

Special Olympics West Central Area Events Schedule

Female Divisions will be first in all events									
Time	Running		Field Events		Wheelchair & Developmental Events				
	East Side	West Side	Soccer Field	Football Field	Gym	Swimming	Fun City		
9:30 am	Opening Ceremonies								
9:45 am		400 M Walk & Dash (all ages)	Softball Throw (16-21 yrs)		Turbo Jav (16-21 yrs)				
10:00 am	50 M Dash (22-29 yrs)	50 M Walk (all ages)		Long Jump Stand/Run (30 & Over)	Walk with Me (8-21 yrs) 22 & Over				
10:15 am	50 M Dash (12-15 yrs)			Long Jump Stand/Run (22-29 yrs)	25 m Dev Walk (8-21) (22 & Over)	Tennis Ball (8-11 yrs) 12-15 yrs 16-21 yrs 30 & Over 22-29 yrs	Swimming Starts Held at the Indianola YMCA	Fun City Opens	
10:30 am		100 M Dash (30 & Over)		Long Jump (8-11 yrs)					
10:45 am		100 M Dash (16-21 yrs)	Softball Throw (8-11 yrs)	Shot Put (12 & Over)					Turbo Jav (8-11 yrs)
11:00 am	50 M Dash (16-21 yrs)	100 M Dash (12 – 15 yrs)	High Jump (12 & Over	Running Continuously all ages					
11:15 am		100 M Dash (8-11 yrs)	Softball Throw (22-29 yrs)	Long Jump Stand/Run (12-15 yrs)	Turbo Jav (22-29 yrs)	Body Bowl (all ages)			
11:30 am		100 M Dash (22-29 yrs)	Softball Throw (30 & Over yrs)		Turbo Jav (30 & Over		30m Slalom 30m Motor Slalom 30m Motor Straight		
11:45 am	50 M Dash (8-11 yrs)	100 M Walk (all ages)		Long jump Stand/Run (16-21 yrs)					
12:00 Noon		Wheelchair (100 M Manual & Motor)							
12:15 pm		Lunch	Softball Throw (12-15 yrs)		Turbo Jav (12-15 yrs)				
12:30 pm	50 M Dash (30 & Over)	200 M Dash (all ages)							
12:45 pm	Lunch	800 M Run & Race walks 1500 run (all ages)							
1:00 pm		4x100 M Relay (all ages)							