SPECIAL OLYMPICS IOWA EQUESTRIAN RIDER PROFILE

MUST BE SENT FOR EACH ATHLETE REGISTERED

Athlete’s Name: ___________________________ Height: ___________________________

Sex: ________ Age: ________ Weight: ___________________________

1. Physical Disability, if any: ____________________________________________________________

2. Check Appropriate Ambulatory Status:
   - Wheelchair: ________ Dependent ________ Electric ________ Propels Self
   - Ambulatory: ________ Needs Personal Service or Supervision ________ Independent
     ________ Independent with walker ________ Independent with crutches/canes

3. Athlete Began Riding in your program (date): _____________________________

4. Rider Classification:
   - Novice Assisted ________ Intermediate Assisted ________ Advanced
   - Novice Unassisted ________ Intermediate Unassisted

5. Riding Style: ________ Western ________ English

6. Describe tack used for this rider: ________ Normal ________ Adapted
   If adapted, please explain: __________________________________________________________

   **** Instructors must bring protective headgear and any specially adapted tack required by the rider. Make sure all the equipment is well marked with athlete’s name.

7. Mounting/Dismounting Techniques: (Please check techniques used by the rider.)
   - Mounting:  
     - From Ramp Assisted ________ To Ramp Assisted ________
     - From Ramp Unassisted ________ To Ramp Unassisted ________
     - From Ground Assisted ________ To Ground Assisted ________
     - Independent ________ Independent ________

   - Dismounting:  
     - From Ramp Assisted ________ To Ramp Assisted ________
     - From Ramp Unassisted ________ To Ramp Unassisted ________
     - From Ground Assisted ________ To Ground Assisted ________
     - Independent ________ Independent ________

   Degree of assistance required (if Applicable) in mounting:
   - Minimal ________ Moderate ________ Total ________
   - Number of people needed to help athlete mount ________
     (Not including person in charge of horse)
8. Helpers required: Indicate degree of assistance required at each gait (only mark pertinent boxes)

<table>
<thead>
<tr>
<th></th>
<th>Walk</th>
<th>Trot</th>
<th>Jog/Sit</th>
<th>Post</th>
<th>Center</th>
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</thead>
<tbody>
<tr>
<td>Leader Holding Lead</td>
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<tr>
<td>Leader Not Holding Lead</td>
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<tr>
<td>One Sidewalker</td>
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<tr>
<td>Two Sidewalkers</td>
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</table>

9. Riding Skills: With the leaders and walkers indicated above indicate yes, no, or NA (non applicable)

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<thead>
<tr>
<th></th>
<th>Walk</th>
<th>Jog/Sit</th>
<th>Post</th>
<th>Center</th>
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</thead>
<tbody>
<tr>
<td>Holds handhold at the</td>
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<tr>
<td>Holds reins at the</td>
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<tr>
<td>Able to control horse at the</td>
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<td>Able to halt from the</td>
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<td>Able to circle at the</td>
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<td>Rides without stirrups at the</td>
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<td>Able to maintain forward positions</td>
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<td>NA</td>
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<tr>
<td>Able to post</td>
<td>NA</td>
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<tr>
<td>Knows correct diagonal</td>
<td>NA</td>
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<tr>
<td>Knows correct canter Lead</td>
<td>NA</td>
<td>NA</td>
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</table>

10. Does rider have any fused joints? (specify):

Any severe joint limitations or contractures?

Any significant degree of adductor tightness?

Other physical limitations:

11. Type of horse required by rider: Size (hands)

Size of barrel: _____Narrow _____Broad _____No restrictions

Type of trot that can be handled by rider:

_____ Very Smooth   _____ Elastic & Springy   _____ Smooth, some springiness   _____ No Restrictions

12. Comments on rider:

