

SPECIAL OLYMPICS IOWA EQUESTRIAN RIDER PROFILE

MUST BE SENT FOR EACH ATHLETE REGISTERED

Athlete's Name: _____ **Height:** _____

Sex: _____ **Age:** _____ **Weight** _____

1. Physical Disability, if any _____

2. Check Appropriate Ambulatory Status:

_____ Wheelchair: _____ Dependent _____ Electric _____ Propels Self

_____ Ambulatory: _____ Needs Personal Service or Supervision _____ Independent
_____ Independent with walker _____ Independent with crutches/canes

3. Athlete Began Riding in your program (date): _____

4. Rider Classification:

_____ Novice Assisted _____ Intermediate Assisted _____ Advanced
_____ Novice Unassisted _____ Intermediate Unassisted

5. Riding Style: _____ Western _____ English

6. Describe tack used for this rider: _____ Normal _____ Adapted
If adapted, please explain: _____

**** Instructors must bring protective headgear and any specially adapted tack required by the rider. Make sure all the equipment is well marked with athlete's name.

7. Mounting/Dismounting Techniques: (Please check techniques used by the rider.)

<u>Mounting</u>	<u>Dismounting</u>
_____ From Ramp Assisted	_____ To Ramp Assisted
_____ From Ramp Unassisted	_____ To Ramp Unassisted
_____ From Ground Assisted	_____ To Ground Assisted
_____ Independent	_____ Independent

Degree of assistance required (if Applicable) in mounting:
_____ Minimal _____ Moderate _____ Total
_____ Number of people needed to help athlete mount
(Not including person in charge of horse)

8. Helpers required: Indicate degree of assistance required at each gait (only mark pertinent boxes)

S – Required for safety only

N – Necessary for control of horse or required in order to maintain a secure position.

	Walk	Trot	Jog/Sit Trot	Post Center
<u>Leader Holding Lead</u>				
<u>Leader Not Holding Lead</u>				
<u>One Sidewalker</u>				
<u>Two Sidewalkers</u>				

9. Riding Skills: With the leaders and walkers indicated above indicate yes, no, or NA (non applicable)

	Walk	Jog/Sit Trot	Post Trot	Center
<u>Holds handhold at the</u>				
<u>Holds reins at the</u>				
<u>Able to control horse at the</u>				
<u>Able to halt from the</u>				
<u>Able to circle at the</u>				
<u>Rides without stirrups at the</u>				
<u>Able to maintain forward positions</u>		NA		
<u>Able to post</u>			NA	NA
<u>Knows correct diagonal</u>			NA	NA
<u>Knows correct canter Lead</u>	NA	NA	NA	

10. Does rider have any fused joints? (specify): _____

Any severe joint limitations or contractures? _____

Any significant degree of adductor tightness? _____

Other physical limitations: _____

11. Type of horse required by rider: Size (hands) _____

Size of barrel: _____ Narrow _____ Broad _____ No restrictions

Type of trot that can be handled by rider:

_____ Very Smooth _____ Elastic & Springy _____ Smooth, some springiness _____ No Restrictions

12. Comments on rider: _____
