Bocce Training
What is Bocce?

Bocce is
– a game which originated in Italy
– very similar to Lawn Bowls or Petanque

• Opposing players/teams play with either red or green balls, competing in
  – Singles
  – Doubles (Traditional or Unified)
  – Team (Traditional or Unified)
- Ramp (Singles)

Special Olympics Iowa only does Team & Singles
The objective of the sport is to roll a bocce ball closest to the target ball, which is called a pallina.
• Bocce may be played on
  – Astroturf
  – Carpet
  – Clay or Sand
  – Grass (cut very low)
• The playing surface & surrounds are known as a **court**

*The court is an area 3.66 meters (12 feet) wide by 18.29 meters (60 feet) long.*
Playing Areas of a Bocce Court

- Delivery Box / 10 ft area
- No Man’s Land
- Beyond the 30 & Before the 50
- 40’ center
- Main Scoring Area
Equipment Used

- Balls 4 Red – 4 Green – Pallina
- Flag/Paddle Red – Green
- Sighter/Visual Aid Bell or Cone
- Measuring Tape
- Scorecard
- Coin
- Stopwatch
- Rules
Attire

• Closed Toe Foot Wear
• Comfortable Clothes
• Uniform the same for all athletes
Glossary of Terms

• Pallina
• Frame
• Initial Point
• Balls in Contention
• Beyond the 30 – Before the 50
• Beyond the 50
• 40’ center

• Division
• GMS
• Dead Ball
• Staging
• Awards
• *Special Privilege - Iowa*
Bocce Personnel & Positions

- Official/Line Judge
- Court Assistant / Flag Person
- Referee / Head Official
  - at start of game, then moves around and stand parallel with pallina
- Official/Line Judge

Deliver Box Area
10’ Area
Official’s Code of Ethics

• A referee will:
  – Have a **thorough knowledge** of the rules
• Be fair and unbiased in his/her decisions, rendering them without regard to the score
  – Be **firm**, but not overbearing;
    – **courteous**, but not ingratiating;
    – **positive**, but never rude;
    – **dignified**, but not arrogant;
    – **friendly**, but not companionable;
    – **calm**, but always alert
  – Be prepared, both **physically and mentally**, to administer the game
  – **Not give information** which would benefit or give advantage to one team over another
Official / Line Judge

• **Position on Court**
  – Stand beside the throwing line

• **Equipment**
  – Clipboard with rules
  – Scorecard

• **Escorting Responsibilities**
  – Escort the athletes to the other end to start the next frame

• **Fouls**
  – Watch Ball Delivery
  – Watch the “Foot Fault”
  – Watch Player Rotation
  – Record any incidents such as fouls etc. on scorecard

• **Other Duties**
  – Repeat the Referee’s call on “next to play”
  – Keep track of time
  – Inform Referee if an athlete needs visual aid
  – Assist athletes onto court, if necessary

• If specified by Competition Manager – assist athlete with ball pickup
Court Assistant / Flag Person

- **Position on Court**
  - Stand in line with 30 foot mid court Line
- **Equipment**
  - Red & Green Flag/Paddle
- **Duties**
  - Referee calls the color of “next to play”, hold flag out so that it is visible to the athletes
  - Assist in measuring
  - Update the scoreboard after each frame
  - Assist Referee as requested by Referee
  - Reset the Balls for next frame with the Referee
    - **Red** to the right, **Green** to the left
  - Take scorecard to score table & get next scorecard
Referee / Head Official

• Position on Court
  – Stand in line with the 50 foot line when frame starts then stand in line with Pallina

• Equipment
  – Clipboard with Rules
  – Measuring tape
  – Visual Aids
  – Stopwatch
  – Coin

Duties
  – Time the game
  – Call “next to play”
  – Make decisions on any issue of contention
  – Announce “number of balls in” at end of frame

• If any doubt .... Measure
  – Stop ball on its journey up the court following a foul, if safe
  – Remove “Dead Balls” following fouls
  – Place & remove “Sighter” for visually impaired athlete
  – Sign the scorecard at the end of the game
On Court Demo of Three Roles

Flags Person

Line Judge

Referee
Bocce Official Best Practice

- Fair
- Encouraging
- Confident
- Kind
- Support
- Safe
- Consistent
- Patient

Cannot “coach a player”
Must allow a foul to be committed before calling it.
Divisioning

Ability Grouping
Divisioning

• Divisioning takes place before a competition

• **Objective**
  – The Objective of Divisioning is to assess the athlete’s ability...and to determine which Division they will play in

• **Divisioning Groups**
  – Age groups (male, female & co-ed)
  • 8—11
  • 12—15
  • 16—21
  • 22+
  – For Double and Team Events, the age of the oldest athlete on the team dictates the age group

• A division consists of:
  – a minimum of **three** athletes/doubles/teams &
  – maximum of **eight** athletes/doubles/teams

**Special Olympics Iowa** – gender mixed and age groups 8 – 21 and 22+
- only offer Team, Singles competition & Bocce Skills 2018
Divisioning

• How does Divisioning work?
  – Play 3 modified games to assess the athlete’s ability…and to determine which Division they will play in

• Procedure
  – The pallina is placed on the center of the 30ft line & the player rolls all 8 balls towards it
  – The referee measure the closest 3
  – Record the 3 distances on the Divisioning scoresheet in centimeters
  – Change end… The pallina is placed on the center of the 40ft mark & repeat same process as for the 30ft
  – Change end… The pallina is placed on the center of the 50ft line & repeat same process as for the 30ft & 40ft
  – Should the Pallina be moved from its spot… it is replaced back before the next ball is thrown or any measurements are taken

  – State entry – send in the total from the nine measurements
Divisioning - example @ 30 Foot Measure + record nearest 3 balls (cms)
Divisioning - example @ 40 Foot Measure + record nearest 3 balls (cms)
Divisioning - example @ 50 Foot Measure + record nearest 3 balls (cms)
Divisioning – This Is a Possibility!
Division Scorecard Sample

Special Olympics New Zealand National Summer Games 2013

Divisioning Card

BC Bocce Divisioning

<table>
<thead>
<tr>
<th>Distance</th>
<th>1st Ball</th>
<th>2nd Ball</th>
<th>3rd Ball</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.15 m (30 feet)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12.20 m (40 feet)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>15.25 m (50 feet)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Player Name: Nicholson, Natasha

Please Note

Club:

Bib Number: 221

Referee Signature

Recorded in GMS

Total

Input use ONLY
What Information Do I Turn In For Competition

• Bocce Allocations may be requested for each delegation prior to entry due date

• Once allocation numbers are set, you will need to submit the following to the state office:

  • Coach / Volunteer Roster

  • Summer Games Registration Form

  • Bocce Singles Entry Form and / or Bocce Team Entry Form

    - Modified Game Score
    - Athlete’s name / team name
    - Check all other information
    - Special Privilege Form (if needed)

• Some areas have area competition, so entries will go to the Area Director otherwise, entry form goes to the State office
Measurement. (cms)
Measure from center side of Bocce Ball to center side of the pallina
Measuring In Action

- The referee measures from belly of the ball to the belly of pallina

- The zero goes to the bocce ball and the number read by the pallina

- The line judge records the measurement in Centimeters

- The third official may be required to assist with Measuring

- If during divisioning the pallina is moved from its various spots, it is to be replaced back on the spot before the next ball is played or measurement is taken
Staging or Marshalling

Once the teams get to the court:
- Double check names
- Have the team captains step into the court
- Coin toss to determine which player/team will play with which color and who has Pallina Advantage
- Record your start time
Score Card – Special Olympics Iowa

Bocce Score Card

Division
Court #  Start Time

Team

Ball Color

Athlete’s first names

Frame
Points 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16

Final Score

Athlete/Coach Signature

Team

Ball Color

Athlete’s first names

Frame
Points 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16

Final Score

Athlete/Coach Signature

Referee’s Validation

Notes:
Competition
Bocce Skills

• No qualifier required for state competition - Thursday competition at Summer Games

Entries
  • Entry form submitted to the state office
  • May enter in one of the following events:
    - Modified Bocce Skills – 10 Meters
    - Regulation Bocce Skills – 20 Meters

• The three (3) closest balls from three (3) rounds are added together for one grand total to put on entry form

<table>
<thead>
<tr>
<th>From Distance</th>
<th>1\textsuperscript{st} Closest</th>
<th>2\textsuperscript{nd} Closest</th>
<th>3\textsuperscript{rd} Closest</th>
<th>Total in Centimeters</th>
</tr>
</thead>
<tbody>
<tr>
<td>Round 1</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Round 2</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Round 3</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

GRAND TOTAL:
Bocce Skills

Rules

- Bocce Skills is not a sanctioned sport
- The International Federation for Bocce is Special Olympics Inc. and therefore the Official Special Olympics Sports Rules for Bocce shall govern all Special Olympics competitions. Special Olympics Bocce Rules can be found on the Summer Games page of our website.
- The field will be 12 feet wide with lines
- The pallina will be placed on the proper target line for each athlete
- Each athlete will throw from behind the starting line
- The bocce ball must be rolled, tossed, etc. in an underhand style
- An athlete may use a ramp
- Each athlete will roll eight (8) bocce balls per game (3 games per set)
- Each athlete in the division will play a round before playing the next round
- A bocce ball that stops completely outside of the playing field will be considered a dead ball and a score of 600 cm will be given if no balls are closest to the pallina
  - In modified distance play, if the ball goes past the 16 meter line a score of 600 cm is given
  - In regulation distance play if the bocce ball passed the 26 meter line a score of 600 cm is given
- Measurements will be taken after all eight (8) bocce balls have been rolled
- If the pallina has been hit with a bocce ball and moved, all measurements will be taken from where the pallina lies after all eight (8) balls have been thrown
Bocce Skills

Measurements

- Measurements will be taken from the pallina to the closest of the three (3) bocce balls per game
- All measurements will be made from the center side of the pallina to the center side of the bocce ball
- All measurements will be recorded in centimeters: example 45 cm

Scoring

- The measurements will be recorded on the bocce skills score sheet
- A set will consist of three games
- The total distance from the set is recorded on the athlete entry form in the form of centimeters, example 145 cm
- The athlete with the lowest total score after a set (3 games) will be awarded first place and the athlete with the next lowest score will be awarded second place and so on
Bocce Skills

Layout

26 Meter line
Pallina
Regulation Out of Bounds

20 Meter line
X
Regulation Distance
Placement

16 Meter line
Pallina
Modified Out of Bounds

10 Meter line
X
Modified Distance
Placement

Throw Line
← 12' →
Throw Line

Athlete Throw Area

******** Pennant Line ********

Coaches and Spectators Area
Bocce
(not Bocce Skills)

Team: quota required to attend state competition, Thursday competition at Summer Games
Singles: no qualifier require for state completion, Friday competition at Summer Games

**Competition Format**

- All events - Singles, Teams, Unified Teams within this competition will play two games

**Unified Sports Doubles/Teams**

A unified partner is a player without an intellectual disability

Each Unified Sports Doubles shall consist of one athlete and one partner & each Unified Sports Team event shall consist of two athletes and two partners

A unified partner should be of similar age and ability as their athlete partner

If one athlete or Unified Sport Partner is unable to compete the day of competition the team will have two options:
1. The athlete or Unified Sport Partner may be replaced with another athlete or Unified Sport Partner so long the category does not change and they were already registered for bocce
   - For example: Junior team must remain a Junior team
   - The Unified Partner has a current Class A credential
2. Remove one ball from play and still have two (2) athletes and one (1) Unified Sport Partner

State office may have a ramp at competition to use but teams are encouraged to provide their own
Competition Scoring

• Winning score or Timed (whichever comes first)
  – Four-player team (Teams/Unified Teams)
  • one ball per player = 16 points (or SOIA 30 Minutes)
  – Two-player team (Doubles/Unified Doubles)
  • two balls per player = 12 points
  – One-player team (Singles)
  • four balls per player = 12 points (or SOIA 20 Minutes)

• Games will start as soon as the players are ready
• The winner of the game shall be determined by the player/team that has the highest score at the end of the game
Delivery of Ball

• Over hand

• Underhand

• Ball release – below waist or penalty (dead ball)
The Three Attempt Rule

• The team possessing the pallina will have three attempts at placing the pallina beyond the (30-ft) mark and before the (50-ft) mark on the opposite end.

• If these three attempts are unsuccessful
  – The opposing team will have one opportunity to place the pallina. Beyond & Before

  – If this attempt is unsuccessful, the referee will place the pallina in the center of the court at the (40-foot) mark (opposite end foul line).

• However, at no time does a team lose its earned pallina advantage of being able to deliver the first ball.

• The person that tosses the pallina, must deliver the 1st bocce ball.
Three Attempt Rule
Score Board

• At the end of competition game, if both players/captains agree with the result, they need to sign the scorecard

• Referee must sign it to validate the scorecard at the end of each game

• If an incident occurs in the game please write a short account of incident on the back of the scorecard (*this helps if there is a protest*)

• If at the end of game the score is tied, an extra frame must be played
• The team/player to play the pallina and the first ball is the winner of the last end played
Referee Hand Signals

There may be occasions during a game where a referee will be required to use certain hand signals. These may include:

- Indicating who scored how many points
- Stop Play
- Time Out
- 5 Minutes of play left to play
- End of Game
Referee Showing the Score

Indicate 1st to the athletes, then 2nd to coaches / spectators
If at any stage during a game you have to stop play, i.e. to check on the position of the balls, to measure or for any other reason, you should step onto the court & hold your hands up in front of you as shown and say “Stop”. The Line Official will then also step into the court & stop an athlete playing another ball until you advise “Green to Play” or “Red to Play”.

Referee Indicating “Stop”
Referee Indicating “Time Out”

If at any stage during a game you have to call a Time out, i.e. to call in technical assistance, to discuss something within your officiating team, for medical or bathroom reasons you should step onto the court and hold you hands up in front of you as shown & say “Time Out”. The Line Official will then also step into the court and stop an athlete playing another ball until the official advises “Green to Play” or “Red to Play”.
Referee Indicating “Game Over”

To indicate to all players and spectators that the game has ended, cross both hands directly in front of you (as shown in the photo on the left) and then open them out across your body (as shown in the photo on the right) and say “Game Over”.
Dead Ball Scenarios

• A Dead ball is a ball that will be removed from court following a foul.
• There are a number of situations where a Dead Ball will result... in each case the Line Judge should call “Dead Ball and type of foul”, e.g. Dead Ball-foot fault or Dead Ball-wrong rotation.
  – A dead ball occurs when:
  – A Player commits a Foot Fault.
  – A player commits a Foul Throw – above waist line/Belly Button.
  – A Player plays Out of Rotation – (Green plays when it should be Red).
  – A Player plays more than their allotted number of balls
  – A player commits a Foul Throw -The ball lands on the top of surrounds, or out of court.
Dead Ball Scenarios Cont.

• In a dead ball situation the Referee will step in (if safe) and stop the ball in motion

• If the Referee cannot stop the ball, and it disrupts the head, then the Referee and Flags Person shall reset the head as best /accurately they can

• If the Referee cannot stop the ball, and it disrupts the head, such that the Referee & Flags Person are unable to reset the head ... Then restart the frame from the same end and by the team that had previously started
Specific Incidents

- Foot Fault
- The Three Attempt Rule
- Player plays more than their allocated number of balls
- Incorrect rotation of play
- Incorrect ball played
- Accidental movement of Ball or Pallina
- Coaching during play
- Ties – during & at the end of a game
- Time Out’s
- Checking points during play
Foot Fault

• Foul Condition
  – The foremost part of the 10ft throw line will not be surpassed by any part of
  • the player’s foot,
  • or any apparatus used by an athlete such as a wheelchair, crutches, cane, etc.

• Procedure
  – The line Judge will call “Foot Fault”
  – The Ref will step on to court and stop the ball in motion with their foot or hand (if it is safe to do so)
  – The ball is declared dead and removed from court
  – If the Ref cannot stop the ball, wait until it stops then declare it dead.
  – If it disturbs the head
  • reset if able to do so
  • otherwise restart the frame
Foot Fault
Player plays more than allocated number of balls (Team)

- **Foul Condition**
  - Plays right color BUT wrong number
  - (allowed to play 1 in team of 4)

- **Procedure**
  - The Referee stops the extra ball if safe to do so.
  - Ball is declared dead and removed from the court
  - **One of the teams will not play any ball in that frame**
  - If the Ref cannot stop the ball and it disturbs “The Head”
  - the Referee will remove the ball played, and as best they can replace the Pallina and other balls to their original position in “The Head”
  - If they can’t replace the head then the end is declared “DEAD”.
Incorrect Rotation of Play
Athlete plays when it is not their turn

- Foul Condition
  - Wrong rotation of play **on** INITIAL POINT
- If the Player or team delivers the pallina and or first ball when it is not their turn

- Procedure
  - The Referee starts the game over again from the same end of the court
Incorrect Rotation of Play
Athlete plays when it is not their turn

- **Foul Condition**
  - Wrong rotation of play *after* the INITIAL POINT is established
  - If the Player or team delivers a ball when it is not their turn.

- **Procedure**
  - The Referee should stop the ball if safe to do so, Ball declared dead and removed from court.
  - If the Referee cannot stop the ball and it disturbs “The Head”
    - the Ref will remove the ball played, and as best they can replace the Pallina and other balls to their original position in “The Head”
    - If they can’t replace the head then the end is declared “DEAD”.
Wrong Color Delivery

• Foul Condition
  – When the ball is *replaceable*

• Procedure
  – The Referee will allow the ball to come to rest, and then replace it with a ball of the correct color
  – Place the “Wrongly” played ball back into the delivery box for the correct team to play it.
  – Play in the frame continues
Timeout

• The official may grant a timeout whenever the circumstances appear to be valid
  – Bathroom
  – Medicine
  – When the officiating team need to discuss an issue that has arisen

• The timeout will be limited to ten minutes or less as predetermined by the Competition Management

• An athlete may ask for a timeout to look at bocce balls

Accidental movement of a Ball or Pallina

• In Divisioning … replace the Pallina to its “Spot”, and make a decision as to the placement of the Ball itself

• In a game… if a referee accidently moves a pallina or Ball while measuring the rule is…..
  – If more balls are still to be played then the frame is declared dead and is replayed from same starting end
  – If all 8 balls have been played and official moves pallina or a ball, then if scores are obvious to the referee, (i.e. no need for a measure) the scores are awarded.
  – If the scores are NOT obvious (i.e. a measure is necessary) and the referee is unsure then the frame is declared dead and is restarted from same starting end
**Illegal Movement of Balls**

- **Illegal movement of a ball belonging to your own team** —
  - If a player moves one or more of his or her team’s balls, the ball(s) are **removed from the court** and **considered dead** and play continues.

- **Illegal movement of an opponent’s ball** —
  - If, after **all eight balls have been thrown**, a player moves one or more of his/her opponent’s balls, the opponent’s balls that were moved will be awarded one point each.
  - If a player moves one or more of his/her opponent’s balls, and there are **remaining unplayed balls**, the referee will place the balls as close to their original position as possible and play will continue.
Illegal Movement of Pallina

- If the pallina is moved by a player, the opposite team will be awarded as many points as the number of live balls that were “in contention” plus the number of balls yet unplayed. If the team fouled against has no balls “in contention” and no balls remaining, then the frame will be declared dead by the referee and started over at the same end.
Interference with a ball in motion

• By one’s own team
  – When a player interferes with his/her team’s ball in motion, the referee, as a result of witnessing the foul, must declare the ball being thrown dead
  – If possible and safe, the referee, will seek to stop the ball just delivered before it reaches the pallina and the other balls “in contention”, declare the just released ball to be a dead ball & remove it from the court

• If the just released ball does come in contact with the pallina and/or other balls “in contention” and these balls are moved from their original position, then the referee will place the balls back as close to their original position as possible and play will continue
• If they can’t replace the head then the end is declared “DEAD”
Coaching from outside the court

• Foul Condition
  – Discussion with any athlete and/or partner is prohibited during a game. **So no coaching is permitted from the sidelines.** That includes the player’s/team’s coach, family &/or spectators

• Procedure
  – If an official determines that a coach/partner/spectator is violating this rule, the official may sanction the offending individual
• Sanctions may include: verbal warning, citing the coach/partner with unsportsmanlike conduct and even expulsion from the game/venue
Coaching from inside the court (team mate)

• **Foul Condition**
  – A team mate will not be allowed to coach while on the court
  – In doubles or team play (regular and/or unified sports), discussion amongst athletes is prohibited once the athlete steps onto the court

• **Procedure**
  – The official will ask the team mate to stop
  – The official may stop play and caution the team mate
  – The official may call in the Head Coach
**Ties during frame**

- In the event that two opposing balls are equidistant from the pallina (tied), the team that rolled last will continue to roll until the tie is broken
  - Example: Team A rolls a ball toward the pallina and establishes the point. Then
  - Team B rolls its ball toward the pallina, and the referee determines that they are both exactly the same distance from the pallina
  - Team B must continue to roll until it has a point closer than Team A’s ball
**Ties at the end of a frame**

- If at the end of a frame the two balls closest to the pallina belong to opposing teams and are tied,
  - No points will be awarded
  - The pallina returns to the team which last delivered it
  - Play resumes from the end of the court from which the frame was last played
Checking the Position of Points

• At any time during a game, one player from each team may proceed down the outside of the court before delivering his/her ball
• The player must remain outside of the court while checking the position of points
An athlete has thrown a ball without being instructed to, during measuring etc.

- If there was no flag indication, so an athlete has played before the referee indicated (said "red to play" etc.) and before a flag has been shown the athlete was playing "out of turn"/rotation. The Wrong Rotation Rule should apply i.e.

- When a player plays out of turn, Line Judge calls “DEAD BALL-WRONG ROTATION”...the ref should step in (if safe) and stop the ball in motion, declare it a dead ball and remove it, and the player plays one ball less in that frame
An athlete has thrown a ball **without being instructed** to during measuring etc. cont.

- If the Ref cannot stop the ball, and it disrupts the head, then the Ref and Flags person if they **remember** the **location** of Pallina and balls in the head, they shall **reset the head** as best they can.

- If the Ref cannot stop the ball, and it **disrupts the head**, such that the Ref and Flags person are **unable to reset the head** ... The frame is **restarted** from the same end and by the team that had previously started.
Protests

• Protests — Any protest to an official’s decision, must be made by a Certified Head Coach of the Team effected within **30 minutes** of the completion of any game or the decision made by the official will be considered as accepted

• Protests will be acknowledged and judged by the Bocce Competition Protest Committee based on the merits of the situation arising & using the Special Olympics Bocce Sports Rules
Advanced Competition

• USA Games

• World Games

• International Games
QUIZ

• Click the link to take the quiz: Bocce Quiz