

<p style="text-align: center;">Cedar Rapids Westdale Bowling Center 2020 Scotty Drive Cedar Rapids, IA 52404 Westdale: (319) 396-2500 Erin Birkenholtz: (515) 249-9613</p>	<p style="text-align: center;">Council Bluffs Thunderbowl 1900 Madison Avenue Council Bluffs, IA 51503 Thunderbowl: (712) 328-2374 Bruce Wilson: (515) 991-8093</p>	<p style="text-align: center;">Des Moines Bowlerama Lanes 1313 E Diehl Ave. Des Moines, IA 50315 Bowlerama: (515) 285-2811 Rhonda Schwarzkopf: (515) 418-2283</p>	<p style="text-align: center;">Des Moines Merle Hay Lanes 3800 Merle Hay Rd #505 Des Moines, IA 50310 Merle Hay: (515) 253-3901 Tanner Nissen: (916) 698-2732</p>
<p style="text-align: center;">East, East Central, Northeast, Southeast</p>	<p style="text-align: center;">Northwest, South Central, Southwest</p>	<p style="text-align: center;">North and West Central Excluding Unified Teams in those areas</p>	<p style="text-align: center;">Central and North Central Including Unified from N & WC</p>
<p style="text-align: center;"><u>Session One</u></p> <p>8:30 AM - Registration 9:20 AM - Opening Ceremonies 9:30 AM - Competition Begins</p> <p>Ages 12 - 15 Singles Ages 12 - 15 Singles Ramp Assisted Ages 12 - 15 Singles Ramp Unassisted Ages 16 - 21 Singles Ages 16 - 21 Singles Ramp Assisted Ages 16 - 21 Singles Ramp Unassisted</p>	<p style="text-align: center;"><u>Session One</u></p> <p>8:30 AM - Registration 9:20 AM - Opening Ceremonies 9:30 AM - Competition Begins</p> <p>Ages 12 - 15 Singles Ages 12 - 15 Singles Ramp Assisted Ages 12 - 15 Singles Ramp Unassisted Ages 16 - 21 Singles Ages 16 - 21 Singles Ramp Assisted Ages 16 - 21 Singles Ramp Unassisted</p>	<p style="text-align: center;"><u>Session One</u></p> <p>8:30 AM - Registration 9:20 AM - Opening Ceremonies 9:30 AM - Competition Begins</p> <p>Ages 12 - 15 Singles Ages 12 - 15 Singles Ramp Assisted Ages 12 - 15 Singles Ramp Unassisted Ages 16 - 21 Singles Ages 16 - 21 Singles Ramp Assisted Ages 16 - 21 Singles Ramp Unassisted</p>	<p style="text-align: center;"><u>Session One</u></p> <p>8:30 AM - Registration 9:20 AM - Opening Ceremonies 9:30 AM - Competition Begins</p> <p style="text-align: center;">Singles</p> <p>All Ages Singles All Ages Singles Ramp Assisted All Ages Singles Ramp Unassisted</p>
<p style="text-align: center;"><u>Session Two</u></p> <p>11:00 AM - Registration 11:50 AM - Opening Ceremonies 12:00 PM - Competition Begins</p> <p>Ages 8 - 11 Singles Ages 8 - 11 Singles Ramp Assisted Ages 8 - 11 Singles Ramp Unassisted Ages 22 - 29 Singles Ages 22 - 29 Singles Ramp Assisted Ages 22 - 29 Singles Ramp Unassisted All ages Traditional & Unified Doubles All ages Traditional & Unified Teams</p>	<p style="text-align: center;"><u>Session Two</u></p> <p>11:00 AM - Registration 11:50 AM - Opening Ceremonies 12:00 PM - Competition Begins</p> <p>Ages 8 - 11 Singles Ages 8 - 11 Singles Ramp Assisted Ages 8 - 11 Singles Ramp Unassisted Ages 22 - 29 Singles Ages 22 - 29 Singles Ramp Assisted Ages 22 - 29 Singles Ramp Unassisted All ages Traditional & Unified Doubles All ages Traditional & Unified Teams</p>	<p style="text-align: center;"><u>Session Two</u></p> <p>11:00 AM - Registration 11:50 AM - Opening Ceremonies 12:00 PM - Competition Begins</p> <p>Ages 8 - 11 Singles Ages 8 - 11 Singles Ramp Assisted Ages 8 - 11 Singles Ramp Unassisted Ages 22 - 29 Singles Ages 22 - 29 Singles Ramp Assisted Ages 22 - 29 Singles Ramp Unassisted All ages Traditional Doubles All ages Traditional Teams</p>	<p style="text-align: center;"><u>Session Two</u></p> <p>11:00 AM - Registration 11:50 AM - Opening Ceremonies 12:00 PM - Competition Begins</p> <p style="text-align: center;">Doubles & Teams</p> <p>All Ages Traditional Doubles All Ages Unified Doubles All Ages Traditional Team All Ages Unified Team</p>
<p style="text-align: center;"><u>Session Three</u></p> <p>1:30 PM - Registration 2:20 PM - Opening Ceremonies 2:30 PM - Competition Begins</p> <p>Ages 30 - 50 Singles Ages 30 - 50 Singles Ramp Assisted Ages 30 - 50 Singles Ramp Unassisted Ages 51 + Singles Ages 51 + Singles Ramp Assisted Ages 51 + Singles Ramp Unassisted</p>	<p style="text-align: center;"><u>Session Three</u></p> <p>1:30 PM - Registration 2:20 PM - Opening Ceremonies 2:30 PM - Competition Begins</p> <p>Ages 30 - 50 Singles Ages 30 - 50 Singles Ramp Assisted Ages 30 - 50 Singles Ramp Unassisted Ages 51 + Singles Ages 51 + Singles Ramp Assisted Ages 51 + Singles Ramp Unassisted</p>	<p style="text-align: center;"><u>Session Three</u></p> <p>1:30 PM - Registration 2:20 PM - Opening Ceremonies 2:30 PM - Competition Begins</p> <p>Ages 30 - 50 Singles Ages 30 - 50 Singles Ramp Assisted Ages 30 - 50 Singles Ramp Unassisted Ages 51 + Singles Ages 51 + Singles Ramp Assisted Ages 51 + Singles Ramp Unassisted</p> <p style="text-align: center;">Please note all Unified Doubles & Teams from WC & N are competing at Merle Hay Lanes</p>	