

# 2019 Mid-Winter Tournament

## PWL Bench Press Female

### Division: F\_14-21\_01

Name	Final Score	Place
Norris, Baylee Scott Co Masters Davenport	85	1st

### Division: F\_14-21\_02

Name	Final Score	Place
Reisinger, Leah Iowa City The Village Community	45	1st

### Division: F\_22\_01

Name	Final Score	Place
Larson, Sandra (Kay) Clinton Co Special Athletes	55	1st
Stauffer, Tracy Clinton Co Special Athletes	40	2nd

### Division: F\_22\_02

Name	Final Score	Place
Wessels, Rebecca (Becky) Lynn Glenwood Res Ctr	65	1st

### Division: F\_22\_03

Name	Final Score	Place
Davis, Carolyne (Cari) Katheryn Sioux City Knights	65	1st

### Division: F\_22\_04

Name	Final Score	Place
Skelley, Nicole Scott Co Masters Davenport	70	1st
Hall, Amanda Muscatine Comm YMCA	65	2nd
Warden, Ciara Iowa City The Village Community	55	3rd

### Division: F\_22\_05

Name	Final Score	Place
Hunter, Alexis Scott Co Masters Davenport	55	1st
Dohrn, Angela Scott Co Masters Davenport	50	2nd

# 2019 Mid-Winter Tournament

## PWL Bench Press Female

### Division: F\_22\_06

Name	Final Score	Place
Reddick, Deb Muscatine Comm YMCA	115	1st
Moffitt, Chelsey Estherville North Stars	105	2nd
Strong, Adalene (Adie) Muscatine Comm YMCA	105	2nd

### Division: F\_22\_07

Name	Final Score	Place
Smith, Laura Lea Scott Co Masters Davenport	70	1st

### Division: F\_22\_08

Name	Final Score	Place
Anaya, Demi Scott Co Masters Davenport	65	1st
Branson, Ashley Glenwood Res Ctr	60	2nd

### Division: F\_22\_09

Name	Final Score	Place
Burmeister, Lori Muscatine Comm YMCA	105	1st
Schumacher, Hayli Cedar Rapids Parks & Rec	65	2nd

### Division: F\_22\_10

Name	Final Score	Place
Crossett, Nicole (Nicky) Muscatine Comm YMCA	60	1st

### Division: F\_22\_11

Name	Final Score	Place
Jones, Rebecca Iowa City The Village Community	60	1st

# 2019 Mid-Winter Tournament

## PWL Bench Press

### Division: M\_14-21\_M105\_1

Name	Final Score	Place
Trujillo, Matthew Muscatine Comm YMCA	165	1st

### Division: M\_14-21\_M53\_1

Name	Final Score	Place
Parker, Athen Muscatine Comm YMCA	105	1st

### Division: M\_14-21\_M59\_1

Name	Final Score	Place
Redlinger, Jacob Iowa City The Village Community	45	1st

### Division: M\_14-21\_M59\_2

Name	Final Score	Place
Bearley, Elijah Neola Tri Center Schools	90	1st

### Division: M\_14-21\_M59\_3

Name	Final Score	Place
Oswehr, Cole Neola Tri Center Schools	120	1st

### Division: M\_14-21\_M66\_1

Name	Final Score	Place
Dircks, Dallas Cedar Rapids Parks & Rec	135	1st

### Division: M\_14-21\_M74\_1

Name	Final Score	Place
Bohn, Tristan Cedar Rapids Parks & Rec	100	1st
Mindolovich, Izak Cedar Rapids Parks & Rec	90	2nd

### Division: M\_14-21\_M83\_1

Name	Final Score	Place
Baldus, Isaac Indianola Warren Co Wolves	225	1st

# 2019 Mid-Winter Tournament

## PWL Bench Press

### Division: M\_14-21\_M93\_1

Name	Final Score	Place
Devore, Taylor Cedar Rapids Parks & Rec	100	1st

### Division: M\_14-21\_M93\_2

Name	Final Score	Place
Layne, Ernest Clinton Co Special Athletes	190	1st
Glubka, Isaiah Cedar Rapids Parks & Rec	125	2nd

### Division: M\_22\_M105\_1

Name	Final Score	Place
Brown, Stuart D Bettendorf New Choices	145	1st

### Division: M\_22\_M105\_2

Name	Final Score	Place
Torres, Alex Estherville North Stars	175	1st
Hughes, Billy Cedar Rapids Parks & Rec	150	2nd

### Division: M\_22\_M105\_3

Name	Final Score	Place
Veasey, Gabriel Scott Co Masters Davenport	200	1st
Whipps, Blake Iowa City The Village Community	135	2nd

### Division: M\_22\_M105\_4

Name	Final Score	Place
Twigg, Kristopher Craig Muscatine Comm YMCA	155	1st

# 2019 Mid-Winter Tournament

## PWL Bench Press

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### Division: M\_22\_M120\_1

Name	Final Score	Place
Wright, Anthony (Rich) Cedar Rapids Parks & Rec	160	1st
Torres, Mack Estherville North Stars	160	1st
Schmieder, Kevin Scott Co Masters Davenport	105	3rd
Bryant, Curtis Cedar Rapids Parks & Rec	100	4th
Gage, Scott Cedar Rapids Parks & Rec	85	5th

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### Division: M\_22\_M120\_2

Name	Final Score	Place
Todd, Cabot Cedar Rapids Parks & Rec	210	1st
Flake, Travis Muscatine Comm YMCA	180	2nd
St. Clair, Eric Muscatine Comm YMCA	145	3rd
King, Billy Joe Muscatine Comm YMCA	145	3rd

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### Division: M\_22\_M120\_3

Name	Final Score	Place
Todd, Taylor Cedar Rapids Parks & Rec	150	1st

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### Division: M\_22\_M120\_4

Name	Final Score	Place
Swanson, Matthew Muscatine Comm YMCA	235	1st

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### Division: M\_22\_M53\_1

Name	Final Score	Place
Vaul, Robert "Bob" Muscatine Comm YMCA	65	1st

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# 2019 Mid-Winter Tournament

## PWL Bench Press

### Division: M\_22\_M59\_1

Name	Final Score	Place
Reecy, Dan Muscatine Comm YMCA	95	1st
Hines, Lucas Muscatine Comm YMCA	65	2nd

### Division: M\_22\_M59\_2

Name	Final Score	Place
McWilliams, Adam Scott Co Masters Davenport	105	1st

### Division: M\_22\_M66\_1

Name	Final Score	Place
Feild, William (Bj) Cedar Rapids Parks & Rec	130	1st

### Division: M\_22\_M74\_1

Name	Final Score	Place
Hansen, Mike Des Moines Christian Opportunity Ctr	110	1st
Orth, James (Jim) Cedar Rapids Parks & Rec	55	2nd

### Division: M\_22\_M74\_2

Name	Final Score	Place
Elliff, David Glenwood Res Ctr	125	1st
Elsbernd, Daniel (Dan) Glenwood Res Ctr	120	2nd
Hinkhouse, Jayton Glenwood Res Ctr	115	3rd
Keller, Jordan Lee Muscatine Comm YMCA	115	3rd
Hinz, Donald Arthur Clinton Co Special Athletes	115	3rd
Cibula, John Glenwood Res Ctr	80	6th

# 2019 Mid-Winter Tournament

## PWL Bench Press

### Division: M\_22\_M74\_3

Name	Final Score	Place
Romero, Gustavo Estherville North Stars	165	1st
Meyer, Marcus Cedar Rapids Parks & Rec	135	2nd
Speth, Cole Cedar Rapids Parks & Rec	135	2nd
Padgett, Austin Sioux City Knights	125	4th

### Division: M\_22\_M74\_4

Name	Final Score	Place
Ahrendsen, Kevin Cedar Rapids Parks & Rec	210	1st

### Division: M\_22\_M74\_5

Name	Final Score	Place
Betsworth, Mitchell Stuart Sioux City Knights	270	1st

### Division: M\_22\_M83\_1

Name	Final Score	Place
Kleese, Nathan Iowa City The Village Community	65	1st
Hartnett, Callaghan Cedar Rapids Parks & Rec	55	2nd

### Division: M\_22\_M83\_3

Name	Final Score	Place
Small, Brad Muscatine Comm YMCA	115	1st
Wright, Zach Glenwood Res Ctr	115	1st
Ahrendsen, Doug Cedar Rapids Parks & Rec	95	2nd

### Division: M\_22\_M83\_4

Name	Final Score	Place
Blakely, Kevin Clinton Co Special Athletes	135	1st
Kurtz, Tyler Iowa City The Village Community	110	2nd

# 2019 Mid-Winter Tournament

## PWL Bench Press

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### Division: M\_22\_M83\_5

Name	Final Score	Place
Brockert, Kevin Muscatine Comm YMCA	135	1st
Davis, Josh Sioux City Knights	125	2nd

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### Division: M\_22\_M93\_1

Name	Final Score	Place
Small, Jay Muscatine Comm YMCA	105	1st
Lewis, Michael Iowa City The Village Community	95	2nd

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### Division: M\_22\_M93\_2

Name	Final Score	Place
Black, Thomas Scott Co Masters Davenport	135	1st

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### Division: M\_22\_M93\_3

Name	Final Score	Place
Campos, Michael (Mike) Des Moines CrossFit Akeso	180	1st
DeCory, Charles (Chuck) Sioux City Knights	135	2nd

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### Division: M\_22\_M93\_4

Name	Final Score	Place
Redmon, Robert Clinton Co Special Athletes	285	1st

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### Division: PARTICIATION

Name	Final Score	Place
Lockwood, Larry Clinton Co Special Athletes	90	Part

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# 2019 Mid-Winter Tournament

## PWL Dead Lift Female

### Division: F\_14-21\_01

Name	Final Score	Place
Norris, Baylee Scott Co Masters Davenport	195	1st

### Division: F\_14-21\_02

Name	Final Score	Place
Reisinger, Leah Iowa City The Village Community	70	1st

### Division: F\_22\_01

Name	Final Score	Place
Larson, Sandra (Kay) Clinton Co Special Athletes	95	1st

### Division: F\_22\_02

Name	Final Score	Place
Wessels, Rebecca (Becky) Lynn Glenwood Res Ctr	135	1st
Stauffer, Tracy Clinton Co Special Athletes	130	2nd

### Division: F\_22\_03

Name	Final Score	Place
Davis, Carolyne (Cari) Katheryn Sioux City Knights	140	1st

### Division: F\_22\_04

Name	Final Score	Place
Hall, Amanda Muscatine Comm YMCA	185	1st
Hunter, Alexis Scott Co Masters Davenport	130	2nd
Skelley, Nicole Scott Co Masters Davenport	115	3rd

### Division: F\_22\_05

Name	Final Score	Place
Warden, Ciara Iowa City The Village Community	100	1st
Dohrn, Angela Scott Co Masters Davenport	95	2nd

# 2019 Mid-Winter Tournament

## PWL Dead Lift Female

### Division: F\_22\_06

Name	Final Score	Place
Strong, Adalene (Adie) Muscatine Comm YMCA	215	1st

### Division: F\_22\_07

Name	Final Score	Place
Moffitt, Chelsey Estherville North Stars	175	1st

### Division: F\_22\_08

Name	Final Score	Place
Anaya, Demi Scott Co Masters Davenport	125	1st
Branson, Ashley Glenwood Res Ctr	125	1st

### Division: F\_22\_09

Name	Final Score	Place
Smith, Laura Lea Scott Co Masters Davenport	80	1st

### Division: F\_22\_10

Name	Final Score	Place
Crossett, Nicole (Nicky) Muscatine Comm YMCA	155	1st
Burmeister, Lori Muscatine Comm YMCA	145	2nd

### Division: F\_22\_11

Name	Final Score	Place
Schumacher, Hayli Cedar Rapids Parks & Rec	115	1st

### Division: F\_22\_12

Name	Final Score	Place
Jones, Rebecca Iowa City The Village Community	75	1st

# 2019 Mid-Winter Tournament

## PWL Dead Lift

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### Division: M\_14-21\_M105\_1

Name	Final Score	Place
Trujillo, Matthew Muscatine Comm YMCA	325	1st

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### Division: M\_14-21\_M53\_1

Name	Final Score	Place
Parker, Athen Muscatine Comm YMCA	215	1st

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### Division: M\_14-21\_M59\_1

Name	Final Score	Place
Redlinger, Jacob Iowa City The Village Community	100	1st

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### Division: M\_14-21\_M59\_2

Name	Final Score	Place
Osbahr, Cole Neola Tri Center Schools	180	1st
Bearley, Elijah Neola Tri Center Schools	175	2nd

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### Division: M\_14-21\_M66\_1

Name	Final Score	Place
Dircks, Dallas Cedar Rapids Parks & Rec	290	1st

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### Division: M\_14-21\_M74\_1

Name	Final Score	Place
Mindolovich, Izak Cedar Rapids Parks & Rec	185	1st
Bohn, Tristan Cedar Rapids Parks & Rec	165	2nd

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### Division: M\_14-21\_M83\_1

Name	Final Score	Place
Baldus, Isaac Indianola Warren Co Wolves	365	1st

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# 2019 Mid-Winter Tournament

## PWL Dead Lift

### Division: M\_14-21\_M93\_2

Name	Final Score	Place
Glubka, Isaiah Cedar Rapids Parks & Rec	300	1st
Layne, Ernest Clinton Co Special Athletes	225	2nd
Devore, Taylor Cedar Rapids Parks & Rec	200	3rd

### Division: M\_22\_M105\_1

Name	Final Score	Place
Brown, Stuart D Bettendorf New Choices	305	1st
Torres, Alex Estherville North Stars	260	2nd

### Division: M\_22\_M105\_2

Name	Final Score	Place
Whipps, Blake Iowa City The Village Community	300	1st
Hughes, Billy Cedar Rapids Parks & Rec	245	2nd

### Division: M\_22\_M105\_3

Name	Final Score	Place
Twigg, Kristopher Craig Muscatine Comm YMCA	435	1st
Veasey, Gabriel Scott Co Masters Davenport	355	2nd

### Division: M\_22\_M120\_1

Name	Final Score	Place
Todd, Cabot Cedar Rapids Parks & Rec	285	1st
Torres, Mack Estherville North Stars	275	2nd
Wright, Anthony (Rich) Cedar Rapids Parks & Rec	245	3rd
Gage, Scott Cedar Rapids Parks & Rec	115	4th

# 2019 Mid-Winter Tournament

## PWL Dead Lift

### Division: M\_22\_M120\_2

Name	Final Score	Place
Flake, Travis Muscatine Comm YMCA	345	1st
Hinkhouse, Jayton Glenwood Res Ctr	210	2nd
Schmieder, Kevin Scott Co Masters Davenport	205	3rd

### Division: M\_22\_M120\_3

Name	Final Score	Place
St. Clair, Eric Muscatine Comm YMCA	315	1st
Todd, Taylor Cedar Rapids Parks & Rec	280	2nd
Bryant, Curtis Cedar Rapids Parks & Rec	225	3rd

### Division: M\_22\_M120\_4

Name	Final Score	Place
Swanson, Matthew Muscatine Comm YMCA	360	1st

### Division: M\_22\_M59\_1

Name	Final Score	Place
Reecy, Dan Muscatine Comm YMCA	145	1st
Hines, Lucas Muscatine Comm YMCA	130	2nd

### Division: M\_22\_M59\_2

Name	Final Score	Place
McWilliams, Adam Scott Co Masters Davenport	185	1st

### Division: M\_22\_M66\_1

Name	Final Score	Place
Feild, William (Bj) Cedar Rapids Parks & Rec	200	1st

# 2019 Mid-Winter Tournament

## PWL Dead Lift

### Division: M\_22\_M74\_1

Name	Final Score	Place
Hansen, Mike Des Moines Christian Opportunity Ctr	240	1st
Hinz, Donald Arthur Clinton Co Special Athletes	200	2nd
Cibula, John Glenwood Res Ctr	150	3rd
Orth, James (Jim) Cedar Rapids Parks & Rec	115	4th

### Division: M\_22\_M74\_2

Name	Final Score	Place
Meyer, Marcus Cedar Rapids Parks & Rec	230	1st
Speth, Cole Cedar Rapids Parks & Rec	225	2nd
Keller, Jordan Lee Muscatine Comm YMCA	215	3rd
Elliff, David Glenwood Res Ctr	210	4th
Elsbernd, Daniel (Dan) Glenwood Res Ctr	210	4th

### Division: M\_22\_M74\_3

Name	Final Score	Place
Romero, Gustavo Estherville North Stars	265	1st
Ahrendsen, Kevin Cedar Rapids Parks & Rec	240	2nd

### Division: M\_22\_M74\_4

Name	Final Score	Place
Padgett, Austin Sioux City Knights	325	1st

### Division: M\_22\_M74\_5

Name	Final Score	Place
Betsworth, Mitchell Stuart Sioux City Knights	405	1st

# 2019 Mid-Winter Tournament

## PWL Dead Lift

### Division: M\_22\_M83\_1

Name	Final Score	Place
Kleese, Nathan Iowa City The Village Community	120	1st
Hartnett, Callaghan Cedar Rapids Parks & Rec	115	2nd

### Division: M\_22\_M83\_2

Name	Final Score	Place
Wright, Zach Glenwood Res Ctr	190	1st
Ahrendsen, Doug Cedar Rapids Parks & Rec	175	2nd

### Division: M\_22\_M83\_3

Name	Final Score	Place
Blakely, Kevin Clinton Co Special Athletes	235	1st
Kurtz, Tyler Iowa City The Village Community	225	2nd
Davis, Josh Sioux City Knights	210	3rd
Small, Brad Muscatine Comm YMCA	205	4th

### Division: M\_22\_M83\_4

Name	Final Score	Place
Brockert, Kevin Muscatine Comm YMCA	265	1st

### Division: M\_22\_M93\_1

Name	Final Score	Place
Black, Thomas Scott Co Masters Davenport	265	1st
Small, Jay Muscatine Comm YMCA	195	2nd

### Division: M\_22\_M93\_2

Name	Final Score	Place
DeCory, Charles (Chuck) Sioux City Knights	305	1st
Campos, Michael (Mike) Des Moines CrossFit Akeso	300	2nd

# 2019 Mid-Winter Tournament

## PWL Dead Lift

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### Division: M\_22\_M93\_3

Name	Final Score	Place
Redmon, Robert Clinton Co Special Athletes	400	1st

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### Division: PARTICIPATION

Name	Final Score	Place
Lockwood, Larry Clinton Co Special Athletes	160	Part

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