



**Special Olympics Iowa Bike Safety Inspection Form**

**Inspection Dates: April 1 – May 15**

Athlete: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Delegation: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Coach: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Coach Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Coach Telephone: \_\_\_\_\_\_\_\_\_\_\_\_\_

Bike Brand & Model \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Bike Color \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The following bike parts have been checked for safety:

Handlebars \_\_\_\_\_\_\_\_\_ Rear Brake \_\_\_\_\_\_\_\_\_

Front Brake \_\_\_\_\_\_\_\_\_ Wheels \_\_\_\_\_\_\_\_\_

Fork \_\_\_\_\_\_\_\_\_ Headset \_\_\_\_\_\_\_\_\_

Shifting \_\_\_\_\_\_\_\_\_ Pedals \_\_\_\_\_\_\_\_\_

Saddle/Seatpost \_\_\_\_\_\_\_\_\_ Tires \_\_\_\_\_\_\_\_\_

Crank \_\_\_\_\_\_\_\_\_ Other (\_\_\_\_\_\_\_\_\_\_\_\_) \_\_\_\_\_\_\_\_\_

Stem \_\_\_\_\_\_\_\_\_

Mechanic Notes:

Tire inflation is correct. \_\_\_\_ Yes \_\_\_\_ No

Have frayed wires been replaced? \_\_\_\_ Yes \_\_\_\_ No \_\_\_\_ NA

The bike has: \_\_\_\_ Quick Release Wheels \_\_\_\_ Seatpost Wheels \_\_\_\_ NA

Does the rider know how to use the wheels? \_\_\_\_ Yes \_\_\_\_ No

I certify that the bike listed above is safe to ride in the Special Olympics Iowa

Cycling Competition:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mechanic Signature Date

Bike Shop Name or Stamp: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Town/City: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please return the completed form to Special Olympics Iowa by 05/15 at:

[registrations@soiowa.org](mailto:registrations@soiowa.org) or PO Box 620; Grimes, IA 50111.

Please contact Rhonda Schwarzkopf at [rschwarzkopf@soiowa.org](mailto:rschwarzkopf@soiowa.org) or 515-986-5520 if you have any questions. Thank you.