



## Day of Event Volunteer Details: State Flag Football

**Event:** Special Olympics Iowa- State Flag Football

### Event Volunteering Information:

- Open to the public
- Anyone who signs up using our online registration at [www.soiowa.org/volunteer](http://www.soiowa.org/volunteer) will receive an email **one week prior** to the event with volunteer and event information.

### Volunteer Questions:

- Questions about volunteering can be answered **up until 4:30pm on the Thursday of the week of the flag football event**. You can contact us by:
  - Emailing the contact for this event found on [www.soiowa.org/volunteer](http://www.soiowa.org/volunteer) page or on the sign up form
  - Emailing [Volunteer1@soiowa.org](mailto:Volunteer1@soiowa.org)
  - Calling the SOIA state office at [515-986-5520](tel:515-986-5520)
  - Please refer to our website for helpful information [www.soiowa.org/volunteer](http://www.soiowa.org/volunteer)
- After Thursday at 4:30pm the state office staff will be out of the office preparing for the event with no/little access to email and no access to our state office phone.
- State office hours for calling: Monday-Friday 8:30am-4:30pm



## Who can volunteer?

Come volunteer with us!

- **Individuals**- Sign up just yourself or maybe you and a few friends or family members! Choose the same volunteer assignment position to be at the same event as your friends/family members!
- **Groups**- Companies, work places, schools, activity groups, church groups, sports teams, or any other types of larger groups are welcome to sign up to volunteer! We try our best to accommodate large groups by keeping members together as best we can.
- **Age Restrictions**- We welcome families with children and school age students to volunteer! We typically say children 10 and up who come with an adult chaperone are best suited to volunteer at a Special Olympics Iowa event. However, we do make exceptions on a case by case basis. School groups or classes are welcome to come with a suitable number of chaperones for your group.
- **Students**- We welcome students to join us! If you need verification of volunteer hours for school, you can find an Event Director the day of the event to sign a form, email your questions to the contact for this event found on [www.soioowa.org/volunteer](http://www.soioowa.org/volunteer) page, or call the state office at 515-986-5520
- **Employees**- Does your work place designate paid time off for volunteer hours? Come volunteer with us! If you need verification of volunteer hours for work, you can find an Event Director the day of the event to sign a form, email your questions to the contact for this event found on [www.soioowa.org/volunteer](http://www.soioowa.org/volunteer) page or call the state office at 515-986-5520
- **Mobility/Activity Accommodations**: If you have mobility restrictions and would still like to volunteer, we are happy to accommodate you by assigning you to an appropriate volunteer position. Please communicate your needs with the event director the day of the event. See the volunteer assignment descriptions section below, email your questions to the contact for this event found on [www.soioowa.org/volunteer](http://www.soioowa.org/volunteer) page or call the state office at 515-986-5520



## What is State Flag Football?

### State Flag Football Competition Information:

More information on Special Olympics Iowa State Flag Football athlete competition can be found by clicking on this link: [www.soiowa.org/statewide-competitions](http://www.soiowa.org/statewide-competitions) and then by clicking on the Flag Football tab. More in-depth details and athlete schedule with times can be located at the link above.



## When & Where?

### Date and Times:

- October
- Saturday- 8:30am- 4:30pm all day volunteers preferred
- See [www.soiowa.org/volunteer](http://www.soiowa.org/volunteer) for specific dates & times for this year.

### Location:

- Cedar Rapids, IA- Metro Youth Football Complex
  - Map: [Click Here](#)



## How do I volunteer?

### Volunteer Sign Up:

- Sign up using our online registration and you're good to go!
- Volunteer sign up can be located at [www.soiowa.org/volunteer](http://www.soiowa.org/volunteer) at the right hand column under "Register to Volunteer."
- We encourage everyone to register on our online sign up prior to coming to volunteer at the event. The sooner the better!

### Volunteer Assignments:

- Volunteer assignments are made the day of the event at the location
- Volunteer assignments will be made appropriately taking age and mobility into consideration

### Volunteer Assignment Descriptions:

- **Flag Football Assistant**- Volunteers will be assigned a field, given more specific directions the day of the event and will be under the direction of the designated Event Director. Specific job duties include helping athletes line up, ball retrieving, keeping score, cheering for athletes.
- **Award Assistant**- Under the direction of the Awards Event Director, volunteers will assist in organizing medals/ribbons, presenting athletes with their awards and other related roles.
- **Lunch Assistant**- Under the direction of the Event Director, volunteers will assist with lunches and other related roles.



# Day of Event Information

## Day of Event Parking:

- Parking available on site.

## Day of Event Volunteer Check In:

- Please go to Volunteer Check-In first thing at your designated time.
- Volunteer Check-in will be located on site at the complex.
- Here you will receive your free volunteer T-shirt and name tag with assignment information.

## Day of Event Attire:

- Dress comfortably, in layers and casually.
- This is an athletic, active event.
- This is an outdoor event so please dress according to the weather.
- Please wear the free complimentary volunteer shirt you receive at Volunteer Check-In the day of the event so we are able to identify our volunteers.
- Restrooms at each venue will be available for changing into your shirt. You may also want to consider wearing something that can easily be worn underneath your T-shirt due to heavy traffic in the restrooms. If it is cold or rainy you may wear layers over or under your T-shirt.

## Day of Event Inclement Weather Plan:

- If this event is unable to take place due to weather we will send you an email.
- We plan on having this event rain or shine.

## Day of Event Food & Beverage:

- Free complimentary lunch will be provided for volunteers
- Unfortunately we are unable to accommodate specific dietary needs. Please plan accordingly.