

Indianola Middle School Track

West

Vehicles will unload and park South of the Middle School or a few spots available North of field

Gate

North

400 M Walk/Dash - Start/Finish
50 M Walk- Finish
100 M Walk - Finish
200 M Dash - Finish
100 M Manual W/C Straight - Finish
100 Motor W/C Straight - finish
800m run - Start/Finish
800m RaceWalk - Start/Finish
400 M Relays start/finish

50 M Walk - start
(all ages)

100M Walk - Start
100m Dash - Start
100m Manual W/C Straight - Start
100M Motor W/C Straight - Start

Shot Put

Turbo Jav

50 M Walk
Ready Area

Standing Long
Jump
Running Long
Jump (Male/

High Jump

**Request Athletes only in
Ready Areas for all
events**

50 M Dash
Ready Area

1500 M Race Start

50M Dash - Start
(all ages)

50M Dash - Finish

200M Dash - Start

Bleachers

Medical
Emergencies

**Awards inside
Middle School Gym**



Gate

Parking lot south of Middle School

Fun and Games

East

Softball throw for all ages Male/Female will be done on the soccer fields East of Track - Softball throw awards will be presented there , too