

SPECIAL OLYMPICS IOWA NEWSLETTER

“Let me win. But if I cannot win, let me be brave in the attempt.”



Happy Holidays from SOIA



The Special Olympics Iowa staff would like to thank you for your loyal support and dedication to the Special Olympics program and our athletes. We wish you all a very happy and safe holiday season, and we look forward to working with you in 2011.

TRADITIONAL PROGRAMS

2010 Remaining Ice Skating Dates

Please mark your calendars for the Special Olympics free practice ice times at the Buccaneer Arena at 7201 Hickman Road in Urbandale. The hours available are from 3:15 to 4:15 p.m. on the following dates:

Nov. 5, 12, 19
Dec. 3, 10 and 17



Important Reminders!

All athletes must update their physical and release every three years. All Unified Sports Partners must update their release or Class A every three years. The completed forms should be sent to Jean Richey at the SOIA state office at PO Box 620, Grimes, IA 50111. Athletes and partners may not compete without current forms.

Area Basketball Skills Competitions



<u>Area</u>	<u>Competition Date, Time & Location</u>	<u>Entry Due</u>
Central	02-11-11 at 9:30 a.m. at Miller Middle School in Marshalltown	01-21-11
East	02-05-11 at 9:00 a.m. at North Scott H.S. in Eldridge	01-12-11
East Central	02-05-11 at 8:30 a.m. at Northwest Junior High in Coralville	01-21-11
North	02-05-11 at 9:30 a.m. at the Forest City High School	01-21-11
North Central	02-11-11 at 9:00 a.m. at Butler Elementary School in Fort Dodge	02-03-11
Northeast	02-05-11 at 9:45 a.m. at UNI-Gym in Cedar Falls	01-21-11
Northwest	01-29-11 at 9:30 a.m. at Dordt College in Sioux Center	01-20-11
South Central	01-29-11 at 9:00 a.m. at Creston Middle School	01-14-11
Southeast	01-22-11 at 10:00 a.m. at Burlington High School	01-15-11
Southwest	02-02-11 at 9:30 a.m. at Iowa Western Community College	01-05-11
West Central	02-12-11 at 9:00 a.m. at Parkview Middle School in Ankeny	01-04-11

SOIA Basketball Program



The Special Olympics Iowa Basketball Program consists of four events: team competition, 3-on-3 half-court competition, basketball skills and developmental dribble. The State Basketball Tournament is March 19 at the University of Iowa as part of the 2011 Mid-Winter Tournament. General rules and information on the teams and skills can be found in the Coaches Handbook on pages 62-74. **Entries are due by Dec. 1.**



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TRADITIONAL & SPECIAL PROGRAMS



2011 Winter Games Jan. 10, 11, 12 in Dubuque

Entries & payment due by Dec. 1

The Winter Games Committee invites all athletes to come to the Winter Games. We have clinics for new athletes and competitions for all levels of skiers, skaters and snowshoers. A clinic will be conducted in Alpine Skiing if there is enough interest.

Beginning snowshoers can ask for a demonstration at the practice and will then race in the time trials in the afternoon. These clinics are for athletes who have not previously competed in these events. The Winter Games provide many opportunities for fun athletic competition as well as the Winter Parade, a water park party and banquet. A complete schedule of Winter Games activities can be obtained through the state office. **Entries and payment are both due by December 1.**



2011 Young Athletes Play Days

Young Athletes Play Days are designed for children with intellectual disabilities between the ages of two and seven. Play Days provide social opportunities for children who are too young to participate in other SOIA competitions (minimum entry age for competition is eight years). Young Athletes Play Days are currently scheduled for **Feb. 17** in Oskaloosa, **March 24** for Des Moines, Dubuque, TBA, and **April 7** in Cedar Rapids. For more information or to sign up, please contact Kathy Irving at kirving@soiowa.org or by calling 515-986-5520.

Challenge Days: "Believe and Achieve"

Challenge Days provide athletes with severe intellectual and physical disabilities the opportunity to compete. Using switch-activated equipment, individuals who have never had an opportunity to participate in sports can participate in this program.



I want to participate in the following Challenge Day:

_____ **Dec. 4, 2010 in Davenport**

_____ **Feb. 26, 2011 in Cedar Falls**

Name: _____

Facility: _____

Address: _____

City: _____ Zip: _____

Phone: _____

Please mail your completed form to Kathy Irving at Special Olympics Iowa, PO Box 620, Grimes, IA 50111 OR Fax it to 515-986-5530 attn: Kathy—Challenge Day sign up.

Coaches Development Courses begin in January

Special Olympics, Inc. has created two coach development courses that are now required to be completed by all Special Olympics coaches. The courses include Principles of Coaching and Coaching Special Olympics Athletes. Coaches will have five years to complete the two courses. The two courses are approximately six hours in length.



Coaches may complete the two courses by attending a training session conducted by Rhonda Schwarzkopf or complete the West Virginia University continuing education course for \$35. If you would like to receive specific information regarding the continuing education course, please contact Rhonda at 515-986-5520 or rschwarzkopf@soiowa.org. **Training sessions will be held throughout the state in each area so that coaches will not have to drive long distances to attend the sessions.**

Two training sessions are currently scheduled. The first will be held at the state office in Grimes on Sat., Jan. 15. The second training is scheduled for Sat., Jan. 29 at the Muscatine Community Y. Both courses will be completed during the training sessions. If you would like to attend a training session please complete the appropriate registration form and return it to Rhonda by the due date.

COACH DEVELOPMENT COURSES

Coaches Development Courses: The Principles of Coaching and Special Olympics Athletes



Registration Form for January 15, 2011 in Grimes

A development training session is scheduled for Sat., Jan. 15 at the Special Olympics Iowa state headquarters in Grimes at 551 SE Dovetail Road. Please complete this form and return it to Rhonda Schwarzkopf by **Tues., Jan. 4.**

9:00 a.m. Principles of Coaching
Noon Lunch
12:30 p.m. Coaching Special Olympics Iowa Athletes Course

Name _____
Address _____ City _____ Zip _____
Telephone _____ Email _____
Delegation _____

Send form by **Jan. 4** to Rhonda at SOIA, PO Box 620, Grimes, IA 50111 or fax to 515-986-5530 or email to rshwarzkopf@soiowa.org.

The registration form for the Muscatine session on Jan. 29, 2011 is on the next page.



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COACH DEVELOPMENT & NEW CURRICULUM



Coaches Development Courses: The Principles of Coaching and Special Olympics Athletes

Registration Form for January 29, 2011 in Muscatine

A development training session is scheduled for Sat., Jan. 29 at the Muscatine Community Y (1823 Logan St.). Please complete this form and return it to Rhonda Schwarzkopf by **Mon., Jan. 17.**

9:00 a.m. Principles of Coaching
Noon Lunch
12:30 p.m. Coaching Special Olympics Iowa Athletes Course

Name _____

Address _____ City _____ Zip _____

Telephone _____ Email _____

Delegation _____

Send form by Jan. 17 to Rhonda at SOIA, PO Box 620, Grimes, IA 50111 or fax to 515-986-5530 or email to rshwarzkopf@soiowa.org.

Check out the new, free *Get Into It* Curriculum for K-12

The *Get Into It* interactive, age-appropriate service-learning curriculum is designed to advance a student's civic knowledge and skill development, promote acceptance and understanding of people's differences and to motivate them to become advocates for and together with people. The lesson plans are appropriate and designed for both regular education and special education students.

The free K-12 *Get Into It* resources are available online at www.specialolympics.org/getintoit. Highlights of these simple, accessible, and results-oriented new resources include:

- ☀ Interactive, web-based curriculum for teachers and students, designed not only to educate you about Special Olympics, but also to generate interest, excitement and an attitude of "I can make a difference."
- ☀ Engaging and powerful youth-oriented videos that teach about this important social movement.
- ☀ Inspiring athlete stories that demonstrate true triumph and teamwork.
- ☀ Use of *Get Into It* as a tool for anti-bullying and teasing campaigns in and out of the classroom.
- ☀ Fun, interactive, creative activities and experiential role plays that promote respect and acceptance among all people, with or without disabilities.

For more information, please contact Erin Hall at ehall@soiowa.org or 515-986-5520.



Special Olympics

get into it

education and engagement tools
for teachers and students



Upcoming Training Clinics

East Central Area

A coaches training clinic is tentatively set for mid-December in the East Central Area. Sports offered during the clinic include athletics, basketball, bowling and snowshoeing. Please contact Rhonda Schwarzkopf at rschwarzkopf@soiowa.org or 515-986-5520 for more information.

Mason City

A tentative coaches training is scheduled for Sat., Jan. 22 in Mason City. Athletes, basketball and bowling sessions will be offered during the training. For more details, please contact Rhonda Schwarzkopf at rschwarzkopf@soiowa.org or 515-986-5520.



TRAINING CLINICS

March 8, 2011 SOIA Athlete Basketball Clinic Sponsored by the NAIA

The National Association of Intercollegiate Athletics will sponsor a SOIA basketball clinic in conjunction with the NAIA Basketball Championship. The clinic will be held at the Tyson Events Center in Sioux City on Tuesday, March 8 from 9:00 a.m. to 10:30 a.m. or 10:30 a.m. to 12:00 p.m.

SOIA athletes DO NOT need to compete in basketball to attend this clinic.

Players from the NAIA tournament will serve as clinicians for the training. Benefits to athletes for attending the clinic include:

- Learning new basketball skills
- Improving on existing basketball skills
- Playing with some of the best basketball players in the nation

If you are interested in participating in the training, please complete the following and return to Rhonda Schwarzkopf by March 1, 2011.

March 8 SOIA Athlete Basketball Clinic Registration Form

Name: _____

Address: _____ City: _____ Zip: _____

Telephone: _____ Email: _____

Delegation: _____

I am a Special Olympics Iowa: Coach _____ Athlete _____

Please check which sports clinic you want to attend::

9:00 a.m. – 10:30 a.m. _____ or 10:30 a.m. – 12:00 p.m. _____

Please return the application to: Rhonda Schwarzkopf at Special Olympics Iowa, PO Box 620, Grimes, IA 50111-0620 or fax to 515-986-5530. or by email to rschwarzkopf@soiowa.org



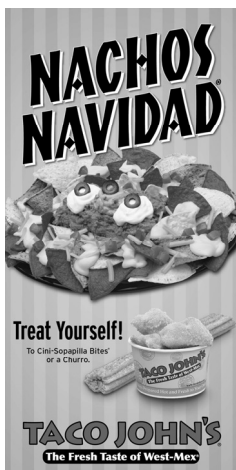
Sports Recertification



Applications for Sports Re-Certification/Continuing Education and sport specific review quizzes are available through the state office. Coaches who are already certified in a specific sport through SOIA training can re-certify in that sport with the completion of both forms along with documentation of a completed continuing education class. Please contact Rhonda Schwarzkopf at 515-986-5520 or rschwarzkopf@soiowa.org to receive the forms.

Agreements and Contracts

Please send all facility agreements and contracts with Liability and Hold Harmless information to the SOIA state office. These contracts and agreements must be sent to American Specialty for their review and approval. The contracts and agreements are then signed by Mark Reed, the President & CEO of Special Olympics Iowa. Please contact Rhonda Schwarzkopf at 515-986-5520 or rschwarzkopf@soiowa.org if you have any questions or concerns.



SOIA partners with Taco John's for fundraiser in December

Special Olympics Iowa (SOIA) has announced it is partnering with Taco John's Restaurants in northwest Iowa for an upcoming awareness and fundraising campaign set to begin on November 22. Donations will be calculated from December 1 - December 31 with a portion for each Nachos Navidad® sold to benefit Special Olympics.

The donations from the following restaurants will benefit Special Olympics athletes in their respective states: **Sioux City, Spencer, Storm Lake, Cherokee, Spirit Lake, LeMars, Sheldon, Orange City, Sioux Center, S. Sioux City (NE), and N. Sioux City (SD)**. For more information, please contact Joyce Allard at jallard@soiowa.org or 515-986-5520.

Customized Special Olympics Clothing and Gifts Available Online

Need the perfect gift for the Special Olympics Iowa supporter in your life? Our online store specifically for Special Olympics Iowa features a wide variety of clothing and other items. Click on the "Support Us" on our Web site at www.soiowa.org to check it out. Clothing available includes T-shirts, sweatshirts, polo shirts, shorts, and fleece jackets.

Other items include mugs, mouse pads, wall clocks, blankets, coasters, Christmas ornaments, and magnets. The online store allows you to customize each item with a design. The four designs available are the Special Olympics Iowa logo, the SOIA logo with the Be a fan tagline, the Special Olympics athlete oath, and Property of Special Olympics Iowa. Most of the clothing items are also available in different colors. If you have any questions, please contact David Orth at 515-986-5520 or dorth@soiowa.org.



Calendar of Events



CALENDAR

November

29 NAIA Volleyball Clinic Sioux City

DECEMBER

4 Challenge Day Davenport

JANUARY

10-12 Winter Games Dubuque

11 SW Area Bocce Tournament Council Bluffs

15 Coaches Development Training Grimes

22 Southeast Area Basketball Skills Competition Burlington

29 South Central Area Basketball Skills Competition Creston

29 Coaches Development Training Muscatine

29 Northwest Area Basketball Skills Competition Sioux Center

TBA Regional Ice Skating Des Moines

FEBRUARY

2 Southwest Area Basketball Skills Competition IA Western, Council Bluffs

5 East Area Basketball Skills and Team Competition Eldridge

5 Northeast Area Basketball Skills Competition UNI, Cedar Falls

5 North Area Basketball Skills Competition Forest City

5 East Central Area Basketball Skills Competition Coralville

11 North Central Area Basketball Skills Competition Fort Dodge

11 Central Area Basketball Skills Competition Marshalltown

12 West Central Area Basketball Skills Competition Ankeny

12 West Central Regional Basketball Competition Drake University, Des Moines

12 Unified Sports Day Wartburg College, Waverly

17 Young Athlete Play Day Program Oskaloosa

19 East Central Conference Basketball Cedar Rapids

26 Challenge Day Cedar Falls

26 Torch Run Dance and Auction (fundraiser) Pleasant Hill

26 East Area Aquatics Competition Muscatine

March

18-19 Mid-Winter Tournament U of I, Iowa City

For a complete calendar of events visit our website at www.soiowa.org. If you are interested in volunteering for any of these events or others events during the year, please contact Erin Hall at 515-986-5520 or ehall@soiowa.org.



Special Olympics
Iowa

551 SE Dovetail Road
PO Box 620
Grimes, Iowa 50111
www.soiowa.org
515-986-5520

Thank You To Our Statewide Partners!



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.



Statewide Partners provide a comprehensive level of support of all programs and services offered by Special Olympics Iowa (SOIA). Statewide Partners are prominently recognized in SOIA presentations and publications. Organizations may be recognized as Statewide Partners for financial support, in-kind donations or any combination thereof, and are recognized in many other ways. To find out more about our current Statewide Partners or for information on how to become one, visit our website at www.soiowa.org and look under Support Us, or contact SOIA Vice President of Development, Jamie Boersma at jboersma@soiowa.org or 515-986-5520.