

2018 Special Olympics Iowa Summer Games Handbook

May 17 - 19

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Special Olympics Iowa Delegation Managers, Coaches, Families, Volunteers, and Athletes:

The 2018 Special Olympics Iowa State Summer Games are quickly approaching. The Summer Games Planning Committee and Special Olympics Iowa staff are working diligently preparing for your arrival to Iowa State University.

Special Olympics Iowa greatly appreciates the City of Ames, the Ames Convention and Visitors Bureau, Iowa State University and the Planning Committee for their continued support and dedication to the State Summer Games. The entire Ames community is committed to the success of the Summer Games and welcomes everyone to ISU.

Please review the handbook in full. The handbook is designed to provide each delegation with the information necessary to have a successful Summer Games. We ask that the Delegation Managers share the handbook with the coaches, support staff, athletes, family members and anyone else attending the Summer Games with your delegation.

Please contact Rhonda Schwarzkopf at <u>rschwarzkopf@soiowa.org</u> or 515-986-5520, ext. 112 if you have any questions. We look forward to seeing you in Ames at Iowa State University!

Important Summer Games Updates and Notes

- Delegation Registration: All delegations must have a representative stop at the Delegation Registration tent in Lot 100, south of the Lied Recreation Center, to pick up their Delegation Packet on May 17 or May 18 prior to proceeding to check-in at any competition venue. On May 19, packet pick-up will move to the event staging area in the Lied Recreation Center. Delegation packets will include Bib #'s for athletes competing in all sports, excluding aquatics. Bib #'s will not be available for pick up at competition venues. There is one bib number per athlete. All information in the packet is to be distributed to other members of the delegation as needed.
- Access to Beach Road will be limited throughout the Summer Games. Lot 63, Maple-Willow-Larch parking
 passes are available to delegations staying in the residence halls and for school buses. Contact
 Rhonda Schwarzkopf at rschwarzkopf@soiowa.org prior to the Summer Games for the passes.
- 20 minute passes are available at the Beach Road checkpoint to drop off people and equipment.
- Delegation Managers & coaches are responsible for athletes throughout the Summer Games, including travel time. It is the delegation's responsibility to know the whereabouts of the athletes at all times. Delegations should maintain, at a minimum, a ratio of 1 Class A volunteer to every 4 athletes at all times.
- Special Olympics Iowa staff Rhonda Schwarzkopf, 515-418-2283, and John Kliegl, 515-418-7339, are the first call regarding any reports of physical, sexual, or emotional abuse reported to any member of a delegation. Please see additional information on page 22 regarding additional steps that must be taken to report any allegations of abuse that may occur while on campus for Summer Games.
- Gender and age groups will be combined in some sports to provide quality competition for the athletes.
- Review the general Schedule of Events and all sport-specific schedules & information in this handbook to ensure that athletes arrive in plenty of time at their events to avoid disgualification.
- Scratches should be reported to the state office prior to the start of the competition. Scratches during the competition should be made directly at the venue registration area.
- The is no ATM at the Lied Recreation Center.
- A coaches' town hall meeting will be held from 7:00 pm to 9:00 pm on May 18 in Hilton Coliseum.
- Only service dogs are allowed at the Summer Games. Please do not bring pets into the Lied Recreation Building.
- There is not a permanent family changing room in the Lied Recreation Building. There are two temporary areas set up in a racquetball court. The Forker Building also has a family room available on May 18.



2018 Special Olympics Iowa Summer Games

Schedule of Events

Current as of 03/22/2018



Thursday, May 17		
7:30 am – 4:30 pm	Delegation Registration - for ALL delegations & athletes	Lot 100, South of the Lied Rec. Center * tent on the west side of the lot
7:00 am – 5:00 pm	Competition Shuttle Service	S Parking Lots S6, S7, S8, to Southeast Recreation Complex for Bocce, to Lied Recreation Center & back to the S Parking Lots (continuous loop)
9:00 am	Cycling Competition Begins	Iowa State Center Parking Lot
9:00 am – 4:30 pm	Individual Skills & Singles Tennis Competition	Forker Building Tennis Courts
9:00 am – 6:00 pm	Residence Hall Check-In	Maple Willow-Larch Commons Desk
9:30 am – 4:30 pm	Team Bocce Competition	Southeast Recreation Complex
10:00 am – 11:30 am	Souvenir Sales	Cycling Venue
10:00 am	Team Soccer Competition Begins	Lied Recreation Center outdoor fields *east of Lied
10:00 am	Soccer Skills Competition 10:00 am – 11:00 am 8-11 M/F 11:00 am – 11:45 am 12-15 M/F 11:45 am – 12:15 pm 16-21 M/F 12:15 pm – 12:30 pm 22-29 M/F 12:30 pm – 1:00 pm 30 + M/F	Lied Recreation Center outdoor fields *east of Lied
12:00 pm – 4:00 pm	Souvenir Sales	Olympic Festival – Lot, 100 south of Lied Recreation Center
1:00 pm	Athletics - Race Walk Competition Begins	Lied Recreation Center
2:00 pm – 3:00 pm	Sports Clinic	Southeast Recreation Complex
3:00 pm – 3:45 pm	Cheerleading Clinic	Room 196, Forker Building
4:15 pm – 6:30 pm	Dinner	Maple-Willow-Larch Dining Center, Seasons Marketplace
6:00 pm – 6:45 pm	Opening Ceremony Shuttle	Maple-Willow-Larch Residence Halls to Hilton Coliseum
6:15 pm	Opening Ceremony Parade Line-up	Parking Lot C-2, south side of Hilton Coliseum
7:00 pm – 9:00 pm	Opening Ceremony	Hilton Coliseum
8:45 pm – 9:15 pm or until the end of the festivities	Opening Ceremony Shuttle	Hilton Coliseum to Maple-Willow- Larch Residence Halls

Friday, May 18			
7:00 am – 3:00 pm	Delegation Registration - for ALL Delegations & Athletes	Lot 100, South of the Lied Rec. Center * tent on the west side of the lot	
6:30 am – 8:30 am	Breakfast	Maple-Willow-Larch Dining Center, Seasons Marketplace	
6:30 am – 5:00 pm 6:30 am – 5:00 pm	Competition Shuttle to Lied & Beyer Competition Shuttle to Beyer	S Parking Lots S6, S7, S8 to Southeast Recreation Complex for Bocce, to Lied Recreation Center to Beyer Hall for swimming & back to <u>S Parking Lots (continuous loop)</u> Lied Recreation Center to Beyer Hall & back to Lied Recreation Center (continuous loop)	
8:15 am	Swimming Warm-ups & Competition Begins	Beyer Hall	
8:30 am	Doubles Tennis Competition Begins	Forker Building Tennis Courts	
9:00 am	Athletics Competition Begins	Lied Recreation Center	
9:00 am – 1:00 pm	Singles Bocce Competition	Southeast Recreation Complex	
9:00 am – 2:00 pm	Healthy Athletes Screenings: Opening Eyes – Room 0202W Special Smiles – Tent outside of Lied FUNFitness – Room 213 Fit Feet – Tent outside of Lied Health Promotion – Tent outside of Lied	Forker Building & Lot 100, southwest of the Lied Recreation Center	
9:00 am – 4:00 pm	Souvenir Sales	Lot 100, South of Lied Rec. Center	
10:00 am	Athletics - Developmental Events Begin	Forker Building	
10:00 am – 1:00 pm	Souvenir Sales	Aquatics – Beyer Hall south entrance	
10:00 am – 4:00 pm	FIT Program Assessments	Lot 100, south of Lied Rec. Center	
10:00 am – 4:00 pm	Olympic Festival	Lot 100, south of the Lied Recreation Center	
10:00 am – 4:00 pm	Sport Clinics East of Lied Recreation Ce		
11:15 am – 1:15 pm	Lunch	Maple-Willow-Larch Dining Center, Seasons Marketplace	
4:15 pm – 6:30 pm	Dinner	Maple-Willow-Larch Dining Center, Seasons Marketplace	
6:30 pm – 7:00 pm	Dance Shuttle	Maple-Willow-Larch to Hilton Coliseum	
7:00 pm – 9:00 pm	Celebration Dance	Hilton Coliseum	
9:00 pm – 9:30 pm	Dance Shuttle	Hilton Coliseum to Maple-Willow- Larch	

Saturday, May 19		
6:30 am – 8:30 am	Breakfast	Maple-Willow-Larch Dining Center, Seasons Marketplace
7:30 am	Delegation Registration - For athletes & Unified Sports Partners participating on Saturday only	Event Staging Area inside the Lied Recreation Center
8:30 am	Athletics Competition Begins	Lied Recreation Center
8:30 am – 11:30 am	Souvenir Sales	Lot 100, south of Lied Rec. Center

COMPETITION INFORMATION

Delegation Registration

All delegations must have a representative stop at the Delegation Registration tent in Lot 100, south of the Lied Recreation Center, to pick up their Delegation Packets on May 17 & May 18 prior to proceeding to check-in at any competition venue. Delegation Registration will be located in the event staging area of the Lied Recreation Center on May 19. The representative will distribute the contents of the delegation packet to other members of the delegation as needed. Packets should be picked up early enough to allow athletes plenty of time to arrive at their events. Each delegation packet will include the following:

- Schedule of Events
- Venue Maps
- Bib numbers for athletes competing in all sports excluding aquatics

It is the delegation's responsibility to ensure that athletes have their bib numbers on their T-shirts or uniforms **prior to** checking in at their sport venue. There is one bib # per athlete. **Track and field, soccer skills & tennis bib #'s are to be on the front of the shirts. Bocce, cycling & team soccer bib #'s are to be on the back of the shirts. Delegations are to go to the Delegation Registration tent upon their arrival on campus before proceeding to the residence halls and any competition venue to pick up their delegation packet.**

Delegation registration will be held at the following:

Dates and Times: Location:	Thursday, May 17; 7:30 am – 4:30 pm Friday, May 18; 7:00 am – 3:00 pm Lot 100, South of the Lied Recreation Center Tent designated as Delegation Registration
Date & Time:	Saturday, May 19; 7:30 a.m.
Location:	Event staging area in the Lied Recreation Center

Final Delegation Reports will be e-mailed to Delegation Managers for review. **Corrections to events, times & distances should be reported to Tanner Nissen at <u>registrations@soiowa.org</u> by Friday, May 4. The state office will not accept any additional corrections or additions to athletes' events or scores nor will the office accept any additional entries for a delegation after Friday, May 4.** Scratches can be sent to Tanner Nissen at <u>registrations@soiowa.org</u>. or by fax to 515-986-5530. E-mail is the preferred method of communicating scratches. Where:

Lied Recreation Athletic Center

Events: Running, Walking (non-developmental), 100 M Wheelchair, Pentathlon, High Jump, Running Long Jump & Standing Long Jump

Outside of the Lied Recreation Center, east of the center

Events: Mini Jav, Shot Put & Softball Throw

The Lied Recreation Center is located on Beach Road, north of Lincoln Way.

When:

May 17 - 19

Thursday, May 17 Schedule

Time	2 K Race Walk	400 M Race Walk	800 M Race Walk
1:00 pm	All Ages, M & F		
1:30 pm		All Ages, M & F	
2:15 pm			All Ages, M & F

Friday, May 18 Schedule

Time	100 M Dash 100 M Walk 100 M WC	50 M Dash 50 M Walk	800 M Run	Standing Long Jump	Running Long Jump	High Jump	Shot Put Softball Throw Mini Jav
9:00 am			All Ages		Pentathlon	All Ages	22-29 M
9:30 am	16-21 M	30-50 M		12-15 M & F			22-29 F
10:00 am	16-21 F	30-50 F			12-15 M & F	Pentathlon	8-11 M
10:30 am	22-29 M	51+ M					8-11 F
11:00 am	22-29 F & Pentathlon	51+ F			16-21 M & F		30-50 M
11:30 am	12-15 M	16-21 M		22-29 M & F			30-50 F
Noon	12-15 F	16-21 F		8-11 M & F	8-11 M &F		Pentathlon with 400M following Shot Put
12:30 pm – 1:30 pm	Lunch						
1:30 pm		8-11 M			22-29 M & F		51+ M
2:00 pm	100 M WC**	8-11 F		30+ M & F			51 + F
2:30 pm	8-11 M	22-29 M			30+ M & F		12-15 M
3:00 pm	8-11 F	22-29 F		16-21 M & F			12-15 F
3:30 pm	30+ M	12-15 M					16-21 M
4:00 pm	30+ F	12-15 F					16-21 F

****** Motorized & non-motorized wheelchair

Saturday, May 19 Schedule

Start Time	1500 M Run	400 M Dash	200 M Dash	4 x 100 M Relay
8:30 am	All Ages			
		All Ages		
			All Ages	
				All Ages

Athletics (Track & Field) Continued:

Saturday events, with the exception of the 1500M Run, will begin at the conclusion of the preceding event. **Athletes who arrive late will not be allowed to compete.** Athletes MUST wait on the reserved bleachers in the northeast corner of Lied to be called to the staging area.

Important Athletics Information:

- Athletes should report to the staging area for their specific events 15 minutes prior to the scheduled start time of their event.
 - The locations of the track field staging areas are included on the venue maps on pages 35-37.
- After athletes finish competing they are to report to the awards area of their specific event.
- No drinks, food, coolers or chairs are allowed in the Lied Recreation Center. A tent will be located in the Olympic Festival in Lot 100, south of the Lied Recreation Center, where delegations can keep their coolers, food & drinks. Volunteers will be overseeing the tent throughout the day. Delegations should have their name & contact telephone number on the coolers.
- Softball throw competition will be held on the soccer field.
- The shot put and mini jav competitions will be held south of the soccer fields. Athletes competing in the shot put must adhere to the following:
 - Shot shall touch or be in close proximity to the chin.
 - \circ Shot is put from the shoulder (in front of ear) with one hand only.
 - Shot at release does not drop behind or below the shoulder.
- After athletes finish their competition in the throwing events they will receive their awards at the awards area adjacent to the specific throwing areas.
- Pentathlon competitors will report at 8:30 am to the announcers table at the infield of the Lied Recreation Center where they will be placed into their divisions. There will be escorts assigned to each division to take athletes to their events. Athletes will be finished shortly after 12:00 pm. Pentathlon athletes can be picked up at the awards area at this time.
- Walking Events: Athletes must have one foot in contact with the track at all times to be considered walking.

Developmental (Athletics) Events

Events: Where: 25 M Walk, 25 M Walk with Me, 25 M & 30 M Wheelchair & Tennis BallThrow Forker Building, Gyms 175 & 184 The Forker Building is located on Beach Road directly west of the Lied Recreation Center. Friday, May 18

When:

Competition Schedule:

	Gym 175 (Male)	Gym 184 (Female)
10:00 am	25 M Walk & 25 M Walk with Me	25 M Walk & 25 M Walk with Me
10:45 am	25 M Manual Wheelchair Straight Race	25 M Manual Wheelchair Straight Race
11:15 am	4 x 25 M Wheelchair Relay (co-ed)	
11:30 am	30 M Manuel Wheelchair Slalom	30 M Manual Wheelchair Slalom
12:00 pm – 12:30 pm	Lunch	Lunch
12:30 pm	30 M Motorized Wheelchair Slalom	30 M Motorized Wheelchair Slalom
12:45 pm	30 M Motorized Wheelchair Straight Race	30 M Motorized Wheelchair Straight Race
1:15 pm	Tennis Ball Throw	Tennis Ball Throw

Awards:

Additional Information:

Awards will be given out immediately following the completion of a division. Coaches are to bring a rope for any athlete who requires one for competition. Room 196 will be used as a quiet area. Changing areas will also be available.

Bocce

Where:	Southeast Recreation Complex The fields are located east of Jack Trice Stadium on the east side of University Blvd.
When:	Thursday, May 17 for Four Person Team; 9:30 am Thursday, May 17 for Skills: 10:00 am Friday, May 18 for Singles; 9:00 am
Registration: Awards:	Check in at the staging table 30 minutes prior to the scheduled game time. Awards will be given out following completion of the teams/singles last match.

Important Bocce Information:

- Each team & singles athletes will play two games.
- Each match will be limited to: 30 minutes or 16 points for team competition or 20 minutes or 12 points for singles.
- Competition schedules will be posted on <u>www.soiowa.org</u> & sent to the Delegation Managers.
- The shuttle bus will pick up athletes, coaches, chaperones, volunteers & spectators in the S Lots attending the bocce competition venue. Delegations are not allowed to park at the venue as the shuttle bus will use the lot for turning around. The shuttle bus will return attendees to the S Lots.
- Parking passes are not available for the bocce venue due to the new location.
- In both Four Person Team and Singles competition, athletes will alternate ends for each new frame unless approved by the Venue Director.
- Delegations should bring their own ramps. Please contact Sally Briggs at sbriggs@soiowa.org if a ramp is needed.
- Spectators may bring their own lawn chairs.
- A ramp team is a team in which every member uses the ramp in order to compete. In non-ramp divisions, one to three of the athletes may use the ramp to compete.
- Bocce is considered an individual sport. Therefore coaches cannot "coach" athletes during competition.
- Coaches, parents & spectators <u>are not</u> allowed beyond the staging area without prior approval from the Venue Director.
- Inclement weather location: Bergstrom Football Complex no peanuts, sunflower seeds, etc. are allowed
- Lunch may be purchased from a food truck vendor located at the venue site.

Cycling

Where:

Iowa State Center Parking Lot

University Boulevard and Center Street

When:

Thursday, May 17

Competition Schedule:

9:00 am – 3:00 pm	Registration & Bike Inspection
9:30 am	10 K Races (per heat schedule)
	1 K Races (per heat schedule)
	5 K Races (per heat schedule)
Approx. 1:30 pm	250 M Races (will mix modified and 2-wheel bikes per heat schedule)

Schedule Notes:

- There will be no break between the 10 K, 1 K & 5 K races.
- The only break between the 5 K & 250 M races will be to move the course, move the awards area & to get officials set up on the new course.
- If events are moving ahead of schedule, the next event will start early.
- Athletes who are not at the venue when their race begins will not be allowed to compete later.

Awards:

Awards will be given out immediately after completion of each race.

Important Cycling Information:

- Athletes with completed pre-inspection bike forms are to report to the pre-inspection tent.
- All bikes without completed pre-inspection bike forms are to go to the on-site bike inspection area. Please allow enough time for the mechanics to inspect personal bikes.
- Mark all equipment with the name of the athlete & the delegation.
- Athletes must bring their own helmets for proper fit & health reasons. Gloves are to be worn during the competition. Gloves will be available to athletes who do not have their own.
- Special Olympics Iowa encourages athletes to train and compete using their own well maintained & properly fitted equipment. Athletes will be more comfortable competing with their own equipment rather than competing with bikes & gloves from another source.
- Parking is available in the western half of Lot B3, the eastern half of Lot C3, Lot B4 and Lot C4. However vehicles are not to leave until the competition is over.
- Spectators may bring lawn chairs.
- Lunch may be purchased from an on-site vendor.

Soccer Skills

Where:

Lied Recreation Center - Outdoor Fields Fields are located east of the Lied Recreation Center located on Beach Road, north of Lincoln Way.

When:

Thursday, May 17

Competition Schedule:

Time	Soccer Skills
10:00 am	08 – 11 Male & Female
11:00 am	12 – 15 Male & Female
11:45 am	16 – 21 Male & Female
12:15 pm	22 – 29 Male & Female
12:30 pm	30 + Male & Female

Awards:

Awards will be presented immediately following completion of a division.

Important Soccer Skills Information:

• Day of event scratches should be called into Venue Director Dianne Modlin at 515-249-1360.

Team Soccer

Where:	ISU Lied Recreation Center - Outdoor Fields Fields are located east of the Lied Recreation Center located on Beach Road, north of Lincoln Way.
When:	Thursday, May 17
Competition Schedule:	First Round Games will begin at 10:00 am.
Awards:	Awards will be presented immediately following completion of a division.

Important Team Soccer Information:

• Teams are to be checked in & on the field sidelines 30 minutes prior to the game start time.

Swimming

Where:	Beyer Hall Beyer Hall is located near the corner of Sheldon Avenue & Union Drive. Swimmers & coaches enter at the south doors of the building along Union Drive.
When:	Friday, May 18
Awards:	Awards will be given out following the completion of a division.

Important Aquatics Information:

- Only swimmers competing in the freestyle, breaststroke, butterfly, individual medley & flotation device events dress & warm-up in the morning.
- The pool deck will be cleared of all athletes & coaches.
- Athletes & coaches will be seated in the spectator seating area & called to the staging area for their events. The staging area is located in the south hall.
- No coaches are allowed on the deck, except to assist athletes requiring physical assistance.
- After competition, athletes will receive their awards & then return to the spectator seating area.
- Backstroke & relay swimmers may dress and warm-up prior to the start of the afternoon session.
- Results will be posted on the trophy case outside the spectator seating area.

Competition Schedule:

8:15 am – 8:45 am	Warm-ups
8:45 am	Coaches Meeting
9:15 am – 12:15 pm	200 Yard Freestyle (M & F, all ages)
	100 Yard Freestyle (M & F, all ages)
	50 Yard Freestyle (M & F, all ages)
	25 Yard Freestyle (M & F, all ages)
	100 Yard Breaststroke (M & F, all ages)
	50 Yard Breaststroke (M & F, all ages)
	25 Yard Breaststroke (M & F, all ages)
	50 Yard Butterfly (M & F, all ages))
	25 Yard Butterfly (M & F, all ages)
	200 Yard Individual Medley (M & F, all ages)
	100 Yard Individual Medley (M & F, all ages)
	25 Yard Flotation Race (15 minutes maximum time limit) *
	15 Yard Flotation Race (10 minutes maximum time limit) *
	*Athletes may participate in one flotation race only.
12:15 pm – 1:00 pm	Lunch Break
1:00 pm – 1:20 pm	Warm-ups
1:30 pm – 3:30 pm	4 x 25 Yard Relay (Male, Female, Co-ed & Unified)
	25 Yard Backstroke (M & F, all ages)
	50 Yard Backstroke (M & F, all ages)
	100 Yard Backstroke (M & F, all ages)

Swimming Tips:

- Circle swim in the lanes during warm-ups. Swim on the right side of the lane to avoid athletes hitting heads.
- No jewelry may be worn during competition.
- Athletes need to wear footwear when off the deck.
- Breaststroke toes point out.
- Butterfly arms move simultaneously.

Frequent Aquatics Rules Violations Reminders:

Backstroke

- Athletes must remain on their backs throughout the entire race.
- The turn requires that some part of the swimmers body contact the end wall.
- The finish requires contact with the wall by any part of the body.

Breaststroke

- Some portion of the head must break the water surface sometime during each stroke cycle.
- The stroke requires both hands be pushed forward from the breast simultaneously on, above or under the surface of the water.
- The kick requires the feet be drawn up with the knees bent. The feet must be turned outward during the propulsive part of the kick. All movement of the legs & feet shall be simultaneous & in the same horizontal plane. Scissors, flutter &/or or downward butterfly kicks are not permitted.
- The turn requires a simultaneous wall touch with two hands, not necessarily on the same plane, after which any manner of turn is permitted.
- The finish requires contact with the wall with both hands touching simultaneously, but not necessarily on the same plane.

Butterfly

- The stroke requires that both arms simultaneously pull backward under the water, then simultaneously recover over the water.
- The kick requires that both legs & feet move up & down simultaneously in the vertical plane. Scissors, breaststroke & alternating up & down movements of the legs are not permitted.
- The turn requires simultaneous wall touch with two hands, not necessarily on the same plane, after which any manner of turn is permitted.
- The finish requires contact with the wall when both hands touch simultaneously, not necessarily on the same plane & shoulders horizontal.

The penalty for not properly executing the strokes & kicks as noted above is disqualification from the event. The determination of proper execution of strokes & kicks is made by the meet judges.

<mark>Tennis</mark>

Where:	Forker Building Courts & Gym 184 Courts are located south of the Forker Building on Beach Road.
When:	Thursday, May 17, Singles Competition & Individual Skills; 9:00 am –4:30 pm Friday, May 18, Doubles Competition; 8:30 am
Awards:	Awards will be presented immediately following completion of a division.

Sports Rules

All Special Olympics competitions shall be conducted in accordance with the Official Special Olympics Sports Rules & corresponding National Governing Bodies; Athletics - Athletic Congress of the USA; Aquatics - United States Swimming; Soccer - United States Soccer Federation; Tennis - United States Tennis Association; Cycling - United States Cycling Federation & Bocce - International Bocce Ball Assoc.

Special Olympics sports rules are found on the national website of <u>www.specialolympics.org</u> or by contacting the state office. All Delegation Managers, coaches and & members bringing athletes to competition are responsible for knowing & understanding the rules of the sport in which their athletes are competing.

Sport & Venue Directors

A Sport or Venue Director for protest will be at each site. Please contact the director & he/she will review the sport rules & protest made. It is the certified Delegation Manager or certified Head Coach's responsibility to complete the Protest Form & give it to the Sport or Venue Director.

Athletics: John Anderson Developmental: Debby Eldred Swimming: Duane Sorenson Bocce: Sally Briggs Soccer Skills: Dianne Modlin Tennis: Tara Gartin & Colleen Schwartz

Cycling: Ray Strekal Soccer Team: Gary Cummings

Protests

In the case of a disqualification of an athlete, or in regards to any other matters during the conduct of the competition, the certified Delegation Manager or certified head coach may submit the following protest form within 30 minutes of the completion of the athlete's competition. The protest must address the "facts" or the "interpretation" of the applicable rules. The official shall review the protest with the appropriate officials & render a decision.

Protest Form

The Protest Form must be submitted to the sport Venue Director no later than 30 minutes after the conclusion of the event being protested.

Date:	Time Submitted:	Sp	ort:	
Event:	Age Group:	Div	vision/Heat:	
Athlete's Name:		Delegation:		
Reason for Protest:				
Signature of Delegation M	anager or Head Coach:			
Decision by Sports / Venu	e Director: Protest Approved:	F	Protest Denied:	
Signed:				
Time:				

Coach Responsibilities

- Provide for the general welfare, safety, health & well-being of each Special Olympics athlete in their charge.
- Be familiar with the information in this handbook & wear their SOIA issued Class A volunteer credential.
- Provide the following specific services for each Special Olympics athlete in their charge:
 - Supervision 24 hours a day regardless of the athletes' ability levels.
 - Assistance in getting to all meals at appointed times.
 - Assistance in reporting to competition on time.
 - Assurance that prescribed medications are taken.
 - \circ $\;$ Assistance for being assembled at the proper time & place for special events.
- Dress & act at all times in a manner which will be a credit to Special Olympics.
- Report all emergencies to appropriate authorities after taking immediate action to insure the health & safety of
 participants & submit a Special Olympics First Report of Accident / Incident Form to
 Rhonda Schwarzkopf at rschwarzkopf@soiowa.org. Forms are available at all venue sites and first aid locations.
- Be respectful to all volunteers.
- Follow the inclement weather plans detailed in the handbook.
- Have a copy of the athlete's Application for Participation (physical / release) at practice & competition.
- If staying at a hotel, no athlete should be in pool area unchaperoned.
- Report **immediately** to a Special Olympics Iowa staff member any reports made of physical, sexual or emotional abuse toward an athlete or any other individual attending a Special Olympics Iowa competition or event.

SPECIAL EVENTS OFFERED DURING THE SUMMER GAMES

Celebration Dance

Where:	Hilton Coliseum Hilton Coliseum is located north of Jack Trice Stadium on Lincoln Way & University Boulevard.
When:	Friday, May 18; 7:00 pm – 9:00 pm
Who:	Special Olympics Athletes, Delegation Members & Family Members
Transportation:	Shuttle service will be available from 6:30 pm to 7:00 pm from the West side of Maple-Willow-Larch residence halls to Hilton & from Hilton to the residence halls after the dance from 9:00 pm – 9:30 pm.
	Due to construction around Hilton Coliseum, A-frames will be in place providing walking directions to the facility. Please review page 38 for a map detailing the walkway to Hilton.
Concessions:	Concession stands will be open for the dance with limited items.

Cheerleading Clinic

What:	SOIA athletes will learn a specific cheer that will be performed that evening during the Opening Ceremonies which begin at 7:00 p.m. at Hilton Coliseum.
Where:	Forker Building, Room 196 The Forker Building is located on Beach Road directly west of the Lied Recreation Center.
When:	Thursday, May 17 3:00 pm – 3:45 pm

Important Cheerleading Clinic Info:

- All athletes must register for the cheerleading clinic by April 16 at <u>registrations@soiowa.org</u>.
 - Registration forms are available at <u>www.soiowa.org</u> under the Summer Games participation forms.

FIT: Fitness Improvement Training

What:	Delegation Members can participate in fitness stations for baseline measurements. Walking club information will be available.
Where:	Parking Lot 100, South of the Lied Recreation Center
When:	Friday, May 18; 10:00 am – 4:00 pm
	Olympic Festival
Where:	Parking Lot 100, south of Lied Recreation Center
When:	Friday, May 18 from 10:00 am – 4:00 pm
 Important Olympic Festival Information: Boone Schools & a variety of companies will provide fun, interactive activities for the athletes. 	

- Souvenirs will be located on the west end of the Olympic Festival.
- Delegations may bring their coolers for storage to a designated tent within the Olympic Festival.

Sport Clinics

When:	Thursday, May 17 from 2:00 pm to 3:00 pm
Where:	Southeast Recreation Complex next to the Bocce competition venue (east of Jack Trice Stadium on the east side of University Blvd.).
When:	Friday, May 18 from 10:00 am – 4:00 pm
Where:	East of the Lied Recreation Center

Souvenir Sales

Schedule:	
Date and Times	Location
Thursday, May 17	
10:00 am – 11:30 am	Cycling Competition Venue; Iowa State Center lots
12:00 pm – 4:00 pm	Lot 100, south of Lied Recreation Center
Friday, May 18	
10:00 am – 1:00 pm	Swimming Competition Venue: Beyer Hall entrance (south)
9:00 am – 4:00 pm	Lot 100, south of Lied Recreation Center
Saturday, May 19	
8:30 am – 11:30 am	Lot 100, south of Lied Recreation Center

*Cash, checks and credit cards will be accepted as payment for souvenir sales.

Healthy Athletes Program

When:

. . . .

Friday, May 18 from 9:00 am - 2:00 pm

What is Special Olympics Healthy Athletes?

The Special Olympics program called Healthy Athletes is designed to help athletes improve their health, fitness, sports experience & wellbeing. Athletes receive a variety of health services through clinics conducted in welcoming environments at Special Olympics competitions. The clinics conducted are Special Smiles, Opening Eyes, FUNfitness, Fit Feet & Health Promotions. The clinics provided come at no charge for SOIA athletes.

Special Smiles: This program offers athletes the services of oral screening, oral health education, preventative products & information about follow-up care. Dentists & dental hygienists have been recruited to conduct exams whom have received specialized training to work with this population.

Location: Tent outside of the Lied Recreation Center. Rain Plan – Rooms 278 & 279 in the Forker Building.

Opening Eyes: Opening Eyes offers athletes extensive vision tests, refractions for those requiring further screening, prescription glasses (protective as well) & referral advice for follow-up care. Optometrists & eye care professionals have been recruited to conduct eye exams whom have received specialized training to work with this population. **Location: Room 0202W in the Forker Building.**

FUNfitness: The purposes of the FUNfitness program are to asses, improve and strengthen flexibility. The program also helps educate about the importance of physical therapy. Physical therapists work with athletes, coaches & family members to teach about warm-up risk & prevention & make recommendations for optimal function in their sports training.

Location: Room 213 in the Forker Building.

Fit Feet: Many Special Olympics athletes suffer from foot & ankle pain or deformities that impair their performance. Athletes are not always fitted with the proper shoes & socks for their particular sport. Volunteer health care professionals screen athletes' feet & ankles for deformities as well as checking for infections, nail care & proper shoes & socks. **Location: Tent outside of the Lied Rec. Center. Rain Plan - Room 198 in the Forker Building.**

Health Promotions: Offers athletes' tips on nutrition, adequate hydration, maintaining personal hygiene, safety, fitness, danger of tobacco use, sun safety & other health concerns. Athletes will have an opportunity to receive a simple health check that includes height, weight, blood pressure and a review of healthy lifestyle habits. Handouts & giveaways will be available to athletes who participate.

Location: Tent outside of the Lied Recreation Center.

2018 Summer Games Souvenirs

¼ Zip Pullover	\$40
Sweat Pants	\$20
Tote Bags	\$20
Long Sleeved Torch Run Shirts	\$20
Coffee Mugs	\$15
Shorts	\$15
Stuffed Animals	\$10
T-Shirts	\$10
Tumbler	\$10
String Bags	\$8
Scarves	\$5
Sunglasses	\$5
Pop Socket	\$5
Stress Ball	\$5
Coins	\$5
Past Event Shirts	\$5
Rally Towel	\$5
Lanyard	\$2
Bracelets	\$2
Pens	\$1

All Proceeds Benefit

Special Olympics Iowa, Thank you!

Opening Ceremony

	-point,
Where:	Hilton Coliseum, located at the corner of University Boulevard between Lincoln Way & Center Drive.
When:	Thursday, May 17 Parade line up begins at 6:15 pm. Opening Ceremonies will begin with the Parade of Athletes at 7:00 p.m.
Parking:	South of Hilton Coliseum Delegations may utilize the provided shuttle bus transportation.
Walking:	Delegations walking should exit the west side of Maple Hall & go south on Beach Avenue, cross Lincoln Way & angle on the sidewalk toward Hilton Coliseum. Due to construction around Hilton Coliseum, A-frames will be in place providing walking direction to the facility. Please review page 38 for a map detailing the walkway to Hilton.
Bussing:	Shuttle bus transportation from Maple-Willow-Larch to Hilton and back will be available from 6:00 p.m. to 6:45 pm and 8:45 pm to 9:15 pm or until the conclusion of the festivities. Bus pick-up will be on the west side of Maple Hall.
Parade Line-Up:	Delegations will line up by area on the south side of Hilton Coliseum. Delegations are to find their area banner and get in line. Delegation members who use wheelchairs or have trouble walking may enter Hilton before the parade by using the upper ramp on the east side of the building & use the elevator to reach the lower level to meet their teams at the bottom of the ramp.
	Parade OrderEast CentralNorthNorth CentralNorthwestSouth CentralSoutheastSouthwestWest CentralCentralEast
	Athletes will enter from the lower ramp entrance on the east side of Hilton Coliseum. Athletes will walk into Hilton and be seated by ushers. Wheelchair delegation members will be directed to seating on the main floor. Please bring delegation banners for the Parade of Athletes.
Restrooms:	Restrooms will be available outside on the east side of Hilton Coliseum near the delegation entrance & inside the coliseum as well. A family restroom is available at the lower west Hilton Coliseum entrance.
Interpreter:	A sign interpreter will be utilized during the Opening Ceremony. Please contact Rhonda Schwarzkopf at rschwarzkopf@soiowa.org or 515-986-5520 to request appropriate seating.
Program:	The Opening Ceremony will include the Parade of Athletes, welcomes from the Ames & ISU communities, award recognitions, Flame of Hope / torch lighting & entertainment.

HOUSING, MEALS & TRANSPORTATION DURING THE SUMMER GAMES

Housing General Information

Maple, Willow & Larch Residence Halls will be utilized. Delegations may drive down Beach Road to get to the assigned residence hall parking lot by showing the parking pass received from the state office to the parking attendees at the entrance. All parking for the residence halls will be in the lots close to Maple-Willow-Larch. Delegations staying in the residence halls, may use the shuttle bus service throughout the Games. Beach Road is closed to through traffic.

Most of the residence halls utilized by SOIA are not built for wheelchairs. The showers have a lip on their entrance and the toilets are only 32" wide. The showers & restrooms at the Lied Recreation Athletic Center will be easier to use, but further to go to, so please plan accordingly. It is necessary that the delegation bring extra help to stay with wheelchair athletes. Wheelchair athletes should be noted as such on the Residence Hall Roster. These athletes will be assigned to lower floors in Maple Hall unless the state office is informed differently.

Each guest will receive a blanket, sheets, pillow, pillowcase, towel, washcloth & soap as part of the room & meal package. Each building will have several Department of Residence representatives whom delegations may contact with questions or emergencies. These staff will stay overnight on each floor from 9:15 pm until 7:00 am. Delegations may also contact the Department of Residence staff at the Conference Desk located on the middle level of the Maple-Willow-Larch Commons which will be staffed 24 hours a day during the Summer Games.

Check-in will be held at the desk from 9:00 am through 6:00 pm on May 17. Delegations may wish to use the exterior entrance to the MWL Commons on the northwest corner. If needed, just inside is an elevator which travels between the ground & middle level of the commons. Further down the hall to the south is another elevator which travels between the ground & the top level of the commons. Delegations are to check-out by 10:00 am on May 19. Delegations are to collect keys & return them in the envelope provided by the MWL conference desk.

Keys will be issued to the delegations at check-in. The delegation must return the keys in their packets prior to departure. There is a fee of \$122 for each room / suite lost key, \$10 for each lost keycard & \$3 for each lost key holder. Fees will be charged to the occupant.



Smoking is prohibited on all university grounds, including parking lots & in all university owned or operated buildings, residence halls & apartments. Alcoholic beverages are not permitted within the Residence Halls. All athletes & delegation members should be quiet & in their rooms by 10:30 pm. Everyone needs to be respectful of others at this time. Some of the athletes are young children.

The East Side Market convenience store located on the middle level of the Maple-Willow-Larch Commons, offers bottled beverages, fountain soda, Godfather's pizza-by-the-slice during lunch/dinner hours, personal care items, laundry cards, novelties & many convenience items. It will be open on May 17 from 10:00 am to 11:00 pm, May 18 from 6:00 am to 11:00 pm and May 19 from 6:00 am to 9:00 am. Card-operated washers & dryers are available in the Willow Residence Hall. Telephone lines are not active in guest rooms. Hallway & exterior building telephones will be active for emergency & local calls; long-distance calls require a calling card. Should it be necessary to be contacted, a message can be relayed by calling the Conference Desk at 515-294-8401, 24 hours a day.

There will be a **Medical Room** in room C3115 in the *southeast* corner of the top level of the Maple-Willow-Larch Commons, accessible 24 hours a day. To reach assistance from the Medical Team staff, call 515-460-0823. If there is an emergency such as a fire or immediate safety problem, call 911. In the event of a tornado warning, proceed to an interior hallway on the lowest floor of the building. Stay away from glass windows & doors. In case of a fire, please make note of the exit routes from the building & predetermine a place away from the building to meet with other members in your party. Use the staircase to exit the building; do not use an elevator in the event of a fire.

ISU Dining Meals

Seasons Marketplace, the dining center on the ground level in Maple-Willow-Larch Commons, will be open for SOIA. The entrance is located at the *northwest* corner of the commons. Meal wristbands will be given to each person staying in the residence halls at check-in. These bands must be worn on the wrist at all times for entry into the dining center. The meal package includes dinner on May 17, breakfast, lunch & dinner on May 18 & breakfast on May 19.

Seasons Marketplace has a variety of food serving stations & beverage/silverware areas around the perimeter of the dining center. A return area for dishes is located a few steps south of the entrance & also serves as the center exit.

Delegations not taking advantage of the room & meal package, may make advance arrangements to purchase meals only. Contact the Department of Residence Conference Services Office at 515-294-8384 at least two weeks in advance to make a reservation & payment arrangements. Meals obtained from providers other than ISU Dining are not allowed within or adjacent to Department of Residence facilities without prior consent from ISU Dining.

Please contact ISU staff at 515-294-3812 regarding dietary needs.

Serving Times:		Individual Meal Prices at the Door:		
Breakfast	6:30 am – 8:30 am	Breakfast	\$10.00 adults & \$7.50 children under 9	
Lunch	11:00 am – 2:00 pm	Lunch	\$13.00 adults & \$9.00 children under 9	
Dinner	4:15 pm – 6:30 pm	Dinner	\$13.00 adults & \$9.00 children under 9	

Closed for breakfast	Closed for Lunch	Dinner:
		Roast beef
		Fish sandwich
		Wild rice
		Whole kernel corn
		Salad bar & condiments
		Buttermilk brownie
		Ice Cream Novelties
		Fresh fruit
		Assorted beverages
Menu: Friday, May 18		
Breakfast:	Lunch:	Dinner:
Scrambled eggs	Chunky chicken noodle soup	Chicken nuggets w/light ranch or BBQ
Sliced ham	Homemade cheese lasagna	¼ lb. hamburger
Potato rounds	Hot ham & cheese	Batter dipped fries
Blueberry muffins	Breadsticks	Peas & carrots
Chocolate Chip muffins	Green beans	Salad bar & condiments
Toast, jelly & condiments	Salad bar & condiments	Strawberry jello cake
Assorted breakfast cereals	Chocolate chip cookie	Ice Cream novelties
Assorted beverages	Fresh fruit	Fresh fruit
	Assorted beverages	Assorted beverages
<mark>Menu: Saturday, May 19</mark>		
Breakfast:	Closed for Lunch	Closed for Dinner
Whole wheat pancakes w/sugar-	free syrup	
Chicken sausage patties		
Breakfast potatoes		
Cinnamon rolls		
Toast, jelly & condiments		
Assorted breakfast cereals & beve	erages	

ISU Chaperone Information & Expectations for Youth Programs – Summer 2018

Welcome to Iowa State University! On behalf of the Department of Residence Conference Services Office, we hope your stay with us will be an enjoyable one, and that your program is successful.

This information outlines responsibilities for chaperones for the youth in your program. Your assistance and cooperation will help provide a safe, comfortable, and clean environment within the residence halls which will increase the satisfaction of all guests.

There are two Conference Desks in operation during the summer. In the Richardson Court Residence Halls on the east side of campus, the Conference Desk is located on the second level of the Maple-Willow-Larch Commons. It is staffed from 7:00 am until 10:00 pm seven days a week. Staff may be contacted in person or by calling telephone number 515-294-8401 (call 4-8401 if dialing from an on-campus number).

In the South Campus Neighborhood, on the south side of Lincoln Way, our Conference Desk is located in room G312 in Geoffroy Hall on the ground floor. It is staffed from 7:00 am until 10:00 pm seven days a week. Staff may be contacted in person or by calling telephone number 515-294-6172 (call 4-6172 if dialing from an on-campus number).

If your group has Department of Residence live-in staff assigned to your floor, they will be present from approximately 9:30 pm each night until 7:00 am the following morning. Our live-in staff is expected to act as a liaison between your conference/camp and the Department of Residence, and assist with a building or facility emergency. Chaperones should feel free to introduce themselves to our live-in staff and to contact our live-in staff with questions or concerns.

If a behavioral situation needs to be immediately addressed, our staff will do so and follow up with a chaperone from your program. Otherwise, our staff will bring any behavioral problems within your group to a chaperone's attention so your staff can handle the situation appropriately. When necessary, our staff may contact the sponsor of your program or other university staff for assistance.

As a chaperone, you are expected to assist in enforcing Department of Residence rules and regulations. These are necessary for the safety and health of our guests. Participants under the age of 18 years of age must be under adult supervision at all times inside and on the grounds adjacent to Department facilities, including all meal times. Minors should be able to identify and easily contact their chaperones at all times. Consumption of alcoholic beverages by supervisory staff in Department facilities or on any Iowa State University grounds is prohibited and active chaperones should not be under the influence while responsible for minors.

Please make sure all participants in your group have been informed of these rules:

- Smoking is prohibited on all university grounds, including parking lots, and in all university-owned or operated buildings, residence halls and apartments.
- Alcoholic beverages are not allowed in Department of Residence facilities in conference areas.
- Firearms, weapons, ammunition, fireworks, explosives and highly flammable materials are not allowed in Department facilities.
- Tampering with elevators, fire alarms, security cameras, and other Department of Residence building property is prohibited. Resulting damages or labor costs will be assessed to the Sponsor. Complete evacuation of the building is required in the event of a fire alarm.
- Participants must present their meal ticket/card (or other ISU-Dining designated proof of access) at all meals served within the ISU Dining Facilities. Food and beverages may not be carried out of the dining rooms.
- Window screens (where present) may not be removed. A charge of \$50 will be assessed for each removal.
- Participants shall not engage in conduct which is disruptive to other participants, University programs, or the
 programs of other Sponsors. Participants shall not endanger or threaten to endanger the safety or property of
 others.
- Participants are not allowed in Department of Residence facilities which are not assigned to their group.

If any member of your program leaves prematurely, please communicate this to the head of your program who should notify our department so we will have an up-to-date list of who is present in our halls in case of an emergency.

Plan a meeting place with your party outside of the residence halls, in the unlikely event of a fire alarm or a separation.

Prior to check-out time, please remind (or help) participants to make one last check of their entire room to make sure they have not left any personal items behind. Checking behind the door, under the beds, etc. may turn up a valuable stray item. Make sure all members are aware of the procedures for checking out and returning their keys by the checkout deadline arranged for your group.

If you suspect physical or sexual child abuse, report the situation as soon as possible to ISU Police. If you are covered as a statutory mandatory reporter under Iowa Code Chapter 232, you must report all forms of child abuse such as child neglect (not just physical or sexual abuse) to Department of Human Services (1-800-362-2178) within 24 hours.

If you suspect child abuse other than physical or sexual abuse and you are not a statutory mandatory reporter, you are still encouraged to report to ISU Police (515-294-4428) or to the Department of Human Services. On campus, everyone must report to the ISU Police. Call 515-294-4428 or go to the Armory located at the intersection of Pammel Drive & Bissel Road. For incidents occurring off campus, report to local law enforcement at 911.

ISU's policies also require the reporting of other criminal activity to ISU Police, especially if the crime may result in harm to individuals or property damage or loss.

Thank you for using our facilities during your stay at Iowa State University. Please let us know if there is anything we can do to make your stay more enjoyable.

- ISU Conference Services Staff

All reports of suspected abuse must also be reported to Rhonda Schwarzkopf with Special Olympics Iowa at 515-418-2283.

Shuttle Transportation / Parking

SOIA has arranged free bus shuttle transportation for delegation members, families & spectators attending the Summer Games. Beach Road is closed to through traffic to keep everyone safe. Delegations staying at the Residence Halls & school buses may enter the parking lots with passes issued from the state office & keep their vehicles parked throughout the games. Transportation is offered to all sporting events, the Opening Ceremony & the Celebration Dance.

Only delegations staying in the residence halls, school busses & vehicles with parking passes from the state office will leave their vehicles in Lot 63. All other vehicles must be moved from Lot 63 & parked in Lot 56, 57 or 58 east of Jack Trice Stadium. Contact Rhonda Schwarzkopf at rschwarzkopf@soiowa.org or 515-986-5520 for parking passes.

Delegations have the option of parking near the Lied Recreation Center in Lot 63 or Richardson Court for 20 minutes to drop off athletes & equipment ONLY. The operator of the vehicle will need to move it to stadium Lots S6, S7 or S8 within 20 minutes or risk being ticketed and/or towed. The shuttle bus can take the operator of the vehicle back to the Lied Recreation Center from the stadium lots. The option also exists for all members of the delegation to park in the stadium lots & ride the shuttle over to the Lied. Volunteers will monitor the amount of time vehicles are in Lot 63 or Richardson Court & will attempt to contact the drivers to ask them to move the vehicles after 20 minutes.

Charter buses picking up delegation members after competition should only arrive when all delegation members have arrived at the bus stop and are ready to load.

Thursday Shuttles:

Shuttle One – Competition: Will make a continuous loop from the S Parking Lots S6, S7 & S8 east of Jack Trice Stadium, to the Southeast Recreation Complex bus stop for bocce, to the Lied Recreation Center & then back to the S lots from 7:00 am to 5:00 pm. A second bus stop will be added in the S lots to reduce the distance people walk to get on a shuttle bus. Because of the cycling event, cars & buses will not be allowed on some parts of Center Drive & South 4th Street.

Shuttle Two – Opening Ceremony: Will take people from the west side of the Maple-Willow-Larch Residence Halls to Hilton Coliseum for the Opening Ceremony. The shuttle will run from 6:00 pm to 6:45 pm. It will return everyone back to the Residence Halls from 8:45 pm to 9:15 pm or after the conclusion of the festivities.

Friday Shuttles:

Shuttle One – Competition at & near Lied Recreation Center, Bocce & Beyer: Will make on a continuous loop from the S Parking Lots S6, S7 & S8 east of Jack Trice Stadium, to the Southeast Recreation Complex bus stop for bocce, to the Lied Recreation Center, to Beyer Hall for swimming & back to the S parking lot. It will run from 6:30 am to 5:00 pm. A second bus stop will be added in the S lots to reduce the distance people walk to get on a shuttle bus.

Shuttle Two – Competition at Beyer: Will make a continuous loop from the Lied Recreation Center to Beyer Hall for swimming. Delegation members staying at the residence halls & need a ride to Beyer Hall can catch the shuttle in front of the Lied Recreation Center. The shuttle will bring delegation members back from Beyer to the Lied Recreation Center for lunch at the Residence Hall & at the end of the swimming competition. Delegation members will walk from the Lied Recreation Center bus stop to the Residence Hall for lunch and then back to the Lied shuttle stop.

Shuttle Three – Celebration Dance: Will be from the Maple-Willow-Larch Residence Halls to the west side of Hilton Coliseum for the Celebration Dance. The shuttle will run from 6:30 pm to 7:00 pm. After the dance it will run from 9:00 pm to 9:30 pm to take the delegation members back to the Residence Halls.

Two HIRTA buses will be utilized in addition to the regular shuttle buses. The HIRTA buses should be used for wheelchair athletes. Others may use them if available.

Please note that all delegation members are to ride on the Special Olympics provided shuttle buses. No one is to ride on Cyride, the ISU campus bus system.

Parking by Competition Venue

Athletics (Track, Race Walking and Field Events) located at the Lied Recreation Center

- Park in Lots S6, S7 or S8 east of Jack Trice Stadium. Delegations may take the shuttle bus to the Lied Recreation Center. Please note there is no shuttle service provided on Saturday.
- Delegation vehicles, not including school busses, can drop off delegation members in Lot 63, Maple-Willow-Larch but may not stay parked there. Delegation school buses may however park in Lot 63 with a state office issued parking pass. Charter busses may drop athletes off in Lot 63 but cannot stay parked there. All vehicles without parking passes need to park in Lots S6, S7 or S8.

Developmental Events located in the Forker Building

• Parking for athletes is in Lot 50A, west of the Forker Building. The wheelchair entrance is located on the east side of the building. Access may be reached from Beach Road. Spectators and volunteers must park and take the shuttles from Lots S6, S7 or S8 located east of Jack Trice Stadium.

Bocce located at the Southeast Recreation Complex

• Park in Lots S6, S7 or S8 east of Jack Trice Stadium. Delegations will take the shuttle bus to the complex.

Soccer Skills and Team Soccer located on the soccer fields east of Lied Recreation Center

- Park in Lots S6, S7 or S8 east of Jack Trice Stadium. Delegations may take the shuttle bus to the Lied Recreation Center.
- Delegation vehicles, not including school busses, can drop off delegation members in Lot 63, Maple-Willow-Larch but may not stay parked there. Delegation school buses may however park in Lot 63 with a state office issued parking pass. Charter busses may drop athletes off in Lot 63 but cannot stay parked there. All vehicles without parking passes need to park in Lots S6, S7 or S8.

Swimming located at Beyer Hall

Parking for athletes is in Lot #3 just off of Bissel Road and should enter from the west side. Spectators and
volunteers must park and take the shuttle from Lots S6, S7 or S8 located east of Jack Trice Stadium. Delegations
are encouraged to take the shuttle.

Tennis located in the Forker Building and on the Forker Building Tennis Courts

- Park in Lots S6, S7 or S8 east of Jack Trice Stadium. Delegations may take the shuttle bus to the Lied Recreation Center.
- Delegation vehicles, not including school busses, can drop off delegation members in Lot 63, Maple-Willow-Larch but may not stay parked there. Delegation school buses may however park in Lot 63 with a state office issued parking pass. Charter busses may drop athletes off in Lot 63 but cannot stay parked there. All vehicles without parking passes need to park in Lots S6, S7 or S8.

Cheerleading Clinic located in the Forker Building, Room 196

- Park in Lots S6, S7 or S8 east of Jack Trice Stadium. Delegations may take the shuttle bus to the Lied Recreation Center.
- Delegation vehicles, not including school busses, can drop off delegation members in Lot 63, Maple-Willow-Larch but may not stay parked there. Delegation school buses may however park in Lot 63 with a state office issued parking pass. Charter busses may drop athletes off in Lot 63 but cannot stay parked there. All vehicles without parking passes need to park in Lots S6, S7 or S8.

GENERAL SUMMER GAMES INFORMATION

Hotel / Lodging

Delegations & families not staying in the ISU residence halls may make their own hotel accommodations. Delegations may mention that they are with Special Olympics when making lodging arrangements. Unless otherwise noted, the rates listed are for double queen rooms. Rates may vary for single king rooms & suites.

AmericInn

515-233-1005 2507 SE 16th Street Rate: \$129.00

Days Inn 515-232-0280 229 S Duff Avenue Rate: \$119.99

Fairfield Inn & Suites 515-232-4000 2137 Isaac Newton Drive, SE 16th Street Rate: \$119.00

Gateway Hotel & Conference Center 515-292-8600 2100 Green Hills Drive Rate: \$129.00

GrandStay Hotel & Suites

515-232-8363 1606 S Kellogg Avenue Rate: \$134.90

Quality Inn & Suites

515-232-9260 2601 E 13th Street Rate: \$79.00

SleepInn & Suites

515-337-1171 1310 Dickinson Ave Rate: \$109.00

Concessions/ On-Site Food Vendors

Venue:	Location:	Date
Athletics, Soccer & Tennis	Outside of Lied Recreation Center	May 17
Athletics, FIT, Olympic Festival & Tennis	Outside of Lied Recreation Center	May 18
Bocce	Southeast Recreation Complex	May 17
Cycling	ISU Center Parking Lot	May 17
Swimming	Parking lot west of Beyer Hall	May 18

Information Booths

- Where:West of the Lied Recreation Center near the shuttle stop (weather permitting)When:Thursday, May 17 & Friday, May 18 from 8:00 am to 4:00 pm
- Where:Inside the Lied Recreation Center near the west entranceWhen:Thursday, May 17 and Friday, May 18 from 8:00 am to 4:00 pmSaturday, May 19 from 8:00 am to 12:00 pm

Coolers / Outside Food / Beverages

Drinks, food and coolers are not allowed in the Lied Recreation Center. Delegations may bring coolers to the Olympics Festival for storage. Olympic Festival is located in Lot 100, south of the Lied Recreation Center. Please mark all coolers with the delegation name, contact person & a cellular number. Let the Olympic Festival volunteers know when the coolers will be picked up.

A cooler will be available at the information booth in the Lied Recreation Center for the storage of insulin. Please label any packages of insulin with the athletes' name, coaches' name, delegation name and a cellular number.

Help Van

The Department of Public Safety's Parking Division will have their Help Van, a motorist assist program, available to help any visitors to the ISU campus during the Summer Games. This is a free service that will help with:

- Battery jump starts
- Providing tools for flat tires
- Ride to nearest gas station for assistance in getting gas
- Air tank for low tires

Please call 515-294-4444 for assistance.

Lost & Found People

When:	Thursday, May 17 & Friday, May 18 from 9:00 am – 4:00 pm & Saturday, May 19 from 8:00 am – 12:00 pm
Where:	Information booth at the Lied Recreation Center (lost items may also be located at the booth)
When:	Thursday, May 17 & Friday, May 18 evenings, excluding the dance
Where:	Residence Hall office
When:	Thursday, May 17 during the Opening Ceremonies & Friday, May 18 during the Celebration Dance
Where:	Hilton Coliseum, third floor medical room
What:	A safe place staffed by SOIA volunteers where anyone who is lost should be taken to or recovered from.

Medical Emergencies & Procedures

All Delegation Managers, coaches & chaperones must be totally familiar with the medical conditions of all participants. Any precautions, medication requirements, etc., must be known prior to attending the Summer Games. The Medical Room on the upper floor of the Maple-Willow-Larch Commons will have a refrigerator for medicines that require refrigeration. To reach assistance from the Medical Team staff, call 515-294-7146. **A Delegation Manager, coach or chaperone is responsible for administering medications to the athletes.** All delegations must have with them copies of their athletes' most recent Application for Participation Form.

Medical Coverage teams will be present at the Opening Ceremony, the Celebration Dance & all competition sites. There will be a Medical Room in the southeast corner room, C3115, in the Upper Commons area of the Maple-Willow-Larch Residence Halls with a nurse 24 hours a day. If an athlete is having difficulties, take him/her to the nearest medical setup as soon as possible. If a medical problem is serious, the athlete will be transported by ambulance to the Mary Greeley Medical Center. Call 911 if necessary. A person familiar to the athlete must accompany him/her. Directions to the Mary Greeley Medical Center are listed below.

At each medical site, water & ice will be provided to the athletes & delegation members. Make sure that everyone drinks sufficient water throughout the day to help avoid any possible heat related problems. Also bring sunscreen for athletes & other delegation members to wear.

Emergency Transportation Directions

- A. From Beyer Hall to Mary Greeley Emergency Room (1111 Duff Avenue, Ames, IA 50010)
 - 1. Head west on Union Drive to Sheldon Avenue
 - 2. Turn left onto Sheldon Avenue & head south to Lincoln Way
 - 3. Turn left onto Lincoln Way
 - 4. Turn left onto Duff Ave
 - 5. Destination will be on the left
- B. From Residence Halls & Lied Recreation Athletic Center to Mary Greeley Emergency Room (1111 DuffAvenue)
 - 1. Head south on Beach Road
 - 2. Turn left onto Lincoln Way
 - 3. Turn left onto Duff Ave
 - 4. Destination will be on the left

Medical Team Set-Ups

Venue:	Location:		Date & Time:	Event Director:
Athletics	Infield of the Lied Rec. Ce	enter	May 17; 1:00 pm – 4:00 pm May 18; 8:30 am – 4:00 pm May 19; 8:30 am – 12:00 pm	John Anderson
Bocce	Southeast Recreation Co	mplex	May 17; 9:00 am – 4:00 pm May 18; 9:00 am – 1:00 pm	Sally Briggs
Cycling	Cyclone Stadium Parking	Lot	May 17 9:00 am – 4:00 pm	Ray Strekal
Developmental	Gym 175, Forker Building	S	May 18; 10:00 am – 3:00 pm	Debby Eldred
Soccer	ISU Soccer Complex		May 17; 10:00 am – 4:00 pm	Gary Cummings & Dianne Modlin
Swimming	Pool office, next to the 3 M diving board at Beye	er Hall	May 18: 8:30 am - 3:30 pm	Duane Sorenson
Tennis	Forker Tennis Courts		May 17; 9:00 am – 4:30 pm May 18; 8:30 am – 2:00 pm	Tara Gartin & Colleen Schwartz
Venue:	L	.ocatio	on:	Date & Time:
Celebration Da	nce F	First A	id Room, Hilton Coliseum	May 18; 7:00 pm – 9:00 pm
Maple-Willow-Larch Complex Room C		C3115, Upper Commons area	May 17; 12:30 pm to May 19; 10:00 am	
Olympic Festival Infield of		of the Lied Recreation Center	May 18; 10:00 am – 4:00 pm	
Opening Ceremonies First Aid		d Room, Hilton Coliseum May 17; 6:00 pm – 9:00 pm		

Additional Important Medical Information:

- Medical personnel will wear a red Special Olympics Iowa volunteer t-shirt with "Medical" printed on the back. •
 - Emergency telephone numbers:

•

- Emergency: 911
- Hospital: 515-239-2155 • Police: 515-239-5133
- Medical Team: 515-294-7146
- Special Olympics Iowa Staff Contact Information:
- John Kliegl, President / CEO:
 - 515-418-7339 • Rhonda Schwarzkopf, Director of Sports: 515-418-2283

Special Olympics Iowa Emergency Action Plan

Communication is vital in emergency situations. Therefore the following steps should be followed:

Step 1: Whomever receives the phone call, message, or witnesses an emergency or potential emergency, should determine whether or not the proper authorities (police, rescue squad, fire department) have been notified. The first objective is to prevent further injury & give the necessary treatment to those injured. Call 911 if it has not been done.

Step 2: Locate the Venue Director & direct him/her to the scene if an emergency occurs at a venue. The Venue Director should immediately notify John Kliegl at 515-418-7339 or Rhonda Schwarzkopf at 515-418-2283 with the state office.

Venue Event Directors:

Athletics: Developmental: Swimming:	John Anderson Debby Eldred Duane Sorenson	Bocce: Soccer Skills: Tennis:	Sally Briggs Dianne Modlin Colleen Schwartz	Cycling: Soccer Team:	Ray Strekal Gary Cummings
Celebration Dance:		Rhonda Schwarzkopf			
Conference Desk / Housing:		Conference Manager on Duty			
Opening Ceremony:		Katie Lickteig & Brittney Rutherford			

All questions from the media should be directed to John Kliegl. A volunteer need only say, "Special Olympics Iowa is in the process of gathering information about the situation. A statement will be released by Special Olympics Iowa after they have reviewed the situation".

Step 3: Special Olympics Iowa will gather the facts regarding the emergency & take the necessary action.

Facilities Emergency Action Plan for Inclement Weather

The ISU student-staff at the facilities will ensure that steps are taken to protect the patrons during inclement weather. Tornado warning instructions are listed below. KASI 14.30 am & WHO 10.40 am will provide current weather info.

Beyer Hall

• Follow the directions of the staff, go to the locker rooms or the racquetball courts hallway & stay away from glass windows & doors.

Bocce & Sport Clinics at the Southeast Recreation Complex

- Go into Hilton Coliseum, follow the directions from the staff or ushers & stay away from glass windows & doors. Cycling @ ISU Center Parking
 - Go into Hilton Coliseum, follow the directions from the staff or ushers & stay away from glass windows & doors.

FIT, Olympic Festival & Sport Clinics outside of the Lied Recreation Center

• Go into the Lied Recreation Center, follow the directions of the staff, go the first floor & enter the locker rooms. **Forker Building**

• Follow the directions of the staff & go to the first floor locker rooms.

Hilton Coliseum

• Follow the directions from the staff or ushers & stay away from glass windows & doors.

Lied Recreation Center & outdoor fields to the east

• Go into the Lied Recreation Center, follow the directions of the staff, go the first floor & enter the locker rooms.

Maple-Willow-Larch Residence Halls

Proceed to an interior hallway on the lowest floor & stay away from glass windows & doors

Venue Rain / Inclement Weather Plans

Remain in the residence halls or campus buildings during storm warnings. Follow instructions given by ISU personnel. KASI 14.30 & WHO 10.40 am will provide current weather information.

Athletics – Track Events & Field Jumping Events

- No change in location or schedule.
- Athletics Field Throwing Events
 - One hour delay if clearing weather is forecasted.
- Location change to the lower level of Hilton Coliseum if the weather forecast prohibits outdoor competition. **Bocce**
 - Location change to Bergstrom Football Complex west of Jack Trice Stadium if the weather forecast prohibits outdoor competition.

Celebration Dance

• No change in location or schedule.

Cycling

• There will be a delay in the start dependent on the weather. If heavy rain and/or lightning continues past 10:30 am then the 10 K race will be cancelled. Athletes who participate in the 10 K only should meet with Ray Strekal to determine if the athletes will enter a different race. If heavy rain and/or lightning continues past 11:30 am, then the 5 K race will be cancelled. If an athlete is only registered for the 5 K race then the athlete should meet with Ray Strekal to determine if the athlete will enter the 250 M or 1 K race. At this point, all athletes and Unified Sports partners will only compete in one race. If heavy rain and/or lightning continues past 12 noon, the entire cycling competition will be cancelled. If the event is cancelled athletes will receive a Certificate of Achievement.

FIT

• No change in location or schedule – will remain in outside tent.

Healthy Athletes

• Location change to the Forker Building for outside disciplines.

Olympic Festival

• No change in location or schedule – will remain in outside tents.

Opening Ceremony

- No change in location.
- Parade of Athletes will be cancelled.
 - Delegations will enter on the west side of Hilton Coliseum when they arrive & will be seated immediately according to where their Area banners are located.

Soccer Skills

- One hour delay if clearing weather is forecasted.
- Location change to the infield of the Lied Recreation Center if the weather forecast prohibits outdoor competition.

Team Soccer

- One hour delay if clearing weather is forecasted.
- Location change to the infield of the Lied Recreation Center if the weather forecast prohibits outdoor competition.
 - Field size will be 50 M x 35 M & 5-a-side soccer will be played.

Sport Clinics

• Location change to the Lied Recreation Center racquetball courts.

Swimming

• No change in location or schedule.

Tennis

- Tennis Skills: Moves to tennis courts on May 18 from 9:00 am to 2:00 pm
- Levels I & II: No change in location or schedule will remain in Gym 184, Forker Building
- Level III: Moves to Gym 175, Forker Building
- Level IV: One hour delay. Competition will be cancelled if the weather forecast prohibits outdoor competition. Athletes will receive a Certificate of Achievement.
- Doubles: One hour delay if clearing weather is forecasted. Competition will be cancelled if the weather forecast prohibits outdoor competition. Athletes will receive a Certificate of Achievement.

MISCELLANOUS INFORMATION



Special Olympics Iowa Adventureland Weekend

May 19 and 20

Athletes who visit Adventureland on May 19 or 20 will get in free by wearing a medal or ribbon received at the 2018 Special Olympics Iowa Summer Games. Adventureland discount coupons for May 19 and 20 for family members & friends will be available at the information booth located inside the Lied Recreation Center. These coupons for admissions are at a discounted price of \$30 per person. This is a savings of \$15 off the regular admission price. Adventureland is open from 10:00 am to 9:00 pm on Saturday & Sunday and features over 100 rides, shows & attractions. The amusement park is located at 305 34th Avenue NW in Altoona. The ticket is also valid for use at the Adventureland Bay Water Park which is open from 10:00 am to 7:00 pm.

Ames Information & Coupons

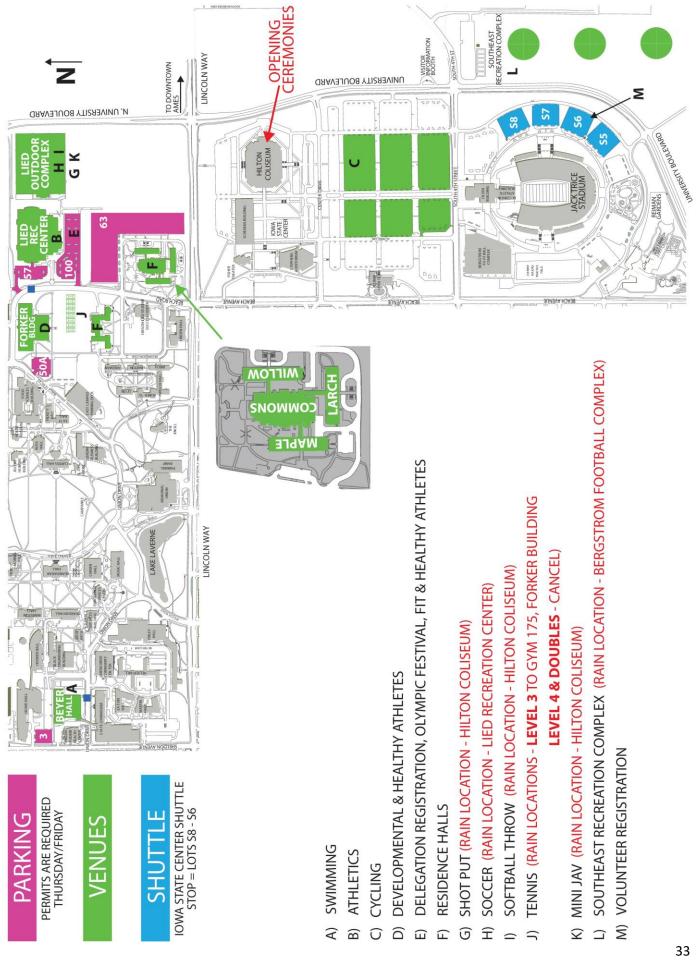
Ames is proud to host the Special Olympics Iowa Summer Games. Stop by the information desk located inside the Lied Recreation Center for an Ames Visitors Guide. A variety of coupons from Ames area businesses will be available while supplies last.

Summer Games Organizing Committee

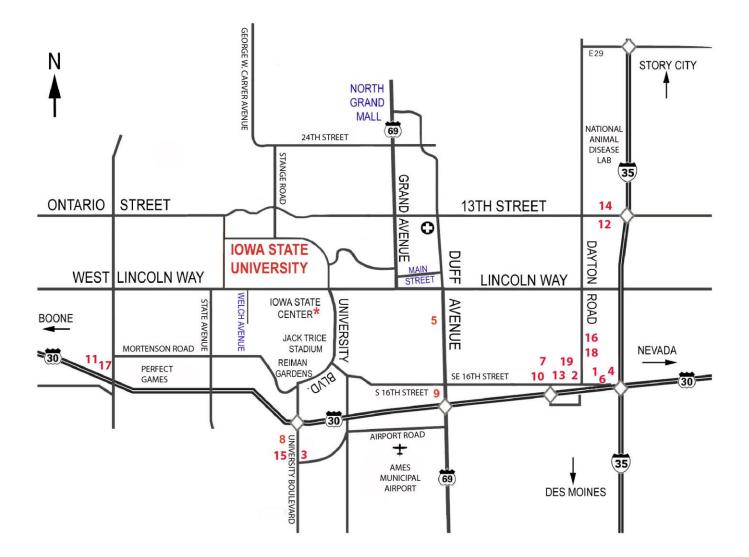
Thousands of volunteers assist with the implementation of the Summer Games. Key volunteers & members of the Summer Games steering committee commit hundreds of hours preparing for the three day event. Led by co-chairs Matt Wenger and Jan Williams, the committee looks forward to welcoming everyone to Ames & ISU.

John Anderson, Track and Field Commissioner Doug Arrowsmith, ISU Recreation Facilities Liz Beck, MVP Reception Sally Briggs, Bocce Venue Director Kate Bruns, Information & Publicity Mark Crouch, Swimming Venue Director Gary & Marti Cummings, Soccer Venue Director Brent Cunningham, ISU Recreation Services Seann DeMaris, Ames Convention & Visitors Bureau Lauren Fay, ISU Department of Residence & Dining Megan Filipi, Ames Convention & Visitors Bureau Erica Fischer, Awards Director Tara Gartin, Tennis Sport Commissioner Keri Guy, Transportation Coordinator Chrystel Hatcher, Medical Kim Hill, Volunteer Hospitality Brian Honnold, ISU Athletic Department John Kliegl, SOIA President / CEO Mike Kromminga, Olympic Festival Venue Director Deb Larkin, ISU Police Ron Leibold, Forker Building Liaison Katie Lickteig, Opening Ceremony Kim Lively, Athlete Representative Linda Marticke, Developmental Coordinator Mary Meier, ISU Athletic Training Dianne Modlin, Soccer Skills Venue Director Kelly Nelson, ISU-FPM Shannon Peel, ISU Athletic Training Connie Peters, Medical Coordinator Elin Phipps, Volunteer Coordinator Jenny Pollard, Developmental Assistant Jason Pyle, ISU Athletic Department Erin Rosacker, Information & Publicity Martha Royer, ISU Department of Residence & Dining Brittney Rutherford, Opening Ceremony Karen Sage, Mini Jav Sports Commissioner Colleen Schwartz, Tennis Venue Director Rhonda Schwarzkopf, SOIA Director of Sports & Advanced Competitions Eric Snyder, Ames Police Community Liaison Duane Sorenson, Aquatics Venue Director Aaron Steffen, ISU Department of Public Safety/Parking Ray Strekal, Cycling John Terpkosh, USTA John Terpkosh, Tennis Manager Lana Voga, SOIA Board of Director Representative Julie Weeks, Ames Convention & Visitors Bureau Matt Wenger, Co-Chair Jan Williams, Co-Chair Landon Wolfe, Sport Clinics

2018 SPECIAL OLYMPICS IOWA SUMMER GAMES



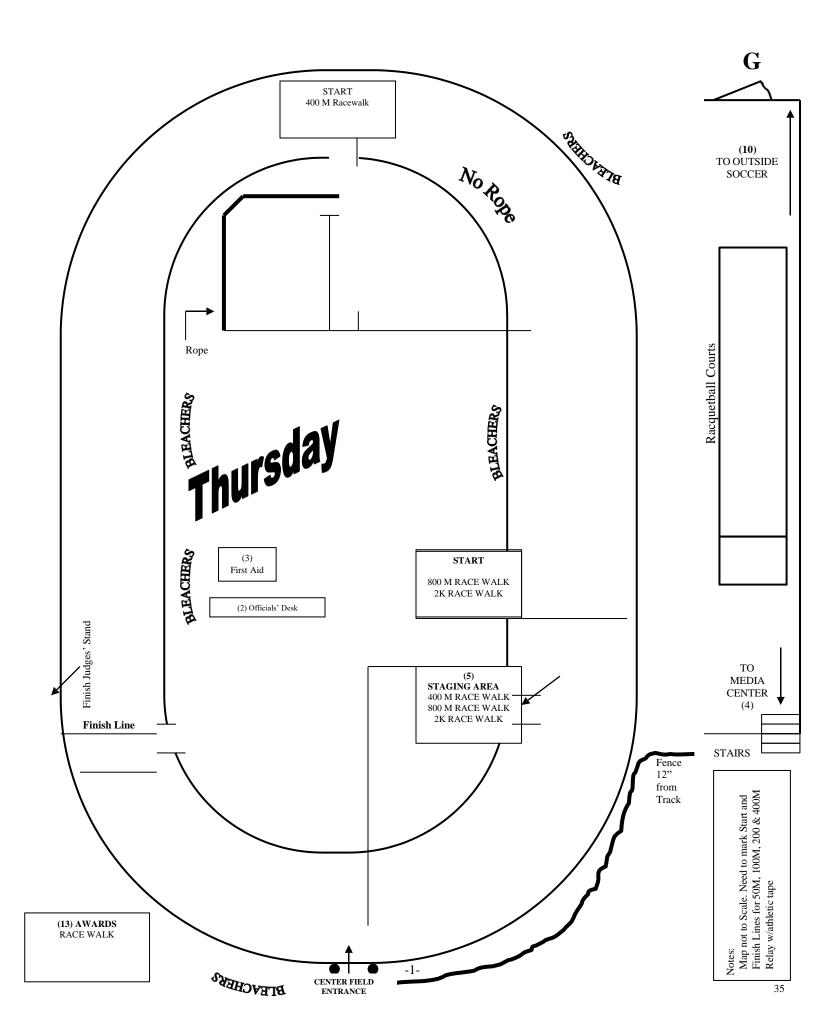
SPECIAL OLYMPICS IOWA SUMMER GAMES 2018

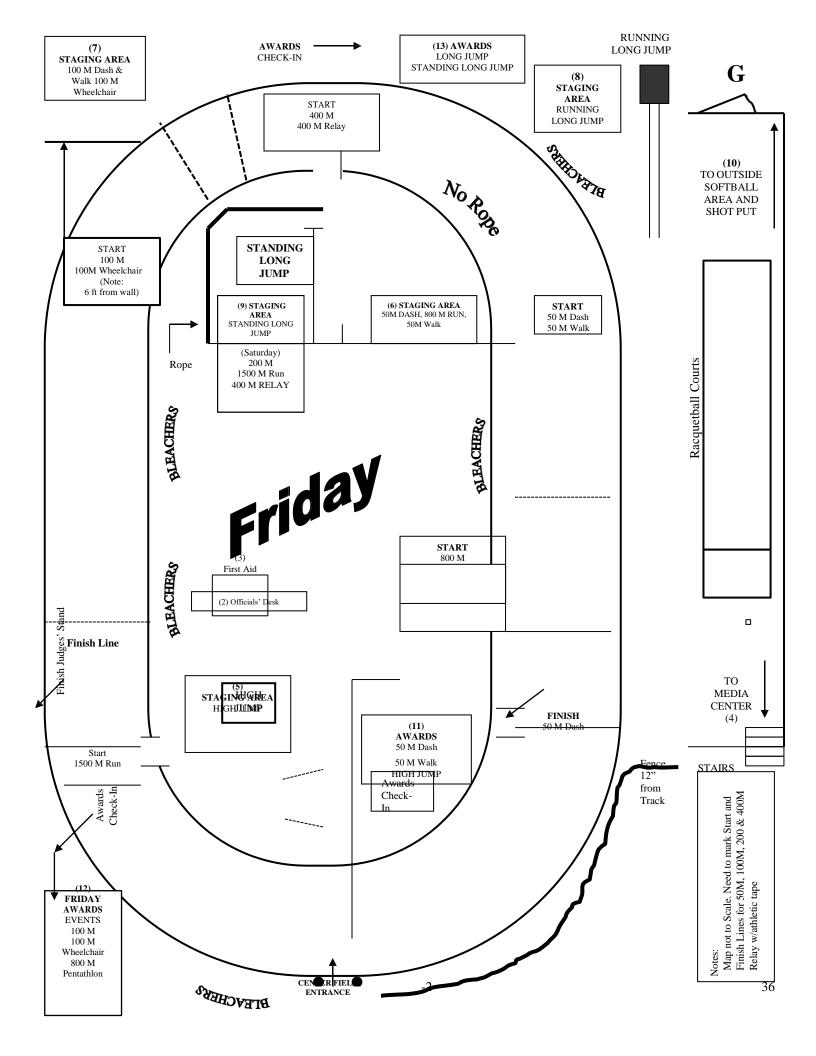


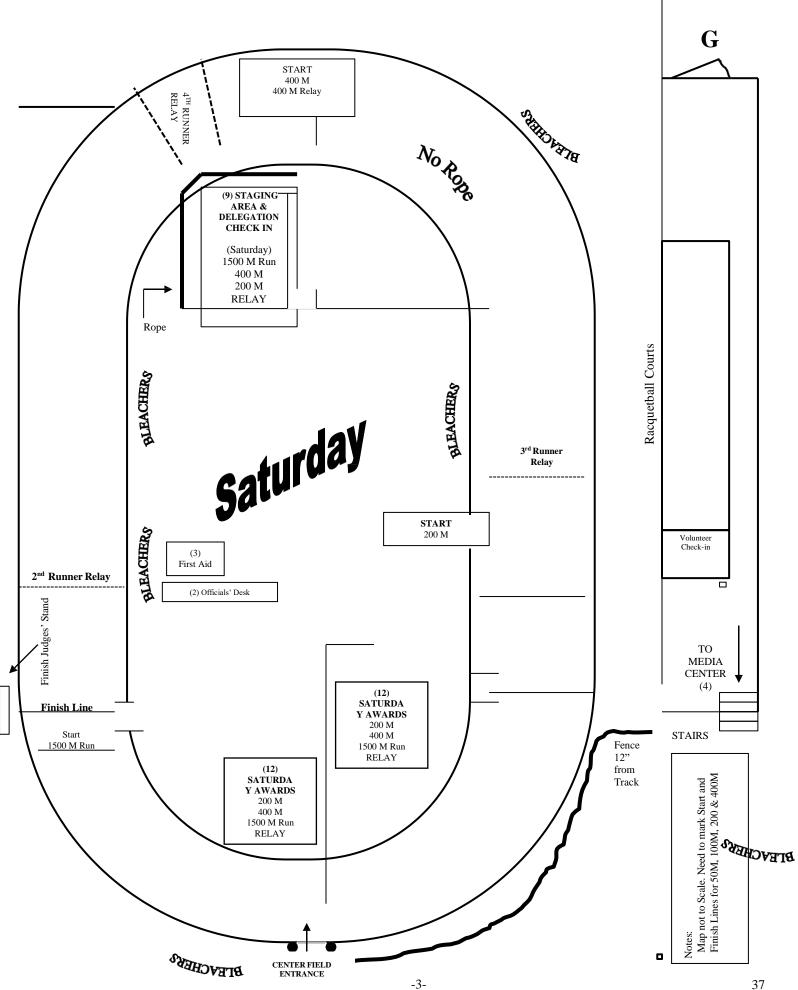
- 1) AmericInn Ames
- 2) Baymont Inn & Suites
- 3) Best Western Plus University Park Inn & Suites
- 4) Country Inn & Suites
- 5) Days Inn
- 6) Econo Lodge
- 7) Fairfield Inn & Suites
- 8) Gateway Hotel & Conference Center
- 9) Grandstay Hotel & Suites
- 10) Hampton Inn & Suites
- Fisher Theater
 Hilton Coliseum
 Scheman Building
 Stephens Auditorium

- 11) Hilton Garden Inn
- 12) Holiday Inn Express Hotel & Suites
- 13) Microtel Inn & Suites
- 14) Quality Inn & Suites Starlite Village
- 15) Radisson Hotel Ames Conference Center at ISU
- 16) Red Roof Inn
- 17) Sleep Inn & Suites
- 18) Super 8
- 19) TownePlace Suites

MARY GREELEY MEDICAL CENTER









Thank You to Our Partners!





SUMMER GAMES

Special Olympics Iowa would like to thank the following individuals, groups & organizations who have contributed at least \$1,000 in support of the 2018 Special Olympics Iowa Summer Games. Your support is instrumental in providing a quality competition experience for the over 2,500 athletes attending Summer Games in 2018.

Thank you!

Ames Chamber and Economic Development	Ames Convention and Visitor's Bureau
Barilla	Danfoss Power Solutions
Grinnell Mutual	Farm Bureau
Iowa State University	Iowa Cheerleading Coaches' Association
Mary Greely Medical Center	Kingland Systems Corp.
McFarland Clinic	Rotary Club of Ames
U.S. Bank	United Healthcare
Windsor Windows & Doors	Todd & Sargent