

2013 Reach Report

"Let me win. But if I cannot win, let me be brave in the attempt." - Special Olympics Athlete Oath

Special Programs

There are two Athlete Leadership Programs offered that educate and train individuals with intellectual disabilities in literacy, leadership and speaking skills. The **Global Messenger** program teaches athletes to deliver speeches about Special Olympics lowa and how it has changed their lives. The Athlete Leadership Workshop develops skills for athletes to serve in leadership roles.

More than 400 adult and child athletes with severe and profound intellectual disabilities participate in **Challenge Days** every year, where they compete in various activities.

Healthy Athletes is a screening program offered during Summer Games and the Mid-Winter Tournament to improve greater overall health and fitness of the athletes.

Unified Sports is dedicated to promoting social inclusion through shared sports training and competition, where people with and without disabilities participate on the same team.

The Young Athletes program focuses on fun, the development of motor skills and hand-eye coordination for children ages 2 ½ to 7 and serves as an introduction to the world of Special Olympics.

Testimonials

"With Special Olympics I get to compete in so many different sports around the state and I like that a lot! I enjoy public speaking as a Global Messenger. It gives me the chance to express my love for Special Olympics to others and encourage them to try and help Special Olympics athletes as well." -20-year-old Tyler Leech, athlete

"Special Olympics gave Michael opportunities he would not have otherwise had in school. He was able to meet people and compete in different sports. He just loves bowling. Training as a public speaker in the Global Messenger program gave him confidence and made him feel at ease talking to others." — Jeanne MacDonald, parent of Michael, 45, who has been involved in Special Olympics since he was 8 years old

Sponsors

Premier Partners:

Hy-Vee **Knights of Columbus** Law Enforcement Torch Run Sammons Financial Group

Statewide Partners:

Cargill Dubuque Racing Association — Mystique Casino/Diamond Jo Casino Kwik Star Prairie Meadows Texas Roadhouse



SpecialOlympicsIA



Olympics Iowa

12,195 Athletes & Unified Sports Partners

15,000 + Volunteers

1,878 Coaches 300 + Law Enforcement

15 Area Director Volunteers

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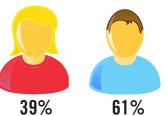
2013 TRAINING & COMPETITION offered 12 months of the year

16 State Office Employees

99 COUNTIES REPRESENTED



ATHLETE GENDER





Unified Sports College Locations

Buena Vista University Cornell College Drake University Grinnell College University of Iowa Upper Iowa University Wartburg College

Revealing the Champion Inside All of Us!







23 Olympicstyle Sports

Alpine Skiing

Aquatics

Athletics (Track & Field)

Basketball

Bocce

Bowling

Cheerleading

Cycling

Developmental Events

Equestrian

Figure Skating

Flag Football

Golf

Gymnastics

Nordic Skiing

Powerlifting

Rollerskating

Snowshoeing

Soccer

Softball

Speed Skating

Tennis

Volleyball

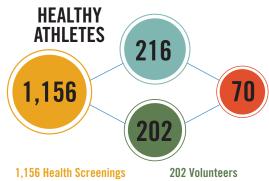
78¢
of every dollar directly supports athletes

Young Athletes Play Days Participants



ATHLETE AGE
18 and Un

18 and Under 33.8%



216 MedFest Athlete Exams

70 Doctors & Medical Professionals

Healthy Athletes Disciplines

Fit Feet
FUN Fitness
Health Promotion
Healthy Hearing
MedFest
Opening Eyes
Special Smiles