

What is the minimum amount that I need to raise to participate?

Individual Plungers/Chickens need to raise at least \$ 75 (\$ 60 in NW Iowa). Participants raising higher amounts are eligible for greater incentives.

How old do you have to be to Plunge?

Anyone can Plunge - young and old. If you're under 18, a parent or guardian will need to sign your waiver.

What do I do with the money as I collect it?

You may turn in any money you collect periodically to the State Office of Special Olympics Iowa. You can also hold on to it and turn it in when you check in on the day of the Plunge or attend a Friday night pre-registration.

How do I enter offline donations I receive?

[Sign in](#) to Firstgiving. Click ["Edit"](#) next to the Over the Edge fundraising page. Click on the ["Add offline donation"](#) link under the Donations section (located under the Share Your Page and social media icons). [Fill out the donation details](#) and click ["Continue"](#).

How do I donate to my fundraising page?

To donate to your fundraising page, sign in to your account. Click the Your Fundraising tab and select the event you are registered for. Click Donate to Your Own Page .

Where do I check in and turn in my money?

Check in at the registration table on Plunge day to turn in any donations, , sign a waiver, pick up your long sleeve Polar Plunge t-shirt (or chicken shirt), and get your wristband for lunch. You may also do all this Friday night if the Plunge offers a Friday night registration ,then no need to check in on Saturday morning - you'll have it out of the way already and be ready to Plunge!

What if I can't collect all my pledges before the Plunge?

We can only register you for the amount of donations you bring with you to the Plunge (including online donations you receive on your behalf). If you receive donations after the Plunge, you can mail them to:

Special Olympics Iowa
PO Box 620
Grimes, IA 50111

Please be sure to put it to the attention of the Plunge you participated in. Please make sure to clearly indicate the exact name of the Plunger/Chicken the contribution should be credited towards, if that information is not included, the donation will not be credited to anyone specific.

What happens if there is bad weather?

We will host the Plunge as long as it is safe for the Plungers. Unfortunately, we will not be able to schedule an "inclement weather" date should mother nature take a turn for the worse. If we are forced to cancel the event, we hope you will stand by your commitment to Special Olympics Iowa and turn in your donations. We will ensure you receive your incentives, too.

What is the minimum amount that my team needs to raise?

Teams are not required to raise any specific amount; however, every team member must still raise a minimum of \$ 75 each.

Do all my team members need to be registered online?

No. We will have a record of Plungers who have registered online, but Plungers can still register the day of the Plunge or at Friday night Check-In. Participants may also pre-register by mailing in their completed registration form found inside the Plunge brochure. However, participants must be pre-registered (online or by mailing in the registration form) to be eligible for the Arctic Club (refer to next question).

What is the Arctic Club?

The Arctic Club is a way for teams to get their team name, company or organization on the back of all the Polar Plunge long sleeve t-shirts. In order to be eligible, you must register each member of your team (online or by turning in the registration form to the State Office) and each member must have at least \$ 75 turned in/online by the deadline.

Do I need to be on a team to take the Plunge?

No. If you do not have a team, we'll place you on one the day of the Plunge.

How do I get my incentive?

We will allow 1-2 weeks after the Plunge for participants to turn in any additional donations they receive. Participants eligible for an incentive will then receive an email with instructions on how to redeem for their incentive. Incentives will not be available on site.