

Cedar Rapids Westdale Bowling Center 2020 Scotty Drive Cedar Rapids, IA 52404 319-396-2500, Westdale Erin Birkenholtz, 515-249-9613 Katie Rasmussen, 641-750-7233	Council Bluffs Thunderbowl 1900 Madison Avenue Council Bluffs, IA 51503 712-328-2374, Thunderbowl Bruce Wilson, 515-991-8093	Des Moines Bowlerama Lanes (WC & N) 1313 E Diehl Ave. 515-285-2811, Bowlerama Lanes Rhonda Schwarzkopf, 515-418-2283	Des Moines Merle Hay Lanes (C, NC, & Unified) 3800 Merle Hay Rd, #505 515-253-3901, Merle Hay Lanes Tanner Nissen, 916-698-2732
<u>Session One</u> 8:30 AM - Registration 9:20 AM - Opening Ceremonies 9:30 AM - Competition Begins Ages 8 - 11 Singles Ages 8 - 11 Singles Ramp Assisted Ages 8 - 11 Singles Ramp Unassisted Ages 12 - 15 Singles Ages 12 - 15 Singles Ramp Assisted Ages 12 - 15 Singles Ramp Unassisted Ages 16 - 21 Singles Ages 16 - 21 Singles Ramp Assisted Ages 16 - 21 Singles Ramp Unassisted	<u>Session One</u> 9:30 AM - Registration 10:20 AM - Opening Ceremonies 10:30 AM - Competition Begins Ages 8-11 Singles Ages 8-11 Singles Ramp Assisted Ages 8-11 Singles Ramp Unassisted Ages 12-15 Singles Ages 12-15 Singles Ramp Assisted Ages 12-15 Singles Ramp Unassisted Ages 16-21 Singles Ages 16-21 Singles Ramp Assisted Ages 16-21 Singles Ramp Unassisted Ages 22 - 29 Singles	<u>Session One</u> 8:30 AM - Registration 9:20 AM - Opening Ceremonies 9:30 AM - Competition Begins Ages 12 -15 Singles Ages 12 - 15 Singles Ramp Assisted Ages 12 - 15 Singles Ramp Unassisted Ages 16 - 21 Singles Ages 16 - 21 Singles Ramp Assisted Ages 16 - 21 Singles Ramp Unassisted	<u>Session One</u> 8:30 AM - Registration 9:20 AM - Opening Ceremonies 9:30 AM - Competition Begins Ages 8 - 11 Singles Ages 8 - 11 Singles Ramp Assisted Ages 8 - 11 Singles Ramp Unassisted Ages 12 - 15 Singles Ages 12 - 15 Singles Ramp Assisted Ages 12 - 15 Singles Ramp Unassisted Ages 16 - 21 Singles Ages 16 - 21 Singles Ramp Assisted Ages 16 - 21 Singles Ramp Unassisted Ages 22 - 29 Singles Ages 22 - 29 Singles Ramp Assisted Ages 22 - 29 Singles Ramp Unassisted Ages 30 - 50 Singles Ages 30 - 50 Singles Ramp Assisted Ages 30 - 50 Singles Ramp Unassisted
<u>Session Two</u> 11:00 AM - Registration 11:50 AM - Opening Ceremonies 12:00 PM - Competition Begins Ages 22 - 29 Singles Ages 30 - 50 Singles Ages 51 + Singles	<u>Session Two</u> 12:00 PM - Registration 12:50 PM - Opening Ceremonies 1:00 PM - Competition Begins Ages 22 - 29 Singles Ramp Assisted Ages 22 - 29 Singles Ramp Unassisted Ages 30 - 50 Singles Ages 30 - 50 Singles Ramp Assisted Ages 30 - 50 Singles Ramp Unassisted Ages 51 + Singles Ages 51 + Singles Ramp Assisted Ages 51 + Singles Ramp Unassisted All ages Traditional & Unified Doubles All ages Traditional & Unified Teams	<u>Session Two</u> 11:00 AM - Registration 11:50 AM - Opening Ceremonies 12:00 PM - Competition Begins Ages 8 - 11 Singles Ages 8 - 11 Singles Ramp Assisted Ages 8 - 11 Singles Ramp Unassisted Ages 22 - 29 Singles Ages 22 - 29 Singles Ramp Assisted Ages 22 - 29 Singles Ramp Unassisted Ages 30 - 50 Singles Ages 30 - 50 Singles Ramp Assisted Ages 30 - 50 Singles Ramp Unassisted	<u>Session Two</u> 11:00 AM - Registration 11:50 AM - Opening Ceremonies 12:00 PM - Competition Begins Ages 51 + Singles Ages 51 + Singles Ramp Assisted Ages 51 + Singles Ramp Unassisted Ages 51 + Singles All ages Traditional & Unified Doubles All ages Traditional & Unified Teams
<u>Session Three</u> 1:30 PM - Registration 2:20 PM - Opening Ceremonies 2:30 PM - Competition Begins Ages 22 - 29 Singles Ramp Assisted Ages 22 - 29 Singles Ramp Unassisted Ages 30 - 50 Singles Ramp Assisted Ages 30 - 50 Singles Ramp Unassisted Ages 51 + Singles Ramp Assisted Ages 51 + Singles Ramp Unassisted All ages Traditional & Unified Doubles All ages Traditional & Unified Teams		<u>Session Three</u> 1:30 PM - Registration 2:20 PM - Opening Ceremonies 2:30 PM - Competition Begins Ages 51 + Singles Ages 51 + Singles Ramp Assisted Ages 51 + Singles Ramp Unassisted All ages Traditional Doubles All ages Traditional Teams Please note all Unified Doubles & Teams from WC & N are competing at Merle Hay Lanes	