**SECTION C – SPECIAL OLYMPICS TENNIS RATING SHEET**

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| Athlete’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Delegation: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Gender: \_\_\_\_\_\_\_\_\_\_ | Age: \_\_\_\_\_ |

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| **Level 1 (athlete’s at this level should complete the ISC Skills Testing)** | **Level** | **E. Second Serve** | | | | **Level** |
| Player just starting to play tennis |  | Double faults are common | | | | **2** |
| **Section A through G do not need to be completed** |  | Pushes 2nd serves | | | | **4** |
| 1. **Forehand** | **Level** | Hits 2nd serves with control | | | | **6** |
| Hits inconsistent weak FH shots | **2** | Hits 2nd serves with control and depth | | | | **7** |
| Hits FH shots with little directional control | **3** | Hits 2nd serves with spin, control and depth | | | | **8** |
| FH has directional control of shots, but shots lack depth | **4** | **F. Return of Serve** | | | | **Level** |
| FH has sufficient control to sustain a short rally and is developing depth | **5** | Has difficulty returning serve | | | | **2** |
| Rallies with control and depth, but has difficulty when shots are high or hard | **6** | Returns serve occasionally | | | | **3** |
| Rallies consistently with depth, becomes inconsistent when adding pace | **7** | Returns 2nd serve consistently | | | | **4** |
| Sustains an extended rally with direction, pace and depth | **8** | Returns some 1st serves, returns 2nd serves consistently | | | | **5** |
| 1. **Backhand** | **Level** | Returns 1st and 2nd serves consistently | | | | **6** |
| Hits inconsistent weak BH shots | **2** | Aggressive return of 2nd serve and consistent return of 1st serve | | | | **7** |
| Hits BH shots with little directional control | **3** | Aggressive return of 1st and 2nd serves | | | | **8** |
| BH has directional control of shots, but shots lack depth | **4** | **G. Volleys** | | | | **Level** |
| BH has sufficient control to sustain a short rally and is developing depth | **5** | Hits inconsistent volleys; avoids net | | | | **3** |
| Rallies with control and depth, but has difficulty when shots are high or hard | **6** | Hits consistent FH volleys; BH volley is inconsistent | | | | **4** |
| Rallies consistently with depth, becomes inconsistent when adding pace | **7** | Hits consistent volleys; has problems approaching the net | | | | **5** |
| Sustains an extended rally with direction, pace and depth | **8** | Has ability to approach the net and hits consistent volleys | | | | **6** |
| 1. **Movement** | **Level** | Comfortable moving to net, moves laterally well for both FH and BH volleys | | | | **7** |
| Stationary position; does not move to ball to hit shots | **2** | Hits aggressive FH and BH volleys | | | | **8** |
| Moves only 1-2 steps toward ball to hit shots | **3** | **Section** | **Category** | **Level** | **Comments** | |
| Moves toward ball; but court coverage is poor | **4** | **A** | **Forehand** |  |  | |
| Movement allows sufficient court coverage of most shots | **5** | **B** | **Backhand** |  |  | |
| Has good court coverage, reacts well enough to sustain a short rally | **6** | **C** | **Movement** |  |  | |
| Reacts quickly to the ball and has very good court coverage | **7** | **D** | **First Serve** |  |  | |
| Exceptional court coverage, reacts quickly to the ball and recovers after each shot | **8** | **E** | **Second Serve** |  |  | |
| 1. **First Serve** | **Level** | **F** | **Return of Serve** |  |  | |
| 1st serve is weak | **2** | **G** | **Volleys** |  |  | |
| Hits 1st serves in at a slower pace | **4** | **Total of Sections A through G** | |  |  | |
| Hits 1st serves with pace | **6** |  | divided by 7 |  |  | |
| Hits 1st serves with pace and control | **8** |  | **FINAL RATING** |  |  | |

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| Rater’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |

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| **Suggested Competition level for athletes** | **Tennis Rating of 1.0 – 1.9** | **Athlete should compete in:** | **Level 1 – Individual Skills Competition** |
|  | **Tennis Rating of 2.0 – 2.9** | **Athlete should compete in:** | **Level 2 – 42’ Court – Red foam ball** |
|  | **Tennis Rating of 3.0 – 3.9**  **Tennis Rating of 4.0 – 4.9** | **Athlete should compete in:**  **Athlete should compete in:** | **Level 3 – 60’ Court – Orange ball**  **Level 4 – 78’ Court – Green ball** |
|  | **Tennis Rating of 5.0 – 8.0** | **Athlete should compete in:** | **Level 5 – 78’ Court – Yellow ball** |