

Special Olympics Iowa Newsletter



Special Olympics
Iowa

“LET ME WIN. BUT IF I CANNOT WIN,
LET ME BE BRAVE IN THE ATTEMPT.”

APRIL 2011
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Traditional Programs

Summer Games Entry Forms

Please keep in mind:

-Review **pages 56-58** in the current Coaches' Handbook so you are prepared to complete the appropriate material. The forms must be sent to the State Office to insure that each athlete is registered to compete in the State Summer Games. **Even if the athlete doesn't need room and board, coaches still need to complete all forms** (except a dorm roster page).

-The State Office must have all information on these forms to complete the necessary computer work. **These forms must be submitted by Thursday, April 28.** The room and board payment of \$60 per person is due with entry. Scratches must be made by **Friday, May 13.**

-The Area Directors will send the State Office all first place finishers from the Area Games. The State Office will enter all athletes from these results, so coaches don't have to do all of the writing of individual entries.

-Coaches will receive a list of area winners from the State Office. Coaches must then return completed pages 56-58 and the Delegation Report (roster) with scratches marked.

Please contact Pam Wagner with questions at 515-986-5520 ext. 104 or via e-mail at pwagner@soiowa.org.

Traditional Programs

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Attention Coaches

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Summer Games Information

As you plan your Spring and Summer Games entries, here are a few reminders...

- 1) Check events in the Coaches Handbook
- 2) All athletes can compete in **one** sport per day (two events, plus a relay, in that sport)



The choices include:

Thursday

Bocce, Cycling
Race Walking, Roller Skating
Soccer, Tennis
Young Athletes Day

Friday

Aquatics
Athletics (Track & Field)
Developmental, Wheelchair

Saturday

Athletics (Track & Field)

STATE ENTRIES ARE DUE...

April 1

Bocce, Cycling, Roller Skating
Soccer, Tennis

April 15

Young Athletes Day

April 28

Aquatics, Athletics (Track & Field)
Developmental, Race Walking
Wheelchair (Review pgs. 56-58 in
the current Coaches Handbook)

Note: Room and board rates are \$60 per person. Air conditioned dorm rooms will be assigned on a first-come first-serve basis.

Special Programs

Challenge Days: "Believe and Achieve"

Challenge Day events provide athletes with severe intellectual and physical disabilities the opportunity to compete and have fun. Switch-activated equipment allows athletes in wheelchairs to shoot a basketball, putt a golf ball or hit a volleyball. Individuals who have never had an opportunity to participate in sports can participate in this program.

*Please mail your completed form to:

Kathy Irving
PO Box 620
Grimes, Iowa 50111
OR Fax to 515-986-5530

(Attn: Kathy—Challenge Day Sign up)



Lake City: June 4, 2011: _____

Name: _____

Facility: _____

Address: _____

City: _____ Zip: _____

2011 Young Athletes Play Activity Days

Young Athletes Play Activity Days are designed for children with intellectual disabilities between the ages of two and seven. Play Activity Days provide social opportunities for children who are too young to participate in traditional SOIA competitions (minimum entry age is eight years).

Young Athletes Play Activity Days are currently scheduled for **April 7 in Cedar Rapids, April 15 in Cedar Falls and June 11 in Dubuque**. For more information or to sign up, please contact Kathy Irving at kirving@soiowa.org or by calling 515-986-5520 ext. 111.



Drake University Hosts 17th Annual Unified Sports Day



Drake University will host the 17th Annual Special Olympics Iowa Unified Sports Day for elementary through high school students on Thursday, May 5. Six activities will be offered, and students may participate in one activity in the morning and one in the afternoon. Each team includes athletes with intellectual disabilities and those without.

Sports offered include bocce, miniature golf, an obstacle course, 3-on-3 basketball, a punt, pass and kick contest and volleyball. Registration and events begin at 9:30 a.m. and will run until 1:15 p.m. Lunch and a T-shirt will be provided for athletes, partners and volunteers. **For more information about this event or to request a registration packet, please contact Erin Hall at 515-986-5520 ext. 119 or ehall@soiowa.org.**

Coaches Training Clinics

Upcoming Training Dates

Coaches sport training certification clinics are being planned for the East and Southeast areas of SOIA. Registration forms will be available by e-mail, newsletter and online at www.soiowa.org as soon as the dates are set. If you have any questions, please contact Rhonda Schwarzkopf at 515-986-5520, ext. 112 or rschwarzkopf@soiowa.org for specific information. Thank you.



Coaches Training Clinics

Coaches Sports Training Certification Clinic April 4 in Marshalltown

- New and existing coaches are welcome and encouraged to attend.
- ▶ New and recertification training will be offered in the sports listed below.

A training clinic has been scheduled for Mon., April 4 at Franklin Elementary School (1315 W Main Street). Please complete the registration form and return it to Rhonda Schwarzkopf by **Wed., March 30**.

4:00 p.m. Bocce Training _____ Yes, I will attend this training.
5:00 p.m. Dinner
5:30 p.m. Athletics Training (Track & Field) _____ Yes, I will attend this training.
6:30 p.m. Aquatics Training _____ Yes, I will attend this training.
7:30 p.m. Cycling Training _____ Yes, I will attend this training.

Name _____
Address _____ City _____ Zip _____
Telephone _____ Email _____
Delegation _____



*SOIA will provide water and a light dinner.

** Please use the back doors to enter the gym for this training.

Return this form by **March 30** to Rhonda Schwarzkopf at SOIA, PO Box 620, Grimes, IA 50111. Contact Rhonda at 515-986-5520, via fax at 515-986-5530, or email at rschwarzkopf@soiowa.org

Coaches Sports Training Certification Clinic April 26 in Sheldon

- New and existing coaches are welcome and encouraged to attend.
- ▶ New and recertification training will be offered in the sports listed below.

A training clinic has been scheduled for Tue., April 26 at Village Northwest Unlimited (330 Village Circle). Please complete the registration form and return it to Rhonda Schwarzkopf by **Fri., April 22**.

4:30 p.m. Basketball Training (Skills & Team) _____ Yes, I will attend this training.
5:30 p.m. Dinner
6:00 p.m. Athletics Training (Track & Field) _____ Yes, I will attend this training.
7:00 p.m. Bocce Training _____ Yes, I will attend this training.

Name _____
Address _____ City _____ Zip _____
Telephone _____ Email _____
Delegation _____



*SOIA will provide water and a light dinner.

Return this form by **April 22** to Rhonda Schwarzkopf at SOIA, PO Box 620, Grimes, IA 50111. Contact Rhonda at 515-986-5520, via fax at 515-986-5530, or email at rschwarzkopf@soiowa.org

Coaches Training Clinics

Coaches Sports Training Certification Clinic April 28 in Cedar Falls

- New and existing coaches are welcome and encouraged to attend.
- ▶ New and recertification training will be offered in the sports listed below.

A training clinic has been scheduled for Thur., April 28 at River Hills School (2700 Grand Boulevard). Please complete the registration form and return it to Rhonda Schwarzkopf by **Mon., April 25**.

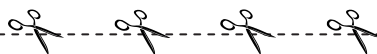
4:30 p.m. Aquatics Training _____ Yes, I will attend this training.
5:30 p.m. Dinner
6:00 p.m. Athletics Training (Track & Field) _____ Yes, I will attend this training.
7:00 p.m. Bocce Training _____ Yes, I will attend this training.

Name _____
Address _____ City _____ Zip _____
Telephone _____ Email _____
Delegation _____



*SOIA will provide water and a light dinner.

Return this form by April 25 to Rhonda Schwarzkopf at SOIA, PO Box 620, Grimes, IA 50111. Contact Rhonda at 515-986-5520, via fax at 515-986-5530, or email at rschwarzkopf@soiowa.org.



Coaches Sports Training Certification Clinic May 12 in Des Moines

- New and existing coaches are welcome and encouraged to attend.
- ▶ New and recertification training will be offered in the sports listed below.

A training clinic has been scheduled for Thur., May 12 at Ruby Van Meter School (710 28th Street). Please complete the registration form and return it to Rhonda Schwarzkopf by **Mon., May 9**.

4:30 p.m. Athletics Training (Track & Field) _____ Yes, I will attend this training.
5:30 p.m. Dinner
6:00 p.m. Aquatics Training _____ Yes, I will attend this training.
7:00 p.m. Bocce Training _____ Yes, I will attend this training.
8:00 p.m. Cycling Training _____ Yes, I will attend this training.

Name _____
Address _____ City _____ Zip _____
Telephone _____ Email _____
Delegation _____



*SOIA will provide water and a light dinner.

Return this form by May 9 to Rhonda Schwarzkopf at SOIA, PO Box 620, Grimes, IA 50111. Contact Rhonda at 515-986-5520, via fax at 515-986-5530, or email at rschwarzkopf@soiowa.org.

Coaches Training Clinics

Coaches Sports Training Certification Clinic May 14 in Spencer

- New and existing coaches are welcome and encouraged to attend.
- ▶ New and recertification training will be offered in the sports listed below.

A training clinic has been scheduled for Sat., May 14 at the Spencer YMCA (1001 11th Avenue W). Please complete the registration form and return it to Rhonda Schwarzkopf **by Mon., May 9.**

9:00 a.m. Aquatics Training _____ Yes, I will attend this training.
10:00 a.m. Athletics Training (Track & Field) _____ Yes, I will attend this training.
11:00 a.m. Bocce Training _____ Yes, I will attend this training.
12:00 p.m. Lunch

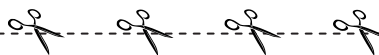
Name _____
Address _____ City _____ Zip _____
Telephone _____ Email _____
Delegation _____



*SOIA will provide water and a light dinner.

Return this form by May 9 to Rhonda Schwarzkopf at SOIA, PO Box 620, Grimes, IA
Contact Rhonda at 515-986-5520, via fax at 515-986-5530, or email at rschwarzkopf@soiowa.org

50111.



Newsletter Request Form

2011-2012 Coaches' Handbook / Newsletter Request Form

Do you want your 2011-2012 Coaches' Handbook? The Special Olympics Iowa Coaches' Handbook will be mailed out in August to those who return a request form. Please complete the form below and return it to: Special Olympics Iowa, PO Box 620, Grimes, Iowa 50111, by fax at 515-986-5530 or by email to jrichey@soiowa.org.

EACH YEAR YOU NEED TO REGISTER FOR THE NEWSLETTER AND A HANDBOOK!

Name: _____ Area: _____
Home Address: _____
Town: _____ State: _____ Zip: _____
Delegation (School/Facility): _____
Address: _____
Town: _____ State: _____ Zip: _____
Phone: (Business) _____ (Home) _____ (Cell) _____
E-mail Address: _____
Fax: _____

Send newsletter to: _____ Home _____ School _____ Facility _____ E-mail
Send handbook to: _____ Home _____ School _____ Facility _____ Don't need Handbook

Attention Coaches!



The State Office needs the originals of the new physical/release forms. Much of the information faxed is difficult to read and we don't want to enter any inaccurate information. Please mail the original to: 551 SE Dovetail Road, P.O. Box 620, Grimes, IA 50111. Please contact Jean Richey at 515-986-5520, ext. 102 with questions.

General Orientation

Special Olympics General Orientation Training and Quiz

All SOIA coaches are required to complete the online General Orientation training and quiz. The training will only take a short time and is very important. The directions for the training are listed below:

- 1) Go to www.soiowa.org.
- 2) Move the cursor over "Coach."
- 3) Click on "Coach Information and Applications."
- 4) Click on "General Orientation Reading Material" and "General Orientation Quiz."

After the training is completed, please print out the quiz and return the completed form to Rhonda Schwarzkopf. Contact Rhonda at 515-986-5520, ext. 112 or rschwarzkopf@soiowa.org for the written training and quiz.

The revised General Orientation and Quiz came out on March 3, 2008. If you have not completed the training since March 3, 2008, you must do so now. The revised training is good for life. Thank you.

Volunteers

Class A and B Volunteers

Special Olympics Iowa truly appreciates the thousands of volunteers who share their time and talents with Special Olympics athletes throughout the year. There are two types of volunteers and screening policies:

Class A Volunteers:

- Volunteers who have regular, close physical contact with athletes
- Volunteers in a position of authority or supervision with athletes
- Volunteers in a position of trust of athletes
- Volunteers who handle substantial amounts of cash or other assets of SOIA

Screening includes completion of a Class A Volunteer application form, background check using a national vendor (with re-screening every three years) and photo ID check or identity verification at events. For a current Class A application, contact Erin Hall at 515-986-5520, ext 119 or ehall@soiowa.org (also found at www.soiowa.org).

All Class A volunteers must also complete the Protective Behaviors Training:

- Go to www.soiowa.org
- Move the cursor over "Volunteer"
- Click on "Information & Applications"

Class B Volunteers:

- Volunteers who only have limited contact with athletes or who have contact with athletes accompanied by coaches and chaperones. (Day-of event volunteers)

Class B Volunteers *do not* need to complete an application, however they may be asked to complete a volunteer registration form before the event or sign-in sheet on the day of the event. Volunteers may also be asked to show photo ID at events. For more information on volunteering for a particular event, please contact Volunteer Coordinator Erin Hall at 515-986-5520, ext. 119 or ehall@soiowa.org.



Fundraisers



Texas Roadhouse Lunch

Texas Roadhouse restaurants in seven Iowa communities invite the public to a “FREE” lunch fundraiser to benefit Special Olympics Iowa on Friday, April 29. From 11 a.m. to 2:00 p.m. the restaurants will offer a free lunch in exchange for donations of any amount.

Participating restaurants are located in **Cedar Falls, Cedar Rapids, Coralville, Council Bluffs, Davenport, Urbandale and Sioux City**. The lunch includes a pulled pork sandwich, a made-from-scratch side dish, and fresh baked bread with honey-cinnamon butter.

Iowa's Texas Roadhouse restaurants have a continuous history of giving back to their respective communities. In this case, 100% of all donations will go directly to the Special Olympics Iowa. For more information, please call 515-986-5520.

Take the plunge!

Fans of Special Olympics Iowa are “Freezin’ for a Reason”, and there is still time for you to join at three upcoming Polar Plunges! Join us on **Sat., April 2 at Lake Laverne in Ames**, **Sat., April 9 at George Wyth State Park in Cedar Falls** or **Sat., April 16 at Scharnberg Park near Spencer**. The plunging will begin at 5:30 p.m. at the Ames site, and noon at the Cedar Falls and Spencer sites. In addition, Checker and the Bluetones will provide live music entertainment at the Cedar Falls location. For more information on how you can fundraise and plunge, *or* just fundraise for you “chickens” out there, visit www.soiowa.org/plunge.



Upcoming Events

APRIL 2011

April 2

Polar Plunge (fundraiser)

Iowa State University, Ames

Southeast Area Spring Games

William Penn University, Oskaloosa

April 7

Southwest Area Aquatics Competition

Glenwood

Young Athlete Program

Cedar Rapids

April 9

East Area Spring Games

Eldridge

Polar Plunge (fundraiser)

Cedar Falls

South Central Spring Games

Graceland College, Lamoni

April 12

Southwest Area Spring Games

Iowa Western, Council Bluffs

April 12

West Central Area Spring Games

Simpson College, Indianola

April 14

North Area Spring Games

Forest City

North Central Area Spring Games

Fort Dodge

April 15

Young Athlete Program

Cedar Falls

April 16

Central Area Spring Games

Marshalltown

Challenge Day

Dubuque

East Central Area Spring Games

Coe College, Cedar Rapids

Polar Plunge (fundraiser)

Spencer

Northwest Area Spring Games

Sioux Center

April 25

East Central Area Bocce Tournament

Location TBA

MAY 2011

May 5

Unified Sports Day

Drake University, Des Moines

May 26-28

State Summer Games

Iowa State University, Ames

A complete calendar of events can be viewed or downloaded from our Web site www.soiowa.org. Move the cursor over “About us” and click on “Schedule of events”. If you are interested in volunteering for any of these events please contact Erin Hall at 515-986-5520, ext. 119 or ehall@soiowa.org.



Special Olympics
Iowa

551 SE Dovetail Road
PO Box 620
Grimes, Iowa 50111
www.soiowa.org
515-986-5520

Thank You To Our Statewide Partners!



Statewide Partners provide a comprehensive level of support of all programs and services offered by Special Olympics Iowa (SOIA). Statewide Partners are prominently recognized in SOIA presentations and publications. Organizations may be recognized as Statewide Partners for financial support, in-kind donations or any combination thereof, and are recognized in many other ways. To find out more about our current Statewide Partners or for information on how to become one, visit our website at www.soiowa.org and look under Support Us, or contact SOIA Vice President of Development, Jamie Boersma at jboersma@soiowa.org or 515-986-5520.