04

Name	Final Score	Place
Slezak, Sandra (Sandy) Iowa City Recreation	5 min, 48.47 sec	1st

Division: F05

Name	Final Score	Place
Brookhart, Kathleen Iowa City Recreation	4 min, 14.72 sec	1st

Division: F06

Name	Final Score	Place
McDowell, Nancy Iowa City Recreation	4 min, 46.41 sec	1st

Division: M01

Name	Final Score	Place
Crow, Emerson Marion Linn Mar	3 min, 27.78 sec	1st

Division: M02

Name	Final Score	Place
McCarthy, Nathan Iowa City Recreation	3 min, 20.67 sec	Part

2019 East Central Athletics

AT 400M Race Walk

Division: M03

Name	Final Score	Place
Zankowski, Mike Cedar Rapids Parks & Rec	2 min, 59.00 sec	1st

Division: M05

Name	Final Score	Place
Streff, Jason (JR) Cedar Rapids Parks & Rec	3 min, 39.62 sec	1st

Division: M06

Name	Final Score	Place
Hines, Fred Cedar Rapids Parks & Rec	3 min, 29.81 sec	1st

Division: M07

Name	Final Score	Place
Knosp, Zach Iowa City Recreation	5 min, 20.44 sec	1st

Division: M08

Name	Final Score	Place
Musser, Mickey Iowa City Recreation	3 min, 18.04 sec	1st
Pelzer, David Iowa City Recreation	13 min, 36.31 sec	2nd

Division: M09

Name	Final Score	Place
Lopez, Seth Iowa City Recreation	4 min, 7.77 sec	1st
Conklin, Justin Iowa City Recreation	5 min, 3.56 sec	2nd

Division: M11

Name	Final Score	Place
Hughes, Robert Leroy Anamosa Jones Co	3 min, 36.68 sec	1st
Edwards, William (Bill) Cedar Rapids Parks & Rec	3 min, 49.12 sec	2nd

2019 East Central Athletics

AT 400M Race Walk

Division: M12

Name	Final Score	Place
Eschen, Gary Cedar Rapids Parks & Rec	4 min, 18.41 sec	1st
Cannon, Michael Iowa City Recreation	5 min, 17.72 sec	2nd

Division: M14

Name	Final Score	Place
Gaupp, Denny Iowa City Recreation	3 min, 48.09 sec	1st

Division: M15

Name	Final Score	Place
Easler, William (Brad) Iowa City Recreation	3 min, 49.12 sec	1st
Shalla, George Iowa City Recreation	5 min, 5.31 sec	2nd

2019 East Central Athletics

AT 800M Race Walk

Division: M1

Name	Final Score	Place
Johnson, Trevor Cedar Rapids Parks & Rec	9 min, 53.00 sec	1st

Division: M3

Name	Final Score	Place
Streff, Jason (JR) Cedar Rapids Parks & Rec	6 min, 54.12 sec	1st

Division: M4

Name	Final Score	Place
Strain, Kenny Cedar Rapids Parks & Rec	8 min, 43.25 sec	1st

Division: M5

Name	Final Score	Place
Lopez, Seth Iowa City Recreation	6 min, 26.00 sec	DQ
Musser, Mickey Iowa City Recreation	4 min, 48.75 sec	DQ

Division: M6

Name	Final Score	Place
Sutton, Wesley (Wes) Cedar Rapids Parks & Rec	10 min, 7.00 sec	1st

Division: M7

Name	Final Score	Place
Edwards, William (Bill) Cedar Rapids Parks & Rec	10 min, 21.00 sec	1st

2019 East Central Athletics

AT 800M Run

Division: M1

Name	Final Score	Place
Holmes, Sage Vinton Shellsburg United	3 min, 23.43 sec	1st

Division: M3

Name	Final Score	Place
Rininger, Tanner Cedar Rapids Parks & Rec	3 min, 8.15 sec	1st

Division: M4

Name	Final Score	Place
Gillespie, Aaron Iowa City Recreation	5 min, 30.50 sec	1st

2019 East Central Athletics

AT 25M Walk With Me

Division: F2

Name	Final Score	Place
Trotter, Isabella Cedar Rapids John F Kennedy HS	1 min, 5.84 sec	1st

Division: F4

Name	Final Score	Place
Davis, Shaila Washington	0 min, 47.25 sec	1st

2019 East Central Athletics

AT 25M Walk

Division: F1

Name	Final Score	Place
Harmston, Erin Wellman Mid Prairie Golden Hawks	0 min, 26.16 sec	1st

Division: F2

Name	Final Score	Place
Leis, Emma Cedar Rapids Prairie Point MS	0 min, 23.50 sec	1st

Division: M1

Name	Final Score	Place
Pisarik, Brayden Cedar Rapids Prairie Point MS	0 min, 13.63 sec	1st

Division: M2

Name	Final Score	Place
Kness, Michael Wayne Cedar Rapids Parks & Rec	0 min, 16.00 sec	1st

Division: M3

Name	Final Score	Place
Routh, Quincy Iowa City Recreation	0 min, 36.65 sec	1st

2019 East Central Athletics

AT 2K Race Walk

Division: M1

Name	Final Score	Place
Johnson, Trevor Cedar Rapids Parks & Rec	17 min, 49.00 sec	1st

2019 East Central Athletics

AT 50M Walk

Division: 01

Name	Final Score	Place
Kardell, Norah Vinton Shellsburg United	0 min, 34.50 sec	1st

Division: 02

Name	Final Score	Place
Aldrich, Leyton Vinton Shellsburg United	0 min, 32.69 sec	1st

Division: 03

Name	Final Score	Place
Yessak, Marissa Vinton Shellsburg United	1 min, 44.58 sec	1st

Division: 04

Name	Final Score	Place
Polglaze, Susan Cedar Rapids Parks & Rec	0 min, 26.46 sec	1st
Scanlon, Mari Washington	0 min, 27.69 sec	2nd

Division: 05

Name	Final Score	Place
Hodgell, Stacy Marie Washington	0 min, 36.22 sec	1st

Division: 07

Name	Final Score	Place
Triska, Marlene Washington	0 min, 27.53 sec	1st

Division: 08

Name	Final Score	Place
Heins, Toni Cedar Rapids Parks & Rec	0 min, 35.66 sec	1st
Burkey, Debra (Deb) Cedar Rapids Parks & Rec	0 min, 51.79 sec	2nd

Division: 09

Name	Final Score	Place
Richards, Bihari Cedar Rapids Parks & Rec	0 min, 16.78 sec	1st

2019 East Central Athletics

AT 50M Walk

Division: 10

Name	Final Score	Place
Sieren, Dustin Washington	0 min, 23.69 sec	1st
Sanders, Jeffrey (Jeff) Washington	0 min, 28.70 sec	2nd

Division: 11

Name	Final Score	Place
Bricker, Donald Washington	0 min, 18.72 sec	1st

Division: 12

Name	Final Score	Place
Sissel, Chad Iowa City Recreation	0 min, 14.47 sec	DQ

Division: 13

Name	Final Score	Place
Sinker, Elijah Freeman Washington	0 min, 30.35 sec	1st
Anderson, Phillip Washington	0 min, 46.03 sec	2nd

2019 East Central Athletics

AT High Jump

Division: M1

Name	Final Score	Place
Reid, Aaron Cedar Rapids Parks & Rec	3m, 10.00cm	1st
Yoerger, Adam Cedar Rapids Parks & Rec		DQ-TEC

2019 East Central Athletics
AT Mini Javelin 300gr Female / Male 8-15

Division: F1

Name	Final Score	Place
Sir, Amber Marie Cedar Rapids Parks & Rec	16m, 70.00cm	1st

Division: F2

Name	Final Score	Place
Nussle, Sarah Cedar Rapids Parks & Rec	8m, 10.00cm	1st

Division: F3

Name	Final Score	Place
Hodgell, Stacy Marie Washington	3m, 90.00cm	1st

2019 East Central Athletics

AT Mini Javelin 400gr Men

Division: M01

Name	Final Score	Place
Scheckel, Myles Cedar Rapids Parks & Rec	10m, 90.00cm	1st

Division: M03

Name	Final Score	Place
Rooney, Michael Cedar Rapids Washington HS	11m, 60.00cm	1st

Division: M04

Name	Final Score	Place
Vinton, Beauregard (Beau) Vinton Shellsburg United	11m, 80.00cm	1st
Brinkmann, Alex Marion Linn Mar	8m, 70.00cm	2nd

Division: M05

Name	Final Score	Place
Hill, Nathan Cedar Rapids Parks & Rec	12m, 90.00cm	1st

Division: M06

Name	Final Score	Place
Watt, David Michael Cedar Rapids Parks & Rec	17m, 0.00cm	1st

Division: M09

Name	Final Score	Place
Canny, Ronald (Ron) Washington	14m, 26.00cm	1st

Division: M11

Name	Final Score	Place
Hughes, Billy Anamosa Jones Co	9m, 78.00cm	1st

Division: M12

Name	Final Score	Place
Swallom, Kyle Cedar Rapids Parks & Rec	23m, 63.00cm	1st

2019 East Central Athletics

AT Mini Javelin 400gr Men

Division: M13

Name	Final Score	Place
Alt, Jeffrey Cedar Rapids Parks & Rec	27m, 0.00cm	1st

Division: M14

Name	Final Score	Place
Sieren, Dustin Washington	9m, 25.00cm	1st
Sinker, Elijah Freeman Washington	6m, 83.00cm	2nd

2019 East Central Athletics

AT Pentathlon

Division: M1

Name	Final Score	Place
Young, Cody Vinton Shellsburg United	1634 points	1st

Division: M2

Name	Final Score	Place
Henley, Greg Cedar Rapids Parks & Rec	581 points	1st

2019 East Central Athletics

AT Running Long Jump

Division: F1

Name	Final Score	Place
Anderson, Katelynn Marie Vinton Shellsburg United	1m, 79.00cm	1st

Division: F2

Name	Final Score	Place
McMurrin, Elizabeth (Liz) Tipton HS Tigers	1m, 78.00cm	1st

Division: F3

Name	Final Score	Place
Cook, Kayla Cedar Rapids Parks & Rec	1m, 28.00cm	1st

Division: F4

Name	Final Score	Place
Campbell, Kacie Vinton Shellsburg United	1m, 0.00cm	1st

Division: F5

Name	Final Score	Place
Rozen, Alicia Cedar Rapids Parks & Rec	1m, 94.00cm	1st

Division: M1

Name	Final Score	Place
Kruse, Jonathan Vinton Shellsburg United	1m, 35.00cm	1st

Division: M2

Name	Final Score	Place
Malmgren, Michael Vinton Shellsburg United	3m, 44.00cm	1st

Division: M3

Name	Final Score	Place
Conner, Sean Cedar Rapids Jefferson HS	1m, 33.00cm	1st

Division: M4

Name	Final Score	Place
Hotka, Clinton Cedar Rapids Parks & Rec	2m, 6.00cm	1st

2019 East Central Athletics

AT Running Long Jump

Division: M5

Name	Final Score	Place
Larkin, John Cedar Rapids Parks & Rec	1m, 76.00cm	1st

Division: M6

Name	Final Score	Place
Rollins, Dean Iowa City Recreation	2m, 99.00cm	1st

2019 East Central Athletics

AT Shotput-Men

Division: M1

Name	Final Score	Place
Kramer, Zachary Vinton Shellsburg United	7m, 33.00cm	1st

Division: M4

Name	Final Score	Place
White, Paul Cedar Rapids Parks & Rec	9m, 65.00cm	1st

Division: M5

Name	Final Score	Place
Grams, Jeremiah Anamosa Jones Co	4m, 31.00cm	1st
Rigler, Cody Cedar Rapids Parks & Rec	3m, 28.00cm	2nd

Division: M6

Name	Final Score	Place
Bodkin, Daniel Anamosa Jones Co	9m, 85.00cm	1st
Pfeiffer, Ronald Jason Anamosa Jones Co	7m, 8.00cm	2nd

Division: M7

Name	Final Score	Place
Cassell, Avery Cedar Rapids Parks & Rec	10m, 80.00cm	1st

Division: M8

Name	Final Score	Place
Loehr, Allen Washington	7m, 75.00cm	1st

Division: M9

Name	Final Score	Place
Guilford, Jeff Anamosa Jones Co	7m, 0.00cm	1st
Anderson, Phillip Washington	4m, 22.00cm	2nd

2019 East Central Athletics

AT Shotput-Women

Division: F1

Name	Final Score	Place
Stastny, Abbi Cedar Rapids Parks & Rec	5m, 39.00cm	1st

2019 East Central Athletics

AT Softball Throw

Division: F01

Name	Final Score	Place
Shelton, Gracie Cedar Rapids Parks & Rec	9m, 95.00cm	1st
Harlan, Adriana (Audrie) Marion Linn Mar	9m, 11.00cm	2nd

Division: F02

Name	Final Score	Place
Harlan, Adelynn (Addie) Marion Linn Mar	8m, 14.00cm	1st

Division: F03

Name	Final Score	Place
Singh, Nikita Marion Linn Mar	4m, 90.00cm	1st
Trotter, Isabella Cedar Rapids John F Kennedy HS	2m, 96.00cm	2nd
Mims, Chloe Cedar Rapids Prairie Point MS	2m, 90.00cm	3rd
Leis, Emma Cedar Rapids Prairie Point MS	2m, 62.00cm	4th

Division: F04

Name	Final Score	Place
Frambach, Baylie Cedar Rapids Prairie Point MS	7m, 21.00cm	1st

Division: F05

Name	Final Score	Place
Winterberg, Miko Cedar Rapids Prairie Point MS	12m, 22.00cm	1st
Kramer, Emma Vinton Shellsburg United	11m, 10.00cm	2nd

Division: F06

Name	Final Score	Place
Kessler, Alexis Marion Linn Mar	11m, 29.00cm	1st
Westphal, Kamryn Cedar Rapids Prairie Point MS	7m, 82.00cm	2nd
Kallas, Gabrielle Cedar Rapids Prairie Point MS	12m, 84.00cm	DQ

2019 East Central Athletics

AT Softball Throw

Division: F07

Name	Final Score	Place
Oakley, Kaylah Cedar Rapids Prairie HS	10m, 87.00cm	1st
Frascht, Annika Wellman Mid Prairie Golden Hawks	6m, 27.00cm	2nd
Scott, Taylor Cedar Rapids Jefferson HS	2m, 90.00cm	3rd

Division: F08

Name	Final Score	Place
Draper, Haleigh Marion Linn Mar	5m, 52.00cm	1st
Harmston, Erin Wellman Mid Prairie Golden Hawks	4m, 0.00cm	2nd

Division: F09

Name	Final Score	Place
Kelley, Brianna Marion Linn Mar	9m, 34.00cm	1st
Krautbauer, Larin Cedar Rapids John F Kennedy HS	5m, 77.00cm	2nd
Grovert, Elizabeth (Ellie) Cedar Rapids John F Kennedy HS	2m, 66.00cm	3rd

Division: F10

Name	Final Score	Place
Haufle, Avery Cedar Rapids Parks & Rec	13m, 33.00cm	1st
Cardine, Imoni Cedar Rapids Washington HS	7m, 44.00cm	2nd

Division: F11

Name	Final Score	Place
Buhs, Deena Cedar Rapids Prairie HS	18m, 43.00cm	1st
Mullins, Sidney Tipton HS Tigers	14m, 86.00cm	2nd
Garlow, Autumn Marion Linn Mar	14m, 37.00cm	3rd
Griffin, Christine Cedar Rapids John F Kennedy HS	10m, 34.00cm	4th

2019 East Central Athletics

AT Softball Throw

Division: F12

Name	Final Score	Place
Riley, Allison Cedar Rapids Jefferson HS	26m, 49.00cm	1st
Persick, Claire Cedar Rapids John F Kennedy HS	11m, 8.00cm	2nd

Division: F13

Name	Final Score	Place
Dostal, Destiny Cedar Rapids John F Kennedy HS	13m, 73.00cm	1st

Division: F14

Name	Final Score	Place
Hess, Jessie Cedar Rapids Parks & Rec	11m, 93.00cm	1st
Arp, Shelby Vinton Shellsburg United	10m, 41.00cm	2nd
Strottman, Brady Cedar Rapids Parks & Rec	6m, 55.00cm	3rd

Division: F15

Name	Final Score	Place
Buresh, Ashley Cedar Rapids Parks & Rec	13m, 1.00cm	1st
Dietz, Brianna Cedar Rapids Parks & Rec	11m, 6.00cm	2nd

Division: F16

Name	Final Score	Place
Cook, Kayla Cedar Rapids Parks & Rec	19m, 46.00cm	1st

Division: F17

Name	Final Score	Place
Scanlon, Mari Washington	12m, 88.00cm	1st

2019 East Central Athletics

AT Softball Throw

Division: F19

Name	Final Score	Place
VanderMillen, Marie Cedar Rapids Parks & Rec	8m, 64.00cm	1st
Hennessey, Keriann Cedar Rapids Parks & Rec	7m, 74.00cm	2nd
Rhodes, Samantha Cedar Rapids Parks & Rec	7m, 48.00cm	3rd

Division: F20

Name	Final Score	Place
Moyer, Jennifer Anamosa Jones Co	13m, 39.00cm	1st

Division: F22

Name	Final Score	Place
Terrill, Erin Cedar Rapids Parks & Rec	13m, 25.00cm	1st
Triska, Marlene Washington	7m, 93.00cm	2nd

Division: M01

Name	Final Score	Place
Simmons, Patrick Marion Linn Mar	5m, 0.00cm	1st
Lovetinsky, Owen Marion Linn Mar	3m, 50.00cm	2nd

Division: M02

Name	Final Score	Place
Myers, Brennan Marion Linn Mar	17m, 20.00cm	1st
Zulu, Manasseh Marion Linn Mar	7m, 40.00cm	2nd
Mattson, James Marion Linn Mar	6m, 50.00cm	3rd

Division: M03

Name	Final Score	Place
Murphy, Brody Vinton Shellsburg United	10m, 85.00cm	1st
Farmer, Jesse Vinton Shellsburg United	9m, 10.00cm	2nd

2019 East Central Athletics

AT Softball Throw

Division: M04

Name	Final Score	Place
Wardell, Braeton Marion Independent	23m, 30.00cm	1st

Division: M05

Name	Final Score	Place
Bruce, Brady Vinton Shellsburg United	10m, 50.00cm	1st
Reynolds, Dakota Cedar Rapids Prairie Point MS	9m, 60.00cm	2nd
Pisarik, Brayden Cedar Rapids Prairie Point MS	9m, 15.00cm	3rd

Division: M06

Name	Final Score	Place
Proctor, Connor Tipton MS/HS	12m, 90.00cm	1st
Hartwig, Samuel Marion Linn Mar	9m, 70.00cm	2nd
Lindauer, Luke Cedar Rapids Jefferson HS	4m, 10.00cm	3rd

Division: M07

Name	Final Score	Place
Klein, Jack Cedar Rapids John F Kennedy HS	18m, 24.00cm	1st
Griebat, Holden Dwain Tipton MS/HS	16m, 90.00cm	2nd
Ulrich, Clayton Cedar Rapids Jefferson HS	11m, 14.00cm	3rd

Division: M08

Name	Final Score	Place
McCarville, Ian Marion Linn Mar	15m, 90.00cm	1st
Lewis, Carlos (Charlie) Marion Linn Mar	15m, 40.00cm	2nd
Swiser, Owen Cedar Rapids Jefferson HS	10m, 50.00cm	3rd

2019 East Central Athletics

AT Softball Throw

Division: M09

Name	Final Score	Place
Bramlett, Jayden Tipton MS/HS	17m, 60.00cm	1st
Norby (Gibbs), Noah Cedar Rapids Prairie Point MS	15m, 0.00cm	2nd

Division: M10

Name	Final Score	Place
Cole, Matthew Cedar Rapids Prairie Point MS	27m, 30.00cm	1st
Norby, Owen Cedar Rapids Prairie Point MS	24m, 70.00cm	2nd
Weber, Braden Cedar Rapids Prairie Point MS	6m, 70.00cm	3rd

Division: M11

Name	Final Score	Place
Corrin, Jacob Cedar Rapids Prairie Point MS	19m, 27.00cm	1st

Division: M12

Name	Final Score	Place
Gardner, Henry Cedar Rapids Prairie HS	10m, 0.00cm	1st
Devore, Patrick Cedar Rapids Jefferson HS	5m, 20.00cm	2nd
Anderson, Ben Marion Linn Mar	3m, 0.00cm	3rd

Division: M13

Name	Final Score	Place
Eckhardt, Nicolas Marion Linn Mar	10m, 94.00cm	1st
Klein, Joshua Cedar Rapids John F Kennedy HS	6m, 20.00cm	2nd

2019 East Central Athletics

AT Softball Throw

Division: M14

Name	Final Score	Place
Heil, Adam Tipton HS Tigers	11m, 10.00cm	1st
Bamsey, Ian Cedar Rapids Jefferson HS	10m, 20.00cm	2nd
Szczesniak, Noah Marion Linn Mar	8m, 80.00cm	3rd

Division: M15

Name	Final Score	Place
Goodson, Bryce Cedar Rapids Prairie HS	27m, 40.00cm	1st
Crawford, Quinton Cedar Rapids Jefferson HS	16m, 40.00cm	2nd

Division: M16

Name	Final Score	Place
Hoeger, Jackson Cedar Rapids John F Kennedy HS	15m, 10.00cm	1st
Crow, Emerson Marion Linn Mar	14m, 60.00cm	2nd
Freno, Nathan Cedar Rapids Jefferson HS	10m, 90.00cm	3rd

Division: M17

Name	Final Score	Place
Flood, Keenan Cedar Rapids John F Kennedy HS	16m, 22.00cm	1st
Holmes, Sage Vinton Shellsburg United	15m, 37.00cm	2nd

Division: M18

Name	Final Score	Place
Fleetwood, DeVantre Cedar Rapids Jefferson HS	19m, 10.00cm	1st
Metzler, Armando Cedar Rapids Prairie HS	18m, 30.00cm	2nd
Ihnen, Isaac Cedar Rapids John F Kennedy HS	17m, 60.00cm	3rd
Kratzer, Tad Marion Linn Mar	9m, 20.00cm	4th

2019 East Central Athletics

AT Softball Throw

Division: M19

Name	Final Score	Place
Helgenberger, Ethan Cedar Rapids Jefferson HS	12m, 80.00cm	1st

Division: M20

Name	Final Score	Place
Grove, Nolan Marion Linn Mar	29m, 60.00cm	1st
Shaul, Logan Cedar Rapids John F Kennedy HS	22m, 20.00cm	2nd
Lerch, Jace Cedar Rapids Jefferson HS	22m, 10.00cm	3rd

Division: M21

Name	Final Score	Place
Seawright, Alexander (Alex) Wellman Mid Prairie Golden Hawks	32m, 75.00cm	1st

Division: M22

Name	Final Score	Place
Clark, Colin Cedar Rapids Prairie HS	9m, 55.00cm	1st

Division: M23

Name	Final Score	Place
Hatfield, Quintin Marion Linn Mar	1m, 31.00cm	1st

Division: M24

Name	Final Score	Place
Stocker, Nick Cedar Rapids Parks & Rec	9m, 10.00cm	1st
Loggins, Andrew Cedar Rapids Parks & Rec	4m, 10.00cm	2nd

Division: M25

Name	Final Score	Place
Marconi, Gary Cedar Rapids Parks & Rec	9m, 66.00cm	1st

2019 East Central Athletics

AT Softball Throw

Division: M26

Name	Final Score	Place
Gray, Tyler Anamosa Jones Co	18m, 30.00cm	1st
Muters, Chris Cedar Rapids Parks & Rec	11m, 30.00cm	2nd

Division: M27

Name	Final Score	Place
Fouarge, Brandon Cedar Rapids Parks & Rec	20m, 36.00cm	1st
Steinke, Aaron Cedar Rapids Parks & Rec	13m, 85.00cm	2nd

Division: M28

Name	Final Score	Place
Blankenship, Jonathan Cedar Rapids Parks & Rec	22m, 95.00cm	1st
Salow, Brady Vinton Cedar Valley Ranch	16m, 20.00cm	2nd

Division: M29

Name	Final Score	Place
Steele, Jacob Cedar Rapids Parks & Rec	25m, 66.00cm	1st

Division: M30

Name	Final Score	Place
White, Robert Cedar Rapids Parks & Rec	39m, 40.00cm	1st

Division: M31

Name	Final Score	Place
Parker, Gary Vinton Cedar Valley Ranch	44m, 55.00cm	1st

Division: M32

Name	Final Score	Place
Beaty, Brandon Cedar Rapids Parks & Rec	6m, 90.00cm	1st

2019 East Central Athletics

AT Softball Throw

Division: M34

Name	Final Score	Place
Sanders, Jeffrey (Jeff) Washington	21m, 0.00cm	1st
Hagen, Brian Cedar Rapids Parks & Rec	7m, 40.00cm	2nd
Orth, James (Jim) Cedar Rapids Parks & Rec	7m, 20.00cm	3rd

Division: M35

Name	Final Score	Place
Strain, Kenny Cedar Rapids Parks & Rec	7m, 60.00cm	1st

Division: M36

Name	Final Score	Place
Whitworth, Patrick Cedar Rapids Parks & Rec	14m, 27.00cm	1st
Sharp, Ryan Cedar Rapids Parks & Rec	14m, 17.00cm	2nd
Baldwin, Kevin Cedar Rapids Parks & Rec	11m, 0.00cm	3rd

Division: M37

Name	Final Score	Place
Yoerger, Adam Cedar Rapids Parks & Rec	16m, 40.00cm	1st
Richards, Bihari Cedar Rapids Parks & Rec	13m, 40.00cm	2nd

Division: M38

Name	Final Score	Place
Meyer, Marcus Cedar Rapids Parks & Rec	19m, 70.00cm	1st
Gage, Scott Cedar Rapids Parks & Rec	16m, 25.00cm	2nd

Division: M39

Name	Final Score	Place
Edgerly, Scott Cedar Rapids Parks & Rec	16m, 65.00cm	1st
Bricker, Donald Washington	6m, 48.00cm	2nd

2019 East Central Athletics

AT Softball Throw

Division: M40

Name	Final Score	Place
Parks, Josh Vinton Cedar Valley Ranch	25m, 15.00cm	1st
Garner, William Cedar Rapids Parks & Rec	20m, 20.00cm	2nd

Division: M41

Name	Final Score	Place
Boots, Jon Cedar Rapids Parks & Rec	23m, 86.00cm	1st
Driscoll, Chad Iowa City Recreation	21m, 10.00cm	2nd

Division: M42

Name	Final Score	Place
Hines, Fred Cedar Rapids Parks & Rec	30m, 80.00cm	1st
Church, Jesse Cedar Rapids Parks & Rec	27m, 26.00cm	2nd

Division: M44

Name	Final Score	Place
Eschen, Gary Cedar Rapids Parks & Rec	7m, 30.00cm	1st

Division: M45

Name	Final Score	Place
Hartwig, Lonny Cedar Rapids Parks & Rec	14m, 4.00cm	1st
VanCleve, James (Jim) Cedar Rapids Parks & Rec	11m, 12.00cm	2nd

Division: M47

Name	Final Score	Place
Hughes, Robert Leroy Anamosa Jones Co	30m, 70.00cm	1st
Andresen, Marty Vinton Cedar Valley Ranch	28m, 40.00cm	2nd

2019 East Central Athletics

AT Standing Long Jump

Division: F1

Name	Final Score	Place
Kurth, Shelby Vinton Shellsburg United	0m, 61.00cm	1st

Division: F2

Name	Final Score	Place
Cardine, Imoni Cedar Rapids Washington HS	1m, 30.00cm	1st
Oakley, Kaylah Cedar Rapids Prairie HS	0m, 80.00cm	2nd

Division: F3

Name	Final Score	Place
Burington, Haley Cedar Rapids Jefferson HS	1m, 39.00cm	1st
Mullins, Sidney Tipton HS Tigers	1m, 32.00cm	2nd

Division: F4

Name	Final Score	Place
Krahmer, Mercedes Cedar Rapids Parks & Rec	0m, 50.00cm	1st

Division: F5

Name	Final Score	Place
Guilford, Cassandra (Cassie) Anamosa Jones Co	1m, 22.00cm	1st

Division: F6

Name	Final Score	Place
VanderMillen, Marie Cedar Rapids Parks & Rec	0m, 31.00cm	1st

Division: M1

Name	Final Score	Place
Clark, Colin Cedar Rapids Prairie HS	0m, 70.00cm	1st

2019 East Central Athletics

AT Standing Long Jump

Division: M2

Name	Final Score	Place
Rooney, Michael Cedar Rapids Washington HS	1m, 34.00cm	1st
Lane, Ryan Vinton Shellsburg United	0m, 79.00cm	2nd

Division: M3

Name	Final Score	Place
Ahrendsen, Kevin Cedar Rapids Parks & Rec	1m, 56.00cm	1st
Ahrendsen, Doug Cedar Rapids Parks & Rec	0m, 92.00cm	2nd

Division: M4

Name	Final Score	Place
Cassell, Avery Cedar Rapids Parks & Rec	1m, 90.00cm	1st
Meyer, Marcus Cedar Rapids Parks & Rec	1m, 56.00cm	2nd

2019 East Central Athletics

AT Tennis Ball Throw

Division: F1

Name	Final Score	Place
Doval, Audrey Marion Independent	2m, 10.00cm	1st

Division: F2

Name	Final Score	Place
Kardell, Norah Vinton Shellsburg United	4m, 90.00cm	1st

Division: F3

Name	Final Score	Place
Johnson, Charlise Marion Independent	0m, 49.00cm	1st

Division: F5

Name	Final Score	Place
Aldrich, Leyton Vinton Shellsburg United	6m, 95.00cm	1st

Division: F6

Name	Final Score	Place
Yessak, Marissa Vinton Shellsburg United	3m, 39.00cm	1st

Division: F9

Name	Final Score	Place
McCrea, Rebecca (Becky) Cedar Rapids Parks & Rec	5m, 15.00cm	1st

Division: F10

Name	Final Score	Place
Heins, Toni Cedar Rapids Parks & Rec	6m, 20.00cm	1st

Division: F11

Name	Final Score	Place
Burkey, Debra (Deb) Cedar Rapids Parks & Rec	1m, 28.00cm	1st

Division: M1

Name	Final Score	Place
Gardner, Devon Marion Linn Mar	2m, 76.00cm	1st

2019 East Central Athletics

AT Tennis Ball Throw

Division: M2

Name	Final Score	Place
Mehlberger, Ryan Marion Independent	4m, 75.00cm	1st

Division: M3

Name	Final Score	Place
Thilges, Owen Marion Independent	9m, 70.00cm	1st

Division: M4

Name	Final Score	Place
Corrigan, Ryan Marion Linn Mar	1m, 42.00cm	1st

Division: M6

Name	Final Score	Place
Kness, Michael Wayne Cedar Rapids Parks & Rec	5m, 41.00cm	1st

2019 East Central Athletics

ATWC 25M Manual Race

Division: F1

Name	Final Score	Place
Werner, Nikkole Cedar Rapids Parks & Rec	0 min, 16.94 sec	1st

Division: M1

Name	Final Score	Place
Corrigan, Ryan Marion Linn Mar	0 min, 22.03 sec	1st

Division: M2

Name	Final Score	Place
Smothers, Tyler Cedar Rapids Parks & Rec	0 min, 58.09 sec	1st

2019 East Central Athletics

ATWC 30M Manual Slalom

Division: F1

Name	Final Score	Place
Werner, Nikkole Cedar Rapids Parks & Rec	0 min, 23.91 sec	1st

Division: M1

Name	Final Score	Place
Smothers, Tyler Cedar Rapids Parks & Rec	1 min, 10.21 sec	1st

2019 East Central Athletics
AT 4X100 Race Walk Relay

Division M1

CR Walk #1

Cedar Rapids Parks & Rec

Score: 03:09.19

Place 1st place

Buresh, Ashley	Bib # 0
Hootman, Jarrod	Bib # 0
Terrill, Erin	Bib # 0
VanderMillen, Marie	Bib # 0

2019 East Central Athletics
AT 4X100 Race Walk Relay

Division M2

Jones County Walker

Score: 03:44.15

Place 1st place

Anamosa Jones Co

Gray, Tyler	Bib # 0
Gronewold, Kayla	Bib # 0
Guilford, Jeff	Bib # 0
Moyer, Jennifer	Bib # 0

2019 East Central Athletics
AT 4X100 Race Walk Relay

Division M3

CR Walk #2

Cedar Rapids Parks & Rec

Score: 03:23.12

Place 1st place

Ahrendsen, Doug	Bib # 0
Eschen, Gary	Bib # 0
Hartwig, Lonny	Bib # 0
Hines, Fred	Bib # 0
Streff, Jason (JR)	Bib # 0

2019 East Central Athletics

AT 4X100 Run Relay

Division F1

CR Female #1

Score: 01:26.90

Place 1st place

Cedar Rapids Parks & Rec

Cook, Kayla	Bib # 0
Haufle, Avery	Bib # 0
Sir, Amber Marie	Bib # 0
Stastny, Abbi	Bib # 0

2019 East Central Athletics

AT 4X100 Run Relay

Division F2

CR Female #2

Score: 02:40.66

Place 1st place

Cedar Rapids Parks & Rec

Fallis, Suzanne	Bib # 0
Krahmer, Mercedes	Bib # 0
Nussle, Sarah	Bib # 0
Shelton, Gracie	Bib # 0
Strottman, Brady	Bib # 0

2019 East Central Athletics
AT 4X100 Run Relay

Division M1

CR Coed #1

Cedar Rapids Parks & Rec

Score: 01:16.99

Place 1st place

Alt, Jeffrey	Bib # 0
Hess, Jessie	Bib # 0
Lammers, Davonte (James)	Bib # 0
Rozen, Alicia	Bib # 0

VSU 1

Vinton Shellsburg United

Score: 01:18.72

Place 2nd place

Anderson, Katelynn Marie	Bib # 0
Kramer, Emma	Bib # 0
Malmgren, Michael	Bib # 0
Young, Cody	Bib # 0

2019 East Central Athletics
AT 4X100 Run Relay

Division M2

CR Male #1

Cedar Rapids Parks & Rec

Score: 01:01.61

Place 1st place

Rininger, Tanner	Bib # 0
Swallom, Kyle	Bib # 0
White, Paul	Bib # 0
White, Robert	Bib # 0

CR Male #2

Cedar Rapids Parks & Rec

Score: 01:08.82

Place 2nd place

Beranek, Jesse	Bib # 0
Cruz, Marcus	Bib # 0
Hotka, Clinton	Bib # 0
Meyer, Marcus	Bib # 0

CR Male #3

Cedar Rapids Parks & Rec

Score: 01:22.91

Place 3rd place

Boots, Jon	Bib # 0
Hartwig, Don	Bib # 0
Hotka, Derek	Bib # 0
Sharp, Ryan	Bib # 0

CR Male #4

Cedar Rapids Parks & Rec

Score: 01:27.09

Place 4th place

Garner, William	Bib # 0
Larkin, John	Bib # 0
Reid, Aaron	Bib # 0
Rigler, Cody	Bib # 0

2019 East Central Athletics
AT 4X100 Run Relay

Division M3

VSU 2

Vinton Shellsburg United

Score: 01:19.86

Place 1st place

Holmes, Sage	Bib # 0
Kramer, Zachary	Bib # 0
Lane, Ryan	Bib # 0
Vinton, Beauregard (Beau)	Bib # 0

2019 East Central Athletics
AT 4X100 Run Relay

Division M4

CR Male #6

Cedar Rapids Parks & Rec

Score:

Place

Blankenship, Jonathan

Bib # 0

Fah, Terry

Bib # 0

CR Male #5

Cedar Rapids Parks & Rec

Score:

Place

Henley, Greg

Bib # 0

Hill, Nathan

Bib # 0

Pietri, Jorge (Andy)

Bib # 0

Steinke, Aaron

Bib # 0

CR Male #6

Cedar Rapids Parks & Rec

Score:

Place

Watt, David Michael

Bib # 0

Yoerger, Adam

Bib # 0

2019 East Central Athletics
AT 4X100 Run Relay

Division M5

VSU 3

Vinton Shellsburg United

Score: 01:56.47

Place 1st place

Bruce, Brady	Bib # 0
Farmer, Jesse	Bib # 0
Kruse, Jonathan	Bib # 0
Murphy, Brody	Bib # 0

IC Red Hawks

Iowa City Recreation

Score:

Place

Gillespie, Aaron	Bib # 0
Halupnik, James	Bib # 0
Spaziani, Daniel (Dan)	Bib # 0