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| **Special Olympics – Volleyball Skills Assessment for Individuals** |

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Role (check one) \_\_\_\_ Athlete \_\_\_\_Unified Sports partner  
Jersey Number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Coach’s Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Team Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Evaluator’s Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Delegation Name (local program)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date of Evaluation\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. **Serving**  (One choice – place the number of the athlete’s most representative skill level in the box below.)

Difficulty tossing/contacting ball (1)

Sometimes serves underhand legally over the net (2)

Legally serves underhand consistently and effectively (3)

Legally serves both underhand and overhand over the net (4)

Consistently serves overhand over the net (5)

Often serves overhand over the net, such that the opposing team cannot return (8)

SCORE \_\_\_\_\_\_\_\_\_

1. **Passing** (One choice – place the number of the athlete’s most representative skill level in the box below.)

Has difficulty completing a forearm pass to a teammate (1)

Sometimes completes a pass to a teammate (2)

Only completes passes that come directly to him/her (3)

Usually completes passes received in general area of his/her position (4)

Chooses best type of pass (overhead/set/forearm) for the situation (5)

Completes the pass accurately to the setter to run an offense (6)

Controls the offense with ability to complete an advanced pass, overhead set and forearm pass (8)

SCORE \_\_\_\_\_\_\_\_\_

1. **Blocking** (One choice – place the number of the athlete’s most representative skill level in the box below.)

Does not block at all (1)

Makes little to no effort to block and often is out of position for the block (2)

Blocks only when the ball is hit directly in from of him/her (3)

Goes after attacks that are 1-2 steps away (4)

Aggressively attempts blocks 3-4 steps away, makes many successful blocks (6)

Exceptional ability to stop opponents attacks all along the net with good body control (8)

SCORE \_\_\_\_\_\_\_\_\_

1. **Attacking/Hitting** (One choice – place the number of the athlete’s most representative skill level in the box below.)

Does not demonstrate knowledge of basic mechanics of front row play (1)

Periodically makes an uncontested attack over the net (2)

Hits the ball over the net when it comes directly to him/her (3)

Hits the ball over the net when it is set to him/her, occasionally moving to a set 1-2 steps away (4)

Consistently hits the ball over the net into the opposing court (5)

Consistently hits the ball over the net that the opposing team cannot return (6)

Demonstrates the ability to jump and attack the ball downward (spike) (8)

SCORE \_\_\_\_\_\_\_\_\_

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Team Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Evaluator’s Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Delegation Name (local program)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date of Evaluation\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. **Communication** (One choice – place the number of the athlete’s most representative skill level in the box below.)

Does not communicate with teammates or coaches; does not make any motion toward the ball (1)

Does not communicate with teammates or coaches; often runs into other players and takes balls called by teammates (2)

Responds to communications from teammates and coaches by changing the way h/she plays on the court (4)

Calls for and aggressively pursues balls near his/her position and backs away from teammates who call for a ball (5)

Encourages teammates to communicate; helps guide teammates on the court (6)

Strongly communicates with teammates and coaches during play (8)

SCORE \_\_\_\_\_\_\_\_\_

1. **Game Awarenss** (One choice – place the number of the athlete’s most representative skill level in the box below.)

Sometimes confused on offense and defense; does not transition; stays in one place (1)

Can play a fixed position as instructed by coach; may go after an occasional loose ball (2)

Limited understanding of the game; performs basic skills and will run occasional plays if coach prompts (4)

Moderate understanding of the game; some offensive plays and solid defensive skills (6)

Advanced understanding of the game and mastery of volleyball fundamentals (8)

SCORE \_\_\_\_\_\_\_\_\_

1. **Movement** (One choice – place the number of the athlete’s most representative skill level in the box below.)

Maintains a stationary position; does not move to or away from the ball as necessary (1)

Moves only 1-2 steps toward the ball (2)

Moves toward the ball, but reaction time is slow and has intermittent transition from offense to defense (4)

Movement permits adequate court coverage (5)

Good court coverage, reasonably aggressive; good transition from offense to defense (6)

Exceptional court coverage, aggressive anticipation; great transition from offense to defense (8)

SCORE \_\_\_\_\_\_\_\_\_